2013 Minnesota Student Survey Prevention Region Tables

Minnesota Student Survey Interagency Team:

Minnesota Department of Education Minnesota Department of Human Services Minnesota Department of Health Minnesota Department of Public Safety

For more information contact:

Sheila Oehrlein, Supervisor

Safety, Health and Nutrition, Minnesota Department of Education

ph: 651-582-8448 e: sheila.oehrlein@state.mn.us

or

Ann Kinney, Senior Research Scientist Minnesota Center for Health Statistics, Minnesota Department of Health ph: 651-201-5946 e: ann.kinney@state.mn.us

In Appreciation

We are indebted to the students, parents, teachers, Minnesota Student Survey coordinators, principals and superintendents across the state that agreed to participate in and supported the student survey when it was administered in the first half of 2013. These data are made available as a result of their interest and time and we are grateful for their efforts.

We are also indebted to the many state agency staff, especially the analysts with the Minnesota Center for Health Statistics at the Minnesota Department of Health, for their tireless work on making these data available.

2013 MINNESOTA STUDENT SURVEY

Survey Participation

The 2013 Minnesota Student Survey was administered in the first half of 2013 to public school students in Grades 5, 8, 9, and 11 statewide. All public school districts in Minnesota were invited to participate. Of the 334 public operating districts, 280 agreed to participate (84% of public operating school districts).

Public school student participation was voluntary and surveys were anonymous. Across the state, approximately 66% of fifth graders, 71% of eighth graders, 69% of ninth graders, and 62% of eleventh graders participated in the 2013 Minnesota Student Survey. Overall participation across the four grades was approximately 67% of total enrollment.

All schools and districts that participated in the survey followed federal laws regarding parental notification as required by the Family Educational Rights and Privacy Act (FERPA) and the Protection of Pupil Rights Amendment (PPRA). PPRA requires that schools that participate in the survey notify parents of the survey administration, provide parents the opportunity to review the survey instrument, and allow parents to opt their child out of participating.

Mode of Administration

In 2013, for the first time, schools could choose to administer the survey by computer or by using the traditional paper and pencil survey. Each participating school had to choose one method or the other. Overall, 35% of students took the survey by computer and 65% used the paper survey. The survey questions that students saw on their computer screens were the same as those in the paper survey booklets.

Researchers find that the mode of administration (in this case, computer or paper) may sometimes influence survey results in subtle ways. Students may feel that one method offers more privacy or anonymity than the other, or they may simply feel more comfortable with one method. The Minnesota Student Survey research team will be analyzing the results of the 2013 survey to see if they can detect any influence of the mode of administration on survey results.

Items on the Tables

The accompanying set of tables includes the responses for all survey items. Items are ordered within the tables according to meaningful domains; the order items appear on the tables is not necessarily the order they appeared in the survey. A Table of Contents is provided on pages v-vi. The Grade 5 survey version was shorter than the Grade 8 survey version, which in turn was shorter than the Grade 9/11 version. The Grade 5 and Grade 8 versions did not include items appropriate only for older students. Items found on some versions of the survey but not on others are identified on the tables.

New Questions and Year-to-Year Comparisons

Many of the 2013 survey instrument questions were changed from the 2010 survey instrument. While some questions stayed the same, other questions had updated or improved wording. Some entirely new questions were added and some questions were dropped. New questions are noted on each table. Caution must be used when making comparisons over time for any questions in which the wording has changed.

Please note that although these surveys are given repeatedly over time, student populations may change between administrations of the survey.

Validity of Responses

Approximately 2% of the surveys were eliminated from analyses because gender was missing, responses were highly inconsistent, or there was a pattern of likely exaggeration.

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TABLE 1 DEMOGRAPHIC DESCRIPTION

					Gra	de			
		5tl	h	8t	h	9t	h	11t	h
		N	%	N	%	N	%	N	%
Total number of sur	veys	1,553	100%	1,808	100%	1,957	100%	1,624	100%
Gender	Male	772	50%	891	49%	1,003	51%	844	52%
	Female	781	50%	917	51%	954	49%	780	48%
Age	10 or younger	591	38%	0	0%	0	0%	0	0%
	11	914	59%	0	0%	0	0%	0	0%
	12	44	3%	1	0%	0	0%	0	0%
	13	1	0%	632	35%	2	0%	0	0%
	14	0	0%	1,107	61%	617	32%	0	0%
	15	0	0%	66	4%	1,279	65%	0	0%
	16	0	0%	0	0%	55	3%	540	33%
	17	0	0%	0	0%	0	0%	1,028	63%
	18	0	0%	0	0%	0	0%	54	3%
	19-20	0	0%	0	0%	0	0%	0	0%
	No answer	3	0%	2	0%	4	0%	2	0%
Are you a member of any of the	Yes	78	5%	112	6%	91	5%	74	5%
ollowing ethnic or cultural groups?^	No	1,358	87%	1,610	89%	1,743	89%	1,434	88%
Hispanic or Latino/a	Not answered	117	8%	86	5%	123	6%	116	7%
Are you a member of any of the	Yes	11	1%	4	0%	2	0%	3	0%
following ethnic or cultural	No	1,411	91%	1,697	94%	1,809	92%	1,484	91%
groups?^ Somali	Not answered	131	8%	107	6%	146	7%	137	8%
Are you a member of any of the	Yes	3	0%	0	0%	2	0%	1	0%
following ethnic or cultural	No	1,404	90%	1,690	93%	1,805	92%	1,483	91%
groups?^ Hmong	Not answered	146	9%	118	7%	150	8%	140	9%
In addition, what is your race?^ (If more than one	American Indian or Alaskan Native only	231	15%	143	8%	150	8%	75	5%
describes you, mark ALL that	Asian only	13	1%	19	1%	14	1%	8	0%
apply)	Black, African or African American only	29	2%	24	1%	13	1%	16	1%
	Native Hawaiian or Pacific Islander only	6	0%	5	0%	5	0%	5	0%
	White only	1,123	72%	1,424	79%	1,550	79%	1,386	85%
	Multiple race (checked more than one)	107	7%	152	8%	197	10%	108	7%
	No answer	44	3%	41	2%	28	1%	26	2%

[^] New question in 2013.

TABLE 2 SCHOOL PLANS; IEP PARTICIPATION; CHANGING SCHOOLS; ACADEMIC PERFORMANCE Northwest

					Gra	ıde			
		51	th	81	th	91	:h	11	th
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
What is the MAIN thing you plan to do right	I don't plan to graduate from high school			1%	0%	1%	0%	0%	0%
AFTER high school?*^	Get my GED			1%	3%	2%	2%	1%	1%
	Go to a two-year community or technical college			12%	7%	15%	10%	23%	20%
	Go to a four-year college or university			52%	68%	51%	72%	50%	66%
	Get a license or certificate in a career field			4%	7%	2%	6%	2%	4%
	Attend an apprenticeship program			0%	0%	0%	0%	0%	0%
	Join the military			12%	5%	10%	2%	9%	2%
	Work at a job			11%	4%	13%	5%	10%	4%
	Other			8%	5%	6%	3%	4%	2%
Do you have an IEP or get special education	Yes	17%	10%	15%	8%	17%	9%	14%	9%
services?	No	83%	90%	85%	92%	83%	91%	86%	91%
Since the beginning of this school year, how	0 times	87%	89%	94%	92%	94%	94%	95%	95%
many times have you changed schools?	1 time	7%	5%	4%	5%	4%	4%	3%	3%
J	2 times	3%	2%	1%	1%	2%	2%	1%	1%
	3 or more times	3%	4%	1%	2%	1%	1%	1%	1%
How would you describe your grades	Mostly As	35%	44%	34%	47%	29%	47%	28%	43%
this school year?^	Mostly Bs	38%	39%	34%	30%	35%	31%	41%	39%
	Mostly Cs	19%	14%	20%	14%	24%	15%	25%	14%
	Mostly Ds	4%	1%	8%	5%	8%	4%	5%	3%
	Mostly Fs	1%	0%	3%	3%	2%	2%	1%	0%
	Mostly Incompletes	1%	1%	1%	1%	1%	1%	0%	1%
	None of these letter grades	1%	1%	0%	0%	0%	0%	0%	0%

^{* 5}th grade survey did not ask this question. ^ New question in 2013.

TABLE 3 FEELINGS ABOUT SCHOOL[^]

			Grade								
			51		81		9t		11		
			Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %	
How often do you care about doing	All of the time		44%	61%	41%	50%	37%	50%	31%	49%	
well in school?	Most of the time		41%	31%	42%	39%	45%	39%	46%	42%	
	Some of the time		14%	7%	16%	11%	17%	10%	21%	9%	
	None of the time		2%	0%	1%	0%	1%	1%	2%	0%	
How often do you pay attention in	All of the time		20%	31%	15%	14%	15%	15%	13%	18%	
class?	Most of the time		66%	61%	67%	71%	64%	70%	63%	70%	
	Some of the time		14%	7%	17%	15%	19%	14%	23%	12%	
	None of the time		1%	1%	1%	0%	2%	0%	1%	0%	
How often do you go to class unprepared?	All of the time		3%	3%	2%	1%	2%	1%	3%	2%	
Some of the time		8%	6%	6%	4%	6%	3%	7%	2%		
		54%	48%	47%	40%	49%	38%	49%	33%		
	None of the time		34%	42%	44%	55%	43%	57%	41%	63%	
How much do you agree or disagree with	If something interests me, I try to learn more	Strongly agree	37%	39%	47%	45%	51%	45%	61%	57%	
each of the following	about it.	Agree	59%	59%	50%	53%	47%	53%	37%	42%	
statements?		Disagree	3%	1%	2%	2%	2%	2%	2%	1%	
		Strongly disagree	1%	0%	0%	0%	0%	0%	0%	0%	
	I think things I learn in school are useful.	Strongly agree	38%	46%	21%	18%	18%	13%	13%	12%	
	are userul.	Agree	51%	47%	64%	67%	62%	71%	64%	70%	
		Disagree	7%	4%	12%	13%	15%	14%	18%	16%	
		Strongly disagree	3%	3%	3%	3%	5%	2%	5%	2%	
	Being a student is one of the most important	Strongly agree	25%	30%	15%	18%	15%	17%	11%	16%	
	parts of who I am.	Agree	52%	53%	55%	53%	50%	56%	48%	54%	
	am.	Disagree	19%	14%	24%	25%	30%	25%	34%	27%	
		Strongly disagree	4%	2%	6%	4%	5%	3%	7%	3%	

 $^{^{\}mbox{\scriptsize Λ}}$ All questions on this table were new in 2013.

TABLE 4 FEELINGS ABOUT SCHOOL; SKIPPING SCHOOL[^] Northwest

			ortnwe			Gra	de			
			51	th	81		91	:h	11	th
			Male	Female	Male	Female	Male	Female	Male	Female
			%	%	%	%	%	%	%	%
How much do you agree or disagree with each of the	Overall, adults at my school treat	Strongly agree	34%	43%	25%	24%	26%	20%	23%	19%
with each of the following statements?	students fairly.	Agree	48%	45%	54%	54%	56%	61%	59%	60%
otatomonto.		Disagree	14%	9%	15%	17%	14%	15%	13%	15%
		Strongly disagree	4%	2%	5%	6%	5%	4%	5%	5%
	Adults at my school listen to	Strongly agree	32%	36%	22%	19%	20%	15%	17%	14%
	the students.	Agree	51%	52%	57%	56%	59%	63%	61%	61%
		Disagree	13%	10%	17%	21%	17%	19%	18%	21%
		Strongly disagree	4%	2%	4%	4%	4%	2%	5%	3%
	The school rules are fair.	Strongly agree	30%	41%	19%	19%	20%	17%	14%	13%
		Agree	46%	47%	54%	59%	57%	65%	54%	60%
		Disagree	17%	10%	20%	18%	18%	15%	25%	20%
		Strongly disagree	6%	2%	6%	3%	5%	3%	7%	6%
	At my school, teachers care	Strongly agree	54%	63%	31%	30%	28%	25%	22%	22%
	about students.	Agree	39%	34%	57%	57%	59%	64%	63%	64%
		Disagree	5%	2%	9%	10%	9%	10%	11%	12%
		Strongly disagree	2%	1%	3%	2%	4%	1%	4%	2%
	Most teachers at my school are	Strongly agree	25%	34%	18%	16%	14%	12%	17%	15%
	interested in me as a person.	Agree	54%	52%	54%	53%	54%	57%	51%	56%
		Disagree	16%	12%	23%	25%	25%	26%	25%	24%
		Strongly disagree	4%	2%	6%	6%	7%	5%	6%	5%
During the last 30 days, how many	None				88%	87%	85%	85%	74%	78%
times have you skipped school or cut classes, but	Once or twice				9%	9%	10%	11%	17%	15%
NOT a full day of school, without	3 to 5 times				2%	3%	2%	2%	5%	5%
being excused?*	6 to 9 times				1%	1%	2%	1%	2%	1%
	10 or more times				0%	0%	1%	1%	2%	1%
During the last 30 days, how many	None				92%	90%	90%	91%	86%	88%
imes have you kipped school or	Once or twice				6%	7%	8%	7%	10%	8%
cut a FULL day of school or classes, without being	3 to 5 times				1%	2%	2%	1%	2%	2%
excused?*	out being				1%	1%	1%	0%	1%	1%
	10 or more times				0%	0%	1%	0%	1%	1%

^{* 5}th grade survey did not ask this question. ^ All questions on this table were new in 2013.

TABLE 5 TIME AWAY FROM CLASS^ Northwest

					Gra	de			
During the leat 20 days		51	:h	81	:h	9t	h	11	th
During the last 30 days how many times have		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
gone to the nurses office?	None	52%	45%	73%	63%	79%	70%	85%	77%
	Once or twice	33%	38%	22%	30%	18%	24%	12%	20%
	3 to 5 times	10%	11%	3%	6%	2%	4%	2%	3%
	6 to 9 times	2%	2%	1%	1%	1%	1%	0%	0%
	10 or more times	2%	4%	1%	0%	0%	1%	0%	0%
stayed home because you were	None	41%	38%	55%	47%	58%	47%	57%	47%
sick?	Once or twice	39%	41%	35%	40%	34%	40%	35%	40%
	3 to 5 times	15%	15%	8%	10%	7%	10%	6%	10%
	6 to 9 times	3%	4%	1%	3%	1%	2%	1%	2%
h	10 or more times	3%	2%	0%	1%	0%	0%	0%	1%
been sent to the office for discipline?	None	77%	92%	80%	87%	84%	91%	89%	94%
	Once or twice	16%	7%	14%	10%	12%	8%	9%	5%
	3 to 5 times	4%	1%	4%	2%	2%	1%	1%	1%
	6 to 9 times	1%	0%	1%	1%	1%	0%	0%	0%
	10 or more times	2%	0%	1%	0%	1%	0%	0%	0%
had in-school suspension (ISS)?	None	91%	97%	92%	95%	92%	96%	95%	97%
caopencion (icc).	Once or twice	6%	2%	6%	4%	6%	4%	4%	3%
	3 to 5 times	1%	0%	1%	1%	1%	0%	0%	0%
	6 to 9 times	1%	0%	1%	0%	0%	0%	0%	0%
	10 or more times	1%	0%	0%	0%	1%	0%	0%	0%
been suspended from school (out-of-	None	96%	99%	97%	98%	96%	99%	98%	99%
rom school (out-of- school suspension/ DSS)?	Once or twice	3%	1%	2%	2%	3%	1%	1%	1%
, -	3 to 5 times	1%	0%	0%	0%	0%	0%	0%	0%
	6 to 9 times	0%	0%	0%	0%	0%	0%	0%	0%
	10 or more times	0%	0%	0%	0%	0%	0%	0%	0%

 $^{^{\}wedge}$ All questions on this table were new in 2013.

