

# 2019 Minnesota Student Survey Prevention Region Tables

October 2019

**Minnesota Student Survey Interagency Team:** 

Minnesota Department of Education

Minnesota Department of Health

Minnesota Department of Human Services

Minnesota Department of Public Safety

### For more information:

#### **Lisa Burton**

Special Projects and Evaluation Manager Minnesota Department of Education 1500 Highway 36 West Roseville, MN 55113 (651) 582-8488 <u>lisa.burton@state.mn.us</u> <u>education.state.mn.us</u>

#### **Ann Kinney**

Senior Research Scientist
Minnesota Department of Health
P.O. Box 64882
St. Paul, MN 55164-0882
(651) 201-5946
ann.kinney@state.mn.us
health.state.mn.us

### **In Appreciation**

The Minnesota Student Survey (MSS) Interagency Team is indebted to the students, parents, teachers, district assessment coordinators, school and district administrators, principals, and superintendents across the state that agreed to participate in and supported the MSS when it was administered in the first half of 2019. These data are made available as a result of their interest and time, and we are grateful for their efforts.

The planning and implementation of the 2019 Minnesota Student Survey administration resulted from an important collaborative effort among members of the MSS Interagency team, Minnesota Youth Council members, local educators and health professionals, researchers, and community members throughout the state of Minnesota – all of whom encouraged and supported school participation in the MSS.

Members of the MSS Interagency Team include: Lisa Burton, Megan Harms, and Maira Rosas-Lee at the Department of Education; Sharrilyn Helgertz and Ann Kinney at the Department of Health; Phyllis Bengtson, Emma Boley, and Eunkyung Park at the Department of Human Services; and Valerie Clark and Kristine Coulter at the Department of Public Safety.

### **Survey Participation**

The 2019 Minnesota Student Survey (MSS) was administered in the first half of 2019 to students in grades 5, 8, 9, and 11 statewide. The survey was voluntary at all levels; districts, schools, parents, and students could all choose to opt out. Most public school districts (81%) chose to participate. Across the state, approximately 66% of fifth graders, 68% of eighth graders, 66% of ninth graders, and 54% of eleventh graders participated in the 2019 Minnesota Student Survey. Overall participation across the four grades was approximately 64% of total enrollment.

Results from regular public school, charter schools, and online schools are included in these tables. Results from nonpublic schools, alternative learning centers, and juvenile correctional facilities are released separately.

All schools and districts that participated in the survey followed federal laws regarding parental notification as required by the Protection of Pupil Rights Amendment (PPRA). PPRA requires that schools that participate in the survey notify parents of the survey administration, provide parents the opportunity to review the survey instrument, and allow parents to opt their child out of participating (Juvenile Correctional Facilities are exempt from this requirement).

#### **Mode of Administration**

In 2019, all levels of the MSS were administered online. Only Juvenile Correctional Facilities could choose to administer the MSS on paper.

#### **Items on the Tables**

The tables in this report include the responses for all survey items. Items are ordered within the tables by an overarching subject area; the order that items appear on the tables is not necessarily in the order that they appeared on the survey.

The table of contents is provided on pages v-vi. The grade 5 survey version was shorter than the grade 8 survey version, which in turn was shorter than the grade 9 and 11 version. The grade 5 and grade 8 versions did not include items appropriate only for older students. Items found on some versions of the survey but not on others are identified on the tables.

#### **New Questions and Year-to-Year Comparisons**

While most MSS survey questions stayed the same between 2016 and 2019, other questions were updated with changes to the question or response options. Some entirely new questions were added, and some questions were dropped. New questions are noted on each table. **Caution must be used when making comparisons over time for any questions in which the wording has changed.** 

Please note that although these surveys are given repeatedly over time, the student populations change between administrations of the survey.

### **Validity of Responses**

Caution was taken to identify invalid responses and remove them from the survey results. Surveys were removed when responses were highly inconsistent, when there was a pattern of likely exaggeration, when the survey was completed outside of school hours (this did not apply to online students), or when the survey was clearly a test of the online system. In addition, surveys were removed when only the background section of the survey was answered. In total, approximately 4% of cases were removed from the 2019 survey data.

#### **Online Access to MSS Data**

Data from the 2019 Minnesota Student Survey (MSS) are available on the Minnesota Department of Education's <u>Data Reports and Analytics page</u>.

(http://w20.education.state.mn.us/MDEAnalytics/DataTopic.jsp?TOPICID=242) This web report provides access to all state, county and district-level data and provides options for filtering the data in multiple ways.

TABLE #	SUBJECT AREA	PAGE
	DEMOGRAPHICS	
Table 1a-b	Demographic description	1-2
Table 2	Sexual orientation; Gender identity; Gender expression	3
	SCHOOL	
Table 3	School plans; Academic advising; IEP; Academic performance	4
Table 4	School attendance	5
Table 5	Discipline; Feelings about school	6
Table 6	Feelings about school	7
Table 7a	Presence of a school resource/police officer	8
Table 7b	Interactions with a school resource/police officer	9
Table 8	Perceptions of safety	10
Table 9a	After school supervision	11
Table 9b	After school supervision among 5 <sup>th</sup> grade students	12
Table 10a-b	Being bullied for specific reasons	13-14
Table 11a	Being cyberbullied	15
Table 11b	Being bullied or harassed at school	16
Table 12	Bullying or harassing other students at school	17
	ACTIVITIES	<u> </u>
Table 13a	Availability of community programs	18
Table 13b-c	Enrichment activities	19-20
Table 14	Quality of youth activities	21
	FAMILY AND RELATIONSHIPS	
Table 15	Living situations	22
Table 16	Communication with adults	23
Table 17	Perceptions of family and others caring	24
	RISK FACTORS	
Table 18	Adverse childhood experiences	25
Table 19	Relationship violence	26
	HEALTH AND SAFETY	
Table 20	General health and health conditions	27
Table 21	Receipt of treatment; oral health	28
Table 22	Physical activity; Sleep; Use of indoor tanning device	29
Table 23	Eating meals	30
Table 24a-b	Nutrition	31-32
Table 25	Vehicle safety	33

TABLE #	SUBJECT AREA	PAGE
	MENTAL HEALTH	
Table 26a-c	Self-description	34-36
Table 27a-b	Emotional well-being and distress	37-38
Table 28	Self-inflicted injury; Suicidal thoughts and suicidal behavior	39
	BEHAVIOR	
Table 29	Problematic and antisocial behavior	40
Table 30a-b	Gambling behavior	41-42
	SUBSTANCE USE	
Table 31	Summary of substance use	43
Table 32	Substance use among 5 <sup>th</sup> grade students	44
Table 33	Tobacco use	45
Table 33a	Access to e-cigarettes	46
Table 34	Exposure to secondhand smoke	47
Table 35	Alcohol use frequency and quantity	48
Table 36	Access to alcohol	49
Table 37	Use of marijuana and prescription drugs	50
Table 38	Prescription drug use	51
Table 39	Hallucinogen, ecstasy, cocaine and heroin use	52
Table 40	Methamphetamine, over-the-counter drug, synthetic drug and inhalant use	53
Table 41	Perceived risk of harm from substance use	54
Table 42a	Perceptions of parents' disapproval of substance use	55
Table 42b	Perceptions of friends' disapproval of substance use	56
Table 43	Perceptions about alcohol use	57
Table 44	Use of tobacco, alcohol, marijuana and e-cigarettes	58
Table 45	Perceptions of others' use of tobacco, alcohol, marijuana and e-cigarettes	59
Table 46a-b	Consequences of substance use	60-61
	SEXUAL HEALTH AND PROTECTIVE FACTORS	
Table 47a-b	Sexual behavior	62-63

#### TABLE 1A DEMOGRAPHIC DESCRIPTION

		Grade											
		5	th	8	th		th	11	-				
		N	%	N	%	N	%	N	%				
Total number of sur	veys	1,698	100%	1,750	100%	1,764	100%	1,364	100%				
What is your biological sex?*	Male	862	51%	839	48%	879	50%	668	49%				
·	Female	823	48%	903	52%	875	50%	692	51%				
	No answer	13	1%	8	0%	10	1%	4	0%				
Age	10 or younger	614	36%	0	0%	0	0%	0	0%				
	11	1,036	61%	0	0%	0	0%	0	0%				
	12	42	2%	1	0%	0	0%	0	0%				
	13	3	0%	596	34%	2	0%	0	0%				
	14	0	0%	1,104	63%	574	33%	0	0%				
	15	0	0%	48	3%	1,136	64%	0	0%				
	16	0	0%	0	0%	49	3%	440	32%				
	17	0	0%	0	0%	2	0%	889	65%				
	18	0	0%	0	0%	0	0%	33	2%				
	19-20	0	0%	0	0%	0	0%	0	0%				
How do you describe yourself? (Mark ALL that	American Indian or Alaskan Native only	229	13%	161	9%	154	9%	90	7%				
apply)	Asian or Asian American only	10	1%	18	1%	23	1%	13	1%				
	Black, African or African American only	56	3%	35	2%	43	2%	18	1%				
	Hispanic or Latino/a only	26	2%	44	3%	44	2%	26	2%				
	Native Hawaiian or Other Pacific Islander only	8	0%	8	0%	6	0%	1	0%				
	White only	1,152	68%	1,275	73%	1,280	73%	1,081	79%				
	Multiple races (checked more than one)	142	8%	186	11%	202	11%	126	9%				
	No answer	75	4%	23	1%	12	1%	9	1%				

<sup>\* 5</sup>th grade surveys asked "Are you male or female?"

## TABLE 1B DEMOGRAPHIC DESCRIPTION^

					Gr	ade			
		51	th	8	th	9	th	11	th
		N	%	N	%	N	%	N	%
If you are American Indian or Alaskan Native, which	Anishinaabe/Ojibwe	247	15%	228	13%	229	13%	132	10%
group best describes you? (If more than one	Dakota/Lakota	34	2%	21	1%	22	1%	10	1%
describes you, mark ALL that apply)	Other tribal affiliation	52	3%	62	4%	46	3%	36	3%
If you are Asian or Asian American,	Asian Indian	3	0%	9	1%	3	0%	3	0%
which group best describes you? (If	Burmese	0	0%	1	0%	0	0%	0	0%
more than one describes you,	Chinese	3	0%	8	0%	6	0%	4	0%
mark ALL that apply)	Filipino	3	0%	3	0%	5	0%	6	0%
	Hmong	0	0%	1	0%	0	0%	0	0%
	Karen	0	0%	1	0%	0	0%	0	0%
	Korean	4	0%	7	0%	9	1%	4	0%
	Lao	1	0%	13	1%	7	0%	6	0%
	Vietnamese	1	0%	5	0%	4	0%	3	0%
	Other Asian	7	0%	10	1%	9	1%	2	0%
If you are Black, African or African	African American	49	3%	46	3%	47	3%	37	3%
American, which group best	Ethiopian – Oromo	0	0%	2	0%	0	0%	1	0%
describes you? (If more than one	Ethiopian – other	1	0%	2	0%	4	0%	0	0%
describes you, mark ALL that	Liberian	4	0%	3	0%	1	0%	1	0%
apply)	Nigerian	0	0%	5	0%	4	0%	2	0%
	Somali	6	0%	10	1%	13	1%	2	0%
	Other Black, African or African American	21	1%	14	1%	12	1%	2	0%
If you are Hispanic or Latino/Latina,	Colombian	3	0%	8	0%	5	0%	2	0%
which group best describes you? (If	Ecuadoran	1	0%	2	0%	1	0%	0	0%
more than one describes you,	Guatemalan	1	0%	3	0%	6	0%	2	0%
mark ALL that apply)	Mexican	30	2%	70	4%	59	3%	41	3%
	Puerto Rican	5	0%	6	0%	9	1%	8	1%
	Salvadoran	1	0%	1	0%	3	0%	1	0%
	Spanish/Spanish- American	20	1%	19	1%	36	2%	12	1%
	Other Hispanic or Latino/Latina	8	0%	14	1%	15	1%	10	1%

 $<sup>^{\</sup>wedge}$  All questions on this table were new in 2019.

#### **TABLE 2** SEXUAL ORIENTATION; GENDER IDENTITY; GENDER EXPRESSION\*

				Gr	ade		
		8	1	1th			
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
A person's appearance, style, dress, or the way	Very or mostly feminine			2%	41%	3%	47%
they walk or talk may affect how people	Somewhat feminine			3%	34%	3%	30%
describe them. How do you think other people	Equally feminine and masculine			18%	20%	13%	17%
at school would describe you?**	Somewhat masculine			34%	4%	31%	5%
	Very or mostly masculine			43%	1%	50%	1%
How do you describe yourself?**^	Heterosexual (straight)			80%	69%	84%	73%
,	Bisexual			2%	11%	3%	11%
	Gay or lesbian			0%	1%	3%	3%
	Questioning/not sure			2%	3%	1%	2%
	Pansexual			1%	4%	0%	3%
	Queer			0%	1%	0%	0%
	I don't describe myself in any of these ways			12%	10%	8%	8%
	I am not sure what this question means			3%	1%	1%	0%
Are you transgender, genderqueer, or	Yes	1%	1%	0%	3%	1%	3%
genderfluid?^	No	91%	90%	92%	91%	94%	95%
	I am not sure about my gender identity	1%	3%	1%	3%	1%	1%
	I am not sure what this question means	7%	6%	6%	3%	4%	1%
IF TRANSGENDER, GENDERQUEER OR GENDERFLUID: How do	Male, trans male, trans man, or trans masculine	14%	27%	0%	38%	38%	41%
you describe yourself?^^	Female, trans female, trans woman, or trans feminine	14%	0%	25%	10%	25%	0%
	Non-binary, genderqueer, or genderfluid	43%	64%	25%	45%	13%	45%
	I prefer to describe my gender as something else	29%	9%	50%	7%	25%	14%

<sup>\* 5</sup>th grade survey did not ask these questions.
\*\* 8th grade survey did not ask these questions.
^ Change in question wording from 2016.
^^ New question in 2019.

# TABLE 3 SCHOOL PLANS; ACADEMIC ADVISING; IEP; ACADEMIC PERFORMANCE

					Gra	ide			
		5	th	8	th	9	th	1	1th
		Male	Female	Male	Female	Male	Female	Male	Female
What is the MAIN thing	I don't plan to graduate	%	%	%	%	%	%	%	%
you plan to do right	from high school			1%	1%	1%	1%	1%	0%
AFTER high school?*	Get my GED			3%	2%	2%	1%	1%	0%
	Go to a two-year community or technical college			11%	6%	19%	9%	24%	16%
	Go to a four-year college or university			48%	67%	40%	69%	43%	65%
	Get a license or certificate in a career field			4%	9%	4%	4%	2%	4%
	Attend an apprenticeship program			1%	0%	0%	0%	0%	0%
	Join the military			8%	3%	8%	3%	6%	3%
	Work at a job			14%	7%	16%	7%	15%	8%
	Other			10%	5%	10%	6%	7%	4%
Has an adult in your school helped you think about education options for after high school	Yes					67%	69%	78%	80%
(college or other training program)?**	No					33%	31%	22%	20%
Has an adult in your school helped you find career-focused field experiences (job	Yes					48%	44%	56%	52%
shadowing, work-based learning, service learning, career camps, apprenticeships)?**	No					52%	56%	44%	48%
Do you receive special education services as	Yes	10%	8%	12%	7%	14%	9%	16%	7%
part of an individual	No	59%	57%	68%	74%	66%	68%	71%	80%
education plan or IEP?	Not sure	31%	35%	20%	20%	21%	24%	13%	12%
How would you describe your grades this school	Mostly A's	40%	53%	35%	53%	31%	56%	33%	51%
year?	Mostly B's	32%	28%	34%	29%	37%	25%	37%	32%
	Mostly C's	14%	8%	19%	10%	22%	12%	21%	11%
	Mostly D's	3%	3%	5%	2%	6%	3%	6%	3%
	Mostly F's	2%	1%	3%	2%	3%	1%	2%	1%
	Mostly Incompletes	2%	2%	2%	3%	1%	2%	1%	1%
	None of these letter grades	6%	6%	2%	1%	0%	0%	1%	0%

<sup>\* 5</sup>th grade survey did not ask this question.
\*\*5th and 8th grade surveys did not ask these questions.

