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## 2019 Minnesota Student Survey Statewide Race/Ethnicity Tables

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Minnesota Student Survey Interagency Team: Minnesota Department of Education Minnesota Department of Health Minnesota Department of Human Services Minnesota Department of Public Safety

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## **In Appreciation**

The Minnesota Student Survey (MSS) Interagency Team is indebted to the students, parents, teachers, district assessment coordinators, school and district administrators, principals, and superintendents across the state that agreed to participate in and supported the MSS when it was administered in the first half of 2019. These data are made available as a result of their interest and time, and we are grateful for their efforts.

The planning and implementation of the 2019 Minnesota Student Survey administration resulted from an important collaborative effort among members of the MSS Interagency team, Minnesota Youth Council members, local educators and health professionals, researchers, and community members throughout the state of Minnesota – all of whom encouraged and supported school participation in the MSS.

Members of the MSS Interagency Team include: Lisa Burton, Megan Harms, and Maira Rosas-Lee at the Department of Education; Sharrilyn Helgertz and Ann Kinney at the Department of Health; Phyllis Bengtson, Emma Boley, and Eunkyung Park at the Department of Human Services; and Valerie Clark and Kristine Coulter at the Department of Public Safety.

## **Survey Participation**

The 2019 Minnesota Student Survey (MSS) was administered in the first half of 2019 to students in grades 5, 8, 9, and 11 statewide. The survey was voluntary at all levels; districts, schools, parents, and students could all choose to opt out. Most public school districts (81%) chose to participate. Across the state, approximately 66% of fifth graders, 68% of eighth graders, 66% of ninth graders, and 54% of eleventh graders participated in the 2019 Minnesota Student Survey. Overall participation across the four grades was approximately 64% of total enrollment.

Results from regular public school, charter schools, and online schools are included in these tables. Results from nonpublic schools, alternative learning centers, and juvenile correctional facilities are released separately.

All schools and districts that participated in the survey followed federal laws regarding parental notification as required by the Protection of Pupil Rights Amendment (PPRA). PPRA requires that schools that participate in the survey notify parents of the survey administration, provide parents the opportunity to review the survey instrument, and allow parents to opt their child out of participating (Juvenile Correctional Facilities are exempt from this requirement).

## **Mode of Administration**

In 2019, all levels of the MSS were administered online. Only Juvenile Correctional Facilities could choose to administer the MSS on paper.

## **Items on the Tables**

The tables in this report include the responses for all survey items. Items are ordered within the tables by an overarching subject area; the order that items appear on the tables is not necessarily in the order that they appeared on the survey.

The table of contents is provided on pages v-vi. The grade 5 survey version was shorter than the grade 8 survey version, which in turn was shorter than the grade 9 and 11 version. The grade 5 and grade 8 versions did not include items appropriate only for older students. Items found on some versions of the survey but not on others are identified on the tables.

## **New Questions and Year-to-Year Comparisons**

While most MSS survey questions stayed the same between 2016 and 2019, other questions were updated with changes to the question or response options. Some entirely new questions were added, and some questions were dropped. New questions are noted on each table. **Caution must be used when making comparisons over time for any questions in which the wording has changed.** 

Please note that although these surveys are given repeatedly over time, the student populations change between administrations of the survey.

## **Validity of Responses**

Caution was taken to identify invalid responses and remove them from the survey results. Surveys were removed when responses were highly inconsistent, when there was a pattern of likely exaggeration, when the survey was completed outside of school hours (this did not apply to online students), or when the survey was clearly a test of the online system. In addition, surveys were removed when only the background section of the survey was answered. In total, approximately 4% of cases were removed from the 2019 survey data.

## **Online Access to MSS Data**

Data from the 2019 Minnesota Student Survey (MSS) are available on the Minnesota Department of Education's <u>Data Reports and Analytics page</u>. (<u>http://w20.education.state.mn.us/MDEAnalytics/DataTopic.jsp?TOPICID=242</u>) This web report provides access to all state, county and district-level data and provides options for filtering the data in multiple ways.

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#### TABLE 1A DEMOGRAPHIC DESCRIPTION

American Indian or Alaskan Native only or in combination

					Gr	ade			
		5	th	8	th	91	th	11	th
		N	%	N	%	N	%	N	%
Total number of su	rveys	2,624	100%	1,930	100%	1,862	100%	1,127	100%
What is your biological sex?*	Male	1,453	55%	944	49%	901	48%	554	49%
0	Female	1,160	44%	977	51%	954	51%	572	51%
	No answer	11	0%	9	0%	7	0%	1	0%
Age	10 or younger	1,027	39%	0	0%	0	0%	0	0%
	11	1,518	58%	0	0%	0	0%	0	0%
	12	71	3%	4	0%	0	0%	0	0%
	13	3	0%	781	40%	4	0%	0	0%
	14	0	0%	1,080	56%	717	39%	0	0%
	15	0	0%	62	3%	1,103	59%	4	0%
	16	0	0%	0	0%	37	2%	438	39%
	17	0	0%	0	0%	1	0%	660	59%
	18	0	0%	0	0%	0	0%	23	2%
	19-20	0	0%	0	0%	0	0%	1	0%
How do you describe yourself? (Mark ALL that	American Indian or Alaskan Native only	1,196	46%	578	30%	601	32%	340	30%
apply)	Multiple races (checked more than one)	1,428	54%	1,352	70%	1,261	68%	787	70%

\* 5th grade surveys asked "Are you male or female?"

#### TABLE 1B DEMOGRAPHIC DESCRIPTION<sup>^</sup>

#### American Indian or Alaskan Native only or in combination

					Gr	ade			
		5t		8	th	91		111	-
		N	%	N	%	N	%	N	%
If you are American Indian or Alaskan Native, which	Anishinaabe/Ojibwe	855	33%	905	47%	925	50%	580	51%
group best describes you? (If more than one	Dakota/Lakota	535	20%	376	19%	289	16%	179	16%
describes you, mark ALL that apply)	Other tribal affiliation	923	35%	691	36%	665	36%	404	36%
If you are Asian or	Asian Indian	46	2%	22	1%	9	0%	2	0%
Asian American, which group best describes you? (If	Burmese	1	0%	2	0%	0	0%	1	0%
more than one describes you,	Chinese	15	1%	16	1%	7	0%	6	1%
mark ALL that apply)	Filipino	9	0%	12	1%	7	0%	5	0%
	Hmong	2	0%	3	0%	5	0%	2	0%
	Karen	3	0%	1	0%	0	0%	1	0%
	Korean	15	1%	14	1%	11	1%	8	1%
	Lao	4	0%	5	0%	5	0%	3	0%
	Vietnamese	6	0%	7	0%	7	0%	1	0%
	Other Asian	34	1%	23	1%	22	1%	22	2%
lf you are Black, African or African	African American	159	6%	230	12%	214	11%	140	12%
American, which group best	Ethiopian – Oromo	3	0%	4	0%	2	0%	3	0%
describes you? (If more than one	Ethiopian – other	2	0%	6	0%	3	0%	1	0%
describes you, mark ALL that	Liberian	8	0%	9	0%	2	0%	5	0%
apply)	Nigerian	9	0%	13	1%	16	1%	6	1%
	Somali	3	0%	6	0%	6	0%	4	0%
	Other Black, African or African American	86	3%	77	4%	70	4%	45	4%
If you are Hispanic or Latino/Latina.	Colombian	14	1%	12	1%	9	0%	4	0%
which group best describes you? (If	Ecuadoran	5	0%	4	0%	3	0%	3	0%
more than one describes you,	Guatemalan	8	0%	14	1%	7	0%	4	0%
mark ALL that apply)	Mexican	105	4%	179	9%	135	7%	89	8%
«Phi <b>i</b> )	Puerto Rican	20	1%	37	2%	34	2%	15	1%
	Salvadoran	9	0%	5	0%	4	0%	5	0%
	Spanish/Spanish- American	67	3%	79	4%	37	2%	20	2%
	Other Hispanic or Latino/Latina	35	1%	46	2%	35	2%	20	2%

^ All questions on this table were new in 2019.

#### TABLE 2 SEXUAL ORIENTATION; GENDER IDENTITY; GENDER EXPRESSION\* American Indian or Alaskan Native only or in combination

				Gr	ade		
		8	th	9	th	1 <sup>.</sup>	1th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
A person's appearance, style, dress, or the way	Very or mostly feminine			2%	30%	2%	35%
they walk or talk may affect how people	Somewhat feminine			3%	34%	3%	32%
describe them. How do you think other people	Equally feminine and masculine			19%	28%	17%	26%
at school would describe you?**	Somewhat masculine			32%	5%	33%	6%
	Very or mostly masculine			44%	2%	46%	2%
How do you describe yourself?**^	Heterosexual (straight)			79%	57%	81%	58%
<b>j</b>	Bisexual			3%	17%	4%	18%
	Gay or lesbian			2%	3%	2%	4%
	Questioning/not sure			1%	5%	1%	3%
	Pansexual			1%	8%	1%	7%
	Queer			0%	1%	1%	1%
	I don't describe myself in any of these ways			10%	8%	8%	8%
	I am not sure what this question means			3%	0%	1%	1%
Are you transgender, genderqueer, or	Yes	1%	5%	1%	5%	1%	6%
genderfluid?^	No	87%	85%	89%	87%	93%	91%
	I am not sure about my gender identity	2%	5%	3%	3%	1%	1%
	I am not sure what this question means	9%	6%	8%	4%	5%	2%
IF TRANSGENDER, GENDERQUEER OR GENDERFLUID: How do	Male, trans male, trans man, or trans masculine	33%	21%	60%	26%	40%	39%
GENDERFLUID: How do you describe yourself?^^	Female, trans female, trans woman, or trans feminine	8%	5%	20%	4%	40%	6%
	Non-binary, genderqueer, or genderfluid	58%	72%	0%	58%	20%	45%
	I prefer to describe my gender as something else	0%	2%	20%	12%	0%	9%

\* 5th grade survey did not ask these questions.
\*\* 8th grade survey did not ask these questions.
^ Change in question wording from 2016.
^^ New question in 2019.

## TABLE 3 SCHOOL PLANS; ACADEMIC ADVISING; IEP; ACADEMIC PERFORMANCE American Indian or Alaskan Native only or in combination

					Gra	ade			
	-	5	th	8	th	th	1	1th	
	-	Male %	Female %	Male	Female	Male	Female	Male	Female
What is the MAIN thing	I don't plan to graduate	70	70	%	%	%	%	%	%
you plan to do right AFTER high school?*	from high school			1%	2%	1%	1%	0%	0%
	Get my GED			3%	3%	3%	3%	1%	1%
	Go to a two-year community or technical college			9%	8%	13%	10%	24%	22%
	Go to a four-year college or university			45%	59%	43%	59%	37%	54%
	Get a license or certificate in a career field			5%	7%	3%	6%	3%	5%
	Attend an apprenticeship program			1%	0%	1%	1%	2%	1%
	Join the military			11%	4%	11%	4%	10%	4%
	Work at a job			13%	9%	14%	8%	14%	9%
	Other			11%	8%	10%	8%	8%	4%
Has an adult in your school helped you think about education options for after high school	Yes					66%	64%	78%	78%
(college or other training program)?**	No					34%	36%	22%	22%
Has an adult in your school helped you find career-focused field experiences (job	Yes					47%	40%	53%	46%
shadowing, work-based learning, service learning, career camps, apprenticeships)?**	No					53%	60%	47%	54%
Do you receive special	Yes	15%	9%	17%	10%	21%	14%	23%	18%
education services as part of an individual	No	45%	49%	56%	64%	55%	57%	64%	68%
education plan or IEP?	Not sure	40%	42%	27%	26%	24%	29%	13%	14%
How would you describe	Mostly A's	27%	35%	22%	34%	19%	32%	20%	27%
your grades this school year?	Mostly B's	36%	34%	35%	33%	35%	33%	37%	39%
	Mostly C's	15%	11%	26%	18%	30%	21%	27%	21%
	Mostly D's	3%	3%	6%	5%	9%	6%	9%	8%
	Mostly F's	1%	1%	5%	3%	4%	5%	3%	2%
	Mostly Incompletes	3%	2%	4%	5%	2%	3%	2%	1%
	None of these letter grades	15%	14%	1%	1%	0%	0%	2%	1%

\* 5th grade survey did not ask this question.
 \*\*5th and 8th grade surveys did not ask these questions.