TABLE 6 PERCEPTIONS OF SAFETY; AFTER SCHOOL SUPERVISION Northwest

			,,,	ortnwest		Gra	de			
			5t		8t	h	91		11	-
			Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
How much do you agree or disagree	I feel safe going to and from school.	Strongly agree	52%	54%	56%	52%	55%	52%	62%	59%
with each of the following		Agree	40%	39%	40%	42%	39%	43%	35%	38%
statements?		Disagree	6%	5%	2%	5%	4%	4%	2%	3%
		Strongly disagree	1%	2%	1%	1%	1%	1%	1%	0%
	I feel safe at school.	Strongly agree	51%	56%	49%	47%	47%	47%	54%	52%
	Soliooi.	Agree	39%	37%	44%	45%	45%	46%	39%	42%
		Disagree	8%	5%	5%	7%	6%	6%	6%	5%
		Strongly disagree	2%	2%	2%	1%	2%	1%	2%	1%
	I feel safe in my neighborhood.	Strongly agree	55%	54%	63%	55%	61%	54%	68%	61%
	noighbornood.	Agree	35%	35%	33%	40%	34%	40%	30%	35%
		Disagree	8%	8%	3%	3%	4%	6%	1%	3%
		Strongly disagree	2%	3%	1%	1%	1%	1%	1%	1%
	I feel safe at home.^	Strongly agree	76%	73%	73%	69%	71%	65%	74%	71%
	nome.··	Agree	21%	23%	24%	28%	26%	31%	24%	27%
		Disagree	2%	3%	1%	3%	2%	4%	1%	2%
	Strongly disagree	0%	1%	1%	1%	1%	1%	1%	1%	
Where do you usually GO after school?^ (Mark all	I stay at my school school	or go to another	11%	16%	21%	30%	27%	35%	25%	29%
that apply)	Your home or anoth friend's, relative's o	ner home such as a								
		•	92%	91%	89%	91%	86%	89%	78%	84%
	A rec, community o	r other youth center	70/	00/	400/	00/	400/	400/	400/	00/
	A park or other out	door space	7%	8%	10%	9%	10%	10%		9%
	A library		9%	8%	8%	8%	8%			6%
	A church, synagogu	ue, mosque, or	4%	7%	4%	6%	3%	5%	2%	4%
	other spiritual/religi	ous place								
	A job*		4%	5%	7%	10%	6%	9%		7%
	Some other place, s	wah aa a mall ar					11%	10%	35%	40%
	movie theatre	dell'as a man of	7%	10%	11%	19%	10%	13%	13%	16%
During a typical week, how often	0 days		45%	46%	33%	32%	32%	32%	29%	26%
are you home alone or somewhere	1 day		22%	20%	24%	23%	22%	21%	54% 54% 39% 6% 9% 68% 9% 68% 9% 1% 9% 1% 9% 1% 9% 1% 9% 1% 9% 1% 9% 25% 10% 9% 10% 9% 10% 2% 10% 35% 10% 35% 13% 29% 17% 15% 9% 12% 10% 5%	16%
unsupervised after school?	2 days		11%	12%	18%	15%	17%	17%	15%	17%
	3 days		7%	7%	9%	11%	10%	11%	12%	13%
	4 days		4%	4%	4%	6%	6%	6%	5%	10%
	5 days		12%	11%	13%	13%	13%	14%	22%	18%

^{* 5}th and 8th grade surveys did not ask this question. ^ New question in 2013.

TABLE 7 BEING BULLIED FOR SPECIFIC REASONS^

Duning the leat 00 dece	how often been				Gra				
During the last 30 days, other students harasse	, now often have d or bullied vou for	51		8t		9t		11	
any of the following rea		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
Your race, ethnicity or	Never	90%	89%	91%	90%	92%	91%	91%	94%
national origin	Once or twice	7%	8%	6%	7%	5%	7%	6%	4%
	About once a week	1%	1%	2%	1%	1%	2%	1%	1%
	Several times a week	1%	1%	1%	1%	1%	1%	1%	1%
	Every day	1%	1%	1%	0%	1%	1%	1%	0%
Your religion	Never	92%	91%	95%	94%	95%	92%	94%	93%
	Once or twice								
	About once a week	6%	8%	5%	5%	4%	7%	4%	6%
	Several times a week	1%	1%	0%	1%	0%	1%		1%
		1%	0%	0%	0%	1%	0%	0%	1%
	Every day	0%	0%	0%	0%	0%	0%	0%	0%
Your gender (being male or female)	Never	90%	85%	96%	90%	96%	91%	97%	92%
	Once or twice	7%	11%	3%	9%	3%	7%	1%	7%
	About once a week	1%	1%	0%	1%	1%	1%	0%	19
	Several times a week	2%	1%	0%	0%	0%	0%	0%	0%
	Every day	1%	2%	0%	0%	0%	0%	0%	0%
Because you are gay or lesbian or because	Never			91%	90%	91%	92%	94%	95%
someone thought you were*	Once or twice			5%	7%	5%	6%	6 0% 6 0% 6 97% 6 1% 6 0% 6 0% 6 0% 6 4% 6 4% 6 1% 6 0% 6 94% 6 4% 6 4% 6 4% 6 4%	4%
	About once a week			1%	1%	2%	7% 1% 1% 0% 0% 0% 0% 0% 92% 94% 6% 4% 1% 1% 0% 0%	0%	
	Several times a week			1%	1%	1%	0%	0%	0%
	Every day			1%	1%	1%	1%	0%	1%
A physical or mental disability	Never	91%	92%	94%	95%	93%	94%	95%	96%
uisability	Once or twice	7%	6%	4%	4%	5%	4%	4%	3%
	About once a week	1%	1%	1%	1%	1%	1%	1%	1%
	Several times a week	0%	0%	1%	0%	1%	0%	1%	0%
	Every day	1%	1%	1%	0%	1%	1%	0%	19
Your weight or	Never	77%	75%	76%	67%	79%	70%		77%
hysical appearance	Once or twice	15%	16%	15%	22%	13%	21%	9%	15%
	About once a week	2%	5%	3%	5%	3%	4%	3%	3%
	Several times a week	2%	2%	2%	4%	3%	3%	2%	2%
	Every day	3%	2%	4%	2%	1%	2%	2%	3%

^{* 5}th grade survey did not ask this question. ^ All questions on this table were new in 2013.

TABLE 8 VICTIMIZATION AT SCHOOL; CYBERBULLYING^

						Gra	de			
			51	th	8t	h	9t	th	11	th
			Male	Female	Male	Female	Male	Female	Male	Female
			%	%	%	%	%	%	%	%
During the last 30 days, on how	stolen or deliberately	0 days	87%	89%	87%	87%	86%	90%	87%	92%
many days have other students at school	damaged your property such as clothing, books or	1 day	9%	6%	8%	9%	9%	7%	9%	5%
3011001	car?	2 or 3 days	2%	3%	3%	3%	3%	2%	2%	2%
		4 or 5 days	1%	0%	1%	1%	0%	1%	0%	0%
		6 or more days	1%	1%	1%	1%	1%	0%	1%	19
	offered, sold or given you an	0 days	99%	98%	94%	93%	90%	92%	85%	89%
illeg	illegal drug?	1 day	0%	1%	3%	3%	4%	3%	5%	49
		2 or 3 days	0%	0%	1%	2%	2%	2%	4%	3%
		4 or 5 days	0%	0%	0%	1%	2%	1%	1%	19
		6 or more days	1%	0%	2%	1%	1%	1%	4%	2%
	threatened or injured you with a	0 days	93%	97%	95%	96%	95%	97%	95%	97%
	weapon (gun, knife, club, etc.)?	1 day	4%	2%	4%	2%	3%	2%	2%	19
		2 or 3 days	1%	1%	1%	1%	1%	1%	1%	19
		4 or 5 days	1%	0%	0%	0%	0%	0%	1%	0%
		6 or more days	1%	0%	0%	0%	1%	0%	1%	0%
During the last 30 days, how often	Never		87%	81%	91%	78%	91%	79%	92%	819
have you been bullied through e- mail_chat rooms	Once or twice		9%	14%	7%	18%	6%	17%	6%	15%
mail, chat rooms, instant messaging, websites or texting?	About once a week		3%	2%	1%	2%	1%	2%	1%	3%
	Several times a wee	k	1%	2%	1%	1%	1%	1%	1%	19
	Every day		1%	2%	1%	1%	1%	0%	1%	0%

[^] All questions on this table were new in 2013.

TABLE 9 BEING BULLIED OR HARASSED AT SCHOOL[^]

		Grade 5th 8th 9th 11th								
5:44.004.4.6		51	th	81	th	91	:h	11	th	
During the last 30 days, how often have other students at school		Male	Female	Male	Female	Male	Female	Male	Female	
		%	%	%	%	%	%	%	%	
pushed, shoved, slapped, hit or kicked you when they weren't	Never	64%	70%	80%	83%	82%	86%	88%	92%	
kidding around?	Once or twice	27%	22%	15%	13%	13%	11%	7%	5%	
	About once a week	5%	3%	3%	2%	3%	1%	1%	1%	
	Several times a week	2%	2%	1%	1%	2%	1%	1%	0%	
	Every day	2%	2%	1%	1%	1%	1%	2%	1%	
threatened to beat you up?	Never	73%	81%	82%	86%	84%	89%	91%	94%	
	Once or twice	20%	15%	13%	11%	11%	9%	6%	5%	
	About once a week	3%	3%	3%	2%	2%	2%	1%	1%	
	Several times a week	2%	1%	1%	1%	2%	0%	1%	0%	
	Every day	2%	1%	1%	0%	1%	0%	1%	0%	
spread mean rumors or lies	Never	69%	56%	78%	58%	80%	63%	82%	66%	
spread mean rumors or lies out you?	Once or twice	23%	32%	15%	31%	15%	27%	12%	27%	
	About once a week	3%	5%	3%	5%	3%	6%	2%	4%	
	Several times a week	3%	4%	2%	3%	1%	3%	1%	2%	
	Every day	2%	4%	1%	2%	2%	1%	2%	2%	
made sexual jokes, comments or gestures towards you?*	Never			81%	71%	79%	72%	81%	70%	
gestures towards you:	Once or twice			11%	19%	12%	17%	10%	19%	
	About once a week			3%	4%	3%	5%	2%	4%	
	Several times a week			2%	3%	2%	3%	2%	3%	
	Every day			3%	3%	3%	3%	4%	3%	
excluded you from friends, other students or activities?	Never	75%	60%	83%	64%	84%	66%	85%	72%	
Students Of activities:	Once or twice	17%	28%	11%	26%	9%	24%	10%	19%	
	About once a week	4%	6%	3%	5%	3%	4%	2%	3%	
	Several times a week	2%	2%	1%	3%	1%	3%	1%	3%	
	Every day	2%	3%	2%	2%	2%	2%	2%	3%	

^{* 5}th grade survey did not ask this question. ^ All questions on this table were new in 2013.

TABLE 10 BULLYING OR HARASSING OTHER STUDENTS AT SCHOOL^ Northwest

			lorurwe			Gra	de			
			51	th	81	th .	91	h	11	th
			Male	Female	Male	Female	Male	Female	Male	Female
Desire the lead on		N	%	%	%	%	%	%	%	%
During the last 30 days, how many times at school	pushed, shoved slapped, hit or kicked someone	Never	82%	90%	84%	91%	84%	92%	90%	96%
have YOU^	when you weren't kidding around?	Once or twice	16%	9%	13%	8%	13%	7%	7%	3%
	3	About once a week	1%	1%	1%	1%	2%	0%	1%	1%
		Several times a week	0%	0%	1%	0%	1%	0%	1%	0%
		Every day	1%	0%	0%	0%	1%	0%	2%	0%
	threatened or beat someone up?	Never	90%	95%	86%	93%	86%	92%	89%	94%
		Once or twice	8%	5%	12%	7%	11%	7%	8%	5%
		About once a week	1%	0%	0%	0%	2%	1%	1%	0%
		Several times a week	0%	0%	1%	0%	1%	0%	0%	0%
		Every day	0%	0%	1%	0%	1%	0%	2%	0%
	spread mean rumors or lies	Never	93%	88%	94%	90%	94%	90%	93%	92%
	about someone else?	Once or twice	6%	11%	5%	9%	5%	10%	5%	8%
	-	About once a week	1%	1%	0%	0%	0%	0%	0%	0%
		Several times a week	0%	0%	0%	0%	0%	0%	0%	0%
		Every day	0%	0%	0%	0%	1%	0%	1%	0%
	made sexual jokes, comments	Never			87%	92%	83%	89%	81%	89%
	or gestures towards someone else?*	Once or twice			8%	7%	10%	8%	10%	9%
		About once a week			2%	1%	2%	1%	3%	1%
		Several times a week			1%	1%	2%	1%	3%	1%
		Every day			1%	1%	2%	1%	4%	1%
	excluded someone from	Never	88%	84%	90%	84%	90%	84%	90%	89%
	friends, other students or activities?	Once or twice	10%	14%	8%	15%	7%	14%	7%	9%
		About once a week	1%	1%	1%	1%	1%	1%	1%	1%
		Several times a week	0%	0%	0%	0%	0%	0%	0%	0%
		Every day	1%	1%	0%	0%	1%	0%	1%	0%
During the last 30 days, on how	0 days		97%	99%	96%	99%	91%	99%	89%	98%
many days did you carry a weapon such as a	1 day		3%	1%	2%	1%	4%	1%	2%	1%
gun, knife, or club ON SCHOOL	2 or 3 days		0%	0%	0%	0%	2%	0%	2%	0%
PROPERTY?	4 or 5 days		0%	0%	0%	0%	1%	0%	1%	0%
	6 or more days		0%	0%	1%	0%	3%	1%	6%	1%

^{* 5}th grade survey did not ask this question. ^ All questions on this table were new in 2013.