#### TABLE 4 SCHOOL ATTENDANCE<sup>^</sup>

	]					ade			
	[	5	th	8	th	9	th		lth
		Male	Female	Male	Female	Male	Female	Male	Female
During the last 30 days,	None	%	%	%	%	%	%	%	%
how many times did		38%	39%	47%	42%	42%	44%	41%	38%
you miss a full day of school? (Do not include	Once or twice	38%	35%	37%	37%	40%	38%	39%	39%
school-sponsored activities like field trips,	3 to 5 times	15%	16%	12%	15%	13%	12%	15%	16%
sports, academic or	6 to 9 times	5%	6%	3%	4%	3%	4%	4%	6%
music events)	10 or more times	3%	3%	2%	1%	2%	1%	2%	2%
During the last 30 days,	None	370	370	270	1 70	270	170	2 70	270
how many times did you miss part of a day		45%	41%	48%	41%	47%	39%	39%	34%
of school such as	Once or twice	39%	43%	40%	40%	37%	41%	34%	35%
coming late, leaving early or missing class	3 to 5 times	3970	4570	40 /0	40 /0	31 /0	4170	34 /0	3370
time during the day? (Do not include school-		10%	12%	7%	13%	11%	15%	17%	19%
sponsored activities	6 to 9 times	40/	00/	00/	40/	20/	40/	C0/	C0/
like field trips, sports, academic or music	10 or more times	4%	2%	2%	4%	3%	4%	6%	6%
events)	10 of more times	2%	2%	2%	2%	2%	2%	4%	5%
AMONG THOSE WHO MISSED PART OF OR A FULL DAY OF SCHOOL: What are the reasons you missed a full or	Illness (feeling physically sick), including problems with breathing or your teeth								
part of a day of school in the last 30 days?		52%	53%	55%	57%	54%	60%	53%	61%
(Mark ALL that apply)	Medical, dental or other health-related appointment								
		28%	41%	39%	53%	42%	55%	35%	54%
	Vacation or trip	19%	21%	18%	19%	15%	16%	15%	16%
	Felt very sad, hopeless, anxious, stressed or angry	6%	11%	4%	18%	8%	22%	9%	26%
	Didn't get enough	400/	400/	400/	4.40/	4.40/	450/	200/	0.40/
	sleep Didn't feel safe at	10%	13%	12%	14%	14%	15%	20%	24%
	school	2%	5%	2%	3%	1%	3%	2%	2%
	Missed your ride or didn't have a way to get to school								
	Had to wards	10%	12%	6%	8%	8%	11%	9%	6%
	Had to work	1%	1%	1%	0%	3%	0%	5%	2%
	Had to take care of or help a family member or friend	5%	8%	4%	7%	5%	7%	7%	9%
	Had no place to shower or wash clothes	0%	0%	0%	0%	1%	1%	1%	0%
	Wanted to use alcohol or drugs	0%	0%	1%	1%	2%	1%	2%	1%
	Behind in schoolwork or not prepared for a test or class								
	assignment	2%	3%	1%	5%	4%	6%	9%	17%
	Bored with or not interested in school	4%	3%	6%	8%	7%	11%	14%	15%
	Suspended from school	3%	1%	3%	1%	3%	2%	2%	1%
	Other reason	27%	27%	22%	17%	22%	19%	23%	14%

<sup>^</sup> All questions on this table were new in 2019.

# TABLE 5 DISCIPLINE; FEELINGS ABOUT SCHOOL

					Gra	ade			
		5	ith	8	th	9	th	11	1th
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
During the last 30 days, how many	None	71%	88%	80%	90%	86%	96%	91%	97%
times did you get sent out of the	Once or twice	19%	8%	14%	7%	11%	4%	7%	3%
classroom for discipline?^	3 to 5 times	7%	3%	3%	2%	2%	0%	1%	0%
	6 to 9 times	2%	1%	1%	0%	1%	0%	0%	0%
	10 or more times	1%	0%	2%	0%	1%	0%	1%	0%
How often do you care about doing	All of the time	37%	54%	30%	45%	31%	52%	28%	48%
well in school?	Most of the time	43%	31%	45%	39%	46%	34%	48%	40%
	Some of the time	16%	13%	22%	14%	20%	13%	20%	11%
	None of the time	4%	2%	3%	2%	3%	1%	4%	1%
How often do you go to class	All of the time	5%	4%	5%	3%	4%	2%	4%	3%
unprepared?	Most of the time	9%	6%	9%	5%	8%	6%	9%	5%
	Some of the time	48%	37%	47%	37%	50%	40%	51%	37%
	None of the time	37%	53%	39%	55%	38%	52%	36%	56%
How often do you pay attention in	All of the time	22%	34%	16%	22%	14%	23%	16%	20%
class?	Most of the time	62%	54%	66%	67%	67%	63%	62%	66%
	Some of the time	15%	12%	17%	11%	18%	13%	20%	14%
	None of the time	1%	0%	1%	0%	2%	0%	1%	1%

<sup>^</sup> New question in 2019.

## TABLE 6 FEELINGS ABOUT SCHOOL

						ade			
Hannanda da es			th Female		th Female		th Female		Ith Female
How much do you agree or disagree with each of the following statements?  If something   Strongly agree		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
If something interests me, I try	Strongly agree	35%	32%	41%	44%	46%	49%	54%	53%
to learn more about it.	Agree	59%	61%	54%	53%	52%	49%	44%	45%
	Disagree	5%	5%	4%	2%	2%	3%	2%	1%
	Strongly disagree	1%	1%	0%	0%	0%	0%	0%	0%
I think things I learn at school are	Strongly agree	29%	32%	13%	14%	9%	11%	10%	9%
useful.	Agree	56%	53%	58%	65%	58%	64%	55%	60%
	Disagree	10%	10%	20%	18%	25%	21%	26%	25%
	Strongly disagree	5%	4%	9%	3%	7%	5%	9%	5%
Being a student is one of the most	Strongly agree	21%	23%	12%	11%	9%	12%	10%	12%
important parts of who I am.	Agree	46%	49%	45%	49%	41%	46%	42%	48%
	Disagree	25%	24%	33%	34%	38%	35%	34%	31%
	Strongly disagree	8%	4%	10%	6%	12%	7%	14%	9%
Overall, adults at my school treat	Strongly agree	34%	39%	17%	17%	19%	17%	19%	15%
students fairly.	Agree	46%	43%	54%	53%	57%	56%	60%	57%
	Disagree	15%	15%	23%	25%	18%	22%	16%	22%
	Strongly disagree	6%	3%	7%	5%	6%	5%	6%	7%
Adults at my school listen to the	Strongly agree	28%	31%	14%	12%	13%	13%	13%	11%
students.	Agree	52%	50%	56%	54%	60%	56%	58%	57%
	Disagree	15%	16%	23%	28%	22%	26%	21%	25%
	Strongly disagree	5%	3%	7%	6%	5%	5%	8%	7%
The school rules are fair.	Strongly agree	30%	37%	14%	14%	14%	14%	13%	11%
	Agree	49%	46%	56%	54%	59%	56%	58%	56%
	Disagree	15%	12%	21%	27%	22%	25%	22%	27%
	Strongly disagree	6%	5%	9%	6%	5%	6%	7%	5%
At my school, teachers care	Strongly agree	53%	56%	25%	23%	21%	23%	20%	19%
about students.	Agree	40%	38%	58%	60%	64%	62%	65%	65%
	Disagree	4%	5%	12%	14%	12%	12%	12%	12%
	Strongly disagree	3%	1%	5%	3%	3%	3%	3%	4%
Most teachers at my school are	Strongly agree	22%	26%	12%	12%	11%	14%	15%	14%
interested in me as a person.	Agree	54%	57%	51%	47%	54%	48%	53%	49%
	Disagree	16%	14%	27%	33%	27%	31%	24%	29%
	Strongly disagree	7%	4%	9%	7%	8%	7%	8%	7%

# TABLE 7A PRESENCE OF A SCHOOL RESOURCE/POLICE OFFICER\*

				Gr	ade				
		8	th	9	th	11	lth		
		Male	Male Female Male Female Male Fe						
		%	%	%	%	%	%		
Is there a police officer or School	Yes	59%	55%	59%	60%	60%	62%		
Resource Officer (SRO) at your	No	17%	14%	16%	13%	22%	19%		
school?	I don't know	24%	30%	25%	27%	17%	19%		

<sup>\* 5</sup>th grade survey did not ask this question.

# TABLE 7B INTERACTIONS WITH A SCHOOL RESOURCE/POLICE OFFICER\*

				Gr	ade		
INCLUDES ONLY T	HOSE WHO HAVE A	8	th	9	th	11	lth
SCHOOL RESOURCE	CE (SRO) OR POLICE	Male	Female	Male	Female	Male	Female
OFFICER AT THEIR	SCHOÓL	%	%	%	%	%	%
If I knew about something unsafe	Strongly agree	29%	34%	17%	19%	16%	21%
or illegal at my school, I would tell	Agree	45%	44%	47%	47%	44%	43%
the SRO or police officer.	Disagree	18%	19%	25%	29%	27%	30%
I would feel	Strongly disagree	8%	3%	12%	6%	13%	6%
I would feel comfortable going	Strongly agree	18%	17%	17%	14%	16%	16%
to my school's SRO or police	Agree	45%	45%	45%	45%	49%	45%
officer if I was having problems	Disagree	28%	31%	27%	32%	27%	30%
or needed help.	Strongly disagree	8%	7%	11%	9%	7%	8%
I think it is a good idea to have an	Strongly agree	51%	54%	45%	48%	41%	45%
	Agree	42%	42%	46%	46%	48%	50%
school.	Disagree	5%	3%	6%	4%	7%	4%
	Strongly disagree	2%	1%	2%	1%	5%	1%

<sup>\* 5</sup>th grade survey did not ask these questions.

# TABLE 8 PERCEPTIONS OF SAFETY

					Gra	ade			
		5	5th 8th 9th						
How much do you	agree or disagree	Male	Female	Male	Female	Male	Female	Male	Female
with each of the fo	ollowing statements?	%	%	%	%	%	%	%	%
I feel safe going to and from	Strongly agree	49%	48%	50%	44%	51%	45%	58%	49%
school.	Agree	43%	43%	45%	50%	44%	47%	38%	48%
	Disagree	6%	7%	4%	5%	4%	6%	3%	3%
	Strongly disagree	2%	2%	1%	1%	1%	1%	1%	0%
I feel safe at school.	Strongly agree	47%	47%	39%	36%	42%	38%	48%	40%
	Agree	43%	42%	50%	51%	47%	48%	45%	50%
	Disagree	7%	8%	8%	12%	8%	13%	5%	9%
	Strongly disagree	3%	2%	3%	1%	3%	2%	2%	1%
I feel safe in my neighborhood.	Strongly agree	55%	45%	61%	50%	58%	53%	61%	58%
·	Agree	36%	41%	36%	44%	37%	42%	36%	39%
	Disagree	6%	11%	2%	5%	3%	5%	2%	4%
	Strongly disagree	2%	2%	1%	1%	1%	0%	1%	0%
I feel safe at home.	Strongly agree	74%	69%	73%	64%	71%	62%	73%	66%
	Agree	23%	26%	25%	32%	27%	34%	25%	30%
	Disagree	2%	4%	1%	3%	2%	3%	2%	4%
	Strongly disagree	1%	1%	1%	1%	1%	1%	1%	0%

#### TABLE 9A AFTER SCHOOL SUPERVISION

During a typical week, how often		-	th	Ω	th	ade	th	4-	1th
do you go to the following		Male	Female	Male	Female	Male	Female	Male	Female
places after school?		%	%	%	%	%	%	%	%
l stay at my school or go to another school	0 days	81%	76%	63%	58%	63%	51%	63%	54%
	1 day	5%	7%	8%	11%	7%	12%	6%	11%
	2 days	4%	6%	6%	5%	4%	5%	4%	6%
	3 to 4 days	3%	4%	6%	10%	7%	10%	8%	8%
	5 days	7%	7%	18%	17%	20%	21%	19%	20%
My home or another home such as a	0 days	33%	26%	15%	13%	18%	14%	17%	15%
friend's, relative's or neighbor's	1 day	15%	20%	12%	18%	14%	16%	11%	11%
	2 days	8%	11%	8%	14%	9%	11%	12%	14%
	3 to 4 days	9%	12%	11%	16%	11%	15%	14%	18%
	5 days	35%	30%	53%	40%	50%	43%	45%	41%
A rec, community or other youth center	0 days	84%	83%	83%	83%	82%	86%	85%	86%
	1 day	8%	6%	8%	10%	9%	8%	6%	8%
	2 days	3%	5%	4%	3%	4%	3%	3%	2%
	3 to 4 days	3%	4%	4%	2%	3%	1%	3%	3%
	5 days	2%	2%	2%	1%	2%	2%	3%	2%
park or other outdoor space	0 days	73%	69%	67%	73%	74%	78%	77%	81%
	1 day	11%	14%	12%	13%	11%	11%	9%	9%
	2 days	6%	7%	10%	6%	7%	5%	7%	6%
	3 to 4 days	5%	6%	5%	4%	4%	2%	3%	2%
	5 days	5%	4%	6%	4%	5%	3%	4%	2%
A library	0 days	86%	80%	92%	92%	94%	90%	95%	91%
	1 day	10%	14%	5%	6%	4%	7%	2%	6%
	2 days	3%	3%	2%	1%	1%	2%	1%	2%
	3 to 4 days	1%	2%	0%	1%	1%	1%	1%	1%
	5 days	1%	1%	1%	0%	1%	0%	1%	0%
A church, synagogue, mosque, or other	0 days	81%	76%	68%	63%	73%	68%	81%	75%
spiritual/religious place	1 day	14%	18%	28%	30%	22%	26%	15%	21%
	2 days	3%	4%	3%	7%	4%	5%	2%	4%
	3 to 4 days	1%	1%	1%	0%	0%	1%	1%	0%
	5 days	1%	1%	1%	0%	0%	0%	0%	0%
A job*	0 days	170	170	170	0 70	78%	81%	53%	45%
	1 day					6%	7%	7%	10%
	2 days					6%	6%	12%	18%
	3 to 4 days					5%	5%	18%	21%
	5 days					4%	1%	10%	5%

<sup>\* 5</sup>th and 8th grade surveys did not ask this question.

#### TABLE 9B AFTER SCHOOL SUPERVISION\*

		Gra	ade
		5	th
		Male	Female
		%	%
During a typical week, how often are you home alone or	0 days	49%	45%
somewhere unsupervised after school?	1 day	20%	23%
	2 days	12%	11%
	3 days	6%	10%
	4 days	4%	4%
	5 days	10%	8%

<sup>\*</sup> Only the 5th grade survey asked this question.

# TABLE 10A BEING BULLIED FOR SPECIFIC REASONS

					Gra	ide			
During the last 20 days	how often have	5	th	8	th	9	th	1.	1th
During the last 30 days, other students harasse		Male	Female	Male	Female	Male	Female	Male	Female
of the following reasons		%	%	%	%	%	%	%	%
Your race, ethnicity or national origin	Never	84%	86%	85%	88%	87%	88%	89%	93%
national origin	Once or twice	12%	10%	8%	7%	9%	9%	7%	6%
	About once a week	1%	2%	2%	2%	2%	1%	1%	1%
	Several times a week	1%	1%	2%	2%	1%	1%	1%	0%
	Every day	2%	1%	2%	1%	1%	1%	2%	0%
Your religion	Never	92%	90%	92%	92%	93%	91%	93%	92%
	Once or twice	5%	6%	5%	6%	5%	7%	5%	7%
1	About once a week	1%	2%	1%	2%	2%	1%	1%	0%
	Several times a week	0%	1%	1%	0%	0%	1%	0%	0%
	Every day	1%	1%	1%	0%	1%	0%	1%	0%
Your gender (being male, female,	Never	90%	83%	95%	89%	94%	90%	96%	91%
transgender, etc.)^	Once or twice	6%	11%	3%	7%	4%	7%	2%	6%
	About once a week	1%	2%	1%	2%	1%	1%	0%	2%
	Several times a week	1%	1%	1%	1%	0%	1%	0%	1%
	Every day	2%	3%	1%	1%	1%	1%	2%	0%
Your gender	Never					81%	76%	89%	84%
walk or talk)*	Once or twice					13%	18%	7%	11%
	About once a week					3%	3%	1%	3%
	Several times a week					2%	1%	1%	2%
	Every day					1%	2%	2%	0%

<sup>\* 5</sup>th and 8th grade surveys did not ask this question.
^ On the 5th grade survey, this item was worded "Your gender (being male or female)".

#### TABLE 10B BEING BULLIED FOR SPECIFIC REASONS

					Gra	ide			
During the last 20 days	how often hove	5	th	8	th	9	th	1.	1th
During the last 30 days, other students harasse		Male	Female	Male	Female	Male	Female	Male	Female
of the following reasons		%	%	%	%	%	%	%	%
Because you are gay, lesbian, or bisexual or	Never					92%	89%	94%	93%
because someone	Once or twice					3%	7%	3%	4%
thought you were*	About once a week					1%	2%	1%	2%
	Several times a week					1%	1%	1%	1%
	Every day					2%	1%	1%	1%
A physical or mental disability	Never	90%	90%	88%	89%	89%	89%	92%	93%
alsability	Once or twice	7%	6%	7%	8%	5%	6%	4%	5%
	About once a week	1%	2%	2%	2%	3%	2%	1%	1%
	Several times a week	1%	1%	1%	1%	1%	2%	1%	1%
	Every day	1%	1%	1%	1%	2%	1%	1%	0%
Your size or weight	Never	70%	67%	71%	70%	76%	72%	81%	78%
	Once or twice	19%	22%	16%	20%	14%	19%	12%	15%
	About once a week	3%	5%	5%	5%	5%	4%	3%	3%
	Several times a week	4%	3%	4%	3%	3%	3%	2%	3%
	Every day	4%	4%	4%	2%	3%	2%	2%	2%
Your physical	Never	77%	72%	68%	62%	74%	66%	78%	73%
	Once or twice	14%	19%	18%	24%	18%	23%	16%	19%
	About once a week	4%	4%	7%	7%	4%	4%	3%	5%
	Several times a week	2%	2%	4%	4%	3%	4%	1%	2%
	Every day	2%	2%	4%	3%	2%	3%	3%	1%

<sup>\* 5</sup>th and 8th grade surveys did not ask this question.

