



Tseg tsis txhob siv tej tshuaj pleev plhu dawb uas muaj kua hlau mercury

Kev sim tshuaj tsis ntev los no pom tau tias cov tshuaj pleev plhu kom dawb (uas kuj hu ua tshuaj ntshuav tawv dawb lossis ci lossis tshiab) muaj kua hlau mercury ntau. Kev nphav raug cov mercury hauv cov tshuaj no yuav ua tau rau muaj mob loj.

Cov menyuam mos tsis tau yug, cov menyuam mos liab, thiab tej menyuam yaus mas tiv tsis tau cov mercury no li. Thiab cov poj niam cev xeeb tub los yog cov tseem luas xeeb tub tau yuav tsum txua tsis txhob nphav tej yam muaj mercury.

Koj yuav tsum ua dabtsi?

Kuaj daim ntawv lo rau ntawm hom tshuaj pleev plhu dawb. Yog tias hom tshuaj muaj mercury nyob rau hauv (uas kuj hu ua “calomel,” “mercuric,” “mercurous,” lossis “mercurio”) **LOSSIS** yog tias daim ntawv lo **TSIS** sau tias hom tshuaj muaj khoom dabtsi tov ces:

1. Tsum tam sid tsis txhob siv qhov khoom ntxiv. Yog tias koj yeej tau siv ib qho khoom uas muaj mercury nyob hauv, ces ntev mus koj lub cev yuav txawj lim cov mercury tawm.
2. Tsis txhob muab qhov tshuaj ntawd pov tseg hauv thoob khib nyiab. Yog tias nws muaj mercury rau hauv, nws yuav ua mob rau lwm tus neeg yog tias nws txeej mus rau hauv av ib ncig.
3. Nqa qhov khoom mus rau ib qho chaw uas tib neeg pov khib nyiab. Koj yuav nrhiav tau tej chaw no hauv phau ntawv xov tooj lossis rau hauv lub vev-xaij ntawm lub Minnesota Pollution Control Agency ntawm www.pca.state.mn.us (ntaus kom nrhiav khoom khib nyiab pov tseg).
4. Yog tias koj muaj lus nug, hu rau lub Poison Control Center, 1-800-222-1222. Nws qhib 24 teev tauj ib hnuv, xya hnuv tauj ib lim tiam, thiab nws muaj neeg txhais lus.

Yog xav pom tej duab ntawm tej khoom uas pom tau tias muaj kua hlau mercury, ces mus saib www.health.state.mn.us/topics/skin.