TABLE 11A USE OF TIME^ Northwest

					Gra	de			
During a funical ashaal day, boy, man	, have	51	th	81	:h	91	th	11	th
During a typical school day, how many do you do each of the following outsid	rnours le of school?	Male	Female	Male	Female	Male	Female	Male	Female
Study or do homework	0 hours	%	%	%	%	%	%	%	%
Study of do Homework		19%	12%	26%	15%	30%	16%	33%	14%
	1 hour	68%	72%	56%	55%	51%	51%	48%	46%
	2 hours	10%	13%	15%	24%	16%	26%	15%	29%
	3 to 5 hours	3%	2%	2%	6%	3%	6%	4%	10%
	6 or more hours	1%	1%	1%	1%	0%	1%	1%	1%
Read for pleasure	0 hours	34%	25%	66%	48%	74%	53%	73%	58%
	1 hour	50%	52%	25%	33%	19%	29%	18%	24%
	2 hours	9%	15%	5%	10%	5%	10%	5%	9%
	3 to 5 hours	4%	5%	3%	6%	1%	5%	3%	6%
	6 or more hours	2%	3%	2%	3%	2%	3%	1%	3%
Do creative things such as music or arts and crafts	0 hours	46%	21%	57%	28%	59%	36%	61%	38%
	1 hour	35%	43%	25%	37%	26%	35%	20%	33%
	2 hours	11%	24%	10%	16%	8%	16%	10%	13%
	3 to 5 hours	5%	9%	4%	12%	5%	9%	5%	11%
	6 or more hours	3%	3%	3%	7%	3%	4%	4%	6%
Go outside, take a walk or go for a bike ride	0 hours	23%	21%	27%	29%	30%	38%	34%	35%
	1 hour	39%	47%	38%	44%	34%	41%	36%	43%
	2 hours	23%	20%	20%	17%	19%	13%	17%	15%
	3 to 5 hours	10%	9%	9%	7%	11%	6%	7%	4%
	6 or more hours	5%	2%	7%	3%	5%	2%	5%	2%
During a typical week, how many hours do you work for pay outside of	0 hours			60%	61%	59%	66%	43%	41%
the regular school day?*	1 to 2 hours			16%	22%	14%	14%	8%	8%
	3 to 5 hours			10%	11%	11%	10%	11%	13%
	6 to 10 hours			7%	4%	7%	6%	13%	14%
	11 to 20 hours			3%	1%	6%	3%	12%	14%
	21 to 30 hours			2%	0%	2%	1%	7%	7%
	31 or more hours			2%	0%	1%	0%	6%	2%

^{* 5}th grade survey did not ask this question.
^ All questions on this table were new in 2013.

TABLE 11B USE OF TIME^ Northwest

					Gra	de			
During a typical school day, how mar	w hours	51	th	81	th	91	h	11	th
do you do each of the following outsi	ide of school?	Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
Watch TV shows, movies or videos on a TV, computer or phone	0 hours	16%	15%	8%	6%	9%	8%	8%	10%
	1 hour	45%	49%	35%	34%	33%	36%	29%	32%
	2 hours	21%	20%	31%	29%	28%	28%	30%	30%
	3 to 5 hours	11%	11%	17%	21%	20%	20%	21%	19%
	6 or more hours	7%	6%	11%	10%	10%	8%	12%	9%
Talk on the phone or use an app	0 hours	51%	38%	31%	19%	29%	18%	27%	16%
	1 hour	33%	43%	36%	33%	37%	33%	34%	32%
	2 hours	10%	11%	17%	21%	18%	22%	18%	22%
	3 to 5 hours	4%	5%	8%	16%	10%	16%	11%	18%
	6 or more hours	2%	3%	8%	11%	6%	11%	10%	13%
Text	0 hours	72%	55%	36%	20%	31%	15%	20%	11%
	1 hour	18%	27%	31%	22%	29%	21%	25%	18%
	2 hours	5%	10%	12%	14%	13%	14%	16%	15%
	3 to 5 hours	3%	5%	9%	16%	11%	19%	14%	18%
	6 or more hours	2%	4%	12%	28%	16%	31%	25%	38%
Play video or online games	0 hours	26%	52%	24%	64%	27%	67%	32%	77%
	1 hour	39%	35%	28%	21%	26%	17%	25%	12%
	2 hours	15%	8%	19%	8%	19%	8%	17%	5%
	3 to 5 hours	11%	3%	16%	5%	15%	4%	12%	4%
	6 or more hours	10%	2%	13%	3%	12%	3%	14%	2%
Use the computer	0 hours	44%	40%	39%	37%	38%	41%	33%	33%
	1 hour	38%	43%	35%	35%	34%	31%	35%	36%
	2 hours	9%	9%	13%	12%	12%	15%	15%	17%
	3 to 5 hours	5%	5%	6%	9%	8%	8%	7%	9%
	6 or more hours	5%	3%	7%	6%	7%	5%	9%	5%

 $^{^{\}mbox{\scriptsize \Lambda}}$ All questions on this table were new in 2013.

TABLE 12A ENRICHMENT ACTIVITIES^

						Gra	de			
			51	th	81	th	91	th	11	th
			Male	Female	Male	Female	Male	Female	Male	Female
			%	%	%	%	%	%	%	%
Does your school or community offer a variety of	Yes		64%	71%	72%	72%	71%	72%	61%	67%
programs for people your age to participate in	No		13%	10%	7%	7%	7%	7%	13%	11%
outside of the regular school day?	I don't know what pavailable in my cor		000/	400/	040/	040/	040/	040/	000/	000/
			22%	19%	21%	21%	21%	21%	26%	23%
During a typical week, how often	Club or community	0 days	51%	53%	49%	49%	71%	70%	80%	76%
do you participate in the following	sports teams, such as park and rec teams, in-	1 day	14%	16%	6%	9%	6%	8%	6%	5%
activities outside of the regular	house teams or traveling teams	2 days	14%	16%	4%	6%	4%	6%	3%	6%
school day?	_	3 to 4 days	11%	8%	11%	12%	5%	6%	2%	5%
		5 or more days	10%	8%	30%	25%	14%	11%	9%	8%
	School sports teams*	0 days					43%	43%	45%	50%
		1 day					4%	3%	3%	3%
		2 days					2%	4%	2%	5%
		3 to 4 days					9%	10%	5%	5%
		5 or more days					41%	41%	45%	38%
	School sponsored	0 days	83%	78%	83%	73%	82%	69%	81%	64%
	activities or clubs that are not sports, such as	1 day	10%	12%	6%	9%	7%	9%	5%	9%
	drama, music, chess or science	2 days	4%	6%	3%	6%	3%	7%	5%	10%
	club	3 to 4 days	1%	2%	3%	7%	3%	7%	3%	8%
		5 or more days	2%	1%	4%	6%	4%	8%	6%	9%

^{* 5}th and 8th grade surveys did not ask this question. ^ All questions on this table were new in 2013.

TABLE 12B ENRICHMENT ACTIVITIES^ Northwest

					Gra	de			
During a typical week, how often do yo	ou	51	h	81	:h	91	:h	11	th
participate in the following activities outside of the regular school day?		Male	Female	Male	Female	Male	Female	Male	Female
•		%	%	%	%	%	%	%	%
Tutoring, homework help or academic programs	0 days	87%	84%	90%	90%	93%	89%	92%	88%
	1 day	8%	9%	6%	6%	4%	7%	6%	8%
	2 days	2%	4%	3%	2%	2%	2%	1%	2%
	3 to 4 days	1%	2%	1%	1%	1%	1%	0%	1%
	5 or more days	1%	1%	0%	1%	1%	1%	0%	1%
Leadership activities such as student government, youth councils or	0 days	93%	91%	93%	89%	92%	86%	88%	73%
committees	1 day	6%	6%	4%	8%	5%	9%	8%	15%
	2 days	1%	1%	1%	2%	1%	3%	3%	9%
	3 to 4 days	0%	0%	0%	0%	0%	1%	1%	2%
	5 or more days	0%	1%	1%	0%	1%	0%	1%	1%
Lessons, such as music, dance, tennis or karate lessons	0 days	76%	54%	85%	67%	90%	75%	91%	81%
	1 day	14%	24%	8%	17%	6%	13%	5%	11%
	2 days	6%	12%	3%	7%	2%	5%	2%	4%
	3 to 4 days	2%	5%	2%	6%	1%	4%	2%	2%
	5 or more days	2%	5%	2%	3%	1%	4%	1%	2%
Other community clubs and programs such as 4-H, Scouts, Y-	0 days	79%	73%	89%	88%	90%	88%	91%	88%
clubs or Community Ed	1 day	15%	18%	8%	8%	7%	8%	5%	7%
	2 days	4%	5%	1%	2%	1%	2%	2%	3%
	3 to 4 days	1%	1%	0%	1%	1%	1%	1%	1%
	5 or more days	2%	3%	1%	1%	1%	1%	0%	1%
Religious activities such as religious services, education or youth group	0 days	72%	66%	55%	45%	56%	45%	64%	55%
,	1 day	21%	27%	35%	38%	32%	39%	25%	32%
	2 days	5%	5%	9%	15%	10%	13%	8%	11%
	3 to 4 days	1%	1%	1%	1%	1%	1%	2%	2%
	5 or more days	2%	2%	0%	1%	0%	1%	0%	1%

[^] All questions on this table were new in 2013.

TABLE 13 REASONS FOR PARTICIPATION IN ACTIVITIES

				Grade						
		51	h	81		ue 91	h	1th		
		Male	Female	Male	Female	Male	Female	Male	Female	
		%	%	wiale %	%	wiale %	%	wiale %	%	
What are the reasons you participate in activities,	To have fun	70	70	88%	89%	70	70	70	70	
programs or clubs outside of the regular school day?* (Mark all that apply)	To be with my friends			77%	82%					
,	To try new things			34%	52%					
	To help me succeed in school			26%	33%					
	To help me get into college			35%	41%					
	To be a leader or make a difference			23%	29%					
	To feel more connected to my community			15%	20%					
	My parents (or guardians) want me to			25%	30%					
	It is a safe place			11%	13%					
	Other			23%	20%					
What are the reasons you don't participate in activities, programs or	I do not know what is available in my community	20%	17%	14%	17%	15%	19%	15%	16%	
clubs outside of the regular school day? (Mark all that apply)	Activities are not available in my community	5%	3%	3%	2%	4%	6%	6%	6%	
	Activities cost too much	15%	20%	9%	16%	12%	17%	12%	15%	
	My parents (or guardians) won't let me	13%	13%	4%	8%	4%	10%	5%	5%	
	My friends are not there	16%	19%	18%	23%	19%	29%	18%	24%	
	I am not interested	52%	48%	61%	55%	64%	55%	65%	59%	
	I am too busy with other things, such as a job or homework	28%	39%	30%	39%	40%	49%	48%	65%	
	I don't have a way to get there or home	16%	18%	12%	21%	18%	31%	8%	12%	
	I have to take care of other family members	9%	11%	4%	10%	5%	13%	4%	9%	
	It is not a safe place	3%	2%	2%	2%	3%	1%	2%	19	
	Other	36%	37%	27%	24%	25%	22%	22%	18%	

^{*} Only the 8th grade survey asked this question.

TABLE 14 FAMILY COMPOSITION AND SITUATIONS

					Gra	de			
		5t	h	8t	h	9t	h	11	th
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
Which adults do you live with?	Both biological parents	61%	61%	63%	58%	60%	61%	59%	61%
	Both adoptive parents	1%	1%	1%	2%	2%	1%	2%	1%
	Mother and stepfather	5%	6%	7%	9%	8%	7%	8%	8%
	Father and stepmother	1%	1%	1%	1%	2%	1%	2%	2%
	Mother and partner	2%	2%	1%	2%	1%	2%	1%	2%
	Father and partner	0%	0%	0%	0%	0%	1%	0%	0%
	Mother only	13%	14%	15%	14%	13%	16%	13%	15%
	Father only	4%	3%	4%	3%	5%	4%	6%	49
	Sometimes with mother, sometimes with father	6%	6%	4%	5%	4%	3%	2%	29
	Other (relatives, foster care, etc)	6%	5%	3%	4%	3%	4%	5%	5%
	No adults	1%	1%	1%	0%	1%	0%	0%	19
During the past 12 months, have you stayed in a shelter, somewhere	No			91%	93%	92%	94%	94%	95%
not intended as a place to live, or someone else's home because you had no other place to stay?*^	Yes, with my parents or an adult family member			7%	6%	6%	5%	4%	4%
	Yes, on my own without any adult family members			1%	1%	3%	1%	2%	19
Have any of your parents or guardians ever been in jail or prison?*^	None of my parents or guardians has ever been in jail or prison			78%	73%	79%	76%	78%	80%
	Yes, I have a parent or guardian in jail or prison right now			3%	2%	4%	3%	2%	2%
	Yes, I have had a parent or guardian in jail or prison in the past			20%	26%	18%	23%	20%	19%

^{* 5}th grade survey did not ask this question. ^ New question in 2013.