#### TABLE 4 SCHOOL ATTENDANCE<sup>^</sup>

American Indian or Alaskan Native only or in combination

					Gra	ade			
		5	th	8	th	9	th	11	lth
		Male	Female	Male	Female	Male	Female	Male	Female
During the last 30 days,	None	%	%	%	%	%	%	%	%
how many times did you	Once or twice	38%	35%	41%	33%	37%	31%	35%	30%
(Do not include school-		35%	36%	36%	38%	40%	41%	40%	41%
w many times did you iss a full day of school? o not include school- ionsored activities like id trips, sports, academic music events) uring the last 30 days, we many times did you iss part of a day of school ich as coming late, aving early or missing ass time during the day? o not include school- ionsored activities like id trips, sports, academic music events) MONG THOSE WHO SSED PART OF OR A JLL DAY OF SCHOOL: hat are the reasons you issed a full or part of a y of school in the last 30	3 to 5 times	17%	20%	16%	20%	16%	19%	14%	19%
or music events)	6 to 9 times	6%	5%	4%	6%	5%	5%	7%	7%
	10 or more times	4%	3%	2%	2%	3%	4%	3%	2%
During the last 30 days, how many times did you	None	43%	38%	39%	31%	40%	30%	34%	26%
such as coming late,	Once or twice	40%	42%	41%	41%	37%	39%	39%	34%
class time during the day? (Do not include school-	3 to 5 times	12%	14%	12%	18%	13%	21%	15%	23%
sponsored activities like field trips, sports, academic or music events)	6 to 9 times	3%	3%	4%	6%	5%	5%	5%	11%
·	10 or more times	3%	2%	4%	4%	5%	5%	8%	7%
AMONG THOSE WHO MISSED PART OF OR A FULL DAY OF SCHOOL: What are the reasons you missed a full or part of a day of school in the last 30	Illness (feeling physically sick), including problems with breathing or your teeth	400/	F 40/	F 40/	0.01/	F 40/	049/	520/	0.49/
ays? (Mark ALL that apply)	Medical, dental or	48%	54%	54%	63%	54%	61%	53%	64%
	other health-related appointment	28%	39%	34%	49%	38%	48%	35%	51%
	Vacation or trip	19%	17%	13%	11%	13%	12%	13%	10%
	Felt very sad, hopeless, anxious, stressed or angry	7%	14%	8%	26%	12%	31%	12%	36%
	Didn't get enough sleep	17%	18%	18%	25%	20%	25%	24%	33%
	Didn't feel safe at school	3%	4%	3%	5%	3%	5%	2%	3%
	Missed your ride or didn't have a way to get to school	13%	18%	17%	18%	16%	22%	15%	13%
	Had to work	2%	1%	2%	1%	2%	1%	2%	3%
	Had to take care of or help a family member or friend	5%	9%	6%	11%	7%	11%	8%	11%
	Had no place to shower or wash clothes	0%	1%	0%	1%	1%	1%	1%	1%
	Wanted to use alcohol or drugs	0%	0%	1%	3%	1%	2%	3%	1%
	Behind in schoolwork or not prepared for a test or class assignment	2%	4%	3%	11%	5%	11%	10%	17%
	Bored with or not interested in school	4%	4%	8%	14%	9%	14%	15%	16%
	Suspended from school	2%	2%	5%	5%	3%	4%	1%	2%
	Other reason	30%	33%	21%	21%	22%	19%	23%	16%

^ All questions on this table were new in 2019.

#### TABLE 5 DISCIPLINE; FEELINGS ABOUT SCHOOL

#### American Indian or Alaskan Native only or in combination

		Grade								
		5	th	8	th	9	th	11	lth	
		Male	Female	Male	Female	Male	Female	Male	Female	
		%	%	%	%	%	%	%	%	
During the last 30 days, how many	None	68%	81%	70%	82%	80%	89%	90%	95%	
times did you get sent out of the	Once or twice	20%	12%	21%	13%	14%	7%	7%	4%	
classroom for discipline?^	3 to 5 times	8%	4%	5%	4%	3%	3%	1%	0%	
	6 to 9 times	2%	1%	3%	1%	1%	1%	1%	0%	
	10 or more times	3%	1%	2%	1%	2%	0%	1%	0%	
How often do you care about doing	All of the time	37%	48%	27%	33%	27%	39%	24%	38%	
well in school?	Most of the time	42%	35%	45%	42%	46%	41%	50%	44%	
	Some of the time	18%	14%	24%	22%	24%	18%	22%	16%	
	None of the time	3%	2%	3%	3%	3%	2%	5%	2%	
How often do you go to class	All of the time	7%	5%	5%	3%	5%	3%	5%	4%	
unprepared?	Most of the time	12%	9%	12%	9%	10%	7%	11%	5%	
	Some of the time	51%	47%	49%	49%	53%	47%	50%	47%	
	None of the time	31%	39%	34%	39%	32%	43%	34%	44%	
How often do you pay attention in	All of the time	19%	28%	14%	16%	14%	15%	15%	18%	
class?	Most of the time	62%	56%	65%	62%	64%	65%	61%	65%	
	Some of the time	17%	14%	21%	20%	21%	18%	22%	17%	
	None of the time	1%	1%	1%	1%	1%	1%	1%	1%	

^ New question in 2019.

#### TABLE 6 FEELINGS ABOUT SCHOOL

#### American Indian or Alaskarcolantioneadindy or in

						ade			
			ith	8	th	9	th		th
How much do you a		Male	Female	Male	Female	Male	Female	Male	Female
	owing statements?	%	%	%	%	%	%	%	%
If something interests me, I try to learn more	Strongly agree	39%	37%	41%	37%	49%	43%	56%	51%
about it.	Agree	55%	57%	55%	59%	48%	54%	42%	47%
	Disagree	5%	5%	4%	4%	3%	3%	2%	2%
	Strongly disagree	1%	1%	1%	1%	0%	0%	0%	0%
l think things I learn at school are	Strongly agree	33%	35%	16%	9%	11%	9%	11%	8%
useful.	Agree	53%	51%	56%	58%	56%	59%	52%	59%
	Disagree	11%	10%	22%	28%	25%	27%	28%	28%
	Strongly disagree	3%	4%	7%	5%	8%	5%	9%	5%
Being a student is one of the most	Strongly agree	25%	22%	13%	9%	10%	10%	8%	12%
important parts of who I am.	Agree	45%	49%	43%	40%	42%	42%	43%	42%
	Disagree	23%	23%	35%	40%	37%	38%	35%	34%
	Strongly disagree	7%	6%	9%	11%	10%	11%	14%	11%
Overall, adults at my school treat	Strongly agree	34%	35%	19%	12%	18%	9%	18%	11%
my school treat students fairly.	Agree	48%	44%	53%	53%	55%	55%	55%	55%
	Disagree	14%	17%	21%	27%	20%	27%	20%	24%
	Strongly disagree	4%	4%	7%	8%	7%	9%	8%	10%
dults at my chool listen to the	Strongly agree	31%	32%	15%	9%	13%	8%	13%	9%
students.	Agree	51%	50%	56%	49%	56%	51%	57%	56%
	Disagree	14%	15%	23%	34%	24%	33%	22%	29%
	Strongly disagree	4%	4%	7%	8%	7%	8%	7%	7%
The school rules are fair.	Strongly agree	29%	33%	13%	8%	14%	10%	12%	9%
	Agree	48%	45%	53%	49%	52%	55%	52%	52%
	Disagree	16%	17%	26%	34%	25%	28%	26%	32%
	Strongly disagree	6%	5%	8%	9%	9%	7%	10%	8%
At my school, teachers care	Strongly agree	57%	55%	26%	16%	22%	13%	20%	16%
about students.	Agree	36%	39%	60%	61%	59%	65%	63%	65%
	Disagree	5%	4%	11%	18%	16%	18%	12%	15%
	Strongly disagree	2%	2%	3%	5%	3%	5%	5%	4%
Most teachers at	Strongly agree	27%	27%	13%	9%	12%	9%	15%	10%
my school are interested in me as	Agree	51%	50%	50%	45%	51%	43%	49%	49%
a person.	Disagree	16%	17%	29%	35%	27%	37%	27%	31%
	Strongly disagree	6%	5%	8%	11%	10%	11%	8%	10%
		0.0	0.0	070	1170	1070	1170	0.0	1070

## TABLE 7A PRESENCE OF A SCHOOL RESOURCE/POLICE OFFICER\* American Indian or Alaskarc **blantivineadirdy** or in

				Gr	ade				
		8	th	9	th	<b>1</b> 1	lth		
		Male	Male Female Male Female Male						
		%	%	%	%	%	%		
Is there a police officer or School	Yes	70%	68%	78%	78%	80%	79%		
Resource Officer (SRO) at your	No	10%	8%	7%	5%	8%	7%		
school?	I don't know	20%	24%	16%	17%	12%	14%		

\* 5th grade survey did not ask this question.

### TABLE 7B INTERACTIONS WITH A SCHOOL RESOURCE/POLICE OFFICER\* American Indian or Alaskarc blantions activity or in

				Gr	ade		
INCLUDES ONLY T	HOSE WHO HAVE A	8	th	9	th	11	lth
SCHOOL RESOURC		Male	Female	Male	Female	Male	Female
POLICE OFFICER A	T THEIR SCHOOL	%	%	%	%	%	%
If I knew about something unsafe	Strongly agree	22%	24%	18%	16%	16%	17%
or illegal at my school, I would tell	Agree	45%	42%	39%	43%	37%	45%
the SRO or police officer.	Disagree	21%	26%	25%	31%	28%	31%
	Strongly disagree	12%	8%	18%	9%	19%	7%
I would feel comfortable going	Strongly agree	18%	14%	18%	10%	15%	14%
to my school's SRO or police	Agree	40%	38%	41%	38%	43%	42%
officer if I was having problems	Disagree	30%	35%	27%	39%	27%	35%
or needed help.	Strongly disagree	12%	13%	14%	13%	15%	9%
I think it is a good idea to have an	Strongly agree	47%	47%	44%	39%	42%	38%
SRO or police officer at our	Agree	43%	46%	47%	53%	47%	52%
school.	Disagree	6%	5%	6%	6%	6%	8%
	Strongly disagree	4%	2%	3%	2%	6%	2%

\* 5th grade survey did not ask these questions.

#### TABLE 8 PERCEPTIONS OF SAFETY

American Indian or Alaskan Native only or in combination

		Grade									
		5	ith	8	th	9	th	1 <sup>.</sup>	1th		
	agree or disagree with	Male	Female	Male	Female	Male	Female	Male	Female		
each of the follow	ing statements?	%	%	%	%	%	%	%	%		
I feel safe going to and from	Strongly agree	51%	42%	44%	32%	44%	30%	48%	35%		
school.	Agree	40%	46%	50%	57%	49%	59%	45%	60%		
	Disagree	7%	9%	5%	10%	5%	9%	5%	4%		
	Strongly disagree	3%	3%	2%	1%	2%	3%	1%	1%		
I feel safe at school.	Strongly agree	48%	44%	35%	26%	36%	22%	41%	28%		
	Agree	42%	42%	53%	55%	50%	60%	48%	57%		
	Disagree	8%	12%	9%	16%	11%	15%	9%	13%		
	Strongly disagree	2%	2%	3%	3%	3%	3%	3%	2%		
feel safe in my neighborhood.	Strongly agree	53%	45%	51%	37%	50%	35%	53%	39%		
C	Agree	37%	38%	41%	51%	43%	54%	41%	53%		
	Disagree	7%	14%	6%	10%	5%	10%	6%	7%		
	Strongly disagree	3%	3%	2%	2%	2%	2%	1%	0%		
I feel safe at home.	Strongly agree	75%	68%	63%	50%	63%	49%	64%	52%		
nome.	Agree	21%	25%	33%	42%	33%	44%	32%	41%		
	Disagree	3%	6%	4%	7%	3%	6%	3%	6%		
	Strongly disagree	1%	1%	1%	1%	1%	2%	1%	2%		

#### TABLE 9A AFTER SCHOOL SUPERVISION

American Indian or Alaskancolantioneadindy or in

During a typical week, how often		-	ith	9	Gra		th 11th		1th
do you go to the following		Male	Female	8 Male	Female	Male	n Female	Male	Female
places after school?		%	%	%	%	%	%	%	%
l stay at my school or go to another school	0 days	81%	78%	65%	59%	60%	51%	59%	52%
School	1 day	6%	6%	8%	11%	8%	14%	9%	15%
	2 days	3%	6%	6%	8%	6%	8%	5%	8%
	3 to 4 days	4%	4%	7%	8%	7%	9%	8%	9%
	5 days	6%	6%	14%	15%	18%	18%	19%	17%
My home or another home such as a	0 days	30%	28%	18%	12%	16%	12%	15%	14%
friend's, relative's or neighbor's	1 day	18%	19%	11%	15%	12%	14%	10%	11%
	2 days	10%	13%	11%	12%	9%	13%	8%	18%
	3 to 4 days	9%	10%	13%	13%	13%	17%	18%	21%
	5 days	33%	29%	46%	48%	50%	45%	48%	37%
A rec, community or other youth center	0 days	83%	83%	77%	79%	80%	84%	77%	87%
	1 day	8%	7%	9%	11%	10%	8%	9%	7%
	2 days	4%	4%	6%	4%	5%	4%	6%	3%
	3 to 4 days	3%	3%	4%	3%	3%	3%	4%	2%
	5 days	3%	3%	4%	3%	3%	2%	3%	1%
A park or other outdoor space	0 days	62%	61%	59%	63%	67%	72%	68%	77%
	1 day	17%	17%	14%	16%	13%	13%	12%	12%
	2 days	8%	11%	14%	10%	9%	9%	10%	6%
	3 to 4 days	7%	6%	7%	6%	7%	4%	4%	3%
	5 days	6%	6%	5%	4%	5%	2%	5%	2%
A library	0 days	81%	79%	89%	85%	88%	86%	93%	85%
	1 day	13%	13%	6%	10%	7%	9%	4%	8%
	2 days	3%	4%	3%	3%	2%	3%	2%	5%
	3 to 4 days	2%	2%	1%	2%	2%	1%	0%	1%
	5 days	1%	1%	1%	0%	1%	1%	0%	1%
A church, synagogue, mosque, or other	0 days	78%	77%	77%	75%	84%	79%	85%	84%
spiritual/religious place	1 day	14%	16%	17%	19%	12%	16%	12%	11%
	2 days	4%	4%	4%	4%	3%	3%	3%	3%
	3 to 4 days	1%	1%	1%	1%	1%	1%	1%	1%
	5 days	2%	2%	1%	1%	1%	0%	0%	0%
A job*	0 days					82%	83%	48%	45%
	1 day					5%	5%	8%	9%
	2 days			<u> </u>		5%	6%	15%	18%
	3 to 4 days			<u> </u>		5%	6%	18%	21%
	5 days					3%	1%	11%	8%

\* 5th and 8th grade surveys did not ask this question.