#### TABLE 11A BEING CYBERBULLIED

					Gra	ade			
		5	th	8	8th 9		th	11	lth
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
During the last 30 days, how often	Never	82%	72%	88%	77%	90%	78%	91%	83%
have you been cyberbullied?	Once or twice	13%	20%	8%	17%	7%	16%	6%	13%
(Count being bullied through texting, Instagram,	About once a week	3%	4%	1%	3%	1%	3%	2%	2%
Snapchat or other social media)^	Several times a week	1%	3%	1%	3%	1%	2%	0%	2%
,	Every day	1%	1%	1%	1%	1%	1%	1%	0%

<sup>^</sup> Change in question wording from 2016.

## TABLE 11B BEING BULLIED OR HARASSED AT SCHOOL

						ade			
			th		th		th		lth
During the last 30 d have other students	lays, on how many days	Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
pushed, shoved,	Never	64%	71%	74%	83%	85%	86%	91%	95%
slapped, hit or kicked you when	Once or twice								
they weren't kidding around?	About once a week	26%	22%	19%	12%	10%	11%	6%	4%
<b>3</b>	Several times a week	5%	4%	2%	3%	2%	2%	1%	0%
		3%	1%	2%	1%	2%	1%	1%	0%
	Every day	2%	2%	2%	0%	1%	1%	1%	0%
threatened to beat you up?	Never	68%	74%	75%	84%	80%	85%	89%	94%
	Once or twice	21%	19%	17%	12%	15%	11%	7%	5%
	About once a week	4%	2%	3%	3%	2%	2%	1%	1%
	Several times a week	3%	3%	2%	1%	1%	2%	1%	1%
	Every day	3%	2%	2%	1%	1%	0%	2%	0%
spread mean rumors or lies	Never	63%	50%	70%	56%	75%	57%	78%	66%
about you?	Once or twice	26%	35%	19%	30%	17%	30%	16%	23%
	About once a week	5%	7%	4%	7%	4%	7%	2%	6%
	Several times a week	5%	4%	3%	3%	2%	3%	2%	3%
	Every day	2%	4%	4%	3%	2%	3%	2%	2%
made sexual jokes, comments	Never			77%	69%	80%	72%	82%	76%
or gestures towards you?*	Once or twice			13%	21%	10%	16%	9%	16%
towardo you .	About once a week			4%	5%	3%	4%	3%	3%
	Several times a week			2%	3%	2%	4%	2%	3%
	Every day			4%	2%	4%	3%	4%	2%
excluded you from friends, other	Never	66%	51%	77%	57%	78%	62%	83%	70%
students or	Once or twice	22%	32%	16%	28%	15%	23%	11%	18%
activities?	About once a week	4%	7%	2%	6%	2%	8%	2%	5%
	Several times a week	3%	6%	3%	5%	3%	3%	2%	4%
	Every day				-				
Bullied once or	No	4%	5%	3%	4%	2%	4%	3%	3%
more in the last 30 days^	Yes	38%	31%	47%	33%	55%	39%	64%	49%
Bullied weekly or		62%	69%	53%	67%	45%	61%	36%	51%
more in the last 30	No	77%	72%	79%	76%	82%	74%	85%	79%
days^	Yes	23%	28%	21%	24%	18%	26%	15%	21%
Bullied daily in the last 30 days^	No	93%	92%	93%	94%	93%	93%	94%	94%
-	Yes	7%	8%	7%	6%	7%	7%	6%	6%

<sup>\* 5</sup>th grade survey did not ask this question.
^ These are computed variables based on combinations of responses to the first five questions on this table.

#### TABLE 12 BULLYING OR HARASSING OTHER STUDENTS AT SCHOOL

					Gra	ide			
			th		th		th		lth
During the last 30 o		Male	Female	Male	Female	Male	Female	Male	Female
times at school have		%	%	%	%	%	%	%	%
pushed, shoved, slapped, hit or	Never	78%	87%	83%	92%	89%	95%	93%	98%
kicked someone when you weren't	Once or twice	19%	11%	15%	6%	9%	4%	5%	1%
kidding around?	About once a week	2%	1%	1%	1%	1%	1%	0%	0%
	Several times a week	1%	0%	1%	0%	0%	0%	0%	0%
	Every day	0%	1%	0%	0%	1%	0%	1%	0%
threatened to beat someone up?	Never	85%	91%	85%	90%	85%	90%	88%	95%
•	Once or twice	13%	7%	12%	9%	12%	8%	9%	4%
	About once a week	1%	1%	2%	1%	2%	0%	1%	0%
	Several times a week	1%	1%	1%	0%	1%	1%	0%	0%
	Every day	0%	1%	1%	0%	1%	0%	2%	0%
rumors or lies about someone else?	Never	91%	87%	92%	89%	92%	90%	94%	94%
	Once or twice	7%	11%	7%	11%	6%	9%	5%	6%
	About once a week	1%	1%	1%	0%	0%	1%	1%	0%
	Several times a week	1%	0%	0%	0%	0%	0%	0%	0%
	Every day	0%	0%	0%	0%	1%	0%	1%	0%
made sexual jokes, comments	Never			86%	94%	84%	92%	83%	93%
or gestures towards someone	Once or twice			10%	4%	10%	6%	10%	6%
else?*	About once a week			1%	0%	2%	1%	1%	0%
	Several times a week			1%	1%	1%	1%	2%	0%
	Every day			2%	0%	3%	1%	4%	0%
excluded someone from	Never	82%	80%	86%	83%	86%	85%	89%	90%
friends, other students or	Once or twice	15%	18%	12%	16%	11%	14%	8%	9%
activities?	About once a week	1%	0%	1%	1%	1%	1%	1%	1%
	Several times a week	0%	1%	0%	0%	1%	0%	0%	0%
	Every day	1%	1%	1%	0%	1%	0%	1%	0%

<sup>\* 5</sup>th grade survey did not ask this question.

#### TABLE 13A AVAILABILITY OF COMMUNITY PROGRAMS

					Gra	ade			
		5	ith	8	th	9th		11	lth
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
Does your school or community offer a variety of programs for people your age to participate in	Yes	58%	62%	70%	71%	65%	63%	67%	66%
	No	9%	9%	10%	7%	11%	10%	14%	15%
outside of the regular school day?	I don't know what programs are available in my community	33%	29%	20%	22%	24%	28%	19%	19%

#### TABLE 13B ENRICHMENT ACTIVITIES

During a typical we	eek. how often do				Gra	ade			
you participate in t	the following	5	th	8	th	9	th	1	1th
activities outside of	of the regular	Male	Female	Male	Female	Male	Female	Male	Female
school day?		%	%	%	%	%	%	%	%
Sports teams, such as park and	0 days	52%	48%	40%	40%	46%	43%	45%	50%
rec teams, school teams, in-house	1 day	7%	12%	4%	5%	5%	4%	4%	3%
teams or traveling teams	2 days	14%	15%	5%	7%	5%	6%	4%	5%
	3 to 4 days	13%	16%	16%	17%	10%	11%	8%	10%
	5 or more days	14%	9%	35%	31%	34%	36%	39%	32%
School sponsored activities or clubs	0 days	84%	80%	83%	75%	82%	70%	77%	63%
that are not sports, such as	1 day	8%	9%	4%	7%	6%	10%	7%	10%
drama, music, chess or science club	2 days	3%	6%	5%	6%	4%	7%	5%	10%
	3 to 4 days	2%	3%	4%	6%	3%	5%	3%	8%
	5 or more days	3%	2%	5%	6%	5%	8%	7%	9%
Tutoring, homework help or	0 days	87%	86%	89%	91%	91%	92%	92%	88%
academic programs	1 day	6%	5%	5%	5%	4%	5%	4%	5%
	2 days	4%	4%	3%	2%	3%	2%	2%	3%
	3 to 4 days	2%	2%	2%	1%	1%	1%	1%	2%
	5 or more days	2%	2%	1%	0%	0%	0%	0%	2%
Leadership activities such as	0 days	95%	93%	93%	91%	95%	89%	91%	81%
student government,	1 day	4%	5%	4%	7%	3%	8%	6%	11%
youth councils or committees	2 days	1%	1%	2%	1%	2%	2%	2%	5%
	3 to 4 days	1%	0%	1%	0%	0%	1%	1%	2%
	5 or more days	0%	1%	0%	1%	0%	0%	1%	1%

# TABLE 13C ENRICHMENT ACTIVITIES

During a typical we	eek. how often do				Gra	ade			
you participate in		5	th	8	th	9	th	1	1th
activities outside of	of the regular	Male	Female	Male	Female	Male	Female	Male	Female
school day?		%	%	%	%	%	%	%	%
Artistic lessons, such as music or	0 days	88%	66%	88%	73%	90%	79%	91%	80%
dance	1 day	6%	18%	4%	13%	5%	9%	4%	7%
	2 days	3%	8%	2%	5%	2%	5%	2%	6%
	3 to 4 days	1%	4%	2%	5%	1%	3%	1%	4%
	5 or more days	1%	3%	3%	4%	2%	5%	2%	4%
Physical activity lessons, such as	0 days	83%	82%	82%	84%	87%	82%	88%	89%
tennis or karate	1 day	4%	5%	4%	3%	4%	4%	3%	3%
	2 days	7%	7%	4%	4%	4%	4%	2%	3%
	3 to 4 days	3%	5%	5%	5%	2%	3%	3%	3%
	5 or more days	4%	2%	6%	4%	3%	6%	4%	3%
Other community clubs and	0 days	86%	82%	91%	92%	92%	91%	94%	92%
programs such as 4-H, Scouts, Y-	1 day	7%	10%	5%	6%	6%	6%	4%	4%
clubs or Community Ed	2 days	4%	4%	2%	1%	2%	2%	1%	1%
	3 to 4 days	1%	1%	1%	0%	0%	1%	1%	1%
	5 or more days	2%	3%	1%	1%	0%	0%	0%	1%
Religious activities such as	0 days	84%	79%	65%	57%	70%	60%	78%	68%
religious services, education or	1 day	12%	16%	28%	34%	25%	31%	18%	24%
youth group	2 days	3%	3%	5%	8%	4%	8%	3%	7%
	3 to 4 days	1%	1%	1%	0%	0%	1%	1%	1%
	5 or more days	1%	1%	1%	0%	1%	0%	0%	0%

# TABLE 14 QUALITY OF YOUTH ACTIVITIES^

						ade			
			th		th		th		l th
When you spend time d		Male	Female	Male	Female	Male	Female	Male	Female
of the regular school da feel safe?	Rarely or never	%	%	%	%	%	%	%	%
leer sale ?		7%	5%	3%	2%	4%	2%	3%	2%
	Sometimes	11%	14%	8%	8%	5%	9%	5%	6%
	Often	29%	30%	29%	34%	30%	36%	27%	29%
	Very often	53%	51%	60%	57%	61%	52%	66%	63%
learn skills like teamwork or	Rarely or never	18%	14%	12%	10%	15%	11%	11%	11%
leadership?	Sometimes	26%	30%	31%	28%	30%	27%	26%	24%
	Often	33%	31%	34%	36%	33%	37%	31%	35%
	Very often	23%	26%	23%	26%	21%	25%	32%	30%
develop trusting relationships with	Rarely or never	18%	18%	9%	11%	12%	12%	9%	11%
peers your age?	Sometimes	29%	30%	25%	26%	26%	28%	16%	26%
	Often	30%	27%	40%	36%	39%	35%	40%	35%
	Very often	24%	25%	26%	26%	23%	26%	35%	28%
develop trusting	Rarely or never	22%	18%	15%	14%	14%	16%	12%	13%
relationships with adults?	Sometimes	31%	30%	28%	31%	31%	30%	23%	28%
	Often	26%	26%	35%	34%	33%	26% 35% 16% 12% 30% 23% 34% 36%	35%	
	Very often	21%	26%	22%	20%	21%	20%	29%	24%
help make decisions?	Rarely or never	20%	17%	9%	11%	12%	10%	8%	10%
	Sometimes	33%	35%	31%	32%	31%	34%	26%	26%
	Often	29%	30%	38%	37%	36%	36%	37%	38%
	Very often	18%	18%	21%	21%	21%	19%	28%	25%
do something that	Rarely or never	9%	7%	6%	6%	7%	7%	8%	4%
gives you joy and energy?	Sometimes	17%	17%	16%	18%	17%	20%	15%	21%
	Often	28%	27%	34%	31%	34%	32%	35%	35%
	Very often	46%	49%	44%	45%	41%	41%	42%	40%
learn skills that you	Rarely or never	18%	20%	11%	16%	16%	16%	11%	13%
can use in a future job?	Sometimes	28%	31%	33%	34%	30%	31%	28%	29%
	Often	26%	25%	30%	28%	32%	30%	30%	32%
	Very often	28%	24%	27%	21%	23%	23%	31%	26%

<sup>^</sup> These items are a subscale of the Constructive Use of Time Scale from the Developmental Assets Profile (DAP) (Search Institute, Minneapolis, MN).

#### TABLE 15 LIVING SITUATIONS

					Gra	ade			
		5	ith	8	Bth	9	th	1	1th
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
Have you ever been in foster care? (Mark ALL that apply)^	No	94%	91%	95%	94%	94%	93%	94%	95%
	Yes, during the last year	3%	3%	2%	2%	2%	2%	2%	1%
	Yes, more than a year ago	4%	6%	4%	5%	5%	6%	4%	4%
During the past 12 months, have you stayed in a shelter, somewhere not intended as a place to live, or someone else's home because you had no other place to stay? (Mark ALL that apply)*	No			93%	93%	94%	93%	96%	96%
	Yes, I was with my parents or adult family member			6%	7%	6%	6%	3%	3%
	Yes, I was on my own without any adult family members			1%	1%	1%	2%	1%	2%
Have any of your parents or guardians ever been in jail or prison? (Mark ALL	None of my parents or guardians has ever been in jail or prison			74%	73%	74%	72%	75%	76%
that apply)*	Yes, I have a parent or guardian in jail or prison right now			4%	5%	4%	5%	2%	3%
	Yes, I have had a parent or guardian in jail or prison in the past			24%	24%	23%	26%	24%	22%
IF YOU HAVE OR HAVE HAD A PARENT OR GUARDIAN IN JAIL OR PRISON: Did you live with a parent or guardian at the time they went to jail or prison?**	Yes			54%	52%	51%	53%	48%	52%
	No			46%	48%	49%	47%	52%	48%

<sup>^</sup> New question in 2019.
\* 5th grade survey did not ask this question.

#### TABLE 16 COMMUNICATION WITH ADULTS

		Grade										
		5	th	8th		9th		1	1th			
		Male Female		Male	Female	Male	Female	Male	Female			
		%	%	%	%	%	%	%	%			
Which of these adults can you talk to about problems you are having? (Mark ALL that apply)^	Parent or guardian	90%	86%	84%	78%	83%	76%	82%	75%			
	Adult at school	39%	44%	34%	31%	31%	32%	33%	33%			
	Some other adult	13%	18%	22%	28%	25%	34%	31%	37%			
	I don't have any adults that I can talk to about problems I am having	6%	9%	11%	13%	12%	15%	12%	13%			

<sup>^</sup> New question in 2019.