TABLE 15 PARENTAL COMMUNICATION

					Gra	de			
		5t	:h	8t	h	91	h	11	th
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
Can you talk to your father about problems you are having?	Yes, most of the time	50%	38%	46%	31%	47%	29%	48%	34%
3	Yes, some of the time	26%	30%	31%	31%	26%	34%	25%	30%
	No, not very often	11%	16%	11%	18%	14%	16%	11%	16%
	No, not at all	4%	7%	6%	8%	5%	10%	7%	8%
	My father is not around	8%	10%	7%	11%	9%	11%	9%	11%
Can you talk to your mother about problems you are having?	Yes, most of the time	65%	68%	55%	61%	54%	54%	53%	57%
you are maxing.	Yes, some of the time	22%	21%	30%	24%	26%	28%	27%	27%
	No, not very often	7%	7%	10%	10%	11%	11%	10%	9%
	No, not at all	3%	2%	4%	3%	5%	3%	6%	5%
	My mother is not around	3%	2%	2%	2%	3%	3%	3%	3%

TABLE 16 PERCEPTIONS OF FAMILY AND OTHERS CARING Northwest

					Gra	de			
		5	5th 8th 9th Female Male Female Male Female % % % %						th
How much do you feel		Male		Male	Female		Female	Male	Female
		%	%	%	%	%	%	%	%
your parents care about you?	Not at all	1%	1%	1%	1%	2%	2%	2%	1%
	A little	3%	2%	2%	5%	4%	5%	3%	4%
	Some	3%	2%	4%	8%	5%	8%	7%	8%
	Quite a bit	8%	9%	17%	15%	15%	18%	19%	18%
	Very much	86%	86%	76%	71%	74%	66%	69%	69%
other adult relatives care about you?	Not at all	1%	1%	1%	1%	3%	3%	2%	1%
•	A little	3%	3%	2%	5%	4%	5%	4%	5%
	Some	6%	6%	7%	9%	10%	11%	14%	14%
	Quite a bit	18%	19%	31%	31%	27%	29%	30%	27%
friends care about you?	Very much	71%	71%	58%	54%	56%	52%	50%	53%
friends care about you?	Not at all	2%	1%	2%	2%	3%	2%	2%	1%
	A little	8%	5%	5%	5%	7%	5%	6%	5%
	Some	18%	16%	23%	13%	22%	15%	21%	15%
	Quite a bit	40%	32%	42%	35%	40%	34%	38%	34%
	Very much	32%	46%	28%	46%	28%	43%	34%	44%
teachers/other adults at school care about you?	Not at all	6%	3%	7%	9%	10%	9%	9%	8%
•	A little	10%	10%	18%	19%	18%	18%	16%	16%
	Some	17%	13%	28%	29%	29%	33%	32%	32%
	Quite a bit	30%	34%	31%	32%	29%	28%	26%	33%
	Very much	36%	40%	16%	12%	15%	12%	17%	11%
adults in your community care about you?	Not at all	10%	7%	11%	14%	16%	15%	15%	14%
•	A little	15%	13%	21%	21%	19%	19%	20%	21%
	Some	22%	22%	30%	29%	31%	30%	30%	27%
	Quite a bit	26%	29%	24%	25%	21%	22%	20%	26%
	Very much	27%	29%	15%	11%	14%	14%	15%	12%

TABLE 17 FAMILY SUBSTANCE ABUSE; PHYSICAL AND SEXUAL VIOLENCE Northwest

		Grade 5th 8th 9th 11th Male Female Male Female Male Female										
		51	th	81	:h	91	:h	11	th			
		Male	Female	Male	Female	Male	Female	Male	Female			
		%	%	%	%	%	%	%	%			
Do you live with anyone who drinks too much alcohol?^	Yes	6%	5%	9%	10%	12%	13%	12%	14%			
	No	94%	95%	91%	90%	88%	87%	88%	86%			
Do you live with anyone who uses illegal drugs or abuses prescription	Yes	2%	2%	5%	5%	5%	5%	5%	5%			
drugs?^	No	98%	98%	95%	95%	95%	95%	95%	95%			
Does a parent or other adult in your home regularly swear at you, insult you or put you	Yes	13%	12%	11%	18%	15%	18%	11%	15%			
down?^	No	87%	88%	89%	82%	85%	82%	89%	85%			
Has a parent or other adult in your household ever hit, beat, kicked or physically hurt you in	Yes	11%	9%	9%	11%	10%	14%	11%	13%			
any way?^	No	89%	91%	91%	89%	90%	86%	89%	87%			
Have your parents or other adults in your home ever slapped, hit, kicked, punched or beat	Yes	8%	8%	6%	9%	7%	8%	6%	9%			
each other up?^	No	92%	92%	94%	91%	93%	92%	94%	91%			
Has any adult or other person outside of the family ever touched you sexually against your	Yes	1%	4%	1%	5%	1%	7%	1%	8%			
wishes or forced you to touch them sexually?	No	99%	96%	99%	95%	99%	93%	99%	92%			
Has any older or stronger member of your family ever touched you or had you touch them	Yes	2%	3%	1%	3%	1%	4%	1%	6%			
sexually?	No	98%	97%	99%	97%	99%	96%	99%	94%			

[^] New question in 2013.

TABLE 18 RELATIONSHIP VIOLENCE*^

				Gra	ade		
		81	th	91	:h	11	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Have you ever had a boyfriend or girlfriend in a dating or serious relationship who called	Yes	4%	11%	6%	15%	10%	24%
you names or put you down verbally?	No	96%	89%	94%	85%	90%	76%
Have you ever had a boyfriend or girlfriend in a dating or serious relationship who hit.	Yes	4%	4%	4%	4%	6%	8%
slapped or physically hurt you on purpose?	No	96%	96%	96%	96%	94%	92%
Have you ever had a boyfriend or girlfriend in a dating or serious relationship who	Yes			4%	11%	5%	20%
pressured you into having sex when you did not want to?**	No			96%	89%	95%	80%
Have YOU ever done any of the following to a boyfriend or girlfriend in a dating or serious	Yes	3%	4%	3%	6%	7%	13%
relationship: called him/her names or put him/her down verbally?	No	97%	96%	97%	94%	93%	87%
Have YOU ever done any of the following to a boyfriend or girlfriend in a dating or serious	Yes	1%	1%	2%	2%	1%	4%
relationship: hit, slapped or physically hurt him/her on purpose?	No	99%	99%	98%	98%	99%	96%
Have YOU ever done any of the following to a boyfriend or girlfriend in a dating or serious	Yes			2%	1%	3%	1%
relationship: pressured him/her into having sex when he/she did not want to?**	No			98%	99%	97%	99%

^{* 5}th grade survey did not ask these questions.
** 8th grade survey did not ask this question.
^ All questions on this table were new in 2013.

TABLE 19 GENERAL HEALTH AND HEALTH CONDITIONS

Northwest

					Gra	de			
		5t		8t		9t			lth
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
How would you describe your health in general?^	Excellent	33%	34%	31%	23%	28%	19%	33%	17%
nealth in general?"	Very good	41%	39%	40%	38%	42%	42%	36%	42%
	Good	22%	23%	23%	31%	24%	30%	24%	29%
	Fair	4%	4%	6%	7%	5%	9%	6%	10%
	Poor	1%	1%	1%	1%	1%	1%	1%	1%
Do you have any physical disabilities, or long-term health problems (such as asthma, cancer,	Yes	13%	10%	12%	17%	14%	17%	11%	18%
diabetes, epilepsy or something else)? Long-term means lasting 6 months or more.^	No	87%	90%	88%	83%	86%	83%	89%	82%
Has a doctor or nurse ever told you that you have asthma?	Yes	12%	8%	14%	17%	16%	16%	16%	18%
	No	88%	92%	86%	83%	84%	84%	84%	82%
Has a doctor or nurse ever told you that you have diabetes?^	Yes	1%	1%	1%	1%	1%	1%	2%	1%
·	No	99%	99%	99%	99%	99%	99%	99%	99%
Has a doctor or nurse ever told you that you have pre-diabetes?^	Yes	1%	1%	1%	1%	1%	2%	1%	1%
	No	99%	99%	99%	99%	99%	98%	99%	99%
Has a doctor or nurse ever told you that you have an allergy that	Yes	4%	2%	3%	2%	3%	3%	4%	4%
requires you to carry an epi-pen?^	No	96%	98%	97%	98%	97%	97%	96%	96%
Do you have any long-term mental health, behavioral or emotional	Yes	11%	10%	6%	12%	10%	16%	8%	16%
problems? Long-term means lasting 6 months or more.^	No	89%	90%	94%	88%	90%	84%	92%	84%
How would YOU describe your weight?	Underweight	15%	11%	9%	7%	11%	4%	9%	5%
-	About the right weight	74%	77%	75%	67%	73%	68%	75%	68%
	Overweight	11%	12%	16%	27%	16%	27%	16%	27%
Weight status* according to Body Mass Index (BMI)**	Not overweight			66%	76%	68%	76%	67%	79%
, ,	Overweight			18%	16%	16%	16%	18%	13%
	Obese			17%	8%	16%	8%	15%	8%

^{* 5}th grade survey did not ask this question. ^ New question in 2013.

Not overweight: Less than the 85th percentile Overweight: 85th to less than the 95th percentile Obese: Equal to or greater than the 95th percentile

^{**} Body Mass Index (BMI) is a number calculated from a child's self-reported weight and height. BMI is calculated using a standard formula. BMI-for-age percentiles are used to interpret BMI numbers for children and teens. CDC BMI-for-age growth charts were used to determine weight status according to BMI for participants in the Minnesota Student Survey.

TABLE 20 HEALTH CARE ACCESS

					Gra	de			
		5t	h	8t	h	9t	h	11	th
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
When was the last time you saw a doctor or nurse for a check-up or physical exam	During the last year	69%	70%	62%	66%	61%	59%	52%	56%
when you were not sick or injured?	Between 1 and 2 years ago	15%	18%	26%	27%	25%	29%	30%	30%
	More than 2 years ago	8%	7%	8%	6%	9%	9%	11%	11%
	Never	7%	5%	4%	1%	5%	2%	7%	3%
When was the last time you saw a dentist or dental hygienist for a regular	During the last year	75%	80%	79%	80%	79%	80%	77%	81%
check-up, exam or teeth cleaning or other dental work?^	Between 1 and 2 years ago	15%	13%	12%	14%	13%	15%	14%	13%
	More than 2 years ago	6%	5%	8%	5%	6%	5%	7%	6%
	Never	4%	2%	2%	1%	2%	1%	2%	1%
Have you ever been treated for a mental health, emotional or behavioral	No			87%	87%	89%	83%	87%	82%
problem?* (Mark ALL that apply)	Yes, during the last year			6%	9%	6%	11%	7%	10%
	Yes, more than a year ago			8%	5%	5%	8%	7%	10%
Have you ever been treated for an alcohol or drug problem?* (Mark ALL that	No			97%	98%	97%	98%	97%	97%
apply)	Yes, during the last year			2%	2%	2%	2%	2%	2%
	Yes, more than a year ago			1%	0%	1%	1%	1%	1%

 $^{^{\}star}$ 5th grade survey did not ask this question. $^{\wedge}$ New question in 2013.

TABLE 21 PHYSICAL ACTIVITY; SLEEP; USE OF INDOOR TANNING DEVICE^

					Gra	de			
		51		8t		91	th	11	th
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
During the last 7 days, on how many days were you physically active for	0 days	12%	10%	7%	6%	6%	8%	9%	11%
a total of AT LEAST 60 MINUTES PER DAY?	1 day	9%	8%	6%	7%	5%	9%	7%	11%
	2 days	9%	11%	8%	10%	7%	10%	5%	16%
	3 days	11%	14%	10%	13%	10%	14%	10%	15%
	4 days	11%	11%	10%	16%	10%	13%	10%	10%
	5 days	12%	15%	19%	20%	21%	25%	17%	17%
	6 days	8%	10%	13%	12%	13%	11%	13%	10%
	7 days	28%	20%	28%	16%	27%	11%	29%	9%
During a typical school week, on how many days do you go to physical education (PE or gym) classes?	0 days	4%	2%	20%	21%	28%	34%	60%	81%
	1 day	6%	6%	2%	3%	1%	1%	1%	1%
	2 days	7%	7%	6%	5%	3%	3%	1%	2%
	3 days	13%	15%	19%	21%	8%	9%	2%	1%
	4 days	27%	26%	6%	8%	7%	7%	5%	1%
	5 days	43%	44%	47%	42%	52%	46%	30%	14%
During a typical school night, how many hours	4 hours or less	2%	2%	4%	3%	4%	5%	5%	4%
of sleep do you get?	5 hours	5%	2%	5%	6%	5%	9%	8%	9%
	6 hours	8%	4%	13%	15%	14%	18%	19%	24%
	7 hours	10%	10%	22%	27%	28%	33%	33%	36%
	8 hours	24%	22%	34%	31%	34%	25%	27%	22%
	9 hours	27%	29%	18%	14%	13%	8%	6%	4%
	10 or more hours	23%	31%	4%	4%	4%	2%	2%	1%
During the last 12 months, how many times	0 times			98%	93%	97%	84%	93%	57%
did you use an indoor tanning device such as a sunlamp, sunbed or tanning booth?*	1 or 2 times			1%	3%	1%	5%	2%	6%
	3 to 9 times			1%	2%	1%	5%	3%	10%
	10 to 19 times			0%	1%	0%	3%	1%	12%
	20 to 39 times			0%	0%	0%	2%	1%	9%
	40 or more times			0%	0%	1%	1%	0%	5%

^{* 5}th grade survey did not ask this question. ^ All questions on this table were new in 2013.

TABLE 22 EATING MEALS

		Grade									
		5t	h	8t	:h	91	th	11	th		
		Male	Female	Male	Female	Male	Female	Male	Female		
		%	%	%	%	%	%	%	%		
During the last 7 days, on how many days did you eat breakfast?^	0 days	3%	4%	8%	10%	9%	9%	11%	7%		
you eat breaklast:	1 day	4%	2%	4%	7%	5%	8%	6%	7%		
	2 days	5%	4%	6%	10%	6%	11%	9%	12%		
	3 days	5%	5%	8%	10%	9%	12%	11%	14%		
	4 days	6%	5%	7%	10%	9%	10%	8%	11%		
	5 days	9%	9%	12%	10%	13%	10%	11%	11%		
	6 days	7%	8%	8%	8%	7%	7%	7%	7%		
	7 days	61%	62%	47%	34%	43%	32%	38%	31%		
During the last 30 days, have you had to skip meals because your	Yes	5%	5%	4%	5%	6%	4%	4%	4%		
family did not have enough money to buy food?^	No	95%	95%	96%	95%	94%	96%	96%	96%		
During a typical school week, where do you usually get your lunch?^	I usually don't eat lunch	4%	2%	6%	10%	8%	12%	8%	12%		
(Mark ALL that apply)	Regular school lunch from the cafeteria	91%	92%	88%	88%	85%	81%	75%	73%		
	The a la carte line (buy individual items)	2%	2%	7%	8%	14%	19%	12%	14%		
	School store or vending machine	5%	3%	6%	4%	8%	8%	7%	7%		
	Fast food restaurant, gas station or somewhere else outside of school	6%	4%	4%	2%	8%	6%	26%	21%		
	I bring lunch from home	18%	28%	8%	12%	9%	13%	10%	21%		
Do you currently get free or reduced-price lunch at school?	Yes	33%	35%	32%	38%	31%	37%	30%	30%		
action!	No	67%	65%	68%	62%	69%	63%	70%	70%		

[^] New question in 2013.