#### TABLE 9B AFTER SCHOOL SUPERVISION\*

## American Indian or Alaskan Native only or in combination

		Gr	ade
		5	th
		Male	Female
		%	%
During a typical week, how often are you home alone or	0 days	47%	46%
somewhere unsupervised after school?	1 day	21%	23%
	2 days	11%	12%
	3 days	9%	7%
	4 days	3%	3%
	5 days	9%	9%

\* Only 5th grade survey asked this question.

#### TABLE 10A **BEING BULLIED FOR SPECIFIC REASONS**

#### American Indian or Alaskan Native only or in combination

					Gra	ade			
During the last 30 days,	how often have	5	th	8	th	9	th	1'	lth
other students harasse		Male	Female	Male	Female	Male	Female	Male	Female
of the following reasons	s?	%	%	%	%	%	%	%	%
Your race, ethnicity or national origin	Never	81%	81%	79%	75%	79%	77%	81%	80%
national origin	Once or twice	13%	14%	11%	17%	13%	16%	12%	16%
	About once a week	2%	3%	4%	3%	3%	3%	4%	2%
	Several times a week	2%	1%	2%	3%	3%	3%	2%	1%
	Every day	2%	2%	3%	2%	2%	1%	2%	1%
Your religion	Never	87%	87%	89%	90%	92%	89%	89%	92%
	Once or twice	7%	9%	6%	7%	5%	8%	7%	6%
	About once a week	2%	2%	2%	2%	1%	1%	3%	1%
	Several times a week	1%	1%	1%	1%	1%	1%	1%	1%
	Every day	2%	1%	1%	1%	1%	1%	0%	1%
Your gender (being male, female,	Never	85%	80%	92%	83%	93%	85%	93%	89%
transgender, etc.)^	Once or twice	8%	14%	3%	11%	4%	10%	4%	7%
	About once a week	2%	2%	2%	3%	1%	3%	2%	2%
	Several times a week	1%	2%	1%	2%	1%	2%	1%	1%
	Every day	4%	3%	1%	2%	1%	1%	0%	1%
Your gender	Never					80%	68%	86%	80%
walk or talk)*	Once or twice					13%	20%	9%	12%
	About once a week					4%	5%	2%	4%
	Several times a week					2%	3%	1%	2%
	Every day					2%	3%	1%	1%

\* 5th and 8th grade surveys did not ask this question. ^ On the 5th grade survey, this item was worded "Your gender (being male or female)".

#### TABLE 10B BEING BULLIED FOR SPECIFIC REASONS

#### American Indian or Alaskan Native only or in combination

		Grade										
During the last 30 days	how often have	5	th	8	sth	9	th	1'	lth			
	d or bullied you for any	Male	Female	Male	Female	Male	Female	Male	Female			
of the following reason	s?	%	%	%	%	%	%	%	%			
Because you are gay, lesbian. or bisexual or	Never					89%	81%	91%	89%			
because someone	Once or twice					6%	10%	5%	7%			
thought you were*	About once a week					2%	4%	1%	2%			
	Several times a week					2%	2%	1%	2%			
	Every day					2%	2%	1%	1%			
A physical or mental disability	Never	85%	85%	85%	83%	89%	86%	90%	88%			
uisability	Once or twice	9%	10%	7%	10%	6%	8%	6%	8%			
	About once a week	2%	2%	3%	3%	2%	2%	1%	2%			
	Several times a week	1%	1%	3%	2%	1%	2%	1%	2%			
	Every day	2%	2%	3%	1%	2%	2%	1%	0%			
Your size or weight	Never	68%	66%	73%	61%	74%	66%	77%	74%			
	Once or twice	19%	22%	16%	22%	17%	20%	14%	16%			
	About once a week	5%	5%	3%	7%	4%	6%	3%	5%			
	Several times a week	4%	3%	4%	5%	3%	5%	3%	3%			
	Every day	4%	4%	4%	5%	3%	4%	2%	2%			
Your physical appearance	Never	71%	65%	67%	52%	70%	61%	74%	68%			
appearance	Once or twice	17%	22%	19%	27%	18%	24%	15%	22%			
	About once a week	5%	5%	6%	8%	5%	6%	6%	5%			
	Several times a week	3%	4%	4%	6%	3%	5%	3%	3%			
	Every day	4%	4%	4%	6%	3%	4%	3%	2%			

\* 5th and 8th grade surveys did not ask this question.

#### TABLE 11A BEING CYBERBULLIED

#### American Indian or Alaskancolantioneating or in

					Gr	ade			
		5	th	8	th	9th		11	th
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
During the last 30 days, how often have you been cyberbullied? (Count being bullied through texting, Instagram, Snapchat or other social media)^	Never	76%	72%	87%	71%	86%	74%	88%	80%
	Once or twice	17%	20%	9%	19%	9%	20%	8%	15%
	About once a week	3%	4%	2%	5%	2%	3%	2%	2%
	Several times a week	2%	3%	2%	3%	1%	2%	1%	2%
	Every day	2%	1%	1%	1%	2%	1%	1%	1%

^ Change in question wording from 2016.

## TABLE 11B BEING BULLIED OR HARASSED AT SCHOOL American Indian or Alaskanc blantibine adirdy or in

						ade			
			th		th	-	th		lth
During the last 30 d days have other stu		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
pushed, shoved,	Never								
slapped, hit or	116761	62%	65%	78%	76%	84%	84%	89%	91%
kicked you when they weren't	Once or twice	26%	24%	14%	15%	11%	11%	7%	7%
kidding around?	About once a week	5%	4%	3%	5%	2%	2%	3%	1%
	Several times a week	4%	3%	2%	3%	1%	2%	1%	1%
	Every day	3%	4%	3%	1%	1%	1%	0%	0%
threatened to beat you up?	Never	67%	71%	76%	78%	81%	81%	85%	90%
	Once or twice	22%	19%	16%	16%	13%	13%	11%	8%
	About once a week	4%	4%	4%	3%	3%	2%	2%	1%
	Several times a week	4%	3%	2%	2%	1%	2%	1%	1%
	Every day	3%	3%	2%	1%	1%	1%	0%	0%
spread mean rumors or lies	Never	57%	48%	71%	50%	74%	55%	78%	64%
about you?	Once or twice	28%	34%	18%	31%	17%	29%	17%	22%
	About once a week	6%	6%	5%	8%	4%	8%	2%	8%
	Several times a week	5%	6%	3%	7%	2%	4%	2%	3%
	Every day	5%	6%	3%	5%	2%	4%	2%	2%
made sexual jokes, comments	Never			76%	61%	79%	64%	81%	70%
or gestures towards you?*	Once or twice			13%	21%	10%	20%	9%	19%
	About once a week			4%	8%	4%	8%	3%	6%
	Several times a week			3%	6%	2%	5%	4%	4%
	Every day			4%	4%	4%	4%	4%	2%
excluded you from friends, other	Never	63%	47%	79%	55%	79%	61%	82%	65%
students or activities?	Once or twice	23%	34%	11%	25%	14%	23%	11%	20%
	About once a week	4%	7%	4%	8%	2%	6%	3%	7%
	Several times a week	4%	7%	3%	6%	2%	6%	2%	4%
	Every day	5%	6%	3%	5%	3%	4%	2%	3%
Bullied once or more in the last 30	No	33%	28%	48%	28%	55%	33%	63%	44%
days^	Yes	67%	72%	52%	72%	45%	67%	37%	56%
Bullied weekly or more in the last 30	No	72%	68%	77%	62%	80%	70%	82%	73%
days^	Yes	28%	32%	23%	38%	20%	30%	18%	27%
Bullied daily in the last 30 days <sup>^</sup>	No	90%	87%	91%	88%	92%	91%	94%	94%
	Yes	10%	13%	9%	12%	8%	9%	6%	6%

\* 5th grade survey did not ask this question. ^ These are computed variables based on combinations of responses to the first five questions on this table.

#### TABLE 12 BULLYING OR HARASSING OTHER STUDENTS AT SCHOOL American Indian or Alaskarc**olation**ating or in

					Gra	ade				
		5	th	-	th	-	th	1'	1th	
	ays, how many times at	Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %	
school have YOU pushed, shoved, slapped, hit or	Never	78%	% 82%	81%	% 84%	86%	90%	92%	96%	
kicked someone when you weren't	Once or twice	19%	15%	15%	12%	11%	8%	6%	3%	
kidding around?	About once a week	2%	1%	2%	2%	2%	1%	1%	0%	
	Several times a week	1%	1%	1%	0%	1%	1%	0%	1%	
	Every day	0%	1%	1%	1%	1%	0%	1%	0%	
threatened to beat someone up?	Never	87%	89%	78%	80%	82%	85%	85%	90%	
	Once or twice	10%	9%	17%	15%	13%	12%	12%	9%	
	About once a week	2%	1%	2%	2%	2%	1%	2%	0%	
	Several times a week	1%	1%	1%	1%	2%	1%	1%	0%	
spread mean	Every day	1%	1%	1%	1%	1%	1%	1%	0%	
spread mean rumors or lies about someone else?	Never	87%	86%	93%	87%	93%	91%	95%	93%	
	Once or twice	10%	11%	5%	11%	4%	6%	4%	6%	
	About once a week	1%	1%	1%	1%	1%	1%	1%	1%	
	Several times a week	1%	1%	0%	1%	0%	0%	0%	0%	
	Every day	1%	1%	0%	0%	1%	1%	0%	0%	
made sexual jokes, comments	Never			83%	90%	85%	91%	84%	95%	
or gestures towards someone	Once or twice			11%	8%	9%	7%	7%	4%	
else?*	About once a week			2%	1%	2%	1%	2%	0%	
	Several times a week			1%	1%	2%	1%	2%	1%	
	Every day			3%	1%	2%	1%	4%	0%	
excluded someone from	Never	81%	80%	86%	83%	87%	86%	90%	91%	
friends, other students or	Once or twice	15%	16%	11%	15%	9%	12%	6%	9%	
activities?	About once a week	1%	1%	2%	1%	2%	1%	2%	1%	
	Several times a week	1%	1%	1%	1%	1%	1%	1%	0%	
	Every day	2%	1%	1%	1%	1%	1%	2%	0%	

\* 5th grade survey did not ask this question.

