## Finding the Right Tool for your Purpose

Using Data to Show Improvement and the Need for Improvement

## Data

- Why does it matter?
- Why do we use it?
- Why don't we use it?
- How can we make the most of it?


## What is the story that you want to tell?

- What kind of data do you need to tell that story?
- Incremental data over time
- Point-in-time snapshot
- Exact measures or averages or ranges


## Using data to drive improvement

- What is the problem?
- How do you know that it's a problem?
- Is the problem obvious to everyone?
- Is the problem important and relevant?
- Can you prove that it's a problem?


## Using data to illustrate the problem

- What do you know?
- What do you want others to know?
- What do you want others to decide?



## Selecting the right tool

- Radar Charts
- Pareto Diagrams
- Histograms


## Radar Chart

The Measures Capture the Important Components of the Standards


## What does it do?

- Displays important categories of performance
- Defines full performance for each category
- Shows gaps between current and full performance
- Captures range of perceptions about performance
- Provides data to support priorities for improving performance


## How to do it?

- Assemble the right team
- Select and define rating categories
- Rate each category
- Connect the team ratings
- Create the Chart (Excel will do it for you)

|  |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: |
|  | Easy | Fairly <br> Easy | Fairly <br> Difficult | Diffic <br> ult | Can't <br> acces <br> s |
| Tobacco <br> use | 9.75 | 11 | 8.25 | 7.5 | 8 |
|  |  |  |  |  |  |
| BMI | 8.5 | 7.5 | 10 | 10 | 7 |
| Physical <br> activity <br> level | 10.5 | 10 | 7 | 8.5 | 7.5 |
|  |  |  |  |  |  |
| Diet | 7 | 9.25 | 11.5 | 11 | 10.25 |

During routine clinical or home visits, how easy is it to access the following patient information

$\longrightarrow$ Tobacco use

-     - BMI
- Physical activity level
$*$ Diet


## Interpretation

- Identify the biggest gaps in performance
- Identify the most critical categories of performance
- Focus on the biggest gaps in the most critical categories



## Pareto Diagrams

Reasons for Appointment No-Shows


## Pareto Diagrams

Rate of Appointment No-Shows


## What does it do?

- Focuses attention on most significant causes
- Displays relative importance of different causes
- Prevents shifting the problem to other causes
- Allows for ongoing measurement of progress


## How to do it?



- Identify the problem
- Select the aspect of the problem that will be reviewed
- Choose the most meaningful unit of measurement
- Decide on the time period for the measurement
- Compile the data
- Create the chart (Excel will do it for you)

Average Distance (meters) to Stores with Healthy Food


## Before and after

Average Distance (meters) to Stores with Healthy Food


## Interpretation

- Tallest bars indicate the biggest contributors to the overall problem (as a general rule)
- Focus your improvement strategy on what will make the biggest difference to your audience or stakeholders


## Histograms

BMI for Patients in Primary Care Clinic


## What does it do?

- Displays large amounts of data in visual format
- Shows relative frequency of various data values
- Illustrates underlying distribution of the data
- Provides information for predicting future performance
- Reveals the shape and variation of the data


## How to do it?

- Decide on the indicator to be measured
- Collect at least 50 data points
- Prepare a frequency table from the data
- Group the data into intervals
- Create the histogram


Time to Finalize Contract


## Interpretation

- Consider where the distribution is centered
- Analyze the variation and spread of the data
- Look at the shape of the distribution
- Consider these factors in the context of targets


## Using data to measure improvement

- How will you know that change is improvement?
- When will you know that the improvement is real?



## Selecting the right tool

- Run Charts
- Control Charts
- Histograms


## Run Chart



## What does it do?

- Monitors performance over time
- Allows for comparison of measurement before and after implementation of an intervention
- Tracks information for predicting trends


## How to do it?

- Select the indicator to be measured
- Collect the data
- Create the graph
- Plot the data


## Participation in Employer Sponsored Physical Activity Programs


$\rightarrow$ Number of employees participating in two sessions

- -Percent of employees participating in two sessions


## Interpretation

- Look for obvious patterns or trends
- Consider the position of the average value
- Do not assume that all variation is important


## Control Charts

WIC No Show Rates - Isanti County Public Health


Oct-06 Nov-06 Dec-06 Jan-07 Feb-07 Mar-07 Apr-07 May-07 Jun-07 Jul-07 Aug-07 Sep-07 Oct-07 Nov-07 Dec-07 Jan-08

Control limits, along with the centerline
(mean), describe the capability of a common cause
system

$$
\text { UCL = } 36
$$




Mean $=28$
$L C L=19$

## What does it do?

- Detect and monitor process variation over time
- Distinguish between special and common cause of variation
- Serves as a tool for ongoing control of a process
- Helps improve a process to perform consistently and predictably


## How to do it?

- Select the process to be charted
- Determine sampling method and plan
- Initiate data collection
- Calculate the appropriate statistics (standard deviation, mean, median)
- Calculate the control limits
- Construct the Control Chart


Ogrinc G et al. Qual Saf Health Care 2008;17:i13-i32

## Interpretation

- Analyze the data relative to the control limits
- Distinguish between Common causes and Special causes of variation.
- Common cause: variation results from factors inherent to the process. This variation can only be affected by changing that process.
- Special cause: variation caused by external influences such as human errors, unplanned events, or unusual occurrences. Special causes should be eliminated.
- The amount of variation from special causes is usually much greater than it is for common causes.


## Driving to work each day

- Average time: 14 minutes
- Common causes of variation:
- Miss or make the traffic lights
- Amount of traffic on the road
- Weather - wind, sun, rain


## Driving to work each day

- Special causes of variation:
- Flat tire
- Parade or protest on your route
- Speeding ticket


## Interpretation

- A special cause is indicated when
- One or more points are outside the UCL or LCL
- Two out of three successive values are: a) on the same side of the centerline, and b) more than two standard deviations from the centerline.
- Eight or more successive values fall on the same side of the centerline.
- Six or more values in a row are steadily increasing or decreasing.


## Data Tracking and Display

- Integrate data collection into daily routine whenever possible
- Simple graphs and charts can help tell your story - a picture can be worth a thousand words
- Keep your audience in mind
- Consider your message
- Label clearly


## Questions?

Kim McCoy<br>Office of Performance Improvement<br>Minnesota Department of Health<br>651-201-3877<br>Kim.mccoy@state.mn.us