# TABLE 17 PERCEPTIONS OF FAMILY AND OTHERS CARING

					Gra	de			
		5	th	8	th	9	th	11	1th
		Male	Female	Male	Female	Male	Female	Male	Female
How much do you feel		%	%	%	%	%	%	%	%
your parents care about you?	Not at all	1%	1%	2%	2%	1%	2%	1%	1%
	A little	1%	3%	2%	5%	3%	7%	3%	6%
	Some	4%	5%	4%	8%	5%	9%	6%	8%
	Quite a bit	11%	12%	15%	18%	21%	18%	21%	20%
	Very much	84%	79%	78%	67%	70%	64%	70%	64%
other adult relatives care about you?	Not at all	2%	1%	2%	2%	2%	3%	1%	3%
	A little	2%	4%	3%	7%	3%	8%	5%	6%
	Some	7%	8%	8%	11%	12%	13%	11%	15%
	Quite a bit	25%	21%	30%	28%	35%	28%	30%	29%
	Very much	64%	66%	57%	52%	48%	47%	53%	47%
friends care about you?	Not at all	3%	3%	2%	2%	2%	2%	2%	2%
	A little	6%	6%	6%	6%	6%	8%	4%	7%
	Some	18%	15%	20%	18%	21%	18%	21%	19%
	Quite a bit	38%	29%	43%	33%	40%	29%	36%	33%
	Very much	35%	48%	29%	41%	30%	43%	37%	39%
teachers/other adults at school care about you?	Not at all	6%	5%	10%	10%	9%	10%	7%	7%
	A little	8%	7%	14%	18%	17%	18%	16%	20%
	Some	20%	18%	31%	29%	33%	31%	31%	33%
	Quite a bit	32%	32%	28%	29%	28%	26%	27%	26%
	Very much	35%	39%	17%	14%	13%	15%	19%	14%
adults in your community care about	Not at all	8%	7%	12%	14%	13%	16%	13%	16%
<del>,</del> -	A little	15%	14%	20%	19%	21%	21%	18%	26%
	Some	27%	25%	31%	29%	30%	29%	28%	25%
	Quite a bit	27%	28%	23%	25%	22%	22%	24%	20%
	Very much	23%	27%	15%	13%	14%	13%	17%	14%

#### **TABLE 18 ADVERSE CHILDHOOD EXPERIENCES\***

				Gr	ade			
		8	th	9	th	11th		
		Male	Female	Male	Female	Male	Female	
		%	%	%	%	%	%	
Do you live with anyone who drinks too much alcohol?	Yes	9%	11%	11%	14%	10%	15%	
	No	91%	89%	89%	86%	90%	85%	
Do you live with anyone who uses illegal drugs or abuses prescription	Yes	5%	5%	6%	8%	7%	7%	
drugs?	No	95%	95%	94%	92%	93%	93%	
Do you live with anyone who is depressed or has any other mental	Yes	21%	32%	21%	37%	22%	37%	
health issues?^	No	79%	68%	79%	63%	78%	63%	
Does a parent or other adult in your home regularly swear at you, insult	Yes	13%	17%	15%	23%	13%	19%	
you or put you down?	No	87%	83%	85%	77%	87%	81%	
Has a parent or other adult in your home ever hit, beat, kicked or	Yes	13%	13%	10%	15%	10%	10%	
ohysically hurt you in any way?	No	87%	87%	90%	85%	90%	90%	
Have your parents or other adults in your home ever slapped, hit, kicked, punched or beat each other up?	Yes	8%	12%	6%	14%	6%	9%	
	No	92%	88%	94%	86%	94%	91%	
Has anyone who was not a relative/family member ever pressured, tricked, or forced you to do something	Yes	2%	7%	1%	11%	3%	12%	
sexual or done something sexual to you against your wishes?^^	No	98%	93%	99%	89%	97%	88%	
Has any relative/family member ever pressured, tricked, or forced you to do	Yes	1%	5%	1%	7%	1%	5%	
something sexual or done something sexual to you?^^	No	99%	95%	99%	93%	99%	95%	
Have you ever traded sex or sexual activity to receive money, food, drugs,	Yes			1%	2%	2%	3%	
alcohol, a place to stay, or anything else?^**	No			99%	98%	98%	97%	
ACEs Score-short^^^	None	50%	45%	52%	40%	51%	42%	
	One	25%	23%	24%	23%	23%	23%	
	Two	13%	14%	13%	13%	15%	14%	
	Three	7%	8%	7%	9%	6%	8%	
	Four or more	5%	11%	5%	15%	6%	12%	

<sup>\* 5</sup>th grade survey did not ask these questions.

\*\* 8th grade survey did not ask this question.

^ New question in 2019.

^^ Change in question wording from 2016.

^^^ An adverse childhood experience (ACE) describes a traumatic experience in a person's life occurring before age 18. The ACEs Score-short is a measure of cumulative exposure to adverse childhood conditions, and applyings the responses to all but the legst question in this table plue the responses to the first question about combines the responses to all but the last question in this table plus the responses to the first question about parental incarceration (See Table 15).

#### **TABLE 19 RELATIONSHIP VIOLENCE\*^**

		Grade									
		8	th	9	th	11th					
		Male	Female	Male	Female	Male	Female				
		%	%	%	%	%	%				
Have you been in a casual or serious relationship where your partner ever physically hurt you on purpose?	Yes	5%	4%	3%	5%	4%	9%				
	No	95%	96%	97%	95%	96%	91%				
Have you been in a casual or serious relationship where your partner ever verbally hurt or controlled you?	Yes	8%	12%	7%	17%	11%	25%				
	No	92%	88%	93%	83%	89%	75%				
Have you been in a casual or serious relationship where your partner ever pressured, tricked, or	Yes			3%	11%	4%	16%				
forced you to do something sexual, or did something sexual to you against your wishes?**	No			97%	89%	96%	84%				
Have YOU ever pressured, tricked, or forced someone to do something sexual, or have YOU done something sexual to someone against their wishes?**	Yes			1%	2%	2%	1%				
	No			94%	96%	96%	98%				
	Not sure			5%	2%	3%	1%				

<sup>\* 5</sup>th grade survey did not ask these questions.
\*\* 8th grade survey did not ask this question.
^ All questions on this table were new in 2019.

## TABLE 20 GENERAL HEALTH AND HEALTH CONDITIONS

#### Northwest

						ade			
			th		th	9th			lth
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
How would you describe your health in general?	Excellent	33%	30%	30%	19%	28%	18%	30%	17%
	Very good	34%	37%	39%	41%	37%	39%	37%	35%
	Good	25%	25%	23%	30%	24%	28%	23%	32%
	Fair	7%	6%	6%	9%	9%	12%	8%	14%
	Poor	2%	1%	2%	2%	2%	2%	3%	2%
Do you have any physical disabilities, or long-term health problems (such as asthma, cancer, diabetes, epilepsy or something else)? Long-term means lasting 6 months or more.	Yes	16%	16%	14%	15%	12%	18%	11%	16%
	No	84%	84%	86%	85%	88%	82%	89%	84%
Has a doctor or nurse ever told you that you have diabetes?^	Yes	2%	1%	2%	1%	1%	1%	2%	1%
	No	98%	99%	98%	99%	99%	99%	98%	99%
Has a doctor or nurse ever told you that you have pre-diabetes?^	Yes	1%	1%	1%	1%	1%	1%	2%	1%
	No	99%	99%	99%	99%	99%	99%	98%	99%
Has a doctor or nurse ever told you that you have asthma?	Yes	12%	11%	14%	14%	13%	14%	14%	17%
·	No	88%	89%	86%	86%	87%	86%	86%	83%
Has a doctor or nurse ever told you that you have an allergy that requires	Yes	4%	4%	5%	4%	2%	3%	3%	4%
you to carry an epi-pen?	No	96%	96%	95%	96%	98%	97%	97%	96%
Do you have any long-term mental health, behavioral or emotional	Yes			15%	29%	17%	32%	17%	36%
problems? Long-term means lasting 6 months or more.*	No			85%	71%	83%	68%	83%	64%
Weight status* according to Body Mass Index (BMI)**	Normal or underweight			66%	74%	69%	72%	64%	72%
` '	Overweight			18%	17%	14%	16%	16%	14%
	Obese			16%	9%	17%	11%	20%	14%

<sup>^</sup> New question in 2019.

Not overweight: Less than the 85th percentile Overweight: 85th to less than the 95th percentile Obese: Equal to or greater than the 95th percentile

<sup>\* 5</sup>th grade survey did not ask this question.

<sup>\*\*</sup> Body Mass Index (BMI) is a number calculated from a child's self-reported weight and height. BMI is calculated using a standard formula. BMI-for-age percentiles are used to interpret BMI numbers for children and teens. CDC BMI-for-age growth charts were used to determine weight status according to BMI for participants in the Minnesota Student Survey.

## TABLE 21 RECEIPT OF TREATMENT; ORAL HEALTH

					Gra	ade			
		5	ith	8	th	9	th	11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
Have you ever been treated for a mental health, emotional or behavioral	No			82%	75%	82%	73%	80%	69%
problem? (Mark ALL that apply)*	Yes, during the last year			11%	17%	10%	18%	12%	19%
	Yes, more than a year ago			10%	11%	11%	13%	12%	17%
Have you ever been treated for an alcohol or drug problem? (Mark ALL that	No			98%	98%	97%	97%	98%	97%
apply)*	Yes, during the last year			1%	1%	2%	3%	2%	2%
	Yes, more than a year ago			1%	0%	1%	1%	0%	1%
When was the last time you saw a dentist for a check-up, exam or teeth cleaning or other dental work?^	During the last year	79%	83%	81%	82%	79%	82%	77%	83%
	Between 1 and 2 years ago	10%	9%	13%	11%	14%	11%	14%	13%
	More than 2 years ago	7%	5%	5%	5%	6%	6%	7%	4%
	Never	3%	3%	1%	2%	1%	2%	1%	0%
Have you any of the following dental problems during the past 12 months?	Toothaches or pain	22%	26%	20%	25%	18%	25%	20%	24%
(Mark ALL that apply)^^	Decayed teeth or cavities	15%	16%	13%	14%	17%	15%	15%	17%
	Swollen, painful or bleeding gums	9%	12%	6%	8%	7%	8%	6%	7%
	Could not eat certain foods because of a dental problem	7%	9%	6%	9%	5%	8%	3%	9%
	Missed one or more school days because of a dental problem	12%	11%	10%	8%	9%	7%	6%	9%
	I have not had any of these dental health problems	57%	56%	66%	61%	63%	60%	65%	61%
IF ONE OR MORE DENTAL PROBLEMS: Have you had this dental problem treated	Yes	67%	68%	71%	74%	70%	68%	67%	75%
by a dentist?^^	No, but I will see a dentist	25%	27%	22%	22%	25%	25%	25%	21%
	No, I am not able to get dental treatment	8%	5%	7%	4%	5%	7%	8%	4%

<sup>\* 5</sup>th grade survey did not ask this question. ^ Change in question wording from 2016. ^^ New question in 2019.

## TABLE 22 PHYSICAL ACTIVITY; SLEEP; USE OF INDOOR TANNING DEVICE

					Gra	ade			
		5	th	8	th	9	th	11	1th
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
During the last 7 days, on how many days	0 days	12%	10%	6%	7%	7%	7%	8%	14%
were you physically active for a total of AT LEAST 60 MINUTES	1 day	6%	7%	3%	6%	5%	7%	3%	9%
PER DAY?	2 days	10%	11%	7%	8%	7%	9%	7%	14%
	3 days	11%	13%	11%	13%	9%	11%	11%	15%
	4 days	9%	12%	11%	17%	11%	13%	8%	11%
	5 days	15%	15%	19%	20%	20%	25%	20%	18%
	6 days	8%	9%	14%	15%	13%	15%	15%	9%
	7 days	30%	22%	30%	14%	27%	13%	28%	9%
During a typical school night, how many hours	4 hours or less	5%	5%	4%	6%	6%	5%	7%	6%
of sleep do you get?	5 hours	4%	3%	6%	6%	9%	11%	10%	13%
	6 hours	7%	7%	15%	16%	18%	20%	21%	25%
	7 hours	12%	12%	24%	26%	32%	30%	34%	33%
	8 hours	27%	27%	30%	32%	25%	25%	22%	18%
	9 hours	26%	25%	18%	11%	9%	7%	5%	4%
	10 or more hours	19%	22%	4%	3%	2%	2%	1%	1%
During the last 12 months, how many	0 times			97%	98%	97%	96%	97%	91%
times did you use an indoor tanning device	1 or 2 times			1%	1%	1%	2%	2%	4%
such as a sunlamp, sunbed or tanning booth?*	3 to 9 times			0%	0%	1%	0%	1%	3%
	10 to 19 times			0%	0%	0%	1%	0%	2%
	20 to 39 times			0%	0%	0%	0%	0%	0%
	40 or more times			1%	0%	0%	0%	0%	0%

<sup>\* 5</sup>th grade survey did not ask this question.

### TABLE 23 EATING MEALS

		•	•	•	Gra	ade		•	
		5	th	8	th	9	th	11	lth
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
During the last 30 days, have you had to skip meals because your	Yes	5%	5%	3%	4%	3%	6%	5%	7%
	No	95%	95%	97%	96%	97%	94%	95%	93%
During a typical school week, where do you	I usually don't eat lunch.	4%	5%	8%	16%	10%	17%	10%	18%
usually get your lunch? (Mark ALL that apply)	Regular school lunch from the cafeteria	87%	82%	83%	71%	79%	72%	71%	65%
	The a la carte line (buy individual items)	2%	2%	6%	7%	10%	11%	8%	10%
	School store or vending machine	3%	1%	2%	2%	6%	7%	4%	3%
	Fast food restaurant, gas station or somewhere else outside of school	3%	3%	2%	2%	9%	6%	29%	23%
	I bring lunch from home.	19%	31%	14%	27%	13%	22%	13%	26%
Do you currently get free or reduced-price lunch at	Yes	23%	23%	25%	29%	28%	29%	25%	27%
school?^	No	36%	30%	54%	54%	53%	54%	66%	64%
	Not sure	41%	46%	21%	17%	19%	16%	10%	9%

<sup>^</sup> Change in question wording from 2016.

## TABLE 24A NUTRITION

					Gra	ade			
		5	th	8	th	9	th	11	1th
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
During the last 7 days, how many times did you drink 100% fruit juices	I did NOT eat or drink this	18%	18%	22%	30%	23%	28%	20%	33%
such as orange, apple or grape juice? (Do not count punch, Kool-	1 to 3 times in the last 7 days	35%	36%	40%	43%	39%	45%	43%	43%
Aid, sports drinks or other fruit- flavored drinks)^	4 to 6 times in the last 7 days	16%	15%	15%	11%	16%	12%	17%	11%
,	1 time per day	14%	15%	13%	8%	10%	10%	9%	8%
	2 times per day	7%	7%	5%	4%	7%	3%	6%	3%
	3 times per day	3%	3%	2%	2%	3%	1%	3%	1%
	4 or more times per day	6%	7%	4%	2%	3%	2%	3%	1%
During the last 7 days, how many times did you eat fruit? (Do not	I did NOT eat or drink this	8%	5%	10%	3%	12%	8%	10%	6%
count fruit juice)^	1 to 3 times in the last 7 days	27%	21%	31%	28%	30%	28%	32%	34%
	4 to 6 times in the last 7 days	18%	21%	20%	26%	20%	23%	22%	20%
	1 time per day	19%	19%	15%	19%	19%	18%	16%	19%
	2 times per day	10%	13%	12%	13%	10%	15%	11%	13%
	3 times per day	6%	8%	5%	5%	4%	4%	4%	5%
	4 or more times per day	11%	13%	5%	5%	5%	4%	5%	3%
During the last 7 days, how many times did you eat green salad,	I did NOT eat or drink this	17%	9%	15%	7%	15%	7%	14%	11%
potatoes, carrots or other vegetables? (Do not count French fries, fried potatoes, or potato chips)	1 to 3 times in the last 7 days	28%	28%	28%	27%	33%	32%	30%	31%
	4 to 6 times in the last 7 days	16%	17%	20%	25%	21%	21%	23%	21%
ompo,	1 time per day	17%	20%	17%	21%	18%	19%	17%	18%
	2 times per day	10%	11%	13%	12%	8%	14%	9%	13%
	3 times per day	4%	6%	4%	5%	3%	4%	3%	3%
	4 or more times per day	7%	9%	3%	4%	3%	3%	3%	3%
During the last 7 days, how many times did you eat from a fast food	I did NOT eat or drink this	31%	38%	30%	33%	27%	28%	23%	23%
restaurant, including carry-out or delivery?	1 to 3 times in the last 7 days	55%	48%	60%	59%	62%	61%	59%	63%
	4 to 6 times in the last 7 days	4%	4%	4%	4%	6%	6%	10%	9%
	1 time per day	6%	6%	3%	3%	3%	2%	4%	2%
	2 times per day	1%	2%	2%	1%	1%	1%	1%	1%
	3 times per day	0%	1%	0%	1%	0%	0%	0%	1%
	4 or more times per day	2%	1%	1%	0%	1%	1%	1%	1%
Servings of fruits, fruit juice and vegetables per day during the last 7	Less than five	78%	76%	87%	86%	89%	89%	87%	89%
days^^	Five or more	22%	24%	13%	14%	11%	11%	13%	11%

<sup>^</sup> Change in question wording from 2016. ^^ This is a computed variable based on combinations of responses to the first three questions on this table.