#### TABLE 13A AVAILABILITY OF COMMUNITY PROGRAMS American Indian or Alaskanc**olantibineadirely** or in

					Gra	ade			
		5	th	8	th	9th		11	lth
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
Does your school	Yes								
or community offer a variety of		53%	56%	65%	59%	60%	58%	63%	59%
programs for people your age to	Νο	400/		00/	70/	440/	00/	400/	440/
participate in		10%	9%	9%	7%	11%	8%	13%	11%
outside of the regular school day?	I don't know what programs are available in my								
	community	37%	34%	27%	33%	29%	34%	25%	30%

#### TABLE 13B ENRICHMENT ACTIVITIES

#### American Indian or Alaskan Native only or in combination

During a typical we	ek. how often do				Gra	ade			
you participate in t	he following		th		th	-	th		1th
activities outside o	of the regular	Male	Female	Male	Female	Male	Female	Male	Female
school day?		%	%	%	%	%	%	%	%
Sports teams, such as park and	0 days	47%	53%	50%	54%	54%	58%	54%	68%
rec teams, school teams, in-house	1 day	10%	14%	5%	6%	5%	4%	5%	2%
teams or traveling teams	2 days	16%	13%	7%	6%	6%	5%	6%	4%
	3 to 4 days	14%	12%	13%	14%	9%	10%	7%	7%
	5 or more days	14%	9%	24%	20%	26%	22%	29%	18%
School sponsored activities or clubs	0 days	80%	77%	83%	75%	81%	77%	77%	73%
that are not sports, such as drama, music, chess or science club	1 day	10%	13%	7%	7%	7%	10%	9%	11%
	2 days	5%	6%	3%	6%	4%	6%	5%	7%
	3 to 4 days	2%	3%	3%	6%	3%	4%	3%	5%
	5 or more days	4%	3%	3%	5%	5%	4%	7%	4%
Tutoring, homework help or	0 days	81%	83%	85%	84%	86%	85%	85%	80%
academic programs	1 day	9%	7%	9%	9%	7%	8%	8%	11%
	2 days	5%	5%	4%	4%	5%	4%	3%	6%
	3 to 4 days	2%	2%	2%	2%	1%	2%	2%	3%
	5 or more days	4%	3%	1%	1%	1%	1%	1%	1%
Leadership activities such as	0 days	90%	91%	92%	90%	92%	92%	91%	86%
student government,	1 day	5%	5%	5%	6%	4%	5%	4%	8%
youth councils or committees	2 days	3%	1%	2%	2%	2%	2%	2%	4%
	3 to 4 days	1%	1%	1%	1%	1%	1%	1%	1%
	5 or more days	1%	2%	1%	2%	1%	0%	2%	1%

#### TABLE 13C ENRICHMENT ACTIVITIES

#### American Indian or Alaskan Native only or in combination

During a typical we	eek. how often do				Gra	ade			
you participate in t	the following		ith	-	Bth	-	th		lth
activities outside o	of the regular	Male	Female	Male	Female	Male	Female	Male	Female
school day?		%	%	%	%	%	%	%	%
Artistic lessons, such as music or	0 days	81%	67%	89%	75%	89%	81%	87%	83%
dance	1 day	9%	17%	5%	9%	4%	8%	5%	6%
	2 days	4%	6%	3%	6%	2%	4%	3%	3%
	3 to 4 days	2%	4%	2%	5%	1%	3%	3%	3%
	5 or more days	3%	5%	2%	5%	3%	4%	2%	4%
Physical activity lessons, such as	0 days	76%	78%	83%	85%	85%	87%	85%	89%
tennis or karate	1 day	6%	9%	4%	4%	4%	4%	3%	2%
-	2 days	8%	6%	5%	4%	4%	4%	4%	3%
	3 to 4 days	5%	4%	3%	3%	3%	2%	3%	3%
	5 or more days	5%	3%	4%	5%	4%	4%	5%	3%
Other community clubs and	0 days	85%	85%	91%	92%	93%	93%	93%	94%
programs such as 4-H, Scouts, Y-	1 day	8%	8%	5%	5%	3%	4%	3%	3%
clubs or Community Ed	2 days	3%	3%	2%	1%	2%	2%	2%	2%
	3 to 4 days	2%	1%	1%	1%	1%	0%	1%	1%
	5 or more days	2%	3%	1%	1%	1%	1%	1%	0%
Religious activities such as	0 days	80%	81%	79%	76%	84%	77%	84%	84%
religious services, education or	1 day	12%	13%	16%	18%	10%	16%	12%	11%
	2 days	5%	3%	3%	5%	4%	5%	3%	3%
	3 to 4 days	1%	1%	1%	1%	1%	1%	1%	1%
	5 or more days	1%	1%	1%	1%	1%	1%	0%	1%

#### TABLE 14 QUALITY OF YOUTH ACTIVITIES^

American Indian or Alaskan Native only or in combination

					Gra	ade			
		5	th	-	th	-	th	1'	lth
When you spend time d		Male	Female	Male	Female	Male	Female	Male	Female
of the regular school da		%	%	%	%	%	%	%	%
feel safe?	Rarely or never	7%	5%	4%	4%	6%	4%	4%	4%
	Sometimes	14%	20%	10%	13%	9%	16%	6%	9%
	Often	29%	32%	36%	40%	31%	39%	35%	42%
	Very often	50%	43%	50%	43%	54%	41%	56%	44%
learn skills like teamwork or	Rarely or never	16%	15%	13%	16%	16%	17%	10%	11%
leadership?	Sometimes	31%	29%	33%	32%	32%	30%	29%	29%
	Often	31%	30%	32%	31%	32%	34%	35%	35%
	Very often	22%	26%	22%	20%	20%	19%	26%	25%
develop trusting relationships with	Rarely or never	18%	17%	12%	16%	13%	16%	12%	16%
peers your age?	Sometimes	26%	32%	26%	30%	24%	33%	21%	31%
	Often	32%	26%	39%	32%	37%	33%	37%	34%
-	Very often	24%	25%	24%	21%	26%	18%	30%	19%
develop trusting relationships with adults?	Rarely or never	21%	21%	19%	25%	18%	22%	13%	18%
	Sometimes	29%	33%	31%	34%	30%	36%	25%	31%
	Often	27%	23%	30%	26%	31%	27%	37%	34%
	Very often	22%	23%	20%	15%	21%	14%	25%	17%
help make decisions?	Rarely or never	19%	17%	12%	14%	14%	12%	9%	10%
	Sometimes	32%	36%	31%	38%	29%	40%	25%	29%
	Often	30%	29%	38%	33%	36%	33%	40%	39%
	Very often	19%	18%	19%	16%	21%	16%	25%	22%
do something that	Rarely or never	8%	8%	8%	10%	10%	10%	6%	8%
gives you joy and energy?	Sometimes	17%	20%	17%	22%	19%	26%	18%	23%
	Often	28%	28%	33%	30%	34%	32%	37%	39%
	Very often	47%	45%	42%	38%	37%	32%	39%	30%
learn skills that you can use in a future	Rarely or never	17%	21%	15%	22%	17%	19%	12%	13%
job?	Sometimes	27%	31%	31%	35%	31%	37%	31%	32%
	Often	26%	24%	29%	25%	30%	27%	29%	33%
	Very often	30%	25%	25%	18%	23%	17%	28%	22%

^ These items are a subscale of the Constructive Use of Time Scale from the Developmental Assets Profile (DAP) (Search Institute, Minneapolis, MN).

## TABLE 15 LIVING SITUATIONS

American Indian or Alaskan Native only or in combination

					Gra	ade			
		5	th	8	th	9	th	1	1th
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
Have you ever been in foster care? (Mark ALL that apply)^	No	90%	88%	89%	87%	88%	86%	89%	83%
	Yes, during the last year	4%	4%	3%	5%	3%	5%	3%	6%
	Yes, more than a year ago	7%	9%	10%	10%	10%	11%	10%	13%
During the past 12 months, have you stayed in a shelter, somewhere	No			87%	88%	89%	87%	90%	89%
not intended as a place to live, or someone else's home because you had no other place to stay? (Mark	Yes, I was with my parents or adult family member			11%	10%	9%	9%	7%	8%
ALL that apply)*	Yes, I was on my own without any adult family members			2%	3%	2%	4%	3%	5%
Have any of your parents or guardians ever been in jail or prison? (Mark ALL	None of my parents or guardians has ever been in jail or prison			57%	54%	54%	51%	57%	53%
that apply)*	Yes, I have a parent or guardian in jail or prison right now			7%	8%	7%	10%	4%	7%
	Yes, I have had a parent or guardian in jail or prison in the past			40%	42%	41%	44%	40%	43%
IF YOU HAVE OR HAVE HAD A PARENT OR GUARDIAN IN JAIL OR PRISON: Did you live with	Yes			54%	58%	58%	53%	49%	57%
PRISON: Did you live with a parent or guardian at the ime they went to jail or prison?^*	No			46%	42%	42%	47%	51%	43%

<sup>^</sup> New question in 2019.
<sup>\*</sup> 5th grade survey did not ask this question.

#### TABLE 16 COMMUNICATION WITH ADULTS

American Indian or Alaskan Native only or in combination

		Grade										
		5th 8th 9th 11t						Ith				
		Male Female		Male	Female	Male	Female	Male	Female			
		%	%	%	%	%	%	%	%			
Which of these adults can you talk to about problems you are having? (Mark ALL that apply)^	Parent or guardian	87%	84%	79%	64%	76%	66%	76%	67%			
	Adult at school	43%	46%	28%	27%	30%	25%	30%	34%			
	Some other adult	14%	18%	22%	21%	23%	30%	29%	34%			
	I don't have any adults that I can talk to about problems I am having	6%	10%	15%	23%	16%	22%	16%	16%			

^ New question in 2019.

## TABLE 17 PERCEPTIONS OF FAMILY AND OTHERS CARING

					Gra	ade			
		5	th	8	th	9	th	11th	
		Male	Female	Male	Female	Male	Female	Male	Female
How much do you feel		%	%	%	%	%	%	%	%
your parents care about you?	Not at all	2%	2%	2%	3%	3%	5%	3%	2%
	A little	2%	5%	4%	10%	4%	7%	4%	10%
	Some	4%	6%	7%	14%	9%	16%	8%	15%
	Quite a bit	11%	12%	18%	22%	21%	24%	22%	21%
	Very much	81%	75%	70%	51%	63%	48%	63%	51%
other adult relatives care about you?	Not at all	3%	2%	2%	5%	4%	5%	4%	3%
	A little	3%	5%	5%	11%	6%	14%	6%	11%
	Some	9%	11%	12%	18%	15%	21%	13%	23%
	Quite a bit	26%	24%	30%	27%	33%	29%	30%	27%
	Very much	59%	59%	51%	39%	42%	31%	47%	35%
friends care about you?	Not at all	4%	3%	2%	4%	4%	3%	3%	3%
	A little	6%	8%	8%	11%	8%	12%	8%	9%
	Some	18%	17%	20%	18%	20%	21%	22%	26%
	Quite a bit	35%	28%	39%	32%	38%	30%	35%	31%
	Very much	36%	44%	30%	34%	31%	33%	33%	32%
teachers/other adults at school care about you?	Not at all	6%	6%	9%	17%	12%	16%	9%	11%
	A little	9%	10%	19%	22%	18%	26%	19%	25%
	Some	18%	19%	29%	28%	32%	33%	32%	33%
	Quite a bit	31%	31%	28%	23%	24%	18%	24%	21%
	Very much	36%	35%	15%	9%	14%	7%	16%	10%
adults in your community care about you?	Not at all	10%	10%	16%	26%	17%	27%	19%	25%
,	A little	14%	16%	21%	22%	22%	26%	25%	27%
	Some	27%	25%	28%	26%	29%	27%	26%	27%
	Quite a bit	24%	26%	21%	18%	18%	13%	14%	12%
	Very much	25%	23%	13%	9%	13%	7%	15%	9%

### American Indian or Alaskanc blantions adirdy or in

#### **TABLE 18 ADVERSE CHILDHOOD EXPERIENCES\*** American Indian or Alaskancolantivineating or in

		Grade								
		8	th	9	th	11	lth			
		Male	Female	Male	Female	Male	Female			
		%	%	%	%	%	%			
Do you live with anyone who drinks too much alcohol?	Yes	13%	18%	13%	19%	14%	23%			
	No	87%	82%	87%	81%	86%	77%			
Do you live with anyone who uses illegal drugs or abuses prescription	Yes	8%	13%	10%	16%	9%	16%			
drugs?	No	92%	87%	90%	84%	91%	84%			
Do you live with anyone who is depressed or has any other mental	Yes	28%	47%	30%	54%	33%	54%			
health issues? <sup>^</sup>	No	72%	53%	70%	46%	67%	46%			
Does a parent or other adult in your home regularly swear at you, insult	Yes	17%	29%	23%	31%	16%	29%			
you or put you down?	No	83%	71%	77%	69%	84%	71%			
Has a parent or other adult in your home ever hit, beat, kicked or	Yes	16%	22%	16%	24%	16%	21%			
physically hurt you in any way?	No	84%	78%	84%	76%	84%	79%			
Have your parents or other adults in your home ever slapped, hit, kicked, punched or beat each other up?	Yes	12%	22%	13%	21%	11%	21%			
	No	88%	78%	87%	79%	89%	79%			
Has anyone who was not a relative/family member ever pressured, tricked, or forced you to do something	Yes	3%	14%	4%	16%	4%	22%			
sexual or done something sexual to you against your wishes?^^	No	97%	86%	96%	84%	96%	78%			
Has any relative/family member ever pressured, tricked, or forced you to do	Yes	2%	10%	3%	12%	2%	11%			
something sexual or done something sexual to you?^^	No	98%	90%	97%	88%	98%	89%			
Have you ever traded sex or sexual activity to receive money, food, drugs,	Yes			2%	3%	2%	4%			
alcohol, a place to stay, or anything else?^**	No			98%	97%	98%	96%			
ACEs Score-short^^^	None	36%	23%	34%	20%	35%	20%			
	One	30%	25%	27%	22%	27%	21%			
	Тwo	16%	17%	16%	18%	17%	18%			
	Three	8%	12%	10%	14%	9%	13%			
	Four or more	11%	24%	13%	26%	12%	27%			

\* 5th grade survey did not ask these questions.
\*\* 8th grade survey did not ask this question.
^ New question in 2019.
^^ Change in question wording from 2016.
^^ An adverse childhood experience (ACE) describes a traumatic experience in a person's life occurring before age 18. The ACEs Score-short is a measure of cumulative exposure to adverse childhood conditions, and combined the response to all with the last question in this table plue the responses to the first question about combines the responses to all but the last question in this table plus the responses to the first question about parental incarceration (See Table 15).