TABLE 23A NUTRITION^

		Grade									
		51	th	81	th	9t	h	11	th		
During the last 7 days, how ma	any times did you	Male	Female	Male	Female	Male	Female	Male	Female		
Desire the leaf 7 days have seen	I did NOT 4 d-il- 4b-i-	%	%	%	%	%	%	%	%		
During the last 7 days, how many times did you drink 100% fruit	I did NOT eat or drink this	15%	14%	15%	16%	18%	17%	17%	18%		
juices such as orange, apple or grape juice?	1 to 3 times in the last 7 days	42%	44%	42%	47%	41%	46%	38%	43%		
	4 to 6 times in the last 7 days	16%	17%	17%	14%	15%	16%	19%	17%		
	1 time per day	10%	10%	11%	9%	11%	9%	11%	11%		
	2 times per day	7%	5%	8%	7%	6%	6%	6%	5%		
	3 times per day	3%	2%	3%	3%	3%	3%	4%	2%		
	4 or more times per day	7%	6%	4%	4%	5%	3%	5%	3%		
During the last 7 days, how many times did you eat fruit?	I did NOT eat or drink this	8%	4%	11%	5%	9%	7%	12%	5%		
and and you out name	1 to 3 times in the last 7 days	34%	30%	36%	30%	34%	34%	33%	36%		
	4 to 6 times in the last 7 days	22%	24%	21%	24%	21%	24%	21%	23%		
	1 time per day	11%	14%	13%	16%	16%	14%	15%	14%		
	2 times per day	8%	12%	10%	15%	12%	13%	11%	14%		
	3 times per day	4%	4%	4%	6%	4%	4%	4%	5%		
	4 or more times per day	12%	10%	5%	5%	4%	4%	5%	3%		
During the last 7 days, how many times did you eat green salad,	I did NOT eat or drink this	15%	6%	12%	7%	13%	8%	12%	6%		
potatoes, carrots or other vegetables (Do not count French	1 to 3 times in the last 7 days	37%	34%	36%	31%	32%	30%	28%	30%		
fries, fried potatoes, or potato chips)?	4 to 6 times in the last 7 days	18%	23%	21%	23%	22%	24%	24%	25%		
	1 time per day	13%	17%	14%	19%	17%	17%	17%	19%		
	2 times per day	7%	10%	11%	11%	10%	14%	12%	14%		
	3 times per day	4%	4%	2%	6%	3%	4%	3%	5%		
	4 or more times per day	7%	6%	3%	3%	3%	3%	4%	2%		
During the last 7 days, how many times did you eat from a fast food	I did NOT eat or drink this	44%	45%	37%	37%	37%	35%	26%	29%		
restaurant, including carry-out or delivery?	1 to 3 times in the last 7 days	45%	46%	53%	57%	54%	58%	54%	59%		
•	4 to 6 times in the last 7 days	4%	4%	6%	3%	5%	5%	11%	8%		
	1 time per day	5%	5%	2%	2%	2%	1%	5%	3%		
	2 times per day	1%	0%	0%	0%	1%	0%	1%	1%		
	3 times per day	0%	0%	0%	0%	0%	1%	0%	0%		
	4 or more times per day	1%	1%	1%	0%	1%	0%	2%	1%		

[^] All questions on this table were new in 2013.

TABLE 23B NUTRITION

		Grade									
How many cans, bottles or glasses of each	of the	51	th	81	9th			th			
following did you drink yesterday?		Male	Female	Male	Female	Male	Female	Male	Female		
		%	%	%	%	%	%	%	%		
Milk	0	11%	15%	13%	21%	12%	24%	16%	28%		
	1 to 2	52%	55%	46%	53%	49%	51%	46%	49%		
	3 to 4	22%	20%	29%	18%	25%	18%	23%	18%		
	5 to 6	6%	4%	6%	4%	8%	4%	9%	4%		
	7 or more	8%	6%	5%	4%	6%	3%	5%	2%		
Pop or soda	0	50%	57%	44%	55%	43%	58%	39%	56%		
	1 to 2	38%	36%	41%	37%	42%	32%	41%	35%		
	3 to 4	8%	4%	10%	6%	10%	8%	12%	6%		
	5 to 6	2%	2%	2%	1%	3%	1%	5%	3%		
	7 or more	2%	2%	3%	1%	2%	1%	2%	1%		
Sports drinks, such as Gatorade or Powerade	0	56%	66%	53%	66%	54%	66%	54%	70%		
	1 to 2	29%	24%	30%	24%	32%	24%	29%	22%		
	3 to 4	9%	6%	10%	8%	9%	7%	10%	6%		
	5 to 6	3%	2%	3%	2%	3%	2%	4%	2%		
	7 or more	3%	2%	3%	1%	2%	1%	3%	1%		
Energy drinks, such as Red Bull or Jolt^	0	87%	92%	85%	90%	87%	91%	87%	91%		
	1 to 2	9%	5%	10%	7%	10%	6%	10%	7%		
	3 to 4	2%	1%	2%	2%	2%	2%	3%	2%		
	5 to 6	1%	1%	1%	1%	1%	0%	0%	0%		
	7 or more	1%	1%	2%	0%	1%	0%	1%	0%		
Other sugar-sweetened drinks, such as sweet tea, lemonade, coffee drinks or juice drinks^	0	42%	37%	42%	42%	45%	39%	48%	43%		
remonate, conee trinks or juice trinks	1 to 2	44%	49%	41%	45%	41%	49%	36%	45%		
	3 to 4	9%	10%	10%	9%	10%	10%	12%	9%		
	5 to 6	2%	2%	3%	2%	3%	2%	2%	2%		
	7 or more	3%	3%	3%	1%	2%	0%	2%	1%		
Water	0	5%	3%	4%	3%	6%	4%	6%	6%		
	1 to 2	17%	17%	22%	24%	22%	23%	25%	23%		
	3 to 4	22%	25%	24%	27%	25%	31%	26%	32%		
	5 to 6	16%	19%	21%	20%	18%	21%	20%	18%		
	7 or more	40%	37%	28%	25%	28%	20%	23%	21%		
	1	1 70 /0	31 /0	2070	25/0	20 /0	20 /0	25/0	2170		

[^] New question in 2013.

TABLE 24 VEHICLE SAFETY

h	Q4	Grade 5th 8th 9th 11th								
		5th 8th 9th Male Female Male Female Male Female								
Female %	Male %	Female %	Male %	Female %		Female %				
76	76	76	49%	56%	% % 10% % 7% % 13% % 14% % 56% % 12% % 37% % 13% % 12% % 37% % 33% 11% 7% % 11% % 16% % 39%	10%				
			3%			1%				
			8%			6%				
			10%			11%				
			31%	31%		72%				
			56%	66%	12%	12%				
			31%	22%	30%	30%				
			8%	7%	37%	42%				
			3%	2%	13%	12%				
			2%	3%	1% 7% 55% 13% 7% 14% 56% 12% 29% 30% 7% 13% 29% 13% 33% 7% 66% 12% 33% 7% 66% 33% 29% 11% 99% 16% 20% 12% 00% 1% 61% 61% 77% 16% 11% 6% 44% 7%	4%				
			56%	66%	12%	12%				
			32%	23%	37%	39%				
			8%	6%	33%	36%				
			2%	2%	11%	10%				
			2%	3%	7%	3%				
			55%	66%	3% 7% 6% 11%	12%				
			55% 66% 1	16%	16%					
			17%	10%	39%	44%				
			5%	3%	22%	23%				
			3%	2%	12%	6%				
15%	1%	2%	1%	0%	1%	0%				
68%	62%	72%	63%	72%	61%	75%				
11%	21%	16%	21%	17%	16%	14%				
6%	12%	9%	11%	9%	16%	9%				
1%	4%	1%	4%	1%	6%	1%				
3%	7%	3%	5%	4%	7%	3%				
71%	48%	56%	49%	54%	45%	55%				
14%	21%	23%	20%	21%	17%	18%				
10%	16%	13%	19%	17%		18%				
						5%				
	71% 14%	71% 48% 14% 21% 10% 16%	71% 48% 56% 14% 21% 23% 10% 16% 13%	71% 48% 56% 49% 14% 21% 23% 20% 10% 16% 13% 19%	71% 48% 56% 49% 54% 14% 21% 23% 20% 21% 10% 16% 13% 19% 17%	71% 48% 56% 49% 54% 45% 14% 21% 23% 20% 21% 17% 10% 16% 13% 19% 17% 20%				

 $^{^{\}star}$ 5th and 8th grade surveys did not ask this question. $^{\wedge}$ New question in 2013.

TABLE 25A SELF DESCRIPTION[^]

		Grade								
In general, how does each	n of the following	51	th	8th		9th		11	th	
statements describe you?	,	Male	Female	Male	Female	Male	Female	Male	Female	
		%	%	%	%	%	%	%	%	
I feel in control of my life and future.*	Not at all or rarely	21%	23%	4%	6%	5%	6%	4%	5%	
	Somewhat or sometimes	34%	34%	18%	26%	20%	25%	21%	25%	
	Very or often	30%	27%	44%	41%	45%	41%	40%	43%	
	Extremely or almost always	14%	16%	34%	27%	30%	28%	34%	28%	
I feel good about myself.	Not at all or rarely	4%	6%	4%	11%	5%	11%	3%	10%	
	Somewhat or sometimes	14%	17%	15%	31%	18%	34%	21%	32%	
	Very or often	37%	37%	45%	37%	46%	37%	42%	39%	
	Extremely or almost always	44%	40%	36%	20%	31%	18%	34%	20%	
I feel good about my future.	Not at all or rarely	7%	5%	4%	7%	6%	5%	5%	5%	
	Somewhat or sometimes	13%	17%	13%	19%	16%	23%	22%	23%	
	Very or often	33%	30%	40%	38%	42%	40%	38%	42%	
	Extremely or almost always	47%	48%	43%	36%	36%	32%	35%	30%	
I deal with disappointment without getting too upset.	Not at all or rarely	17%	14%	10%	14%	10%	11%	7%	13%	
gg	Somewhat or sometimes	33%	31%	29%	33%	32%	38%	31%	37%	
	Very or often	33%	33%	41%	40%	40%	39%	41%	37%	
	Extremely or almost always	17%	21%	20%	13%	19%	12%	21%	12%	
I find good ways to deal with things that are hard in my	Not at all or rarely	11%	10%	7%	13%	7%	11%	6%	9%	
life.	Somewhat or sometimes	27%	27%	26%	31%	28%	33%	29%	37%	
	Very or often	38%	36%	45%	40%	44%	42%	44%	39%	
	Extremely or almost always	25%	28%	21%	16%	21%	14%	21%	15%	
I am thinking about what my purpose is in life.**	Not at all or rarely	6%	3%	11%	7%	10%	6%	7%	5%	
E. B. Se se se se see	Somewhat or sometimes	15%	14%	24%	23%	23%	23%	26%	20%	
	Very or often	30%	27%	37%	38%	39%	39%	36%	38%	
	Extremely or almost always	49%	56%	28%	31%	28%	32%	31%	37%	

^{*} On the 5th grade survey, this item was worded "I can shape and influence what happens in my life and future."

** On the 5th grade survey, this item was worded "I think about what I want to do in my life when I grow up."

^ All questions on this table were new in 2013. These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

TABLE 25B SELF DESCRIPTION[^]

		Grade								
In general, how does each	of the following	51	th	8th		9th		11	lth	
statements describe you?	, og	Male	Female	Male	Female	Male	Female	Male	Female	
		%	%	%	%	%	%	%	%	
I say no to things that are dangerous or unhealthy.	Not at all or rarely	17%	10%	7%	7%	8%	7%	8%	5%	
	Somewhat or sometimes	15%	12%	18%	14%	21%	21%	29%	24%	
	Very or often	19%	16%	27%	23%	28%	23%	28%	27%	
	Extremely or almost always	48%	61%	48%	55%	43%	49%	35%	44%	
I build friendships with other people.	Not at all or rarely	6%	7%	5%	6%	6%	5%	4%	6%	
	Somewhat or sometimes	24%	20%	27%	24%	27%	28%	27%	27%	
	Very or often	40%	36%	44%	43%	40%	44%	45%	40%	
	Extremely or almost always	30%	37%	25%	27%	27%	24%	25%	27%	
l express my feelings in proper ways.	Not at all or rarely	15%	10%	10%	11%	13%	10%	9%	8%	
	Somewhat or sometimes	30%	23%	33%	31%	33%	34%	32%	34%	
	Very or often	35%	38%	40%	41%	37%	41%	42%	41%	
	Extremely or almost always	20%	29%	17%	18%	17%	16%	17%	17%	
I plan ahead and make good choices.	Not at all or rarely	9%	5%	7%	7%	8%	7%	7%	5%	
	Somewhat or sometimes	27%	20%	27%	27%	30%	29%	33%	27%	
	Very or often	35%	35%	42%	39%	39%	37%	41%	43%	
	Extremely or almost always	29%	39%	23%	28%	23%	27%	20%	25%	
l stay away from bad influences.	Not at all or rarely	10%	7%	9%	8%	9%	9%	9%	7%	
	Somewhat or sometimes	15%	12%	20%	19%	21%	23%	30%	26%	
	Very or often	30%	23%	29%	26%	32%	27%	30%	29%	
	Extremely or almost always	46%	58%	43%	47%	38%	40%	31%	38%	
I resolve conflicts without anyone getting hurt.	Not at all or rarely	12%	7%	6%	5%	8%	6%	6%	5%	
	Somewhat or sometimes	28%	21%	31%	26%	31%	25%	30%	26%	
	Very or often	32%	33%	40%	38%	39%	43%	39%	41%	
	Extremely or almost always	27%	39%	24%	31%	22%	26%	26%	29%	

[^] All questions on this table were new in 2013. These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

TABLE 25C SELF DESCRIPTION^ Northwest

		Grade								
In general, how does each	of the following	5t	h	8t	h	9t	h	11	th	
statements describe you?	,g	Male	Female	Male	Female	Male	Female	Male	Female	
		%	%	%	%	%	%	%	%	
I accept people who are different from me.	Not at all or rarely	5%	2%	3%	1%	5%	1%	4%	1%	
	Somewhat or sometimes	17%	10%	17%	11%	19%	10%	19%	9%	
	Very or often	31%	27%	44%	37%	45%	41%	40%	35%	
	Extremely or almost always	47%	61%	36%	52%	31%	48%	37%	54%	
I am sensitive to the needs and feelings of others.	Not at all or rarely	16%	7%	11%	4%	9%	5%	8%	3%	
Ū	Somewhat or sometimes	28%	17%	30%	19%	31%	19%	30%	17%	
	Very or often	32%	35%	39%	42%	38%	43%	40%	41%	
	Extremely or almost always	24%	40%	21%	34%	22%	34%	22%	40%	
I feel valued and appreciated by others.	Not at all or rarely	9%	8%	6%	9%	9%	9%	6%	9%	
.,	Somewhat or sometimes	22%	21%	25%	29%	27%	32%	31%	32%	
	Very or often	37%	35%	46%	41%	44%	40%	44%	39%	
	Extremely or almost always	31%	35%	23%	21%	21%	19%	20%	19%	
I am included in family tasks and decisions.	Not at all or rarely	8%	6%	6%	7%	9%	8%	6%	10%	
	Somewhat or sometimes	23%	18%	23%	22%	23%	23%	26%	20%	
	Very or often	34%	34%	40%	36%	39%	37%	40%	34%	
	Extremely or almost always	35%	43%	31%	34%	29%	33%	27%	35%	
I am given useful roles and responsibilities.	Not at all or rarely	6%	6%	6%	5%	7%	4%	4%	5%	
	Somewhat or sometimes	22%	16%	20%	20%	22%	21%	24%	18%	
	Very or often	37%	32%	46%	40%	43%	43%	45%	38%	
	Extremely or almost always	35%	46%	28%	35%	27%	31%	27%	39%	