#### TABLE 24B NUTRITION^

		<u> </u>	ith	_		ade	th		1th
		Male	Female	Male	th Female	Male	th Female	Male	1th Female
During the last 7 days, how ma	ny times did you drink	%	%	%	%	%	%	%	%
a glass of milk?	I did NOT eat or drink this	9%	10%	7%	19%	9%	22%	9%	27%
	1 to 3 times in the last 7 days	17%	20%	16%	23%	17%	26%	21%	30%
	4 to 6 times in the last 7 days	17%	17%	18%	18%	20%	14%	16%	13%
	1 time per day	18%	17%	20%	15%	20%	14%	18%	15%
	2 times per day	14%	15%	16%	14%	17%	13%	15%	9%
	3 times per day	9%	10%	11%	6%	8%	6%	13%	3%
	4 or more times per day	16%	12%	12%	5%	10%	5%	8%	3%
a can, bottle or glass of pop or	I did NOT eat or drink this	29%	37%	23%	32%	17%	37%	22%	38%
soda, such as Coke, Pepsi or Sprite?	1 to 3 times in the last 7 days	46%	41%	46%	48%	43%	43%	35%	40%
	4 to 6 times in the last 7 days	8%	6%	13%	9%	16%	10%	19%	109
	1 time per day								
	2 times per day	9%	10%	9%	6%	11%	6%	10%	79
	3 times per day	4%	3%	6%	3%	7%	1%	8%	39
	· · ·	1%	2%	1%	1%	3%	1%	2%	19
a can, bottle or glass of a sports	4 or more times per day	3%	2%	2%	1%	3%	1%	3%	19
drink, such as Gatorade or	I did NOT eat or drink this	41%	47%	35%	55%	34%	55%	30%	599
Powerade?	1 to 3 times in the last 7 days	34%	33%	38%	33%	35%	29%	39%	299
	4 to 6 times in the last 7 days	10%	6%	15%	6%	18%	10%	16%	69
	1 time per day	9%	8%	7%	3%	7%	3%	7%	39
	2 times per day	2%	3%	3%	1%	4%	2%	5%	19
	3 times per day	2%	1%	1%	1%	1%	0%	2%	09
	4 or more times per day	3%	2%	2%	1%	2%	1%	1%	19
. a can, bottle or glass of an energy rink, such as Rockstar, Red Bull, lonster or Full Throttle?	I did NOT eat or drink this	84%	89%	75%	84%	67%	81%	67%	819
	1 to 3 times in the last 7 days	10%	7%	16%	11%	22%	13%	21%	149
	4 to 6 times in the last 7 days	2%	1%	3%	2%	5%	3%	6%	39
	1 time per day	2%	2%	3%	1%	3%	1%	4%	19
	2 times per day	1%	1%	1%	1%	2%	1%	1%	09
	3 times per day	0%	0%	0%	0%	1%	0%	1%	09
	4 or more times per day	1%	1%	1%	0%	1%	0%	1%	09
a can, bottle or glass of coffee or	I did NOT eat or drink this	61%	58%	60%	44%	53%	40%	52%	339
tea that had sugar, syrups, or honey added to it?	1 to 3 times in the last 7 days	23%	25%	24%	35%	26%	36%	25%	369
	4 to 6 times in the last 7 days	6%	5%	6%	10%	9%	12%	11%	169
	1 time per day	6%	8%	6%	7%	7%	7%	8%	109
	2 times per day	2%	2%	2%	2%	3%	2%	1%	29
	3 times per day	0%	1%	1%	1%	1%	1%	1%	19
	4 or more times per day		2%	2%		2%			29
a can, bottle or glass of	I did NOT eat or drink this	38%	39%		1% 50%	47%	1% 53%	1% 49%	589
sweetened fruit drinks, such as Kool-Aid, Capri Sun and lemonade?	1 to 3 times in the last 7 days	-		46%					
too. 7 au, oup. our unu iomonuuo.	4 to 6 times in the last 7 days	37%	38%	37%	37%	35%	33%	31%	319
	1 time per day	10%	8%	9%	7%	10%	7%	11%	79
		9%	8%	5%	4%	5%	4%	6%	39
	2 times per day	2%	4%	2%	1%	2%	1%	2%	19
	3 times per day	1%	1%	1%	1%	1%	1%	1%	09
	4 or more times per day	2%	2%	1%	1%	1%	1%	1%	09
a bottle or glass of water?	I did NOT eat or drink this	4%	1%	2%	1%	3%	2%	3%	19
	1 to 3 times in the last 7 days	8%	6%	7%	6%	8%	5%	7%	69
	4 to 6 times in the last 7 days	13%	13%	10%	10%	9%	8%	10%	99
	1 time per day	8%	6%	11%	10%	12%	8%	10%	119
	2 times per day	13%	11%	14%	14%	16%	19%	15%	179
	3 times per day	12%	12%	19%	17%	17%	18%	19%	20%
	4 or more times per day	41%	49%	36%	42%	35%	40%	38%	359

<sup>^</sup> All questions on this table were new in 2019.

## TABLE 25 VEHICLE SAFETY<sup>^</sup>

					Gra	ade			
		5	th	8	th	9	th	11	1th
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
When driving a car, truck or SUV, how often do you send or read text	I don't drive a car, truck or SUV					59%	68%	16%	15%
messages or emails?*	I never do this					29%	24%	27%	27%
	Rarely					7%	5%	21%	26%
	Sometimes					4%	2%	19%	19%
	Often					1%	1%	10%	10%
	Always					1%	1%	6%	3%
When driving a car, truck or SUV, how often do you make or answer a	I don't drive a car, truck or SUV					58%	68%	15%	14%
phone call?*	I never do this					26%	22%	16%	17%
	Rarely					7%	5%	23%	25%
	Sometimes					4%	3%	20%	24%
	Often					3%	1%	15%	12%
	Always					2%	1%	11%	8%
How often do you wear a seat belt when you are driving or riding in a	I don't ride in a car, truck or SUV	1%	1%	1%	1%	20%	19%	7%	4%
car, truck or SUV?**	I never do this	1%	1%	2%	1%	1%	0%	2%	1%
	Rarely	2%	2%	3%	2%	3%	2%	4%	2%
	Sometimes	6%	5%	7%	6%	5%	5%	4%	2%
	Often	15%	13%	24%	20%	14%	14%	12%	10%
	Always	75%	77%	64%	71%	57%	61%	70%	81%

<sup>\* 5</sup>th and 8th grade surveys did not ask this question.

\*\* On the 5th and 8th grade surveys, this question was worded "How often do you wear a seat belt when you are riding in a car, truck or SUV?

^ All questions on this table had wording changes from 2016.

#### **TABLE 26A SELF DESCRIPTION^**

					Gra				
			ith	8	th	9	th	11	lth
In general, how does each		Male	Female	Male	Female	Male	Female	Male	Female
statements describe you?		%	%	%	%	%	%	%	%
I feel in control of my life and future.*	Not at all or rarely	17%	19%	3%	9%	7%	9%	7%	7%
Tutur or	Somewhat or sometimes	34%	33%	22%	28%	23%	30%	22%	34%
	Very or often	36%	32%	46%	37%	43%	38%	41%	40%
	Extremely or almost always	13%	16%	29%	25%	26%	23%	31%	19%
I feel good about myself.	Not at all or rarely	7%	11%	5%	17%	8%	19%	7%	13%
	Somewhat or sometimes	17%	24%	19%	34%	22%	34%	22%	42%
	Very or often	37%	32%	46%	32%	43%	32%	41%	33%
	Extremely or almost always	40%	34%	30%	17%	27%	15%	30%	12%
I feel good about my future.	Not at all or rarely	8%	7%	5%	9%	7%	11%	7%	9%
	Somewhat or sometimes	17%	22%	18%	24%	21%	26%	21%	31%
	Very or often	36%	34%	44%	37%	44%	37%	44%	39%
	Extremely or almost always	39%	38%	33%	31%	28%	26%	28%	21%
I deal with disappointment without getting too upset.	Not at all or rarely	18%	14%	10%	14%	12%	15%	9%	13%
g .co apoca	Somewhat or sometimes	33%	39%	29%	35%	29%	37%	32%	40%
	Very or often	31%	31%	42%	37%	40%	37%	40%	37%
	Extremely or almost always	18%	16%	19%	14%	19%	11%	20%	10%
I find good ways to deal with things that are hard in my life.	Not at all or rarely	11%	11%	7%	15%	9%	15%	8%	10%
g ,	Somewhat or sometimes	27%	33%	27%	31%	27%	36%	30%	39%
	Very or often	40%	31%	47%	37%	41%	35%	42%	37%
	Extremely or almost always	22%	25%	19%	16%	23%	14%	20%	14%
I am thinking about what my purpose is in life.**	Not at all or rarely	9%	7%	13%	11%	11%	11%	9%	5%
F P 10 III III II	Somewhat or sometimes	26%	29%	27%	26%	27%	25%	23%	25%
	Very or often	36%	39%	34%	32%	35%	35%	40%	39%
	Extremely or almost always	29%	25%	26%	30%	27%	28%	28%	31%

<sup>\*</sup> On the 5th grade survey, this item was worded "I can shape and influence what happens in my life and future."

\*\* On the 5th grade survey, this item was worded "I think about what I want to do in my life when I grow up."

^ These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

### TABLE 26B SELF DESCRIPTION<sup>4</sup>

					Gra	ade			
		5	ith	8	th	9	th	11	1th
In general, how does each	h of the following	Male	Female	Male	Female	Male	Female	Male	Female
statements describe you?	?	%	%	%	%	%	%	%	%
I say no to things that are dangerous or unhealthy.	Not at all or rarely	13%	8%	7%	6%	9%	8%	10%	6%
aangereae er anneamy.	Somewhat or sometimes	15%	14%	21%	19%	21%	22%	26%	26%
	Very or often	23%	18%	32%	25%	31%	26%	32%	33%
	Extremely or almost always	49%	60%	40%	50%	38%	43%	32%	35%
I build friendships with other people.	Not at all or rarely	9%	9%	7%	8%	7%	9%	5%	7%
people.	Somewhat or sometimes	28%	26%	24%	28%	27%	30%	22%	33%
	Very or often	38%	37%	43%	41%	43%	39%	44%	40%
	Extremely or almost always	25%	28%	26%	22%	22%	23%	29%	21%
I express my feelings in proper ways.	Not at all or rarely	16%	14%	10%	14%	13%	16%	12%	12%
nopor mayo.	Somewhat or sometimes	29%	31%	31%	34%	34%	32%	30%	33%
	Very or often	36%	33%	40%	36%	37%	36%	38%	41%
	Extremely or almost always	20%	21%	18%	16%	16%	16%	20%	14%
I plan ahead and make good choices.	Not at all or rarely	8%	6%	6%	8%	9%	11%	10%	5%
choices.	Somewhat or sometimes	26%	22%	32%	27%	32%	27%	30%	31%
	Very or often	40%	38%	41%	40%	38%	39%	42%	41%
	Extremely or almost always	25%	35%	20%	25%	21%	24%	19%	23%
I stay away from bad influences.	Not at all or rarely	11%	6%	7%	10%	10%	12%	12%	9%
illideliees.	Somewhat or sometimes	16%	16%	24%	21%	26%	24%	25%	28%
	Very or often	29%	24%	35%	29%	33%	31%	34%	32%
	Extremely or almost always	44%	55%	33%	40%	32%	33%	29%	30%
I resolve conflicts without anyone getting hurt.	Not at all or rarely	10%	8%	7%	6%	8%	5%	5%	4%
anyone getting nurt.	Somewhat or sometimes	29%	18%	27%	22%	28%	27%	25%	27%
	Very or often	34%	33%	41%	41%	41%	40%	41%	43%
	Extremely or almost always	27%	41%	25%	31%	24%	27%	29%	26%

<sup>^</sup> These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

### TABLE 26C SELF DESCRIPTION<sup>A</sup>

					Gra	ade			
		5	ith	8	th	9	th	1′	1th
In general, how does each	h of the following	Male	Female	Male	Female	Male	Female	Male	Female
statements describe you?	?	%	%	%	%	%	%	%	%
I accept people who are different from me.	Not at all or rarely	4%	2%	3%	1%	4%	1%	4%	1%
	Somewhat or sometimes	9%	8%	13%	7%	16%	7%	17%	7%
	Very or often	33%	25%	41%	29%	42%	32%	40%	33%
	Extremely or almost always	54%	65%	42%	63%	37%	59%	39%	59%
I am sensitive to the needs and feelings of others.	Not at all or rarely	13%	8%	11%	4%	10%	4%	8%	3%
and roomings or outlors.	Somewhat or sometimes	25%	22%	30%	22%	31%	18%	27%	18%
	Very or often	36%	34%	39%	37%	38%	42%	40%	42%
	Extremely or almost always	26%	37%	21%	37%	22%	36%	25%	37%
I feel valued and appreciated by others.	Not at all or rarely	10%	10%	8%	14%	10%	14%	8%	12%
<b>2,</b> 0	Somewhat or sometimes	23%	26%	27%	32%	29%	33%	28%	32%
	Very or often	41%	34%	41%	34%	44%	33%	44%	40%
	Extremely or almost always	26%	30%	25%	21%	18%	20%	20%	16%
I am included in family tasks and decisions.	Not at all or rarely	6%	6%	5%	7%	6%	9%	6%	7%
<b></b>	Somewhat or sometimes	19%	18%	21%	24%	24%	25%	23%	24%
	Very or often	35%	36%	44%	37%	43%	37%	43%	42%
	Extremely or almost always	39%	40%	30%	32%	27%	28%	28%	26%
I am given useful roles and responsibilities.	Not at all or rarely	8%	5%	5%	6%	6%	7%	4%	5%
	Somewhat or sometimes	21%	19%	21%	22%	23%	24%	22%	21%
	Very or often	38%	37%	47%	39%	46%	40%	47%	44%
	Extremely or almost always	34%	39%	26%	33%	25%	29%	26%	30%

<sup>^</sup> These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

## **TABLE 27A EMOTIONAL WELL-BEING AND DISTRESS\***

				Gr	ade		
		8	th	9	th	1′	1th
Over the last two weeks, ho	ow often have vou been	Male	Female	Male	Female	Male	Female
bothered by?	···· •·····	%	%	%	%	%	%
little interest or pleasure in doing things?	Not at all	57%	52%	57%	46%	56%	40%
	Several days	29%	27%	25%	30%	28%	36%
	More than half the days	8%	11%	10%	14%	9%	12%
	Nearly every day	6%	10%	8%	10%	7%	11%
feeling down, depressed or hopeless?	Not at all	71%	50%	68%	47%	63%	45%
	Several days	18%	25%	18%	25%	23%	29%
	More than half the days	5%	10%	7%	13%	8%	15%
	Nearly every day	5%	15%	7%	14%	6%	11%
feeling nervous, anxious or on edge?^	Not at all	59%	37%	56%	31%	56%	29%
o. o ogo.	Several days	28%	31%	29%	33%	30%	33%
	More than half the days	7%	14%	9%	16%	8%	19%
	Nearly every day	7%	18%	7%	20%	6%	20%
not being able to stop or control worrying?^	Not at all	74%	44%	69%	41%	66%	37%
control worrying?"	Several days	14%	28%	18%	28%	22%	29%
	More than half the days	6%	11%	7%	12%	6%	16%
	Nearly every day	6%	18%	6%	19%	6%	18%

<sup>\* 5</sup>th grade survey did not ask these questions. 
^ New question in 2019.

## **TABLE 27B EMOTIONAL WELL-BEING AND DISTRESS\***

		Gra	ade
		5	th
Thinking back the last 30 days, I	how much do you agree or disagree	Male	Female
with the following statements?		%	%
I worry a lot.	Strongly agree	9%	21%
	Agree	24%	27%
	Neither agree nor disagree	29%	26%
	Disagree	21%	16%
	Strongly disagree	17%	9%
I sometimes feel sad without knowing why.^	Strongly agree	13%	22%
gy.	Agree	22%	31%
	Neither agree nor disagree	21%	13%
	Disagree	16%	16%
	Strongly disagree	28%	17%

<sup>\*</sup> Only the 5th grade survey asked these questions. ^ Change in question wording from 2016

## TABLE 28 SELF-INFLICTED INJURY; SUICIDAL THOUGHTS AND SUICIDAL BEHAVIOR\*

				Gra	ade		
		8	th	9	th	1	1th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 12 months, how many	0 times	87%	74%	87%	73%	89%	81%
times did you do something to	1 or 2 times	8%	10%	5%	12%	5%	9%
purposely hurt or	3 to 5 times	3%	6%	3%	6%	2%	4%
injure yourself without wanting to die, such	6 to 9 times	1%	5%	2%	3%	1%	3%
as cutting, burning, or bruising yourself on	10 to 19 times	1%	2%	1%	3%	0%	2%
purpose?	20 or more times	1%	4%	2%	4%	2%	2%
Have you ever seriously considered	No	87%	70%	84%	69%	81%	67%
attempting suicide? (Mark ALL that apply)	Yes, during the last year	8%	21%	11%	20%	8%	19%
	Yes, more than a year ago	6%	14%	9%	17%	15%	21%
Have you ever actually attempted suicide?	No	96%	88%	93%	84%	92%	85%
(Mark ALL that apply)	Yes, during the last year	2%	8%	4%	8%	3%	5%
	Yes, more than a year ago	2%	5%	4%	11%	6%	11%

<sup>\* 5</sup>th grade survey did not ask these questions.