### **TABLE 19 RELATIONSHIP VIOLENCE\*^**

#### American Indian or Alaskan Native only or in combination

				Gr	ade		
		8	th	9	th	1′	lth
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Have you been in a casual or serious relationship where your partner ever	Yes	7%	8%	6%	8%	8%	14%
physically hurt you on purpose?	No	93%	92%	94%	92%	92%	86%
Have you been in a casua or serious relationship where your partner ever	Yes	12%	18%	13%	26%	16%	30%
verbally hurt or controlled you?	Νο	88%	82%	87%	74%	84%	70%
Have you been in a casual or serious relationship where your partner ever pressured, tricked, or	Yes			5%	16%	7%	21%
forced you to do something sexual, or did something sexual to you against your wishes?**	No			95%	84%	93%	79%
Have YOU ever pressured, tricked, or forced someone to do something sexual, or	Yes			4%	2%	3%	2%
have YOU done something sexual to someone against their wishes?**	No			90%	96%	8%       1         92%       8         16%       3         84%       7         7%       2         93%       7         3%       3%	97%
	Not sure			6%	2%	6%	1%

\* 5th grade survey did not ask these questions.
\*\* 8th grade survey did not ask this question.
^ All questions on this table were new in 2019.

#### TABLE 20 GENERAL HEALTH AND HEALTH CONDITIONS

#### American Indian or Alaskancolantioneadindy or in

					Gra				
		5	th	8	th	9	th	11	1th
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
How would you describe your health in general?	Excellent	29%	27%	22%	12%	25%	10%	26%	9%
	Very good	35%	31%	39%	32%	34%	29%	34%	28%
	Good	28%	32%	27%	35%	28%	38%	25%	40%
	Fair	6%	9%	9%	17%	11%	19%	13%	18%
	Poor	1%	1%	2%	4%	2%	4%	2%	4%
Do you have any physical	Yes								
disabilities, or long-term health problems (such as asthma, cancer,		20%	20%	17%	24%	18%	25%	16%	25%
diabetes, epilepsy or something	No								
else)? Long-term means lasting 6 months or more.		80%	80%	83%	76%	82%	75%	84%	75%
Has a doctor or nurse ever told you that you have diabetes?^	Yes	2%	2%	2%	1%	3%	1%	2%	2%
	No	98%	98%	98%	99%	97%	99%	98%	98%
Has a doctor or nurse ever told you that you have pre-diabetes?^	Yes	2%	1%	3%	4%	2%	4%	3%	3%
	No	98%	99%	97%	96%	98%	96%	97%	97%
Has a doctor or nurse ever told you that you have asthma?	Yes	18%	14%	19%	24%	21%	21%	20%	25%
	No	82%	86%	81%	76%	79%	79%	80%	75%
Has a doctor or nurse ever told you that you have an allergy that requires	Yes	6%	5%	5%	5%	5%	5%	5%	6%
you to carry an epi-pen?	No	94%	95%	95%	95%	95%	95%	95%	94%
Do you have any long-term mental health, behavioral or emotional	Yes			26%	45%	27%	52%	28%	54%
problems? Long-term means lasting 6 months or more.*	No			74%	55%	73%	48%	72%	46%
Weight status* according to Body Mass Index (BMI)**	Normal or underweight			62%	67%	62%	63%	60%	60%
	Overweight			18%	17%	16%	18%	17%	20%
	Obese			20%	16%	22%	19%	23%	20%

^ New question in 2019.

\* 5th grade survey did not ask this question.

\*\* Body Mass Index (BMI) is a number calculated from a child's self-reported weight and height. BMI is calculated using a standard formula. BMI-for-age percentiles are used to interpret BMI numbers for children and teens. CDC BMI-for-age growth charts were used to determine weight status according to BMI for participants in the Minnesota Student Survey.

Not overweight: Less than the 85th percentile Overweight: 85th to less than the 95th percentile Obese: Equal to or greater than the 95th percentile

#### TABLE 21 RECEIPT OF TREATMENT; ORAL HEALTH

American Indian or Alaskan Native only or in combination

					Gra					
		5	th	8	th	9th		1'	1th	
		Male	Female	Male	Female	Male	Female	Male	Female	
		%	%	%	%	%	%	%	%	
Have you ever been treated for a mental health, emotional or behavioral	Νο			73%	63%	71%	58%	72%	48%	
problem? (Mark ALL that apply)*	Yes, during the last year			15%	26%	16%	31%	15%	36%	
	Yes, more than a year ago			17%	16%	17%	19%	16%	26%	
Have you ever been treated for an alcohol or drug	No			95%	96%	94%	93%	95%	95%	
problem? (Mark ALL that apply)*	Yes, during the last year			3%	3%	4%	5%	4%	3%	
	Yes, more than a year ago			2%	1%	3%	3%	1%	3%	
When was the last time you saw a dentist for a check-up, exam or teeth cleaning or	During the last year	75%	77%	76%	77%	73%	75%	76%	73%	
other dental work?^	Between 1 and 2 years ago	15%	13%	15%	13%	15%	14%	15%	16%	
	More than 2 years ago	7%	7%	7%	8%	11%	10%	7%	10%	
	Never	3%	3%	3%	2%	1%	2%	3%	1%	
Have you any of the following dental problems during the past 12 months?	Toothaches or pain	22%	30%	22%	32%	22%	30%	21%	35%	
(Mark ALL that apply)^^	Decayed teeth or cavities	17%	18%	14%	16%	17%	17%	16%	20%	
	Swollen, painful or bleeding gums	11%	13%	9%	13%	9%	11%	10%	9%	
	Could not eat certain foods because of a dental problem	8%	11%	5%	10%	6%	10%	4%	11%	
	Missed one or more school days because of a dental problem	13%	13%	9%	10%	7%	9%	7%	10%	
	I have not had any of these dental health problems	56%	53%	63%	55%	61%	55%	62%	52%	
IF ONE OR MORE DENTAL PROBLEMS: Have you had this dental problem treated	Yes	66%	67%	68%	64%	65%	62%	66%	59%	
by a dentist?^^	No, but I will see a dentist	24%	26%	23%	30%	28%	27%	28%	31%	
	No, I am not able to get dental treatment	9%	7%	9%	6%	8%	11%	6%	10%	

\* 5th grade survey did not ask this question. ^ Change in question wording from 2016. ^^ New question in 2019.

#### TABLE 22 PHYSICAL ACTIVITY; SLEEP; USE OF INDOOR TANNING DEVICE American Indian or Alaskan Native only or in combination

					Gra	ade			
		5	th	8	th	9	th	1 <sup>,</sup>	1th
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
During the last 7 days, on how many days were	0 days	15%	13%	7%	10%	9%	13%	10%	19%
you physically active for a total of AT LEAST 60 MINUTES PER DAY?	1 day	9%	10%	5%	8%	7%	8%	5%	11%
	2 days	9%	13%	9%	11%	9%	13%	12%	13%
	3 days	12%	14%	14%	17%	11%	14%	12%	20%
	4 days	12%	11%	12%	15%	14%	13%	12%	11%
	5 days	13%	14%	19%	18%	18%	18%	19%	13%
	6 days	6%	8%	10%	7%	9%	8%	9%	6%
	7 days	24%	18%	23%	13%	22%	11%	20%	6%
During a typical school night, how many hours	4 hours or less	7%	5%	8%	12%	12%	14%	11%	13%
of sleep do you get?	5 hours	4%	4%	9%	13%	11%	18%	17%	16%
	6 hours	9%	8%	18%	20%	19%	24%	19%	28%
	7 hours	13%	13%	22%	23%	28%	24%	31%	22%
	8 hours	24%	25%	27%	19%	21%	16%	16%	16%
	9 hours	22%	23%	11%	8%	6%	3%	5%	5%
	10 or more hours	21%	22%	4%	4%	2%	1%	1%	1%
During the last 12 months, how many	0 times			96%	98%	95%	97%	96%	97%
times did you use an indoor tanning device such as a sunlamp,	1 or 2 times			2%	1%	2%	1%	1%	1%
sunbed or tanning booth?*	3 to 9 times			1%	0%	1%	1%	1%	1%
	10 to 19 times			0%	0%	1%	0%	1%	0%
	20 to 39 times			1%	0%	1%	0%	0%	1%
	40 or more times			0%	0%	1%	0%	0%	0%

#### TABLE 23 EATING MEALS

#### American Indian or Alaskan Native only or in combination

					Gra	ade			
		5	th	8	th	9	th	1'	1th
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
During the last 30 days, have you had to skip meals because your	Yes	7%	8%	7%	10%	8%	12%	8%	14%
family did not have enough money to buy food?	Νο	93%	92%	93%	90%	92%	88%	92%	86%
During a typical school week, where do you usually get your lunch? (Mark ALL that apply)	I usually don't eat lunch.	6%	9%	14%	23%	17%	26%	15%	25%
	Regular school lunch from the cafeteria	81%	83%	79%	68%	75%	67%	72%	64%
	The a la carte line (buy individual items)	3%	3%	10%	10%	12%	15%	13%	14%
	School store or vending machine	3%	2%	4%	4%	7%	8%	6%	6%
	Fast food restaurant, gas station or somewhere else outside of school	5%	4%	3%	4%	4%	5%	12%	15%
	I bring lunch from home.	23%	29%	11%	22%	12%	20%	15%	24%
Do you currently get free or reduced-price lunch at	Yes	31%	32%	41%	46%	41%	48%	38%	51%
school?^	No	34%	28%	38%	35%	41%	39%	53%	43%
	Not sure	35%	40%	20%	19%	18%	14%	10%	7%

^ Change in question wording from 2016.

TABLE 24A NUTRITION

American Indian or Alaskan Native only or in combination

						ade			
			th	-	th	-	th		1th
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
During the last 7 days, how many times did you drink 100% fruit juices	I did NOT eat or drink this	20%	21%	21%	25%	22%	29%	24%	28%
such as orange, apple or grape juice? (Do not count punch, Kool-	1 to 3 times in the last 7 days	35%	37%	36%	42%	38%	41%	40%	44%
Aid, sports drinks or other fruit- flavored drinks)^	4 to 6 times in the last 7 days	14%	14%	16%	13%	17%	11%	15%	12%
	1 time per day	12%	12%	11%	9%	9%	9%	10%	8%
	2 times per day	8%	5%	9%	5%	6%	5%	6%	4%
	3 times per day	3%	4%	3%	2%	3%	2%	3%	1%
	4 or more times per day	8%	7%	5%	3%	5%	2%	3%	2%
During the last 7 days, how many times did you eat fruit? (Do not	I did NOT eat or drink this	7%	6%	8%	6%	9%	11%	12%	9%
count fruit juice)^	1 to 3 times in the last 7 days	26%	25%	29%	31%	28%	31%	30%	38%
	4 to 6 times in the last 7 days	17%	18%	22%	23%	21%	22%	25%	21%
	1 time per day	15%	16%	15%	14%	17%	14%	13%	13%
	2 times per day	11%	13%	12%	14%	12%	13%	11%	10%
	3 times per day	8%	7%	8%	5%	5%	5%	3%	6%
	4 or more times per day	16%	15%	7%	7%	8%	5%	6%	4%
During the last 7 days, how many times did you eat green salad,	I did NOT eat or drink this	18%	11%	14%	10%	16%	12%	13%	10%
potatoes, carrots or other vegetables? (Do not count French	1 to 3 times in the last 7 days	29%	30%	31%	30%	32%	31%	36%	37%
fries, fried potatoes, or potato chips)	4 to 6 times in the last 7 days	14%	15%	18%	21%	19%	21%	20%	22%
	1 time per day	15%	17%	18%	18%	15%	18%	17%	16%
	2 times per day	9%	10%	9%	11%	9%	10%	7%	6%
	3 times per day	5%	6%	5%	6%	3%	5%	3%	5%
	4 or more times per day	10%	10%	4%	5%	5%	3%	4%	4%
During the last 7 days, how many times did you eat from a fast food	I did NOT eat or drink this	28%	30%	28%	22%	24%	24%	21%	19%
restaurant, including carry-out or delivery?	1 to 3 times in the last 7 days	52%	51%	58%	63%	60%	62%	61%	62%
	4 to 6 times in the last 7 days	6%	6%	6%	8%	8%	7%	10%	12%
	1 time per day	7%	8%	5%	4%	4%	3%	5%	4%
	2 times per day	2%	2%	1%	1%	2%	2%	1%	1%
	3 times per day	1%	1%	1%	1%	0%	1%	0%	0%
	4 or more times per day	3%	3%	1%	1%	2%	1%	2%	1%
Servings of fruits, fruit juice and vegetables per day during the last 7	Less than five	74%	74%	81%	84%	83%	85%	86%	87%
days^^	Five or more	26%	26%	19%	16%	17%	15%	14%	13%

^ Change in question wording from 2016.
^^ This is a computed variable based on combinations of responses to the first three questions on this table.