[^] All questions on this table were new in 2013. These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

TABLE 26A EMOTIONAL WELL-BEING AND DISTRESS*^

Northwest

				Gra	ade		
Desire with a local 40 man with a	.	81	:h	91	:h	11	th
During the last 12 months, had SIGNIFICANT problem		Male	Female	Male	Female	Male	Female
, , , , , , , , , , , , , , , , , , ,		%	%	%	%	%	%
feeling very trapped, lonely, sad, blue,	Yes	15%	34%	20%	38%	23%	37%
depressed or hopeless about the future?	No	85%	66%	80%	62%	77%	63%
sleep trouble, such as bad dreams, sleeping restlessly or falling asleep during the day?	Yes	24%	39%	27%	47%	29%	44%
	No	76%	61%	73%	53%	71%	56%
feeling very anxious, nervous, tense, scared, panicked or like	Yes	21%	38%	23%	43%	23%	42%
something bad was going to happen?	No	79%	62%	77%	57%	77%	58%
becoming very distressed and upset	Yes	25%	45%	26%	43%	25%	42%
when something reminded you of the past?	No	75%	55%	74%	57%	75%	58%
thinking about ending your life or committing	Yes	7%	19%	12%	20%	9%	17%
suicide?	No	93%	81%	88%	80%	91%	83%

Question introduction reads: This question asks about SIGNIFICANT problems. Problems are considered significant when you have them for two or more weeks, when they keep coming back, keep you from meeting your responsibilities, or make you feel like you can't go on.

^{* 5}th grade survey did not ask these questions.
^ All questions on this table were new in 2013. Items are adapted from the GAIN Short Screener (GAIN-SS) under a license agreement with Chestnut Health Systems, Inc.

TABLE 26B EMOTIONAL WELL-BEING AND DISTRESS*^

		Gra	de
Thinking book the lost 20 days h	now much do you oarea ar	5t	h
Thinking back the last 30 days, he disagree with the following state.		Male	Female
		%	%
I worry a lot	Strongly agree	9%	14%
	Agree	22%	30%
	Neither agree nor disagree	31%	29%
	Disagree	18%	17%
	Strongly disagree	19%	10%
I sometimes feel bad without knowing why	Strongly agree	12%	19%
5 ,	Agree	28%	35%
	Neither agree nor disagree	23%	19%
	Disagree	15%	13%
	Strongly disagree	22%	14%

^{*} Only 5th grade survey asked these questions. ^ All questions on this table were new in 2013.

TABLE 27 SELF-INFLICTED INJURY; SUICIDAL THOUGHTS AND SUICIDAL BEHAVIOR*^ Northwest

Grade 8th 9th 11th Male Female Male Female Male Female During the last 12 months, how many times did you do something to purposely hurt or injure yourself without wanting to die, such as cutting, burning, or bruising yourself on purpose? 0 times 94% 79% 88% 76% 92% 81% 1 or 2 times 3% 10% 5% 9% 4% 9% 3 to 5 times 1% 3% 2% 4% 1% 4% 6 to 9 times 1% 3% 2% 3% 1% 2% 10 to 19 times 0% 2% 1% 3% 1% 2% 20 or more times 1% 3% 1% 5% 1% 2% Have you ever seriously considered attempting suicide? (Mark all that apply) No 86% 73% 91% 78% 85% 72% Yes, during the last year 5% 16% 9% 19% 7% 13% Yes, more than a year ago 8% 10% 19% 5% 8% 14% Have you ever actually attempted suicide? (Mark all that apply) No 98% 93% 96% 88% 96% 89% Yes, during the last year 2% 5% 2% 7% 2% 3% Yes, more than a year ago 1% 3% 2% 6% 3% 8%

^{* 5}th grade survey did not ask these questions. ^ All questions on this table were new in 2013.

TABLE 28 PROBLEMATIC AND ANTISOCIAL BEHAVIOR

						Gra				
				th		th .	91			th
During the last 12 i	months		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
did you do any of the following	Lie or con to get things you wanted or to	Yes	76	76	46%	51%	46%	51%	49%	52%
TWO OR MORE TIMES?*^	wanted or to avoid having to do something	No			54%	49%	54%	49%	51%	48%
	Have a hard time paying attention	Yes			51%	56%	54%	60%	59%	61%
	at school, work or home	No			49%	44%	46%	40%	41%	39%
	Have a hard time listening to instructions at	Yes			41%	40%	42%	45%	42%	42%
	school, work or home	No			59%	60%	58%	55%	58%	58%
	Be a bully or threaten other	Yes			9%	8%	10%	8%	8%	4%
people Start fights with other people	No			91%	92%	90%	92%	92%	96%	
	Yes			10%	8%	11%	8%	9%	5%	
	No			90%	92%	89%	92%	91%	95%	
run away from home?	Never		93%	93%	96%	90%	92%	89%	95%	94%
	Once or twice		6%	6%	3%	9%	6%	8%	4%	6%
	3 to 5 times		1%	1%	1%	1%	1%	1%	0%	1%
	6 to 9 times		0%	0%	0%	0%	0%	0%	0%	0%
	10 or more times		0%	0%	0%	0%	1%	1%	1%	0%
damaged or destroyed	Never		87%	93%	85%	90%	81%	89%	80%	93%
property?	Once or twice		11%	6%	12%	8%	14%	9%	14%	6%
	3 to 5 times		1%	1%	2%	1%	3%	1%	3%	1%
	6 to 9 times		0%	0%	0%	0%	1%	1%	1%	0%
	10 or more times		1%	0%	1%	0%	1%	0%	1%	0%
hit or beat up another person?	Never		77%	88%	83%	91%	83%	90%	85%	95%
	Once or twice		18%	9%	12%	8%	12%	8%	11%	4%
	3 to 5 times		2%	1%	3%	1%	3%	1%	2%	1%
	6 to 9 times		1%	1%	1%	0%	1%	1%	0%	0%
	10 or more times		2%	1%	1%	0%	1%	0%	1%	0%
taken something from a	Never		96%	96%	93%	93%	89%	91%	87%	90%
store without paying for it?	Once or twice		3%	4%	3%	5%	7%	7%	9%	7%
. , , ,	3 to 5 times		0%	0%	2%	1%	2%	2%	2%	2%
	6 to 9 times		0%	0%	0%	1%	0%	0%	1%	1%
	10 or more times		1%	0%	1%	0%	1%	1%	2%	1%

^{* 5}th grade survey did not ask these questions.
^ New questions in 2013. Items are adapted from the GAIN Short Screener (GAIN-SS) under a license agreement with Chestnut Health Systems, Inc.

TABLE 29 SUMMARY OF SUBSTANCE USE ** Northwest

				Gra	ade		
		81	th	91	th	11	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Use of any tobacco products during the past 30 days	No	91%	92%	82%	89%	70%	83%
	Yes	9%	8%	18%	11%	30%	17%
Frequent (20+ days) use of any tobacco products during the past 30 days	No	97%	99%	95%	98%	86%	94%
	Yes	3%	1%	5%	2%	14%	6%
Frequent binge drinking in the past year (typically drank 5 or more drinks at	No	99%	99%	98%	99%	91%	96%
a time and drank on 10 or more occasions during the past year)	Yes	1%	1%	2%	1%	9%	4%
Any alcohol, marijuana and/or other drug use during the past year (excluding tobacco)	No alcohol or marijuana or other drug use in the past year	77%	75%	66%	65%	51%	48%
(excluding tobacco)	Used only alcohol in the past year	13%	12%	19%	18%	24%	28%
	Used alcohol and marijuana in the past year, but not other drugs	3%	4%	7%	7%	13%	13%
	Used marijuana or other drugs in the past year, but not alcohol	4%	5%	4%	5%	4%	4%
	Used alcohol and marijuana or other drugs in the past year	2%	4%	4%	6%	9%	6%

^{**} These are all computed variables based on combinations of responses to two or more survey items.

TABLE 30 SUBSTANCE USE AMONG 5TH GRADE STUDENTS*^ Northwest

		Gra	ide
		5t	h
		Male	Female
		%	%
During the last 30 days, have you smoked any cigarettes?	Yes	1%	2%
	No	99%	98%
During the last 12 months, have you had alcoholic beverages to drink such as beer, wine, wine coolers and liquor?	Yes	4%	3%
drink such as beer, wine, wine coolers and liquor?	No	96%	97%
During the last 12 months, have you used marijuana (pot, weed) or hashish (hash, hash oil)?	Yes	1%	3%
, ,	No	99%	97%
During the last 12 months, have you sniffed glue or huffed or inhaled the contents of aerosol spray cans or other gases to get	Yes	2%	2%
high?	No	98%	98%

^{*} Only 5th grade survey asked these questions. ^ All questions on this table were new in 2013.

TABLE 31 TOBACCO USE*

				Gra	ıde		
		8t	h	91	h	11	th
During the last 30 days, on how many days	did vou	Male	Female	Male	Female	Male	Female
Jumig and last of days, on mon many days	ala you	%	%	%	%	%	%
smoke a cigarette?	0 days	94%	93%	90%	90%	85%	85%
	1 to 2 days	3%	3%	3%	4%	5%	3%
	3 to 5 days	1%	1%	2%	1%	1%	3%
	6 to 9 days	0%	1%	1%	1%	1%	2%
	10 to 19 days	0%	0%	1%	1%	2%	2%
	20 to 29 days	0%	0%	1%	1%	2%	2%
	All 30 days	1%	0%	2%	1%	4%	3%
smoke cigars, cigarillos or little cigars	0 days	97%	99%	95%	97%	86%	95%
	1 to 2 days	1%	1%	2%	2%	9%	3%
	3 to 5 days	0%	0%	1%	0%	2%	2%
	6 to 9 days	0%	0%	1%	0%	2%	1%
	10 to 19 days	0%	0%	1%	0%	1%	0%
	20 to 29 days	0%	0%	0%	0%	0%	0%
	All 30 days	1%	0%	0%	0%	1%	0%
use chewing tobacco, snuff or dip?	0 days	94%	98%	88%	98%	79%	96%
	1 to 2 days	3%	1%	4%	1%	4%	2%
	3 to 5 days	1%	0%	2%	0%	3%	0%
	6 to 9 days	1%	0%	2%	0%	2%	0%
	10 to 19 days	1%	0%	2%	0%	3%	1%
	20 to 29 days	0%	0%	1%	0%	3%	0%
	All 30 days	1%	0%	1%	0%	7%	1%

^{* 5}th grade survey did not ask these questions.

TABLE 32 EXPOSURE TO SECONDHAND SMOKE^

					Gra	de			
		51	:h	8t	h	9t	h	11	th
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
During the last 7 days, on how many days were you in the same room as someone who was	0 days	70%	74%	65%	61%	59%	60%	56%	59%
smoking cigarettes?	1 or 2 days	17%	12%	17%	20%	20%	17%	19%	18%
	3 or 4 days	6%	4%	7%	7%	7%	8%	9%	10%
	5 or 6 days	3%	1%	3%	3%	3%	3%	4%	3%
	All 7 days	6%	8%	8%	10%	11%	12%	12%	11%
During the last 7 days, on how many days did you ride in a car with someone who was	0 days	71%	74%	72%	66%	65%	64%	67%	64%
smoking cigarettes?	1 or 2 days	15%	13%	14%	17%	16%	16%	17%	17%
	3 or 4 days	5%	5%	6%	8%	9%	7%	8%	8%
	5 or 6 days	3%	2%	2%	3%	2%	4%	3%	3%
	All 7 days	6%	6%	5%	6%	8%	9%	6%	7%

[^] All questions on this table were new in 2013.

TABLE 33 ALCOHOL USE FREQUENCY AND QUANTITY* Northwest

		1		Gra	ade		
		81	th	91	th	11	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 30 days, on how many days did	0 days	89%	89%	82%	83%	72%	73%
you drink one or more drinks of an alcoholic	1 or 2 days	7%	7%	11%	11%	15%	16%
beverage?	3 to 5 days	2%	2%	4%	4%	6%	6%
	6 to 9 days	1%	0%	2%	2%	4%	4%
	10 to 19 days	0%	1%	1%	0%	2%	1%
	20 to 29 days	0%	0%	0%	0%	0%	0%
	All 30 days	1%	0%	0%	0%	1%	0%
During the last 12 months, on how many	0	83%	81%	72%	71%	55%	53%
occasions (if any) have you had alcoholic	1-2	10%	12%	12%	14%	13%	19%
beverages to drink?	3-5	3%	4%	7%	7%	10%	10%
	6-9	2%	2%	4%	4%	7%	6%
	10-19	1%	1%	3%	3%	6%	6%
	20-39	1%	1%	1%	1%	4%	3%
	40+	1%	0%	1%	1%	4%	2%
If you drink beer/wine/wine coolers/liquor,	I don't drink beer/wine/wine coolers/liquor	87%	86%	78%	77%	60%	59%
generally, how much (if any) do you drink at one	1 glass/can/drink	8%	8%	8%	9%	6%	12%
time?	2 glasses/cans/drinks	3%	3%	4%	4%	6%	7%
	3 glasses/cans/drinks	0%	2%	4%	4%	6%	8%
	4 glasses/cans/drinks	1%	1%	2%	2%	5%	6%
	5 or more glasses/cans/drinks	2%	1%	4%	4%	17%	8%
During the past 30 days, on how many days did	0 days	97%	96%	90%	91%	82%	86%
you have 5 or more drinks in a row, that is,	1 day	1%	2%	5%	4%	7%	7%
within a couple of hours?^	2 days	1%	1%	2%	2%	4%	3%
	3 to 5 days	0%	0%	1%	1%	3%	3%
	6 to 9 days	0%	0%	1%	1%	3%	1%
	10 to 19 days	0%	0%	0%	0%	1%	0%
	20 or more days	0%	0%	0%	0%	0%	0%

^{* 5}th grade survey did not ask these questions. ^ New question in 2013.