## TABLE 29 PROBLEMATIC AND ANTISOCIAL BEHAVIOR

					Gra	ade			
		5	th	8	th	9	th	1	1th
During the last 12 m	nonths, how often	Male	Female	Male	Female	Male	Female	Male	Female
have you	,	%	%	%	%	%	%	%	%
run away from home?	Never	94%	92%	94%	91%	95%	93%	95%	94%
	Once or twice	5%	7%	4%	7%	4%	6%	4%	5%
	3 to 5 times	1%	1%	1%	1%	0%	1%	0%	1%
	6 to 9 times	0%	0%	0%	0%	0%	0%	0%	0%
	10 or more times	1%	0%	1%	0%	0%	0%	0%	0%
damaged or destroyed	Never	82%	89%	82%	90%	84%	90%	86%	94%
property?	Once or twice	14%	8%	14%	8%	14%	8%	11%	5%
	3 to 5 times	2%	2%	2%	1%	1%	1%	2%	1%
	6 to 9 times	1%	0%	1%	0%	1%	1%	1%	0%
	10 or more times	1%	1%	1%	0%	1%	0%	1%	0%
hit or beat up another person?	Never	71%	83%	78%	88%	82%	90%	89%	94%
another person:	Once or twice	19%	11%	17%	9%	13%	8%	8%	5%
	3 to 5 times	5%	3%	3%	2%	3%	1%	2%	1%
	6 to 9 times	1%	1%	1%	0%	1%	1%	0%	0%
	10 or more times	3%	2%	1%	0%	1%	1%	0%	0%
taken something from a store	Never	94%	93%	92%	91%	91%	90%	90%	91%
without paying for	Once or twice	4%	5%	6%	7%	6%	8%	7%	6%
it?	3 to 5 times	0%	2%	1%	1%	1%	1%	1%	2%
	6 to 9 times	0%	0%	0%	0%	0%	0%	1%	1%
	10 or more times	1%	1%	1%	1%	1%	1%	2%	1%

## TABLE 30A GAMBLING BEHAVIOR\*

				Gr	ade		
		8	th	9	th	1	lth
	ths, how often have you	Male	Female	Male	Female	Male	Female
	bling/betting activities?	%	%	%	%	%	%
Played cards, bet on sports teams or	Not at all	64%	80%	67%	80%	70%	88%
games of personal skill like video gaming,	Less than once a month	18%	12%	16%	12%	16%	8%
pool, golf or bowling	About once a month	8%	4%	9%	4%	8%	3%
	About once a week	4%	2%	4%	2%	2%	1%
	2 to 6 times a week	1%	2%	2%	0%	2%	0%
	Daily	4%	1%	2%	1%	2%	1%
Bought lottery tickets or scratch offs	Not at all	92%	93%	91%	93%	89%	94%
or condition one	Less than once a month	4%	5%	6%	5%	7%	3%
	About once a month	2%	1%	2%	1%	1%	2%
	About once a week	1%	0%	1%	0%	1%	1%
	2 to 6 times a week	0%	0%	1%	0%	0%	0%
	Daily	1%	0%	1%	0%	0%	0%
Gambled in a casino	Not at all	98%	99%	98%	99%	95%	97%
	Less than once a month	1%	1%	0%	0%	2%	1%
	About once a month	1%	0%	0%	0%	1%	0%
	About once a week	0%	0%	0%	0%	1%	0%
	2 to 6 times a week	0%	0%	0%	0%	0%	0%
	Daily	1%	0%	1%	1%	1%	1%
Gambled for money online	Not at all	97%	99%	97%	99%	97%	99%
	Less than once a month	1%	1%	1%	0%	1%	0%
	About once a month	1%	0%	1%	0%	1%	0%
	About once a week	0%	0%	0%	0%	0%	0%
	2 to 6 times a week	0%	0%	0%	0%	0%	0%
	Daily	1%	0%	0%	0%	0%	0%

<sup>\* 5</sup>th grade survey did not ask these questions.

## TABLE 30B GAMBLING BEHAVIOR\*

				Gr	ade		
INCLUDES ONLY THOS	SE WHO HAVE	8	th	9	th	1	1th
PARTICIPATED IN ANY		Male	Female	Male	Female	Male	Female
ACTIVITIES DURING TH	HE LAST 12 MONTHS	%	%	%	%	%	%
hidden your gambling/betting from	Never	94%	96%	94%	95%	90%	92%
your parents, other family members or	Sometimes	3%	3%	4%	4%	5%	6%
teachers?	Many times	1%	0%	1%	0%	2%	1%
	All of the time	1%	1%	1%	1%	3%	1%
felt that you might have a problem with	Never	95%	97%	96%	98%	93%	90%
gambling/betting?	Sometimes	3%	2%	3%	2%	4%	6%
	Many times	1%	0%	0%	0%	2%	4%
	All of the time	1%	0%	1%	1%	0%	0%
skipped hanging out with friends who do	Never	97%	97%	97%	97%	96%	96%
not gamble/bet to hang out with friends	Sometimes	2%	2%	2%	1%	3%	4%
who do gamble/bet?	Many times	1%	0%	1%	1%	1%	0%
	All of the time	1%	0%	0%	1%	0%	0%

<sup>\* 5</sup>th grade survey did not ask these questions.

## TABLE 31 SUMMARY OF SUBSTANCE USE\*\*

				Gr	ade		
		8	th	9	th	11	lth
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Use of conventional tobacco products (cigarettes, cigars, smokeless tobacco) during the past 30 days	No	95%	95%	91%	91%	85%	90%
	Yes	5%	5%	9%	9%	15%	10%
Use of any tobacco products, including e-	No	88%	83%	77%	77%	70%	68%
cigarettes and hookah, during the past 30 days	Yes	12%	17%	23%	23%	30%	32%
Frequent binge drinking in the past year (typically drank 5 or more drinks at a	No	99%	99%	98%	99%	94%	97%
time and drank on 10 or more occasions during the past year)	Yes	1%	1%	2%	1%	7%	3%
Any alcohol and/or other drug use during the past year (excluding tobacco)	No alcohol or marijuana or other drug use in the past year	74%	73%	70%	64%	56%	54%
	Used only alcohol in the past year	10%	11%	13%	14%	19%	22%
	Used alcohol and marijuana in past year, but not other drugs	2%	2%	3%	4%	10%	10%
	Used marijuana or other drugs but not alcohol in the past year	8%	6%	7%	9%	5%	5%
	Used alcohol and marijuana or other drugs in the past year	6%	7%	7%	10%	10%	9%

 $<sup>^{\</sup>star\star}$  These are all computed variables based on combinations of responses to two or more survey items.

## TABLE 32 SUBSTANCE ABUSE\*

		Gra	ade th
		Male	Female
		%	%
During the last 30 days, have you smoked any cigarettes?	Yes	1%	1%
	No	99%	99%
During the last 12 months, have you had alcoholic beverages to	jes to	6%	4%
drink such as beer, wine, wine coolers, and liquor?	No	94%	96%
During the last 12 months, have you used marijuana (pot, weed) or	Yes	3%	3%
hashish (hash, hash oil)?	No	97%	97%
During the last 12 months, have you sniffed glue or huffed or inhaled the contents of aerosol	Yes	3%	3%
spray cans or other gases to get high?	No	97%	97%
During the last 12 months, have you used prescription drugs without a doctor's prescription or	Yes	3%	3%
differently than how a doctor told you to use it?^	No	97%	97%

<sup>\*</sup> Only the 5th grade survey asked these questions. ^ Change in question wording from 2016.

## TABLE 33 TOBACCO USE\*

							_
During the last 30 days, on how many days did you							Female %
smoke a cigarette?	0 days						92%
	1 to 2 days						4%
	**s, on how many days did you    0 days	1%					
	10 to 19 days						
							1%
							0%
smoke cigars, cigarillos or little cigars?							29
smoke cigals, cigalinos of fittle cigals:		97%	98%	97%	98%	93%	979
		2%	2%	2%	1%	4%	29
		1%	0%	1%	1%	3%	19
		0%	0%	0%	0%	0%	09
	20 to 29 days	0%	0%	0%	0%	0%	09
	All 30 days	0%	0%	0%	0%	1%	09
use chewing tobacco, snuff or dip?	0 days	98%	99%	95%	99%	91%	989
	1 to 2 days	2%	0%	3%	1%	2%         2%           1%         1%           0%         1%           1%         1%           98%         93%           1%         4%           1%         3%           0%         0%           0%         1%           99%         91%           1%         3%           0%         1%           0%         1%           0%         1%           0%         1%           0%         1%           0%         1%           0%         1%           3%         72%           9%         7%           6%         4%           3%         3%           2%         10%           99%         98%	19
	3 to 9 days	0%	0%	1%	0%		0%
	10 to 19 days	0%	0%	1%	0%		
	20 to 29 days						09
	All 30 days						0'
vape or use an e-cigarette like JUUL, suorin, blu, VUSE, or logic?^	0 days						
	1 to 2 days						709
							129
		2%	4%	3%	6%	4%	59
		2%	2%	4%	3%	4%	4
		1%	1%	2%	3%	3%	30
		1%	1%	4%	2%	10%	79
use a hookah or a waterpipe to smoke tobacco?	0 days	98%	99%	99%	99%	98%	989
	1 to 2 days	1%	1%	1%	1%	91%         90%           4%         4%           2%         2%           1%         1%           0%         1%           1%         4%           1%         3%           0%         0%           0%         0%           0%         1%           99%         91%           1%         3%           0%         1%           0%         1%           0%         1%           0%         1%           3%         4%           3%         4%           3%         3%           2%         10%           99%         98%           1%         0%           0%         1%           0%         0%           0%         0%           0%         0%           0%         0%           0%         0%           0%         0%           0%         0%           0%         0%           0%         0%           0%         0%           0%         0%           0%	19
	3 to 9 days	0%	0%	0%	0%		19
	10 to 19 days	0%	0%	0%	0%		0,
	20 to 29 days	0%	0%	0%	0%		09
	All 30 days	0%	0%	0%	0%	0%	09
During the last 30 days, on how many days did you smoke cigarettes or use other tobacco products that were flavored to taste	0 days or no tobacco use	97%	95%	93%	89%	88%	869
ike mint or menthol?	1 to 2 days	1%	3%	3%			69
	3 to 9 days	1%	1%	2%		6 10% 6 98% 6 0% 6 1% 6 0% 6 0% 6 0% 6 4%	39
	10 to 19 days	1%	0%	2%			39
	20 to 29 days						
	All 30 days	0%	0%	0%			19
During the last 30 days, on how many days did you use any tobacco	_	0%	0%	1%			29
During the last 30 days, on how many days did you use any tobacco product that was some other flavor, like candy, fruit, chocolate, clove, spice or alcoholic drinks?	4 to 2 days	96%	92%	92%	88%	85%	849
note, spice of alcoholic utilika:		3%	5%	4%	6%	4%	79
	3 to 9 days	1%	1%	2%	3%	3%	39
	10 to 19 days	1%	1%	2%	2%	2%	39
	20 to 29 days	0%	1%	0%	1%	2%	29
	All 30 days	0%	0%	1%	0%	3%	19

<sup>\* 5</sup>th grade survey did not ask these questions. ^ Change in question wording from 2016.

## **TABLE 33A ACCESS TO E-CIGARETTES\*^**

				Gr	ade		
		8	th	9	th	11	lth
INCLUDES ONLY THOSE V	VHO VAPED OR USED	Male	Female	Male	Female	Male	Female
E-CIGARETTES IN THE LA	ST 30 DAYS	%	%	%	%	%	%
When you vaped or used an e-cigarette during the last 30 days, how did you	I bought it at gas stations or convenience stores	6%	3%	3%	4%	16%	7%
get it? (Mark ALL that apply)	I bought it at grocery, discount or drug stores	5%	2%	1%	2%	4%	1%
	I bought it on the internet	10%	8%	9%	4%	13%	7%
	I bought it at vape shops or other stores that sell only e-cigarettes	9%	4%	6%	4%	13%	5%
	I got it from friends	63%	73%	71%	81%	63%	76%
	I got it from my parents	6%	3%	3%	3%	4%	3%
	I got it from other family members	16%	20%	13%	20%	7%	9%
	I got it from someone I didn't know	4%	7%	7%	9%	7%	3%
	I got it by getting someone else to buy it for me	13%	25%	15%	26%	20%	22%
	I took it from my home	6%	3%	3%	5%	4%	1%
	I took it from a friend's home	4%	4%	3%	2%	2%	3%
	I took it from stores	5%	1%	2%	2%	2%	0%
	I got it some other way	23%	15%	23%	13%	21%	12%

<sup>\* 5</sup>th grade survey did not ask these questions. ^ All questions on this table were new in 2019.

## TABLE 34 EXPOSURE TO SECONDHAND SMOKE\*

		Gra	ade
		5	th
		Male	Female
		%	%
During the last 7 days, on how many days were you in the same	0 days	70%	68%
room as someone who was smoking cigarettes?	1 or 2 days	17%	16%
	3 or 4 days	5%	6%
	5 or 6 days	3%	3%
	All 7 days	6%	7%
During the last 7 days, on how many days did you ride in a car	0 days	74%	72%
with someone who was smoking cigarettes?	1 or 2 days	13%	14%
	3 or 4 days	4%	6%
	5 or 6 days	4%	3%
	All 7 days	5%	5%

<sup>\*</sup> Only the 5th grade survey asked these questions.

## TABLE 35 ALCOHOL USE FREQUENCY AND QUANTITY\*

				Gr	ade		
		8	th	9	th	1	1th
		Male	Female	Male	Female	Male	Female
D 1 11 1 100		%	%	%	%	%	%
During the last 30 days, on how many	0 days	91%	87%	88%	82%	76%	76%
days did you drink one or more drinks of	1 to 2 days	6%	8%	6%	11%	10%	14%
an alcoholic beverage?	3 to 5 days	1%	3%	3%	3%	7%	5%
acrorago:	6 to 9 days	1%	1%	2%	2%	3%	4%
	10 to 19 days	0%	1%	1%	1%	3%	1%
	20 to 29 days	0%	0%	0%	0%	0%	0%
	All 30 days	1%	0%	1%	0%	1%	0%
During the last 12 months, on how	0	84%	80%	79%	73%	62%	59%
many occasions (if any) have you had	1 to 2	10%	12%	10%	13%	11%	17%
alcoholic beverages to drink?	3 to 5	3%	3%	4%	5%	8%	9%
	6 to 9	1%	2%	3%	3%	7%	8%
	10 to 19	1%	2%	2%	3%	5%	4%
	20 to 39	0%	1%	1%	1%	3%	2%
	40 or more	1%	0%	1%	1%	4%	1%
If you drink beer/wine/wine	No alcohol use	86%	82%	80%	76%	64%	60%
coolers/liquor, generally how much	1 glass/can/drink	9%	11%	10%	12%	10%	15%
do you drink at one time?	2 glasses/cans/drinks	2%	2%	3%	5%	5%	8%
	3 glasses/cans/drinks	2%	2%	2%	2%	5%	8%
	4 glasses/cans/drinks	1%	1%	2%	2%	4%	4%
	5 or more glasses/cans/drinks	1%	2%	4%	3%	13%	5%
Binge drinking (4 or more drinks in a row	0 days	97%	96%	94%	92%	85%	88%
(females) or 5 or more drinks in a row	1 day	1%	2%	2%	4%	5%	6%
(males) within a couple of hours)^	2 days	1%	0%	1%	2%	3%	3%
ocupie of flours,	3 to 5 days	0%	1%	1%	1%	3%	2%
	6 to 9 days	0%	0%	1%	0%	2%	2%
	10 to 19 days	0%	0%	0%	0%	1%	0%
	20 or more days	0%	0%	0%	0%	1%	0%

<sup>\* 5</sup>th grade survey did not ask these questions. 
^ Change in question wording from 2016

## TABLE 36 ACCESS TO ALCOHOL\*^

				Gr	ade		
		8	th	9	th	1′	lth
INCLUDES ONLY THOSE W	VHO USED ALCOHOL IN	Male	Female	Male	Female	Male	Female
THE LAST 30 DAYS		%	%	%	%	%	%
When you used alcohol during the last 30 days, how did you get it? (Mark	I bought alcohol at gas stations or convenience stores	5%	1%	1%	2%	4%	1%
ALL that apply)	I bought alcohol at bars or restaurants	3%	1%	1%	0%	5%	1%
	I bought alcohol at stores	5%	1%	3%	2%	3%	2%
	I bought alcohol on the Internet	3%	1%	2%	0%	3%	1%
	I got alcohol from friends	25%	36%	33%	38%	45%	47%
	I got alcohol from my parents	25%	26%	23%	21%	12%	17%
	I got alcohol from other family members	22%	27%	10%	18%	10%	15%
	I got alcohol by getting someone else to buy for me	7%	16%	13%	14%	21%	24%
	I got alcohol at parties	15%	13%	22%	22%	30%	23%
	I took alcohol from my home	41%	36%	31%	30%	19%	14%
	I took alcohol from a friend's home	8%	10%	7%	10%	7%	3%
	I took alcohol from stores	5%	0%	2%	1%	1%	1%
	I got alcohol some other way	19%	21%	28%	20%	30%	14%

<sup>\* 5</sup>th grade survey did not ask these questions. ^ All questions on this table were new in 2019.