#### TABLE 24B NUTRITION^

American Indian or Alaskan Native only or in combination

		<u> </u>	ith	•	Gr. ith	ade	th	4.	1th
		Male	Female	8 Male	th Female	9 Male	th Female	1' Male	1th Female
During the last 7 days, how ma	ny times did you drink	%	%	%	%	%	%	%	%
a glass of milk?	I did NOT eat or drink this	12%	13%	13%	24%	15%	31%	13%	33%
	1 to 3 times in the last 7 days	17%	22%	17%	26%	20%	23%	26%	26%
	4 to 6 times in the last 7 days	16%	16%	17%	15%	17%	15%	18%	11%
	1 time per day	15%	15%	18%	13%	17%	14%	16%	15%
	2 times per day	15%	15%	17%	12%	15%	9%	14%	9%
	3 times per day	9%	8%	7%	4%	7%	4%	7%	3%
	4 or more times per day	15%	11%	10%	6%	10%	3%	5%	3%
a can, bottle or glass of pop or	I did NOT eat or drink this	28%	35%	20%	26%	20%	32%	25%	30%
soda, such as Coke, Pepsi or Sprite?	1 to 3 times in the last 7 days	42%	40%	46%	45%	41%	43%	36%	43%
	4 to 6 times in the last 7 days	8%	7%	14%	13%	16%	10%	17%	13%
	1 time per day	12%	9%	9%	8%	11%	7%	10%	7%
	2 times per day	4%	4%	7%	3%	6%	3%	5%	
	3 times per day								3%
	4 or more times per day	2%	1%	2%	2%	3%	2%	3%	3%
a can, bottle or glass of a sports	I did NOT eat or drink this	4%	3%	3%	2%	4%	2%	3%	1%
drink, such as Gatorade or Powerade?	1 to 3 times in the last 7 days	42%	51%	36%	53%	39%	54%	39%	56%
rowelaue:	-	30%	27%	34%	30%	31%	28%	33%	27%
	4 to 6 times in the last 7 days	11%	8%	13%	7%	14%	10%	13%	10%
	1 time per day	8%	8%	8%	5%	8%	4%	8%	4%
	2 times per day	5%	2%	4%	2%	4%	2%	3%	2%
	3 times per day	2%	2%	2%	1%	1%	2%	2%	1%
	4 or more times per day	3%	3%	2%	2%	2%	1%	2%	1%
a can, bottle or glass of an energy drink, such as Rockstar, Red Bull, Monster or Full Throttle?	I did NOT eat or drink this	80%	86%	68%	78%	66%	78%	65%	77%
	1 to 3 times in the last 7 days	10%	7%	19%	14%	20%	14%	23%	16%
	4 to 6 times in the last 7 days	2%	3%	5%	4%	6%	3%	4%	3%
	1 time per day	4%	2%	4%	2%	4%	3%	4%	2%
	2 times per day	1%	1%	2%	1%	1%	1%	2%	1%
	3 times per day	1%	0%	1%	0%	1%	0%	1%	1%
	4 or more times per day	2%	1%	2%	1%	1%	0%	1%	0%
a can, bottle or glass of coffee or	I did NOT eat or drink this	63%	54%	54%	42%	56%	38%	53%	38%
tea that had sugar, syrups, or honey added to it?	1 to 3 times in the last 7 days	22%	26%	26%	34%	24%	37%	24%	33%
	4 to 6 times in the last 7 days	4%	6%	7%	11%	8%	12%	8%	13%
	1 time per day	6%	8%	7%	10%	7%	7%	9%	9%
	2 times per day	2%	2%	3%	3%	3%	3%	4%	5%
	3 times per day	1%	1%	1%	1%	1%	1%	1%	1%
	4 or more times per day								
a can, bottle or glass of	I did NOT eat or drink this	2%	3%	2%	1%	1% 44%	1%	1%	1%
sweetened fruit drinks, such as Kool-Aid, Capri Sun and lemonade?	1 to 3 times in the last 7 days	40%	38%	43% 34%	45%		47%	49%	54%
	4 to 6 times in the last 7 days	32%	35%	-	34%	33%	35%	30%	32%
	1 time per day	9%	9%	10%	9%	10%	8%	10%	7%
		9%	9%	6%	6%	6%	5%	6%	3%
	2 times per day	4%	5%	3%	3%	3%	2%	2%	1%
	3 times per day	3%	2%	1%	1%	1%	1%	1%	1%
	4 or more times per day	3%	3%	3%	2%	2%	1%	2%	1%
a bottle or glass of water?	I did NOT eat or drink this	4%	3%	2%	2%	4%	2%	2%	1%
	1 to 3 times in the last 7 days	8%	7%	7%	7%	9%	8%	6%	8%
	4 to 6 times in the last 7 days	13%	12%	11%	12%	10%	11%	12%	12%
	1 time per day	8%	7%	11%	9%	9%	8%	11%	9%
	2 times per day	11%	10%	12%	15%	14%	15%	13%	13%
	3 times per day	10%	12%	16%	16%	16%	13%	19%	17%
	4 or more times per day	47%	49%	40%	40%	38%	42%	38%	38%

^ All questions on this table were new in 2019.

## TABLE 25 VEHICLE SAFETY<sup>^</sup>

American Indian or Alaskan Native only or in combination

					Gra	ade			
		5	th	8	th	9	th	11	lth
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
When driving a car, truck or SUV, how often do you send or read text	I don't drive a car, truck or SUV					69%	76%	33%	33%
messages or emails?*	I never do this					20%	17%	29%	28%
	Rarely					5%	4%	17%	21%
	Sometimes					3%	2%	11%	12%
	Often					1%	1%	7%	5%
	Always					1%	0%	3%	1%
When driving a car, truck or SUV, how often do you make or answer a	I don't drive a car, truck or SUV					69%	76%	32%	32%
phone call?*	I never do this					16%	14%	18%	21%
	Rarely					7%	5%	20%	19%
	Sometimes					4%	3%	14%	15%
	Often					1%	1%	9%	10%
	Always					2%	1%	7%	3%
How often do you wear a seat belt when you are driving or riding in a	I don't ride in a car, truck or SUV	3%	2%	1%	0%	27%	23%	14%	9%
car, truck or SUV?**	I never do this	3%	1%	2%	1%	2%	0%	2%	1%
	Rarely	3%	2%	4%	4%	4%	2%	2%	2%
	Sometimes	6%	6%	8%	9%	4%	5%	5%	3%
	Often	16%	12%	21%	24%	12%	14%	10%	12%
	Always	70%	77%	64%	62%	52%	55%	67%	72%

\* 5th and 8th grade surveys did not ask this question.
 \*\* On the 5th and 8th grade surveys, this question was worded "How often do you wear a seat belt when you are riding in a car, truck or SUV?
 ^ All questions on this table had wording changes from 2016.

#### TABLE 26A **SELF DESCRIPTION^**

American Indian or Alaskan Native only or in combination

					Gra				
		5	ith	8	th	9	th	11	lth
In general, how does eacl		Male	Female	Male	Female	Male	Female	Male	Female
statements describe you?		%	%	%	%	%	%	%	%
I feel in control of my life and future.*	Not at all or rarely	17%	19%	6%	15%	9%	13%	10%	11%
	Somewhat or sometimes	35%	36%	23%	36%	27%	43%	29%	42%
	Very or often	35%	30%	46%	31%	39%	30%	36%	34%
	Extremely or almost always	14%	14%	25%	17%	25%	14%	25%	13%
I feel good about myself.	Not at all or rarely	7%	15%	6%	26%	10%	26%	10%	17%
	Somewhat or sometimes	18%	27%	26%	38%	27%	41%	28%	47%
	Very or often	35%	27%	41%	22%	38%	23%	38%	27%
	Extremely or almost always	40%	31%	27%	13%	25%	10%	24%	10%
I feel good about my future.	Not at all or rarely	9%	10%	7%	17%	10%	17%	10%	13%
	Somewhat or sometimes	17%	24%	23%	33%	28%	35%	28%	40%
	Very or often	34%	31%	41%	29%	36%	32%	37%	30%
	Extremely or almost always	40%	36%	29%	21%	26%	16%	24%	16%
I deal with disappointment without getting too upset.	Not at all or rarely	16%	18%	12%	22%	13%	20%	11%	18%
· · · · · · · · · · · · · · · · · · ·	Somewhat or sometimes	36%	36%	30%	39%	32%	46%	32%	45%
	Very or often	30%	30%	41%	27%	37%	24%	36%	28%
	Extremely or almost always	18%	15%	17%	13%	19%	10%	21%	9%
I find good ways to deal with things that are hard in my life.	Not at all or rarely	13%	15%	9%	23%	11%	23%	11%	14%
<b>0</b>	Somewhat or sometimes	26%	32%	31%	40%	31%	45%	32%	46%
	Very or often	40%	34%	42%	27%	37%	24%	35%	31%
	Extremely or almost always	21%	19%	18%	11%	21%	8%	23%	8%
I am thinking about what my purpose is in life.**	Not at all or rarely	9%	8%	11%	16%	15%	12%	9%	8%
F . F	Somewhat or sometimes	27%	29%	27%	29%	26%	30%	26%	30%
	Very or often	35%	33%	34%	29%	32%	33%	34%	35%
	Extremely or almost always	29%	30%	28%	27%	28%	25%	31%	26%

\* On the 5th grade survey, this item was worded "I can shape and influence what happens in my life and future."
 \*\* On the 5th grade survey, this item was worded "I think about what I want to do in my life when I grow up."
 ^ These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

#### TABLE 26B SELF DESCRIPTION<sup>^</sup>

American Indian or Alaskan Native only or in combination

					Gra	de			
		5	öth	8	th	9	th	11	lth
In general, how does each		Male	Female	Male	Female	Male	Female	Male	Female
statements describe you?		%	%	%	%	%	%	%	%
I say no to things that are dangerous or unhealthy.	Not at all or rarely	12%	11%	9%	10%	11%	11%	9%	9%
aungereae er anneanny.	Somewhat or sometimes	20%	15%	24%	28%	25%	32%	30%	31%
	Very or often	24%	22%	30%	26%	31%	25%	31%	34%
	Extremely or almost always	44%	51%	37%	36%	33%	31%	30%	27%
I build friendships with other people.	Not at all or rarely	10%	11%	7%	13%	6%	13%	8%	11%
people	Somewhat or sometimes	26%	29%	26%	36%	29%	38%	31%	37%
	Very or often	37%	33%	46%	34%	40%	33%	38%	33%
	Extremely or almost always	28%	27%	22%	17%	25%	16%	23%	18%
l express my feelings in proper ways.	Not at all or rarely	17%	16%	16%	23%	19%	22%	13%	17%
	Somewhat or sometimes	30%	33%	34%	39%	30%	43%	33%	43%
	Very or often	32%	34%	36%	27%	34%	27%	36%	30%
	Extremely or almost always	21%	17%	14%	10%	16%	8%	19%	10%
I plan ahead and make good choices.	Not at all or rarely	8%	7%	10%	16%	10%	16%	9%	9%
	Somewhat or sometimes	28%	27%	36%	36%	36%	38%	36%	40%
	Very or often	38%	37%	37%	32%	35%	32%	38%	36%
	Extremely or almost always	26%	29%	18%	16%	19%	14%	17%	15%
I stay away from bad influences.	Not at all or rarely	8%	9%	11%	17%	12%	16%	12%	12%
	Somewhat or sometimes	20%	19%	27%	30%	28%	33%	30%	32%
	Very or often	30%	28%	33%	27%	30%	27%	30%	34%
	Extremely or almost always	42%	44%	29%	26%	30%	24%	28%	23%
I resolve conflicts without anyone getting hurt.	Not at all or rarely	10%	7%	9%	11%	8%	9%	8%	7%
	Somewhat or sometimes	26%	23%	29%	30%	33%	36%	27%	33%
	Very or often	34%	30%	41%	37%	36%	33%	40%	40%
	Extremely or almost always	31%	40%	21%	22%	23%	23%	25%	21%