TABLE 34 ACCESS TO ALCOHOL*

				Gra	de		
		81	:h	9t	h	11	th
INCLUDES ONLY THOSE W	/HO USED	Male	Female	Male	Female	Male	Female
ALCOHOL IN THE LAST 30	DAYS	%	%	%	%	%	%
If you used alcohol in the last 30 days, how did you get it? (Mark all that	I bought alcohol at gas stations or convenience stores	0%	2%	3%	3%	4%	1%
apply)	I bought alcohol at bars or restaurants	0%	2%	3%	1%	4%	1%
	I bought alcohol at liquor or other stores^	2%	6%	7%	4%	15%	9%
	I bought alcohol on the internet	1%	2%	2%	0%	2%	1%
	I got alcohol from friends	25%	29%	34%	45%	44%	52%
	I got alcohol from my parents	11%	16%	14%	18%	10%	11%
	I got alcohol from other family members	9%	13%	16%	13%	10%	12%
	I got alcohol by getting someone else to buy for me	9%	18%	20%	23%	32%	38%
	I got alcohol at parties^	19%	19%	26%	34%	43%	48%
	I took alcohol from my home	20%	24%	23%	28%	19%	21%
	I took alcohol from a friend's home	5%	15%	10%	11%	8%	8%
	I took alcohol from stores	0%	3%	6%	1%	3%	1%

^{* 5}th grade survey did not ask this question. ^ New question in 2013.

TABLE 35 AGE OF FIRST USE OF ALCOHOL AND MARIJUANA* Northwest

			Gra	de	
		91	:h	11	th
		Male	Female	Male	Female
11	I have a second and a defect	%	%	%	%
How old were you when you had your first drink of an alcoholic beverage,	I have never had a drink of alcohol other than a few sips	54%	57%	40%	37%
such as beer, wine, wine coolers and liquor, other than a few sips?	10 years old or younger	13%	6%	11%	5%
	11 years old	4%	5%	2%	3%
	12 years old	7%	6%	5%	5%
	13 years old	8%	9%	6%	8%
	14 years old	11%	13%	10%	11%
	15 years old	3%	3%	11%	15%
	16 years old	0%	0%	12%	14%
	17 years old or older	0%	0%	3%	3%
How old were you when you tried marijuana (pot, weed) or hashish (hash,	I have never tried marijuana or hashish	83%	82%	72%	73%
hash oil) for the first time?	10 years old or younger	3%	2%	2%	1%
	11 years old	1%	1%	1%	1%
	12 years old	2%	3%	2%	2%
	13 years old	4%	4%	3%	3%
	14 years old	5%	6%	5%	4%
	15 years old	2%	2%	4%	6%
	16 years old	0%	0%	8%	8%
	17 years old or older	0%	0%	1%	2%

^{* 5}th and 8th grade surveys did not ask these questions.

TABLE 36 USE OF MARIJUANA AND PRESCRIPTION DRUGS*

				Gra	ide		
		81	:h	9t	h	11	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 30 days, on how many days did	0 days	95%	93%	91%	93%	85%	90%
you use marijuana or hashish?	1 to 2 days	2%	3%	2%	3%	4%	3%
	3 to 5 days	1%	1%	1%	1%	2%	2%
	6 to 9 days	0%	1%	1%	1%	2%	2%
	10 to 19 days	0%	1%	1%	1%	3%	2%
	20 to 29 days	0%	1%	1%	0%	1%	1%
	All 30 days	1%	1%	2%	1%	3%	0%
During the last 12 months, on how many	0	92%	91%	86%	87%	78%	80%
occasions (if any) have you used marijuana or	1-2	3%	3%	4%	4%	5%	6%
hashish?	3-5	1%	1%	2%	2%	3%	3%
	6-9	0%	1%	1%	2%	2%	2%
	10-19	1%	1%	1%	1%	3%	3%
	20-39	1%	1%	2%	1%	2%	2%
	40+	2%	2%	4%	2%	8%	4%
During the last 30 days, on how many days did	0 days	97%	96%	97%	94%	93%	94%
you use prescription drugs not prescribed for	1 to 2 days	1%	2%	1%	3%	3%	2%
you?^	3 to 5 days	1%	1%	1%	2%	1%	2%
	6 to 9 days	0%	1%	0%	1%	2%	1%
	10 to 19 days	0%	0%	1%	1%	1%	0%
	20 to 29 days	0%	0%	0%	0%	0%	1%
	All 30 days	0%	0%	0%	0%	1%	0%

^{* 5}th grade survey did not ask this question. ^ New question in 2013.

TABLE 37 PRESCRIPTION DRUG USE*^

During the last 12 months, on how ma	ny			Gra	ade		
occasions have you used any of the fo	ollowing	81	th	91	th	11	th
prescription drugs that were NOT pres you or that you took ONLY to get high		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Stimulants such as Benzedrine (bennies, speed, uppers) or diet pills	0	100%	100%	99%	99%	99%	100%
(11 11, 11, 11, 11, 11, 11, 11, 11, 11,	1 to 2	0%	0%	0%	0%	0%	0%
	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 to 39	0%	0%	0%	0%	0%	0%
	40 or more	0%	0%	0%	0%	0%	0%
ADHD or ADD drugs like Ritalin (hyper pills)	0	100%	99%	99%	98%	97%	98%
(iiypoi piiio)	1 to 2	0%	0%	1%	1%	1%	0%
	3 to 5	0%	0%	0%	1%	1%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	1%
	20 to 39	0%	0%	0%	0%	0%	0%
	40 or more	0%	0%	0%	0%	1%	0%
Pain relievers such as OxyContin, Percocet, Vicodin or others	0	100%	99%	99%	99%	98%	98%
1 croscot, vicoum or others	1 to 2	0%	1%	1%	0%	1%	1%
	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 to 39	0%	0%	0%	0%	0%	0%
	40 or more	0%	0%	0%	0%	1%	0%
Tranquilizers such as Valium, Xanax or sedatives or barbiturates	0	100%	100%	99%	99%	99%	99%
or securives or parpriorities	1 to 2	0%	0%	0%	0%	1%	0%
	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 to 39	0%	0%	0%	0%	0%	0%
	40 or more	0%	0%	0%	0%	0%	0%

^{* 5}th grade survey did not ask this question.
^ Responses for 30-day (found on Table 36) and 12-month misuse of prescription drugs are inconsistent for some students. This may be due to the misinterpretation of a skip instruction on the survey or to slight differences in how the questions were worded. Due to these methodological issues, the results for these questions cannot be compared to the results from previous years.

TABLE 38 HALLUCINOGEN, ECSTASY, COCAINE AND HEROIN USE*^ Northwest

				Gra	ade		
During the last 12 months, on how ma	mv.	81	th	91	h	11	th
occasions (if any) have you used	ily	Male	Female	Male	Female	Male	Female
LOD (IN DOD (I III)		%	%	%	%	%	%
LSD (acid), PCP (wet sticks or dipped joints), or other psychedelics	0	100%	99%	99%	99%	98%	99%
(mushrooms, angel dust)?	1 to 2	0%	0%	1%	0%	1%	1%
	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 to 39	0%	0%	0%	0%	0%	0%
	40 or more	0%	0%	0%	0%	0%	0%
MDMA (E, X, ecstasy), GHB (G, Liquid E, Liquid X, roofies) or	0	100%	100%	100%	100%	98%	99%
Ketamine (Special K)?	1 to 2	0%	0%	0%	0%	1%	1%
	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 to 39	0%	0%	0%	0%	0%	0%
	40 or more	0%	0%	0%	0%	0%	0%
crack, coke or cocaine in any other form?	0	100%	99%	100%	99%	98%	99%
ionii:	1 to 2	0%	1%	0%	0%	1%	0%
	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 to 39	0%	0%	0%	0%	0%	0%
	40 or more	0%	0%	0%	0%	0%	0%
heroin?	0	100%	100%	100%	100%	99%	100%
	1 to 2	0%	0%	0%	0%	0%	0%
	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 to 39	0%	0%	0%	0%	0%	0%
	40 or more	0%	0%	0%	0%	0%	0%

^{* 5}th grade survey did not ask this question.

^ Due to methodological issues with these questions (e.g. the possible misinterpretation of a skip instruction on the survey), the results for these questions cannot be compared to the results from previous years.

TABLE 39 METHAMPHETAMINE, OVER-THE-COUNTER DRUG, SYNTHETIC DRUG AND INHALANT USE*^^ Northwest

				Gra	ide		
During the last 12 months, on how many		81	th	91	h	11	th
occasions (if any) have you		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
used methamphetamine (meth, glass, crank, crystal meth, ice)?	0	100%	100%	100%	100%	99%	99%
•	1 to 2	0%	0%	0%	0%	0%	0%
	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 to 39	0%	0%	0%	0%	0%	0%
	40 or more	0%	0%	0%	0%	0%	0%
used over-the-counter drugs such as cough syrup, cold medicine or diet pills that you took	0	100%	99%	99%	98%	98%	99%
only to get high?	1 to 2	0%	1%	0%	1%	1%	1%
	3 to 5	0%	0%	1%	1%	1%	0%
	6 to 9	0%	0%	0%	0%	1%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 to 39	0%	0%	0%	0%	0%	0%
	40 or more	0%	0%	0%	0%	0%	0%
used synthetic drugs such as bath salts (Ivory Wave, White Lightning) or synthetic marijuana	0	99%	99%	99%	99%	98%	99%
(K2, Gold) that you took only to get high?^	1 to 2	1%	1%	0%	0%	1%	1%
	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	1%	0%
	20 to 39	0%	0%	0%	0%	0%	0%
	40 or more	0%	0%	0%	0%	0%	0%
sniffed glue or huffed or inhaled the contents of aerosol spray cans or other gases to get high?	0	100%	99%	99%	99%	99%	99%
	1 to 2	0%	1%	1%	1%	1%	0%
	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 to 39	0%	0%	0%	0%	0%	0%
	40 or more	0%	0%	0%	0%	0%	0%

^{* 5}th grade survey did not ask these questions.
^ New question in 2013.
^^ Due to methodological issues with these questions (e.g. the possible misinterpretation of a skip instruction on the survey), the results for these questions cannot be compared to the results from previous years.

TABLE 40 PERCEIVED RISK OF HARM FROM SUBSTANCE USE

					Gra	de			
How much do you think p	eople risk	51	th	8t	th	91	h	11	th
harming themselves physor in other ways if they	sically	Male	Female	Male	Female	Male	Female	Male	Female
or in outer traye is uneyin		%	%	%	%	%	%	%	%
smoke one or more packs of cigarettes per day?	No risk	24%	22%	13%	8%	11%	7%	11%	5%
auy.	Slight risk	12%	12%	13%	12%	10%	9%	11%	9%
	Moderate risk	20%	17%	24%	21%	23%	23%	24%	19%
	Great risk	44%	49%	49%	59%	56%	61%	54%	67%
have five or more drinks of an alcoholic beverage once or twice per week?	No risk	29%	25%	16%	10%	12%	6%	14%	5%
	Slight risk	16%	18%	24%	19%	21%	16%	21%	17%
	Moderate risk	25%	23%	28%	33%	31%	35%	31%	31%
	Great risk	30%	34%	33%	38%	36%	43%	33%	47%
smoke marijuana once or twice per week?	No risk	28%	25%	20%	14%	20%	13%	27%	15%
	Slight risk	9%	10%	15%	13%	19%	15%	21%	16%
	Moderate risk	17%	18%	23%	25%	21%	25%	22%	24%
	Great risk	46%	48%	42%	48%	40%	47%	30%	46%
use prescription drugs not prescribed for them?^	No risk	28%	25%	13%	8%	10%	6%	9%	4%
ihem?^	Slight risk	6%	7%	8%	10%	8%	8%	10%	7%
	Moderate risk	12%	17%	21%	22%	21%	21%	26%	22%
	Great risk	54%	51%	58%	61%	60%	64%	55%	67%

[^] New question in 2013.

TABLE 41 PERCEPTIONS OF OTHERS' DISAPPROVAL OF SUBSTANCE USE^

			Grade							
		51	h	8t		9t	h	11	th	
		Male	Female	Male	Female	Male	Female	Male	Female	
How wrong do your parents feel	Not at all wrong	%	%	%	%	%	%	%	%	
it would be for you to smoke cigarettes?	_	5%	4%	4%	1%	4%	3%	6%	3%	
cigarettes?	A little bit wrong	2%	2%	3%	3%	4%	4%	8%	7%	
	Wrong	6%	5%	10%	9%	14%	11%	17%	15%	
	Very wrong	88%	89%	83%	86%	77%	82%	68%	76%	
How wrong do your parents feel it would be for you to have one	Not at all wrong	6%	5%	5%	2%	5%	3%	7%	3%	
or more drinks of alcoholic beverage nearly every day?	A little bit wrong	3%	2%	5%	3%	6%	4%	11%	6%	
	Wrong	6%	6%	11%	12%	15%	11%	19%	14%	
	Very wrong	85%	87%	79%	83%	74%	82%	63%	77%	
How wrong do your parents feel it would be for you to smoke	Not at all wrong	5%	4%	5%	3%	6%	3%	7%	4%	
marijuana?	A little bit wrong	1%	1%	3%	3%	4%	5%	6%	4%	
	Wrong	3%	3%	6%	6%	9%	8%	14%	9%	
	Very wrong	91%	92%	86%	89%	81%	84%	73%	83%	
How wrong do your parents feel it would be for you to use	Not at all wrong	5%	4%	4%	2%	4%	3%	4%	2%	
prescription drugs not prescribed for you?	A little bit wrong	0%	0%	2%	2%	2%	1%	3%	2%	
	Wrong	3%	3%	7%	6%	7%	7%	10%	7%	
	Very wrong	91%	93%	88%	90%	88%	89%	82%	89%	
How wrong do your friends feel it would be for you to smoke	Not at all wrong	6%	5%	9%	4%	12%	9%	22%	15%	
cigarettes?	A little bit wrong	4%	2%	9%	9%	16%	13%	20%	13%	
	Wrong	16%	11%	27%	20%	28%	22%	26%	22%	
	Very wrong	74%	81%	56%	67%	44%	56%	32%	50%	
How wrong do your friends feel it would be for you to have one	Not at all wrong	7%	5%	9%	4%	16%	10%	25%	14%	
or more drinks of alcoholic beverage nearly every day?	A little bit wrong	4%	3%	13%	9%	18%	12%	23%	18%	
	Wrong	16%	10%	26%	20%	24%	23%	24%	21%	
	Very wrong	72%	82%	53%	67%	42%	54%	28%	46%	
How wrong do your friends feel it would be for you to smoke	Not at all wrong	7%	5%	10%	7%	16%	11%	27%	17%	
marijuana?	A little bit wrong	3%	2%	10%	6%	13%	11%	18%	11%	
	Wrong	11%	6%	22%	16%	23%	18%	22%	20%	
	Very wrong	79%	88%	58%	71%	48%	60%	33%	52%	
How wrong do your friends feel it would be for you to use	Not at all wrong	6%	4%	7%	3%	9%	4%	14%	6%	
prescription drugs not prescribed for you?	A little bit wrong	2%	2%	6%	4%	9%	7%	12%	8%	
	Wrong	13%	8%	22%	16%	24%	18%	25%	21%	
	Very wrong	78%	87%	64%	76%	58%	71%	49%	65%	

[^] All questions on this table were new in 2013.