## **TABLE 37 USE OF MARIJUANA AND PRESCRIPTION DRUGS\***

				Gra	ade		
		8	th	9	th	1′	1th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 30 days, on how many days did you	0 days	94%	94%	91%	90%	83%	87%
use marijuana or hashish? (Do NOT count medical	1 to 2 days	2%	2%	3%	4%	4%	5%
marijuana prescribed for you by a doctor)	3 to 5 days	1%	1%	2%	1%	3%	2%
you by a accion,	6 to 9 days	1%	1%	1%	1%	2%	2%
	10 to 19 days	2%	1%	1%	1%	2%	1%
	20 to 29 days	1%	0%	0%	0%	3%	1%
	All 30 days	0%	1%	1%	1%	3%	2%
During the last 12 months, on how many occasions (if	0	92%	92%	89%	88%	79%	81%
any) have you used marijuana or hashish? (Do	1 to 2	2%	1%	3%	3%	4%	5%
marijuana or hashish? (Do NOT count medical marijuana prescribed for	3 to 5	1%	1%	2%	2%	4%	5%
you by a doctor)	6 to 9	1%	2%	1%	2%	1%	2%
	10 to 19	2%	1%	1%	1%	3%	2%
	20 to 39	1%	1%	1%	1%	2%	1%
	40 or more	1%	2%	3%	3%	7%	4%
During the last 30 days, on how many days did you	0 days	96%	95%	96%	95%	96%	96%
use prescription drugs without a doctor's	1 to 2 days	2%	3%	2%	3%	2%	3%
prescription or differently than how a doctor told you	3 to 5 days	1%	1%	1%	1%	2%	1%
to use it?^	6 to 9 days	0%	0%	0%	1%	0%	0%
	10 to 19 days	0%	0%	1%	0%	0%	0%
	20 to 29 days	0%	0%	0%	0%	0%	0%
	All 30 days	0%	0%	1%	0%	0%	0%

<sup>\* 5</sup>th grade survey did not ask these questions. ^ Change in question wording from 2016.

## TABLE 38 PRESCRIPTION DRUG USE\*

During the last 12 mont				Gr	ade		
occasions (if any) have	you used any of the drugs without a doctor's	8	th	9	th	1	lth
prescription or differen		Male	Female	Male	Female	Male	Female
told you to use it?	•	%	%	%	%	+	%
Stimulants such as Amphetamines	0	99%	99%	99%	98%	98%	99%
(bennies, speed, uppers) or diet pills	1 to 2	0%	1%	0%	1%	0%	1%
uppers) or diet pills	3 to 5	0%	0%	1%	0%	1%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	0%	0%
ADHD or ADD drugs (Ritalin, Adderall,	0	98%	98%	97%	97%	96%	97%
hyper pills)	1 to 2	1%	1%	1%	1%	2%	1%
	3 to 5	0%	0%	1%	0%	1%	1%
	6 to 9	0%	0%	0%	0%	1%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	1%	0%
Pain relievers such as OxyContin, Percocet,	0	96%	95%	97%	95%	96%	97%
Vicodin or others	1 to 2	2%	3%	1%	4%	2%	1%
	3 to 5	1%	1%	1%	1%	1%	1%
	6 to 9	0%	1%	0%	0%	1%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	1%	0%	0%	0%	0%
Tranquilizers such as Valium, Xanax,	0	99%	97%	97%	97%	98%	97%
Klonopin, Ativan,	1 to 2	1%	1%	1%	1%	1%	1%
anxiety pills, sedatives or benzos (downers)	3 to 5	0%	1%	1%	0%	1%	1%
	6 to 9	0%	0%	1%	1%	0%	0%
	10 to 19	0%	0%	1%	0%	0%	0%
	20 or more	0%	0%	0%	0%	0%	0%

<sup>\* 5</sup>th grade survey did not ask these questions.

## TABLE 39 HALLUCINOGEN, ECSTASY, COCAINE AND HEROIN USE\*

				Gr	ade		
		8	th	9	th	1	1th
During the last 12 mont	hs, on how many	Male	Female	Male	Female	Male	Female
occasions (if any) have	you used	%	%	%	%	%	%
used LSD (acid), PCP (wet sticks or	0	99%	98%	98%	98%	96%	97%
dipped joints), or other psychedelics	1 to 2	0%	1%	2%	1%	3%	2%
(mushrooms, angel	3 to 5	1%	0%	0%	0%	1%	0%
dust)?	6 to 9	0%	0%	0%	0%	1%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	0%	0%
used MDMA (E, X, ecstasy, Molly), GHB	0	99%	100%	98%	99%	98%	99%
(G, Liquid E, Liquid X, roofies) or Ketamine (Special K)?	1 to 2	1%	0%	1%	1%	1%	0%
	3 to 5	0%	0%	0%	0%	1%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	0%	0%
used crack, coke or cocaine in any form?	0	99%	100%	98%	99%	98%	99%
cocame in any form.	1 to 2	1%	0%	1%	0%	2%	1%
	3 to 5	0%	0%	0%	0%	1%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	0%	0%
used heroin (smack, junk, China White)?	0	99%	100%	99%	100%	100%	100%
jank, omna winte;	1 to 2	0%	0%	1%	0%	0%	0%
	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	0%	0%

<sup>\* 5</sup>th grade survey did not ask these questions.

## **TABLE 40** METHAMPHETAMINE, OVER-THE-COUNTER DRUG, SYNTHETIC DRUG AND INHALANT USE\*

				Gr	ade		
		8	th	9	th	1′	lth
During the last 12 months occasions (if any) have ye		Male %	Female %	Male %	Female %	Male %	Female %
used	0	99%	100%	99%	100%	99%	100%
methamphetamine (meth, glass, crank,	1 to 2	0%	0%	1%	0%	0%	0%
crystal meth, ice)?	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	0%	0%
used over-the-counter	0	97%	97%	95%	96%	97%	96%
drugs such as cough syrup, cold medicine or	1 to 2	2%	2%	3%	2%	1%	2%
diet pills that you took only to get high?	3 to 5	1%	1%	1%	0%	1%	1%
	6 to 9	0%	0%	1%	1%	1%	1%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	0%	0%
used synthetic	0	98%	98%	97%	95%	97%	96%
marijuana (K2, Gold) that you took only to get	1 to 2	1%	1%	1%	3%	1%	2%
high?^	3 to 5	0%	1%	0%	1%	0%	1%
	6 to 9	1%	0%	1%	0%	1%	0%
	10 to 19	1%	0%	0%	0%	1%	0%
	20 or more	0%	0%	1%	1%	0%	0%
used any other synthetic drugs such as	0	99%	99%	99%	100%	99%	100%
bath salts (Ivory Wave,	1 to 2	0%	1%	0%	0%	0%	0%
White Lightning) that you took only to get	3 to 5	0%	0%	0%	0%	0%	0%
high?^	6 to 9	0%	0%	1%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	0%	0%
sniffed glue or huffed or inhaled the contents	0	98%	98%	98%	96%	99%	98%
of aerosol spray cans or other gases to get high?	1 to 2	1%	1%	1%	3%	1%	1%
other gases to get mgn?	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	0%	0%

<sup>\* 5</sup>th grade survey did not ask these questions. ^ Change from 2016 from one question to two.

## TABLE 41 PERCEIVED RISK OF HARM FROM SUBSTANCE USE\*

				Gr	ade		
		8	Bth	9	th	1	1th
How much do you think p	eople risk harming	Male	Female	Male	Female	Male	Female
themselves physically or		%	%	%	%	%	%
smoke one or more packs of cigarettes per day?	No risk	17%	10%	15%	12%	16%	9%
uay:	Slight risk	8%	10%	10%	10%	7%	9%
	Moderate risk	20%	20%	23%	22%	21%	16%
	Great risk	55%	59%	52%	56%	55%	65%
have five or more drinks of an alcoholic	No risk	19%	11%	17%	11%	18%	9%
beverage once or twice per week?	Slight risk	22%	17%	19%	18%	24%	16%
	Moderate risk	27%	35%	33%	35%	31%	36%
	Great risk	32%	38%	31%	36%	28%	39%
use marijuana once or twice per week?	No risk	27%	18%	29%	24%	36%	26%
	Slight risk	20%	17%	24%	21%	29%	29%
	Moderate risk	22%	28%	22%	22%	15%	22%
	Great risk	31%	37%	24%	33%	20%	23%
use prescription drugs not prescribed for them?	No risk	17%	11%	15%	10%	13%	8%
	Slight risk	10%	7%	9%	9%	9%	8%
	Moderate risk	22%	27%	28%	26%	29%	24%
	Great risk	51%	55%	47%	55%	49%	60%
vape or use e- cigarettes?^	No risk	24%	13%	22%	16%	23%	14%
	Slight risk	23%	22%	30%	27%	35%	31%
	Moderate risk	23%	31%	24%	25%	22%	28%
	Great risk	30%	34%	24%	32%	20%	27%

<sup>\* 5</sup>th grade survey did not ask these questions. 
^ New question in 2019.

### **TABLE 42A** PERCEPTIONS OF PARENTS' DISAPPROVAL OF SUBSTANCE USE\*

				Gr	ade		
		8	th	9	th	11	lth
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
How wrong do your parents feel it would be for you to smoke	Not at all wrong	8%	4%	8%	3%	8%	3%
cigarettes?	A little bit wrong	2%	2%	3%	4%	5%	5%
	Wrong	10%	12%	14%	11%	18%	14%
	Very wrong	80%	82%	75%	81%	70%	79%
How wrong do your parents feel it would be for you to have one	Not at all wrong	8%	4%	8%	4%	9%	3%
or more drinks of alcoholic beverage nearly every day?	A little bit wrong	5%	4%	6%	4%	11%	8%
	Wrong	11%	12%	15%	13%	20%	14%
	Very wrong	75%	80%	71%	79%	60%	76%
How wrong do your parents feel it would be for you to use	Not at all wrong	10%	6%	11%	7%	11%	6%
marijuana?	A little bit wrong	4%	6%	6%	5%	11%	10%
	Wrong	8%	9%	14%	10%	14%	12%
	Very wrong	78%	80%	69%	79%	64%	72%
How wrong do your parents feel it would be for you to use	Not at all wrong	8%	3%	7%	3%	7%	2%
prescription drugs not prescribed for you?	A little bit wrong	2%	2%	1%	2%	3%	2%
	Wrong	8%	9%	13%	9%	11%	10%
	Very wrong	83%	86%	79%	86%	79%	86%
How wrong do your parents feel it would be for you to vape or	Not at all wrong	9%	4%	9%	5%	11%	5%
use e-cigarettes?^	A little bit wrong	5%	6%	8%	6%	10%	10%
	Wrong	13%	14%	16%	14%	22%	17%
	Very wrong	74%	76%	66%	74%	57%	68%

<sup>\* 5</sup>th grade survey did not ask these questions. 
^ New question in 2019.

### **TABLE 42B** PERCEPTIONS OF FRIENDS' DISAPPROVAL OF SUBSTANCE USE\*

					ade			
		8	th	9th		11	1th	
		Male	Female	Male	Female	Male	Female	
		%	%	%	%	%	%	
How wrong do your friends feel it would be for you to smoke	Not at all wrong	11%	8%	14%	10%	19%	11%	
cigarettes?	A little bit wrong	9%	8%	13%	12%	18%	16%	
	Wrong	27%	20%	27%	21%	27%	27%	
	Very wrong	53%	63%	45%	57%	36%	47%	
How wrong do your friends feel it would be for you to have one or more drinks of alcoholic beverage nearly every day?	Not at all wrong	13%	9%	16%	11%	23%	14%	
	A little bit wrong	11%	10%	19%	15%	25%	21%	
	Wrong	25%	21%	26%	24%	25%	26%	
	Very wrong	51%	60%	39%	51%	27%	39%	
How wrong do your friends feel it would be for you to use	Not at all wrong	17%	13%	22%	17%	31%	25%	
marijuana?	A little bit wrong	10%	7%	17%	12%	22%	20%	
	Wrong	22%	16%	22%	18%	21%	21%	
	Very wrong	51%	64%	40%	53%	27%	34%	
How wrong do your friends feel it would be for you to use		12%	7%	11%	7%	14%	6%	
prescription drugs not prescribed for you?	A little bit wrong	7%	6%	11%	8%	15%	10%	
	Wrong	24%	18%	26%	20%	25%	25%	
	Very wrong	57%	69%	52%	64%	47%	59%	
How wrong do your friends feel it would be for you to vape or use	Not at all wrong	21%	16%	27%	21%	42%	31%	
e-cigarettes? <sup>^</sup>	A little bit wrong	14%	15%	18%	18%	22%	22%	
	Wrong	22%	19%	22%	19%	16%	19%	
	Very wrong	44%	51%	32%	42%	21%	27%	

<sup>\* 5</sup>th grade survey did not ask these questions. 
^ New question in 2019.

## TABLE 43 PERCEPTIONS ABOUT ALCOHOL USE\*

				Gr	ade		
		8	th	9th		11	lth
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
How do you feel about the following statement?	Strongly agree	60%	64%	54%	57%	50%	51%
Parents and other adults should clearly	Agree	24%	24%	30%	28%	31%	34%
communicate with their children about the importance of not using alcohol.	Neither agree nor disagree	10%	8%	11%	11%	16%	11%
	Disagree	1%	1%	2%	1%	2%	1%
	Strongly disagree	5%	2%	3%	3%	2%	3%
How do you feel about the following statement?	Strongly agree	62%	66%	54%	54%	43%	41%
Drinking alcohol is never a good thing for anyone my	Agree	20%	19%	24%	25%	24%	26%
age to do.	Neither agree nor disagree	11%	10%	14%	14%	21%	25%
	Disagree	2%	2%	3%	4%	6%	4%
	Strongly disagree	5%	3%	4%	4%	4%	4%
In your opinion, how do you think MOST	Strongly agree	33%	25%	30%	20%	27%	16%
STUDENTS in your school feel about the following statement? Parents and	Agree	38%	43%	36%	36%	36%	38%
other adults should clearly communicate with their	Neither agree nor disagree	23%	24%	22%	32%	27%	34%
children about the importance of not using	Disagree	3%	6%	8%	8%	8%	9%
alcohol.	Strongly disagree	4%	2%	4%	4%	2%	4%
In your opinion, how do you think MOST	Strongly agree	34%	26%	29%	18%	24%	13%
STUDENTS in your school feel about the following	Agree	34%	35%	30%	27%	26%	22%
statement? Drinking alcohol is never a good	Neither agree nor disagree	23%	27%	27%	35%	32%	33%
thing for anyone my age to do.	Disagree	4%	10%	10%	14%	12%	21%
	Strongly disagree	5%	3%	5%	6%	6%	11%

<sup>\* 5</sup>th grade survey did not ask these questions.

## TABLE 44 USE OF TOBACCO, ALCOHOL, MARIJUANA AND E-CIGARETTES\*

			-		ade		
			th		th		1th
Harris Maria da como como a carlo	af the fallencies of	Male	Female	Male	Female	Male	Female
How often do you use each Tobacco (cigarettes, chew)		%	%	%	%	%	%
Tobacco (cigarettes, circw)		93%	94%	87%	90%	80%	87%
	Tried once or twice	4%	4%	6%	5%	8%	6%
	Once or twice a year	1%	1%	1%	1%	3%	1%
	Once a month	0%	0%	1%	1%	2%	2%
	Twice a month	0%	0%	1%	1%	1%	1%
	Once a week	1%	1%	2%	1%	3%	1%
	Daily	0%	1%	2%	2%	4%	2%
Alcohol (beer, wine, liquor)	Never	81%	79%	74%	72%	62%	56%
	Tried once or twice	11%	11%	12%	15%	11%	15%
	Once or twice a year	4%	4%	5%	5%	8%	14%
	Once a month	2%	2%	4%	4%	7%	8%
	Twice a month	1%	2%	2%	3%	6%	4%
	Once a week	1%	1%	2%	2%	4%	2%
	Daily	0%	0%	1%	0%	1%	0%
Marijuana (pot, hash, hash oil)	Never	91%	91%	87%	85%	74%	75%
,	Tried once or twice	3%	2%	5%	4%	7%	9%
	Once or twice a year	1%	2%	2%	2%	4%	4%
	Once a month	1%	1%	1%	2%	2%	3%
	Twice a month	1%	2%	1%	2%	3%	3%
	Once a week	2%	1%	2%	2%	3%	2%
	Daily	1%	1%	2%	3%	6%	4%
Vaping device or e- cigarette^	Never	81%	78%	75%	73%	62%	61%
	Tried once or twice	11%	12%	10%	11%	10%	15%
	Once or twice a year	2%	2%	2%	2%	4%	4%
	Once a month	2%	2%	2%	2%	4%	3%
	Twice a month	1%	2%	2%	3%	2%	3%
	Once a week	1%	3%	4%	5%	7%	5%
	Daily	1%	2%	5%	4%	12%	9%

<sup>\* 5</sup>th grade survey did not ask these questions. ^ New question in 2019.