^ These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

#### TABLE 26C SELF DESCRIPTION<sup>^</sup>

American Indian or Alaskan Native only or in combination

					Gra	ide			
		5	ith	8	th	9	th	1'	lth
In general, how does eac	h of the following	Male	Female	Male	Female	Male	Female	Male	Female
statements describe you	?	%	%	%	%	%	%	%	%
I accept people who are different from me.	Not at all or rarely	4%	3%	2%	2%	4%	2%	4%	1%
	Somewhat or sometimes	11%	8%	13%	7%	13%	10%	14%	7%
	Very or often	29%	22%	38%	28%	39%	30%	38%	29%
	Extremely or almost always	55%	68%	46%	63%	45%	58%	44%	63%
I am sensitive to the needs and feelings of others.	Not at all or rarely	14%	9%	13%	8%	12%	7%	13%	5%
and rectings of others.	Somewhat or sometimes	24%	20%	28%	23%	30%	26%	27%	22%
	Very or often	33%	33%	36%	36%	32%	33%	34%	39%
	Extremely or almost always	29%	37%	23%	34%	27%	33%	26%	33%
I feel valued and appreciated by others.	Not at all or rarely	11%	13%	9%	21%	13%	20%	11%	13%
sy chiere.	Somewhat or sometimes	24%	28%	31%	38%	27%	40%	32%	46%
	Very or often	36%	33%	39%	28%	39%	26%	36%	29%
	Extremely or almost always	30%	26%	21%	13%	21%	13%	21%	12%
I am included in family tasks and decisions.	Not at all or rarely	7%	7%	6%	13%	9%	13%	9%	14%
	Somewhat or sometimes	21%	21%	24%	31%	24%	34%	28%	32%
	Very or often	35%	36%	43%	34%	39%	33%	38%	32%
	Extremely or almost always	37%	35%	26%	21%	28%	20%	24%	23%
I am given useful roles and responsibilities.	Not at all or rarely	7%	6%	6%	9%	7%	11%	9%	7%
	Somewhat or sometimes	20%	22%	24%	30%	27%	32%	27%	28%
	Very or often	39%	36%	44%	38%	39%	35%	42%	41%
	Extremely or almost always	34%	36%	26%	23%	26%	22%	22%	24%

^ These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

## TABLE 27A **EMOTIONAL WELL-BEING AND DISTRESS\***

## American Indian or Alaskan Native only or in combination

				Gr	ade		
		8	th	9	th	1 <sup>,</sup>	1th
Over the last two weeks, ho	w often have you been	Male	Female	Male	Female	Male	Female
bothered by?	2	%	%	%	%	%	%
little interest or pleasure in doing things?	Not at all	51%	34%	49%	32%	45%	24%
	Several days	29%	33%	28%	35%	30%	41%
	More than half the days	11%	16%	12%	17%	13%	18%
	Nearly every day	9%	17%	11%	16%	12%	16%
feeling down, depressed or hopeless?	Not at all	60%	36%	57%	30%	55%	30%
	Several days	22%	25%	21%	31%	28%	33%
	More than half the days	10%	15%	11%	17%	9%	19%
	Nearly every day	8%	24%	10%	23%	8%	18%
feeling nervous, anxious or on edge?^	Not at all	50%	26%	50%	18%	45%	20%
	Several days	29%	30%	27%	32%	31%	31%
	More than half the days	10%	16%	12%	19%	12%	19%
	Nearly every day	11%	27%	12%	30%	12%	29%
not being able to stop or control worrying? <sup>^</sup>	Not at all	64%	34%	59%	28%	58%	29%
	Several days	19%	27%	21%	30%	24%	28%
	More than half the days	7%	15%	10%	14%	10%	18%
	Nearly every day	10%	24%	10%	28%	9%	24%

\* 5th grade survey did not ask these questions. ^ New question in 2019.

#### TABLE 27B **EMOTIONAL WELL-BEING AND DISTRESS\***

#### American Indian or Alaskan Native only or in combination

		Gra	ade
		5	th
	how much do you agree or disagree	Male	Female
with the following statements?		%	%
l worry a lot.	Strongly agree	13%	25%
	Agree	22%	25%
	Neither agree nor disagree	31%	25%
	Disagree	17%	13%
	Strongly disagree	17%	12%
I sometimes feel sad without knowing why. <sup>^</sup>	Strongly agree	15%	28%
5 ,	Agree	25%	30%
	Neither agree nor disagree	20%	15%
	Disagree	16%	13%
	Strongly disagree	25%	14%

\* Only 5th grade survey asked these questions. ^ Change in question wording from 2016

# TABLE 28 SELF-INFLICTED INJURY; SUICIDAL THOUGHTS AND SUICIDAL BEHAVIOR\* American Indian or Alaskan Native only or in combination

				Gr	ade		
		8	th	9	th	1 <sup>,</sup>	lth
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 12 months, how many	0 times	81%	58%	81%	57%	82%	65%
times did you do something to	1 or 2 times	10%	14%	7%	16%	9%	15%
purposely hurt or	3 to 5 times	3%	8%	3%	9%	4%	9%
injure yourself without wanting to die, such as cutting, burning, or	6 to 9 times	2%	7%	4%	5%	2%	4%
as cutting, burning, or bruising yourself on	10 to 19 times	1%	3%	2%	5%	2%	4%
purpose?	20 or more times	3%	9%	3%	7%	2%	4%
Have you ever seriously considered	Νο	79%	56%	75%	52%	72%	49%
attempting suicide? (Mark ALL that apply)	Yes, during the last year	13%	33%	15%	33%	12%	27%
	Yes, more than a year ago	13%	21%	14%	25%	20%	36%
Have you ever actually attempted suicide?	Νο	89%	78%	89%	72%	86%	73%
(Mark ALL that apply)	Yes, during the last year	5%	15%	6%	16%	5%	11%
	Yes, more than a year ago	7%	12%	7%	17%	10%	20%

## TABLE 29 PROBLEMATIC AND ANTISOCIAL BEHAVIOR

American Indian or Alaskan Native only or in combination

					Gra	ade			
		5	th	8	th	9	th	1'	lth
During the last 12 r	nonths, how often	Male	Female	Male	Female	Male	Female	Male	Female
have you		%	%	%	%	%	%	%	%
run away from home?	Never	90%	89%	89%	82%	88%	83%	90%	85%
	Once or twice	7%	9%	9%	14%	8%	13%	9%	11%
	3 to 5 times	1%	1%	1%	3%	2%	3%	1%	2%
	6 to 9 times	0%	1%	0%	0%	1%	0%	0%	0%
	10 or more times	1%	1%	0%	1%	1%	1%	1%	1%
damaged or destroyed	Never	78%	85%	73%	75%	74%	77%	79%	85%
property?	Once or twice	17%	12%	19%	18%	19%	17%	14%	11%
	3 to 5 times	3%	2%	4%	4%	4%	4%	3%	3%
	6 to 9 times	1%	0%	1%	2%	2%	2%	2%	1%
	10 or more times	1%	1%	2%	1%	1%	1%	3%	1%
hit or beat up another person?	Never	70%	79%	69%	75%	73%	78%	81%	86%
	Once or twice	19%	15%	22%	17%	17%	16%	13%	10%
	3 to 5 times	5%	3%	5%	5%	5%	3%	4%	2%
	6 to 9 times	2%	1%	1%	1%	2%	1%	1%	1%
	10 or more times	4%	2%	4%	2%	3%	1%	1%	1%
taken something from a store	Never	91%	89%	85%	78%	82%	77%	81%	78%
without paying for	Once or twice	6%	7%	9%	14%	12%	13%	12%	14%
it?	3 to 5 times	1%	2%	2%	4%	3%	4%	3%	3%
	6 to 9 times	1%	1%	1%	1%	1%	2%	1%	2%
	10 or more times	1%	1%	2%	3%	2%	3%	3%	3%

#### TABLE 30A GAMBLING BEHAVIOR\*

## American Indian or Alaskan Native only or in combination

				Gr	ade		
		8	th	9	th	1 <sup>.</sup>	1th
During the last 12 mont	hs, how often have you	Male	Female	Male	Female	Male	Female
	bling/betting activities?	%	%	%	%	%	%
Played cards, bet on sports teams or	Not at all	62%	75%	63%	81%	64%	86%
games of personal skill like video gaming,	Less than once a month	19%	15%	17%	10%	15%	10%
pool, golf or bowling	About once a month	8%	4%	9%	5%	10%	3%
	About once a week	3%	2%	5%	2%	5%	1%
	2 to 6 times a week	2%	2%	2%	1%	2%	0%
	Daily	5%	1%	4%	1%	4%	0%
Bought lottery tickets or scratch offs	Not at all	87%	88%	87%	90%	89%	89%
	Less than once a month	8%	9%	8%	6%	5%	7%
	About once a month	3%	2%	3%	2%	3%	2%
	About once a week	1%	0%	1%	1%	1%	1%
	2 to 6 times a week	0%	0%	1%	0%	0%	0%
	Daily	0%	1%	1%	1%	2%	0%
Gambled in a casino	Not at all	95%	98%	95%	97%	93%	95%
	Less than once a month	2%	1%	2%	1%	3%	3%
	About once a month	1%	1%	1%	1%	1%	1%
	About once a week	0%	0%	1%	1%	1%	0%
	2 to 6 times a week	0%	0%	0%	0%	0%	0%
	Daily	1%	0%	1%	1%	2%	0%
Gambled for money online	Not at all	95%	98%	93%	98%	95%	99%
	Less than once a month	3%	1%	3%	1%	2%	0%
	About once a month	1%	0%	1%	0%	1%	0%
	About once a week	0%	0%	1%	0%	1%	0%
	2 to 6 times a week	0%	0%	1%	0%	0%	0%
	Daily	1%	0%	1%	1%	1%	0%

#### TABLE 30B GAMBLING BEHAVIOR\*

				Gr	ade		
INCLUDES ONLY THOS	SE WHO HAVE	8	th	9	th	11th	
PARTICIPATED IN ANY	-	Male	Female	Male	Female	Male	Female
ACTIVITIES DURING TH	HE LAST 12 MONTHS	%	%	%	%	%	%
hidden your gambling/betting from your parents, other family members or teachers?	Never	88%	93%	89%	90%	87%	93%
	Sometimes	7%	4%	7%	5%	4%	3%
	Many times	2%	1%	2%	1%	4%	3%
	All of the time	3%	3%	2%	3%	4%	1%
felt that you might have a problem with	Never	94%	96%	92%	93%	89%	92%
gambling/betting?	Sometimes	3%	3%	5%	5%	6%	5%
	Many times	1%	1%	3%	0%	2%	3%
	All of the time	2%	0%	1%	1%	3%	0%
skipped hanging out with friends who do	Never	94%	97%	92%	94%	94%	96%
not gamble/bet to hang out with friends	Sometimes	4%	3%	4%	3%	3%	3%
who do gamble/bet?	Many times	1%	1%	3%	1%	2%	1%
	All of the time	1%	0%	1%	2%	2%	0%

#### TABLE 31 SUMMARY OF SUBSTANCE USE\*\*

#### American Indian or Alaskan Native only or in combination

				Gra	ade		
		8	th	9	th	11	lth
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Use of conventional tobacco products (cigarettes, cigars, smokeless tobacco) during	Νο	92%	90%	88%	88%	86%	85%
the past 30 days	Yes	8%	10%	12%	12%	14%	15%
Use of any tobacco products, including e- cigarettes and hookah, during the past 30 days	No	81%	72%	75%	67%	65%	63%
	Yes	19%	28%	25%	33%	35%	37%
Frequent binge drinking in the past year (typically drank 5 or more drinks at a	Νο	100%	99%	99%	97%	96%	97%
time and drank on 10 or more occasions during the past year)	Yes	0%	1%	1%	3%	4%	3%
Any alcohol and/or other drug use during the past year (excluding tobacco)	No alcohol or marijuana or other drug use in the past year	66%	59%	63%	51%	50%	45%
	Used only alcohol in the past year	9%	10%	9%	12%	13%	15%
	Used alcohol and marijuana in past year, but not other drugs	3%	5%	5%	7%	11%	15%
	Used marijuana or other drugs but not alcohol in the past year	14%	12%	12%	14%	11%	9%
	Used alcohol and marijuana or other drugs in the past year	8%	15%	12%	16%	14%	17%

\*\* These are all computed variables based on combinations of responses to two or more survey items.