TABLE 42 FEELINGS AND PERCEPTIONS OF OTHERS' FEELINGS ABOUT ALCOHOL USE*^ Northwest

				Gra	ıde		
		81	th	9t	h	11	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
How do you feel about each of the following statements: Parents and	Strongly agree	59%	61%	52%	55%	47%	51%
other adults should clearly communicate with	Agree	26%	27%	28%	28%	31%	31%
their children about the importance of not using	Neither agree nor disagree	10%	8%	14%	11%	16%	13%
alcohol?	Disagree	1%	1%	1%	2%	2%	3%
	Strongly disagree	4%	3%	4%	4%	4%	3%
How do you feel about each of the following statements: Drinking	Strongly agree	60%	65%	51%	53%	40%	43%
statements: Drinking alcohol is never a good thing for anyone my age	Agree	24%	20%	24%	23%	23%	23%
to do?	Neither agree nor disagree	9%	9%	15%	16%	25%	24%
	Disagree	2%	2%	5%	4%	7%	6%
	Strongly disagree	5%	4%	5%	4%	6%	4%
How do you think MOST STUDENTS in your	Strongly agree	32%	21%	23%	17%	20%	14%
school feel about each of the following statements: Parents and other adults	Agree	38%	40%	39%	40%	36%	36%
should clearly communicate with their	Neither agree nor disagree	23%	27%	26%	30%	31%	35%
children about the importance of not using alcohol?	Disagree	3%	7%	7%	10%	7%	10%
	Strongly disagree	4%	4%	4%	3%	5%	5%
How do you think MOST STUDENTS in your	Strongly agree	35%	22%	24%	14%	16%	11%
school feel about each of the following statements: Drinking alcohol is never a good thing for anyone my age to do?	Agree	33%	33%	33%	31%	25%	21%
	Neither agree nor disagree	22%	30%	28%	32%	35%	37%
	Disagree	4%	9%	9%	17%	15%	22%
	Strongly disagree	5%	6%	7%	6%	8%	9%

^{* 5}th grade survey did not ask these questions. ^ All questions on this table were new in 2013.

TABLE 43 USE OF TOBACCO, ALCOHOL AND MARIJUANA*^ Northwest

		Grade							
		81	h	9t	h	11	th		
How often do you use ea	ach of the following?	Male	Female	Male	Female	Male	Female		
non onen do you doe el	ion or the ronoming.	%	%	%	%	%	%		
Tobacco (cigarettes, chew)	Never	87%	91%	78%	87%	66%	80%		
	Tried once or twice	6%	4%	8%	5%	8%	5%		
	Once or twice a year	1%	1%	2%	1%	4%	2%		
	Once a month	1%	1%	2%	1%	2%	1%		
	Twice a month	0%	0%	2%	1%	2%	2%		
Alashal (boor wine	Once a week	2%	2%	3%	2%	5%	3%		
	Daily	2%	1%	6%	2%	12%	6%		
Alcohol (beer, wine, liquor)	Never	79%	79%	68%	69%	52%	54%		
	Tried once or twice	12%	11%	13%	12%	11%	12%		
	Once or twice a year	4%	5%	7%	8%	13%	12%		
	Once a month	3%	2%	6%	4%	10%	10%		
	Twice a month	1%	2%	4%	4%	8%	7%		
	Once a week	0%	1%	3%	3%	6%	5%		
	Daily	0%	0%	1%	0%	1%	0%		
Marijuana (pot, hash, hash oil)	Never	91%	89%	85%	86%	77%	78%		
	Tried once or twice	4%	4%	4%	5%	7%	8%		
	Once or twice a year	1%	2%	3%	2%	4%	4%		
	Once a month	1%	1%	0%	1%	2%	2%		
	Twice a month	1%	1%	2%	2%	3%	2%		
	Once a week	1%	2%	2%	2%	4%	3%		
	Daily	2%	2%	4%	1%	5%	3%		

^{* 5}th grade survey did not ask these questions. ^ All questions on this table were new in 2013.

TABLE 44 PERCEPTIONS OF OTHERS' USE OF TOBACCO, ALCOHOL AND MARIJUANA*^ Northwest

				Gra	de		
In your opinion, how often	en do you think MOST	81	:h	91	h	11	th
STUDENTS in your scho following?	or use each of the	Male	Female	Male	Female	Male	Female
ronowing.		%	%	%	%	%	%
Tobacco (cigarettes, chew)	Never	43%	29%	25%	15%	16%	10%
	Tried once or twice	25%	29%	19%	20%	13%	14%
	Once or twice a year	6%	6%	7%	6%	7%	6%
	Once a month	5%	9%	9%	10%	8%	8%
	Twice a month	3%	4%	5%	8%	4%	7%
Alaskal (kananasira	Once a week	8%	12%	13%	17%	18%	17%
	Daily	10%	11%	22%	24%	34%	38%
Alcohol (beer, wine, liquor)	Never	37%	24%	20%	11%	12%	7%
	Tried once or twice	28%	27%	18%	17%	12%	8%
	Once or twice a year	8%	9%	9%	8%	8%	6%
	Once a month	8%	12%	11%	11%	11%	10%
	Twice a month	5%	7%	10%	12%	14%	14%
	Once a week	8%	14%	22%	27%	30%	38%
	Daily	6%	8%	10%	14%	13%	17%
Marijuana (pot, hash, hash oil)	Never	49%	34%	31%	16%	21%	14%
	Tried once or twice	21%	23%	20%	21%	15%	12%
	Once or twice a year	5%	7%	6%	6%	6%	7%
	Once a month	5%	8%	9%	9%	9%	8%
	Twice a month	4%	4%	6%	10%	8%	10%
	Once a week	7%	11%	13%	16%	20%	20%
	Daily	9%	12%	16%	22%	21%	30%

^{* 5}th grade survey did not ask these questions. ^ All questions on this table were new in 2013.

TABLE 45A CONSEQUENCES OF SUBSTANCE USE*

				Gra	ide		
		81	th	91	:h	11	th
During the last 12 months		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
have you found that you had to use a lot more alcohol or drugs than	No or no use	98%	97%	95%	95%	93%	93%
before to get the same effect?	Yes	2%	3%	5%	5%	7%	7%
have you tried to cut down on your use of alcohol or drugs but	No or no use	98%	97%	97%	96%	97%	95%
couldn't?	Yes	2%	3%	3%	4%	3%	5%
have you continued to use alcohol or drugs even though you knew it was hurting your relationships with friends or family?	No or no use	98%	96%	96%	95%	95%	93%
	Yes	2%	4%	4%	5%	5%	7%
how many times have you spent all or most of the day using alcohol or	0 times or no use	97%	96%	92%	92%	87%	90%
drugs, or getting over their effects?	1 time	1%	1%	4%	4%	5%	5%
	2 times	1%	1%	2%	1%	2%	2%
	3 or more times	1%	1%	2%	2%	6%	3%
how many times have you given up important social or recreational	0 times or no use	99%	97%	97%	96%	95%	94%
activities like sports or being with friends or	1 time	1%	2%	2%	2%	2%	3%
relatives to use alcohol or drugs or to get over their effects?	2 times	0%	1%	1%	1%	1%	2%
	3 or more times	0%	1%	1%	1%	2%	1%
how many times have you missed work or	0 times or no use	99%	98%	98%	97%	94%	95%
school, or neglected other major responsibilities because	1 time	0%	1%	1%	1%	3%	2%
of alcohol or drug use?	2 times	0%	0%	1%	1%	1%	1%
	3 or more times	0%	0%	0%	1%	1%	2%

^{* 5}th grade survey did not ask these questions.

TABLE 45B CONSEQUENCES OF SUBSTANCE USE*

				Gra	de		
		8t		91		11	
During the last 12 months,	how many times	Male	Female	Male	Female	Male	Female
	Lau	%	%	%	%	%	%
have you driven a motor vehicle after using	0 times or no use			96%	97%	86%	88%
alcohol or drugs?**	1 time			3%	1%	5%	5%
	2 times			0%	1%	3%	3%
	3 or more times			1%	1%	7%	3%
have you hit someone or become violent while	0 times or no use	99%	99%	98%	98%	96%	97%
using alcohol or drugs?	1 time	1%	1%	1%	1%	2%	2%
	2 times	0%	1%	1%	0%	1%	0%
have you used so	3 or more times	0%	0%	0%	0%	1%	0%
have you used so much alcohol or drugs	0 times or no use	98%	95%	93%	93%	86%	85%
that the next day you could not remember what	1 time	2%	2%	3%	4%	7%	7%
you had said or done?	2 times	0%	1%	2%	1%	3%	4%
	3 or more times	0%	1%	2%	2%	4%	4%
have you used more alcohol or drugs than	0 times or no use	97%	96%	94%	92%	88%	86%
you intended to?	1 time	2%	2%	4%	4%	5%	7%
	2 times	1%	1%	2%	1%	2%	4%
	3 or more times	1%	2%	1%	2%	4%	3%
has alcohol or drug use left you feeling	0 times or no use	98%	94%	96%	92%	94%	90%
depressed, agitated, paranoid, or unable to	1 time	2%	3%	2%	3%	3%	5%
concentrate?	2 times	1%	1%	1%	2%	2%	2%
	3 or more times	0%	2%	1%	2%	1%	3%
has alcohol or drug use caused you	0 times or no use	98%	98%	96%	96%	96%	97%
use caused you problems with the law?	1 time	1%	1%	2%	2%	3%	2%
	2 times	0%	0%	2%	1%	1%	0%
	3 or more times	0%	0%	1%	1%	1%	0%

^{* 5}th grade survey did not ask these questions. ** 8th grade survey did not ask this question.

TABLE 46 SEXUAL ORIENTATION; SEXUAL BEHAVIOR* Northwest

			Gra	de	
		91	th	11	th
		Male	Female	Male	Female
		%	%	%	%
Which of the following best describes you? [^]	Heterosexual (straight)	96%	93%	96%	94%
	Bisexual	1%	4%	1%	4%
	Gay or lesbian	1%	0%	1%	1%
	Not sure (questioning)	2%	3%	2%	1%
Have you ever had sexual intercourse ('had sex')?	Yes	20%	18%	46%	49%
, ,	No	80%	82%	54%	51%
During the last 12 months, with how many different	None	97%	84%	94%	54%
male partners have you had sexual intercourse?	1 person	2%	11%	3%	30%
	2 persons	0%	3%	1%	9%
	3 persons	0%	2%	0%	4%
	4 persons	0%	0%	0%	2%
	5 persons	0%	1%	0%	1%
	6 or more persons	1%	0%	1%	0%
During the last 12 months, with how many different	None	82%	98%	58%	97%
female partners have you had sexual intercourse?	1 person	10%	2%	25%	3%
	2 persons	3%	0%	7%	0%
	3 persons	1%	0%	5%	0%
	4 persons	1%	0%	2%	0%
	5 persons	0%	0%	1%	0%
	6 or more persons	2%	0%	3%	0%
How many times have you been pregnant or gotten	0 times	98%	98%	96%	96%
someone pregnant?	1 time	0%	1%	2%	3%
	2 or more times	1%	0%	0%	1%
	Not sure	1%	0%	2%	1%

 $^{^{\}star}$ 5th and 8th grade surveys did not ask these questions. $^{\wedge}$ New question in 2013.

TABLE 47 SEXUAL BEHAVIOR*

			Gra	de	
INCLUDES ONLY THOSE W	VHO HAVE EVER HAD	91		11	th
SEXUAL INTERCOURSE	TO TAVE EVEN TIAB	Male	Female	Male	Female
		%	%	%	%
Have you talked with your partner(s) about	Never	46%	37%	42%	27%
protecting yourselves from getting sexually	Not with every partner	17%	12%	12%	12%
transmitted infections/HIV/AIDS?	At least once with every partner	37%	50%	46%	61%
Have you talked with your partner(s) about	Never	37%	30%	31%	16%
preventing pregnancy?	Not with every partner	11%	11%	11%	10%
	At least once with every partner	53%	60%	59%	74%
The LAST time you had sexual intercourse, what	No method was used to prevent pregnancy	13%	12%	5%	7%
ONE method did you or your partner use to	Birth control pills	10%	9%	19%	20%
prevent pregnancy?^	Condoms	49%	54%	56%	48%
	Depo-Provera/any birth control shot, Nuva Ring/any birth control ring, Implanon/any implant or any IUD	1%	6%	5%	10%
	Withdrawal (pull-out)	18%	13%	10%	14%
	Some other method	0%	0%	1%	1%
	Not sure	10%	6%	4%	1%
The LAST time you had sexual intercourse, did	Yes	67%	63%	68%	61%
you or your partner use a condom?	No	33%	38%	32%	39%
Did you drink alcohol or use drugs before you had	Yes	20%	17%	16%	13%
sexual intercourse the LAST time?^	No	80%	83%	84%	87%

^{* 5}th and 8th grade surveys did not ask these questions. ^ New question in 2013.

TABLE 48 REASONS FOR SEXUAL ABSTINENCE*

			Gra	de	
		91	th	11	th
		Male	Female	Male	Female
		%	%	%	%
If you do not have sexual intercourse, what factors	I don't want to have sex	25%	64%	21%	58%
influence your choice not to? (Mark all that apply)	My partner doesn't want to have sex^	8%	6%	9%	9%
	I have not had a chance to have sex^	31%	17%	37%	22%
	My friends don't have sex	7%	18%	4%	15%
	I don't think it's right for a person my age to have sex	47%	69%	31%	52%
	I have chosen to wait until I am married	27%	41%	27%	44%
	My religious or spiritual beliefs	18%	25%	22%	35%
	My parent(s) would object	34%	51%	29%	50%
	What my parents have taught me about sex	17%	23%	13%	24%
	What sex education at school has taught me	16%	22%	10%	23%
	Fear of pregnancy	29%	60%	29%	60%
	Fear of sexually transmitted diseases	32%	49%	24%	43%
	Other reason(s)	27%	21%	26%	23%

^{* 5}th and 8th grade surveys did not ask these questions. ^ New question in 2013.