# TABLE 45 PERCEPTIONS OF OTHERS' USE OF TOBACCO, ALCOHOL, MARIJUANA AND E-CIGARETTES\*

				Gr	ade		
		8	th	9	th	1	1th
In your opinion, how often		Male	Female	Male	Female	Male	Female
STUDENTS in your school		%	%	%	%	%	%
Tobacco (cigarettes, chew)	Never	50%	33%	33%	17%	27%	15%
	Tried once or twice	22%	28%	20%	25%	17%	16%
	Once or twice a year	7%	9%	6%	8%	6%	8%
	Once a month	7%	9%	8%	11%	7%	11%
	Twice a month	3%	6%	6%	6%	8%	5%
	Once a week	6%	8%	11%	14%	14%	18%
	Daily	5%	8%	16%	19%	20%	27%
Alcohol (beer, wine, liquor)	Never	38%	21%	26%	9%	20%	8%
	Tried once or twice	25%	25%	16%	14%	11%	8%
	Once or twice a year	8%	10%	6%	8%	7%	6%
	Once a month	11%	12%	9%	12%	10%	9%
	Twice a month	5%	10%	12%	15%	14%	15%
	Once a week	8%	16%	18%	26%	26%	35%
	Daily	5%	7%	13%	16%	12%	19%
Marijuana (pot, hash, hash oil)	Never	49%	33%	31%	16%	24%	12%
,	Tried once or twice	20%	21%	15%	15%	14%	10%
	Once or twice a year	6%	8%	6%	7%	6%	7%
	Once a month	6%	9%	9%	12%	8%	9%
	Twice a month	4%	8%	9%	10%	9%	10%
	Once a week	8%	11%	15%	18%	17%	22%
	Daily	7%	9%	16%	22%	21%	31%
Vaping device or e- cigarette^	Never	30%	15%	19%	7%	18%	8%
•	Tried once or twice	19%	20%	13%	11%	11%	7%
	Once or twice a year	5%	4%	3%	4%	3%	3%
	Once a month	7%	6%	5%	6%	4%	6%
	Twice a month	5%	5%	5%	4%	4%	2%
	Once a week	13%	13%	13%	17%	14%	12%
	Daily	21%	37%	42%	52%	46%	62%

<sup>\* 5</sup>th grade survey did not ask these questions. ^ New question in 2019.

## TABLE 46A CONSEQUENCES OF SUBSTANCE USE\*

					ade		
		8	th	9	th	11	1th
		Male	Female	Male	Female	Male	Female
During the last 12 months .		%	%	%	%	%	%
have you found that you had to use a lot more alcohol or drugs than	Did not use past 12 months	76%	74%	72%	65%	58%	55%
before to get the same effect?	Yes	3%	4%	4%	6%	8%	6%
	No	21%	22%	24%	29%	34%	39%
have you tried to cut down on your use of alcohol or drugs but	Did not use past 12 months	76%	74%	72%	65%	58%	55%
couldn't?	Yes	3%	3%	3%	4%	4%	3%
	No	21%	23%	25%	30%	38%	42%
have you continued to use alcohol or drugs even though you knew it was hurting your relationships with friends or family?	Did not use past 12 months	76%	74%	72%	65%	58%	55%
	Yes	2%	4%	4%	6%	6%	5%
	No	21%	22%	24%	28%	36%	40%
were there any times when you felt such a strong desire or urge to drink alcohol or to use a drug that you couldn't	Did not use past 12 months	76%	74%	72%	66%	58%	55%
	Yes	3%	5%	4%	6%	7%	7%
resist or could not think of anything else?	No	21%	21%	23%	28%	35%	38%
how many times have you spent all or most of	Did not use past 12 months	76%	74%	72%	65%	58%	55%
the day using alcohol or drugs, or getting over their effects?	0 times	22%	21%	23%	28%	34%	38%
	1 time	1%	2%	2%	3%	4%	3%
	2 times	1%	1%	1%	1%	2%	1%
	3 or more times	1%	1%	2%	3%	3%	3%
how many times have you given up important	Did not use past 12 months	76%	74%	72%	65%	58%	55%
social or recreational activities like sports or being with friends or	0 times	22%	24%	25%	32%	39%	41%
relatives to use alcohol or drugs or to get over their	1 time	1%	1%	1%	2%	1%	2%
effects?	2 times	0%	0%	1%	1%	1%	1%
	3 or more times	0%	1%	1%	1%	2%	1%
how many times have you missed work or	Did not use past 12 months	76%	74%	72%	66%	58%	55%
school, or neglected other major responsibilities because of alcohol or drug	0 times	22%	24%	25%	32%	39%	42%
use?	1 time	1%	1%	1%	1%	2%	2%
	2 times	1%	0%	1%	0%	0%	0%
	3 or more times	0%	1%	1%	1%	1%	1%

<sup>\* 5</sup>th grade survey did not ask these questions.

## **TABLE 46B CONSEQUENCES OF SUBSTANCE USE\***

During the last 12 months, how many times					Gr	ade		
During the last 12 months, how many times			8	Bth	9	th	1	lth
Did not use past 12   Town many times have you driven a motor vehicle after using alcohol or drugs?**   Did not use past 12   Town many times have you had said or done?   Did not use past 12   Town many times have you used more alcohol or drugs than you intended to?   Did not use past 12   Town many times have you used more alcohol or drugs than you intended to?   Did not use past 12   Town many times have you used more alcohol or drugs than you intended to?   Did not use past 12   Town many times have you used more alcohol or drugs than you intended to?   Did not use past 12   Town many times have you used more alcohol or drugs than you intended to?   Did not use past 12   Town many times have you used more alcohol or drugs than you intended to?   Did not use past 12   Town many times have you used more alcohol or drugs than you intended to?   Did not use past 12   Town many times have you used more alcohol or drugs than you intended to?   Did not use past 12   Town many times have you used more alcohol or drugs than you intended to?   Did not use past 12   Town many times have you used more alcohol or drugs than you intended to?   Did not use past 12   Town many times have you used more alcohol or drugs than you intended to?   Did not use past 12   Town many times has alcohol or drug use left you feeling depressed, agitated, paranoid, or unable to concentrate?   Did not use past 12   Town many times has alcohol or drug use left you feeling depressed, agitated, paranoid, or unable to concentrate?   Did not use past 12   Town many times has alcohol or drug use left you feeling depressed, agitated, paranoid, or unable to concentrate?   Did not use past 12   Town many times has alcohol or drug use left you feeling depressed, agitated, paranoid, or unable to concentrate?   Did not use past 12   Town many times has alcohol or drug use left you feeling depressed, agitated, paranoid, or unable to concentrate?   Did not use past 12   Town many times has alcohol or drug use left you feeling depressed, agitated, paran			Male	Female	Male	Female		Female
months   m			%	%	%	%	%	%
Time   1   1   1   1   1   1   2   3   38   38   38   38   38   38	you driven a motor vehicle				73%	65%	58%	55%
2 times   1%   1%   1%   2%   29   29   29   29   29   29   2		0 times			25%	33%	34%	38%
3 or more times   1%   1%   2%   24   28   33   39   39   39   39   39   39   3		1 time			1%	1%	2%	3%
Did not use past 12   months   most some pa		2 times			1%	1%	2%	2%
you hit someone or become violent while using alcohol or drugs?    1 time		3 or more times			1%	0%	3%	3%
1 time   23%   25%   26%   33%   40%   449     1 time   0%   1%   0%   0%   0%   2%   19     2 times   1%   0%   0%   1%   0%   0%   0%   09     3 or more times   0%   0%   1%   0%   0%   0%   09     3 or more times   0%   0%   1%   0%   0%   09     3 or more times   0%   0%   1%   0%   0%   09     3 or more times   0%   0%   1%   0%   0%   09     5 or more times   0%   0%   1%   0%   0%   09     5 or more times   0%   0%   1%   0%   0%   09     6 or more times   0%   0%   1%   0%   0%   09     7 or more times   21%   21%   24%   28%   33%   36%     1 time   1%   2%   1%   2%   2%   29     3 or more times   1%   1%   1%   2%   3%   29     3 or more times   1%   1%   1%   2%   3%   29     1 time   1%   3%   29   33%   38%     1 time   1%   3%   29   33%   38%     1 time   1%   3%   29   33%   38%     2 times   1%   1%   1%   1%   3%   19     3 or more times   1%   1%   1%   1%   3%   19     5 or more times   21%   21%   24%   26%   34%   36%     3 or more times   21%   21%   24%   26%   34%   36%     3 or more times   21%   21%   24%   26%   34%   36%     3 or more times   21%   21%   24%   26%   34%   36%     4 or more times   21%   21%   24%   26%   34%   36%     5 or more times   21%   21%   24%   26%   34%   36%     5 or more times   21%   21%   24%   26%   34%   36%     5 or more times   21%   21%   24%   26%   34%   36%     5 or more times   21%   21%   24%   26%   34%   36%     5 or more times   21%   21%   24%   26%   34%   36%     6 or more times   21%   21%   24%   26%   34%   36%     6 or more times   21%   21%   24%   26%   34%   36%     6 or more times   21%   21%   24%   26%   34%   36%     7 or more times   21%   21%   24%   26%   34%   36%     7 or more times   21%   21%   24%   26%   34%   36%     7 or more times   21%   21%   24%   26%   34%   36%     7 or more times   21%   21%   24%   26%   34%   36%     8 or more times   21%   21%   24%   26%   34%   36%     9 or more times   21%   21%   24%   26%   34%   36%     1 time   1%   2%   2%   2%   2%   2%   2%     1 time   2%   2%   2%   2%   2%	you hit someone or		76%	74%	72%	65%	58%	55%
2 times		0 times	23%	25%	26%	33%	40%	44%
3 or more times		1 time	0%	1%	0%	0%	2%	1%
Sumbow many times have you used so much alcohol or drugs that the next day you could not remember what you had said or done?   Did not use past 12 months   1%   2%   1%   24%   28%   33%   36%   2%   2 times   1%   2%   1%   2%   2%   2%   2%   2%		2 times	1%	0%	1%	0%	0%	0%
you used so much alcohol or drugs that the next day you could not remember what you had said or done?    1 time		3 or more times	0%	0%	1%	0%	0%	0%
you could not remember what you had said or done?  1 time 1 1 1 1 2 1 1 2 1 1 2 2 1 2 2 2 2 2 2 2	you used so much alcohol	Did not use past 12 months	76%	74%	72%	66%	58%	55%
Time   1%   2%   1%   3%   4%   59   59	you could not remember	0 times	21%	21%	24%	28%	33%	36%
3 or more times 1% 1% 1% 1% 2% 3% 29 3% 29 33% 389 389 389 389 39 39 39 39 39 39 39 39 39 39 39 39 39		1 time	1%	2%	1%	3%	4%	5%
how many times have you used more alcohol or drugs than you intended to?  Did not use past 12 months  1 time  1 months  76% 74% 72% 65% 58% 55%  1 time  1 months  2 times  1 months  76% 74% 72% 65% 58% 55%  1 time  1 months  2 times  1 months  2 times  1 months  2 times  1 months  1 months  2 times  1 months  1 months  2 months  3 months  2 months  2 months  2 months  3 months  2 months  3 months  3 months  2 months  3 months  4 months  3 months  4 months  3 months  4 months  3 months  4		2 times	1%	2%	1%	2%	2%	2%
you used more alcohol or drugs than you intended to?         months         76%         74%         72%         65%         58%         55%           1 time         21%         21%         23%         29%         33%         38%           2 times         1%         1%         1%         2%         3%         2%           3 or more times         1%         1%         1%         1%         3%         2%          how many times has alcohol or drug use left you feeling depressed, agitated, paranoid, or unable to concentrate?         Did not use past 12 months         76%         74%         72%         65%         58%         55%           1 time         21%         21%         24%         26%         34%         36%           2 times         1%         2%         1%         4%         3%         6%		3 or more times	1%	1%	1%	2%	3%	2%
to?  1 time 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	you used more alcohol or		76%	74%	72%	65%	58%	55%
2 times		0 times	21%	21%	23%	29%	33%	38%
3 or more times 1% 1% 1% 1% 3% 19 how many times has alcohol or drug use left you feeling depressed, agitated, paranoid, or unable to concentrate?  Did not use past 12 months 76% 74% 72% 65% 58% 55% 55% 10 times 21% 21% 24% 26% 34% 36% 11 time 1% 2% 1% 4% 3% 6% 2 times 1% 2% 0% 2% 2% 19		1 time	1%	3%	2%	3%	3%	3%
how many times has alcohol or drug use left you feeling depressed, agitated, paranoid, or unable to concentrate?  Did not use past 12 months  76%  74%  72%  65%  58%  55%  50 times  1 time  1%  21%  24%  26%  34%  36%  1 time  1%  2%  0%  2%  2%  1%		2 times	1%	1%	1%	2%	3%	2%
months   76%   74%   72%   65%   55%   55%   55%   you feeling depressed, agitated, paranoid, or unable to concentrate?   1 time   1%   2%   1%   24%   26%   34%   36%   36%   2 times   1%   2%   0%   2%   2%   1%   1%   2%   2		3 or more times	1%	1%	1%	1%	3%	1%
agitated, paranoid, or unable to concentrate?  1 time  1 time  1 time  21%  21%  24%  26%  34%  369  369  2 times  1 time  2 times  1 2 0 0 2 2 2 2 19	alcohol or drug use left		76%	74%	72%	65%	58%	55%
2 times 1% 2% 1% 4% 3% 69 2% 1% 1% 2% 1% 2% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1%	agitated, paranoid, or	0 times	21%	21%	24%	26%	34%	36%
2 2/0 2/0 2/0 2/0 1/0	unable to concentrate?	1 time	1%	2%	1%	4%	3%	6%
3 or more times 1% 2% 2% 3% 3% 3%		2 times	1%	2%	0%	2%	2%	1%
		3 or more times	1%	2%	2%	3%	3%	3%

<sup>\* 5</sup>th grade survey did not ask these questions.
\*\* 8th grade survey did not ask this question.

## **TABLE 47A SEXUAL BEHAVIOR\***

			Gra	ade	
		9	th	11	lth
		Male	Female	Male	Female
		%	%	%	%
Have you ever had sexual intercourse ('had sex')?	Yes	18%	13%	43%	42%
· ,	No	82%	87%	57%	58%
During the last 12 months, with how many different	None	85%	87%	61%	60%
people have you had sexual intercourse?^	1 person	10%	8%	23%	26%
	2 persons	2%	3%	7%	6%
	3 persons	1%	1%	4%	3%
	4 persons	0%	0%	2%	2%
	5 persons	0%	0%	1%	1%
	6 or more persons	1%	1%	3%	2%

<sup>\* 5</sup>th and 8th grade surveys did not ask these questions. ^ New question in 2019.

## **TABLE 47B SEXUAL BEHAVIOR\***

			Gra	ide	
		9	th	11	lth
INCLUDES ONLY THOSE W	HO HAVE EVER HAD	Male	Female	Male	Female
SEXUAL INTERCOURSE		%	%	%	%
Have you talked with your partner(s) about protecting	Never	39%	28%	31%	20%
yourselves from getting sexually transmitted infections/HIV/AIDS?	Not with every partner	11%	13%	10%	13%
inections/niv/AiD3 :	At least once with every partner	49%	60%	58%	68%
Have you talked with your partner(s) about	Never	37%	24%	26%	15%
preventing pregnancy?	Not with every partner	10%	10%	10%	11%
	At least once with every partner	53%	66%	64%	75%
The LAST time you had sexual intercourse, what	No method was used to prevent pregnancy	6%	12%	5%	7%
method or methods did you or your partner use to	Birth control pills	32%	23%	46%	40%
prevent pregnancy? (Mark ALL that apply)^	Condoms	67%	52%	66%	55%
	Depo-Provera shot (or any birth control shot), Nuva Ring (or any birth control ring), Implanon (or any implant) or any IUD	2%	15%	7%	19%
	Withdrawal (pull-out)	32%	37%	41%	42%
	Some other method	3%	5%	4%	4%
	Not sure	14%	6%	6%	2%
The LAST time you had sexual intercourse, did	Yes	67%	48%	66%	53%
you or your partner use a condom?	No	33%	52%	34%	47%
Did you drink alcohol or use drugs before you had	Yes	13%	19%	13%	13%
sexual intercourse the LAST time?	No	87%	81%	87%	87%

<sup>\* 5</sup>th and 8th grade surveys did not ask these questions.
^ Change in question from 2016 from "Mark only one" to "Mark ALL that apply".