

Minnesota Department of Health EL Health Curriculum Answer Key – Lesson 4

Lesson 4: Oral Health

Reading Questions

1. If you do not take care of your mouth, germs can damage your teeth and gums and move to other parts of your body.
2. Tooth decay, or cavity, is a hole caused by bacteria. The food you eat, especially sugary foods, comes into contact with plaque (bacteria) on your teeth. The combination of sugars and bacteria creates acid, a chemical that wears away tooth enamel.
3. Brush your teeth twice a day and floss once a day. Brush your tongue. Use mouthwash. Go to the dentist regularly (every 6 months). See the dentist right away if you have a toothache or any kind of pain in your mouth.

Conversation

Answers will vary

Dentist recommendations for Rosa’s oral health: Brush at least twice a day and floss daily. Drink plenty of water and rinse mouth frequently. Avoid smoking. Cut back on sugary foods, soda and alcohol. Change toothbrush every 3 to 4 months.

Quiz

1. d
2. b
3. d
4. a
5. c
6. d
7. See your dentist right away.
8. websites: CDC, mayoclinic.com, mouthhealthy.org

CCRS STANDARDS ALIGNMENT:

CCR Anchor 1 (Language): Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.

- Produce and expand complete simple and compound declarative interrogative, imperative and exclamatory sentences in response to prompts.