## TABLE 32 SUBSTANCE ABUSE\*

## American Indian or Alaskan Native only or in combination

			ade th
		Male	Female
		%	%
During the last 30 days, have you smoked any cigarettes?	Yes	2%	2%
	Νο	98%	98%
During the last 12 months, have you had alcoholic beverages to	Yes	6%	4%
drink such as beer, wine, wine coolers, and liquor?	Νο	94%	96%
During the last 12 months, have you used marijuana (pot, weed) or	Yes	3%	3%
hashish (hash, hash oil)?	Νο	97%	97%
During the last 12 months, have you sniffed glue or huffed or inhaled the contents of aerosol	Yes	4%	4%
spray cans or other gases to get high?	No	96%	96%
During the last 12 months, have you used prescription drugs without a doctor's prescription or	Yes	3%	3%
differently than how a doctor told you to use it?^	No	97%	97%

\* Only 5th grade survey asked these questions. ^ Change in question wording from 2016.

## TABLE 33 TOBACCO USE\*

American Indian or Alaskan Native only or in combination

		-	th		ade Ith	1	1th
		Male	Female	Male	Female	Male	Femal
During the last 30 days, on how many days did you		%	%	%	%	Male           Male           %           91%           4%           91%           4%           91%           4%           91%           4%           91%           4%           2%           0%           92%           5%           3%           0%           94%           0%           94%           0%           0%           1%           96%           2%           11%           96%           2%           11%           96%           2%           11%           96%           2%           11%           96%           2%           11%           96%           2%           11%           96%           2%           11%           11%           11%           11%           11%           11%           11%<	%
smoke a cigarette?	0 days	94%	91%	92%	89%	91%	87%
	1 to 2 days	3%	5%	4%	5%	4%	5%
	3 to 9 days	1%	2%	2%	3%	2%	3%
	10 to 19 days	0%	1%	1%	2%	0%	29
	20 to 29 days	0%	0%	1%	1%	1%	0%
	All 30 days	0%	0%	1%	1%	1%	29
smoke cigars, cigarillos or little cigars?	0 days	97%	96%	93%	95%	92%	94%
	1 to 2 days	1%	2%	3%	2%		39
	3 to 9 days	1%	1%	1%	1%		29
	10 to 19 days	0%	0%	1%	0%		19
	20 to 29 days						
	All 30 days	0%	0%	1%	0%		09
use chewing tobacco, snuff or dip?	0 days	0%	0%	0%	0%		0%
	1 to 2 days	98%	99%	95%	98%		98%
		1%	0%	2%	2%	3%	19
	3 to 9 days	1%	1%	1%	0%	1%	0%
	10 to 19 days	0%	0%	1%	0%	0%	0%
	20 to 29 days	0%	0%	0%	0%	1%	0%
	All 30 days	0%	0%	0%	0%	1%	0%
vape or use an e-cigarette like JUUL, suorin, blu, VUSE, or logic?^	0 days	84%	74%	77%	69%	66%	66%
	1 to 2 days	6%	11%	7%	12%	7%	13%
	3 to 9 days	4%	6%	5%	8%	7%	5%
	10 to 19 days	3%	4%	4%	4%	5%	49
	20 to 29 days	1%	2%	3%	4%	4%	49
	All 30 days	3%	2%	4%	3%	11%	89
use a hookah or a waterpipe to smoke tobacco?	0 days	97%	97%	96%	97%	96%	97%
	1 to 2 days	1%	1%	2%	2%		29
	3 to 9 days	1%	1%	1%	1%	91%           91%           4%           2%           0%           1%           92%           5%           3%           0%           0%           0%           0%           0%           0%           0%           0%           1%           0%           1%           0%           1%           0%           1%           0%           1%           0%           1%           0%           3%           2%           1%           0%           86%           6%           3%           2%           1%           2%           81%           5%           5%           5%	19
	10 to 19 days	0%	0%	0%	0%		09
	20 to 29 days			-			
	All 30 days	0%	0%	0%	0%		0%
During the last 30 days, on how many days did you smoke	0 days or no tobacco use	0%	0%	0%	0%		0%
cigarettes or use other tobacco products that were flavored to taste like mint or menthol?	1 to 2 days	94%	91%	91%	89%		85%
	3 to 9 days	3%	5%	3%	6%		6%
		1%	1%	3%	3%	3%	39
	10 to 19 days	0%	1%	2%	2%	2%	29
	20 to 29 days	0%	1%	1%	1%	1%	19
	All 30 days	0%	0%	1%	0%	2%	29
During the last 30 days, on how many days did you use any tobacco product that was some other flavor, like candy, fruit, chocolate,	0 days or no tobacco use	94%	89%	90%	85%	81%	81%
clove, spice or alcoholic drinks?	1 to 2 days	3%	5%	4%	7%	5%	89
	3 to 9 days	2%	2%	2%	3%	5%	5%
	10 to 19 days	1%	2%	2%	2%	3%	3%
	20 to 29 days	0%	1%	0%	2%	3%	29
	All 30 days	1%	1%	1%	1%	20/	39

\* 5th grade survey did not ask these questions. ^ Change in question wording from 2016.

#### TABLE 33A ACCESS TO E-CIGARETTES\*^

\_

#### American Indian or Alaskan Native only or in combination

r

				Gr	ade		
		8	th	9	th	1 <sup>,</sup>	lth
INCLUDES ONLY THOSE W	HO VAPED OR USED	Male	Female	Male	Female	Male	Female
E-CIGARETTES IN THE LAS	ST 30 DAYS	%	%	%	%	%	%
When you vaped or used an e-cigarette during the last 30 days, how did you	I bought it at gas stations or convenience stores	4%	3%	12%	4%	13%	6%
get it? (Mark ALL that apply)	I bought it at grocery, discount or drug stores	3%	2%	5%	1%	5%	0%
	I bought it on the internet	13%	8%	16%	11%	11%	7%
	I bought it at vape shops or other stores that sell only e-cigarettes	4%	7%	15%	6%	18%	15%
	I got it from friends	61%	75%	64%	76%	65%	71%
	I got it from my parents	7%	6%	9%	5%	3%	5%
	I got it from other family members	18%	21%	15%	17%	5%	13%
	l got it from someone l didn't know	4%	7%	10%	9%	8%	4%
	I got it by getting someone else to buy it for me	19%	21%	22%	21%	21%	22%
	I took it from my home	8%	6%	4%	6%	1%	1%
	I took it from a friend's home	4%	4%	5%	5%	3%	2%
	I took it from stores	3%	2%	4%	2%	1%	0%
	I got it some other way	27%	15%	21%	21%	20%	11%

\* 5th grade survey did not ask these questions. ^ All questions on this table were new in 2019.

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## TABLE 34EXPOSURE TO SECONDHAND SMOKE\*

## American Indian or Alaskan Native only or in combination

		Gra	ade
		5	th
		Male	Female
		%	%
During the last 7 days, on how many days were you in the same	0 days	68%	65%
room as someone who was smoking cigarettes?	1 or 2 days	18%	18%
	3 or 4 days	5%	5%
	5 or 6 days	2%	2%
	All 7 days	7%	9%
During the last 7 days, on how many days did you ride in a car	0 days	72%	68%
with someone who was smoking cigarettes?	1 or 2 days	14%	15%
	3 or 4 days	5%	5%
	5 or 6 days	3%	3%
	All 7 days	6%	8%

\* Only the 5th grade survey asked these questions.

#### TABLE 35 ALCOHOL USE FREQUENCY AND QUANTITY\* American Indian or Alaskan Native only or in combination

				Gr	ade		
		8	th	9	th	1	lth
		Male %	Female	Male %	Female %	Male	Female %
During the last 30	0 days		%			<b>%</b>	% 74%
days, on how many	-	89%	82%	84%	76%	78%	
days did you drink one or more drinks of	1 to 2 days	8%	12%	8%	14%	12%	15%
an alcoholic beverage?	3 to 5 days	2%	3%	4%	4%	4%	5%
Ū	6 to 9 days	1%	2%	2%	3%	3%	5%
	10 to 19 days	0%	1%	1%	2%	2%	1%
	20 to 29 days	0%	0%	0%	0%	0%	1%
	All 30 days	0%	0%	1%	0%	1%	0%
During the last 12 months, on how	0	81%	72%	76%	66%	62%	55%
many occasions (if any) have you had	1 to 2	12%	15%	10%	15%	13%	19%
alcoholic beverages to drink?	3 to 5	3%	5%	5%	7%	9%	11%
	6 to 9	1%	3%	4%	4%	8%	6%
	10 to 19	1%	2%	2%	4%	5%	5%
	20 to 39	0%	2%	1%	2%	2%	2%
	40 or more	0%	1%	2%	1%	2%	2%
lf you drink beer/wine/wine	No alcohol use	83%	75%	78%	68%	64%	56%
coolers/liquor, generally how much	1 glass/can/drink	10%	14%	11%	16%	11%	19%
do you drink at one time?	2 glasses/cans/drinks	2%	6%	3%	5%	5%	9%
	3 glasses/cans/drinks	2%	2%	3%	4%	6%	7%
	4 glasses/cans/drinks	1%	1%	2%	3%	3%	3%
	5 or more glasses/cans/drinks	2%	3%	3%	4%	11%	6%
Binge drinking (4 or more drinks in a row	0 days	97%	93%	93%	90%	88%	86%
(females) or 5 or	1 day	1%	3%	3%	4%	5%	6%
more drinks in a row (males) within a	2 days	0%	1%	1%	4%	1%	4%
couple of hours)^	3 to 5 days	1%	2%	1%	2%	3%	2%
	6 to 9 days	0%	0%	1%	1%	2%	2%
	10 to 19 days	0%	0%	0%	0%	1%	1%
	20 or more days	0%	0%	0%	0%	0%	0%

\* 5th grade survey did not ask these questions. ^ Change in question wording from 2016

#### TABLE 36 ACCESS TO ALCOHOL\*^

#### American Indian or Alaskan Native only or in combination

				Gr	ade		
		8	th	9	th	11	lth
INCLUDES ONLY THOSE W	VHO USED ALCOHOL IN	Male	Female	Male	Female	Male	Female
THE LAST 30 DAYS		%	%	%	%	%	%
When you used alcohol during the last 30 days, how did you get it? (Mark	I bought alcohol at gas stations or convenience stores	5%	1%	3%	3%	5%	1%
ALL that apply)	I bought alcohol at bars or restaurants	3%	1%	3%	2%	4%	1%
	I bought alcohol at stores	3%	1%	3%	2%	6%	3%
	I bought alcohol on the Internet	1%	1%	0%	1%	5%	1%
	I got alcohol from friends	33%	44%	38%	47%	40%	46%
	l got alcohol from my parents	24%	21%	13%	22%	13%	17%
	I got alcohol from other family members	15%	22%	15%	19%	11%	23%
	I got alcohol by getting someone else to buy for me	13%	18%	19%	18%	22%	28%
	l got alcohol at parties	18%	19%	23%	29%	31%	29%
	I took alcohol from my home	24%	39%	24%	30%	16%	19%
	I took alcohol from a friend's home	6%	10%	12%	12%	5%	2%
	I took alcohol from stores	4%	1%	4%	3%	1%	1%
	l got alcohol some other way	26%	16%	29%	23%	21%	12%

\* 5th grade survey did not ask these questions. ^ All questions on this table were new in 2019.

## **TABLE 37 USE OF MARIJUANA AND PRESCRIPTION DRUGS\***

## American Indian or Alaskan Native only or in combination

				Gra	ade		
		8	th	9	th	1 <sup>,</sup>	1th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 30 days, on how many days did you	0 days	89%	84%	84%	78%	75%	73%
use marijuana or hashish? (Do NOT count medical	1 to 2 days	4%	6%	4%	7%	6%	8%
marijuana prescribed for you by a doctor)	3 to 5 days	1%	3%	3%	4%	4%	5%
	6 to 9 days	2%	2%	1%	3%	3%	2%
	10 to 19 days	2%	3%	2%	4%	3%	3%
	20 to 29 days	1%	0%	2%	2%	5%	2%
	All 30 days	1%	2%	2%	3%	4%	6%
During the last 12 months, on how many occasions (if	0	86%	81%	80%	73%	69%	66%
any) have you used marijuana or hashish? (Do	1 to 2	5%	5%	6%	7%	5%	7%
NOT count medical marijuana prescribed for	3 to 5	2%	3%	3%	3%	4%	6%
you by a doctor)	6 to 9	2%	3%	2%	3%	3%	4%
	10 to 19	2%	3%	2%	3%	4%	4%
	20 to 39	1%	2%	2%	3%	2%	3%
	40 or more	2%	3%	5%	7%	11%	10%
During the last 30 days, on how many days did you	0 days	94%	93%	92%	90%	94%	93%
use prescription drugs without a doctor's	1 to 2 days	2%	4%	4%	5%	3%	6%
prescription or differently than how a doctor told you	3 to 5 days	1%	2%	1%	2%	2%	1%
to use it?^	6 to 9 days	1%	1%	1%	1%	0%	1%
	10 to 19 days	1%	0%	1%	1%	0%	0%
	20 to 29 days	0%	0%	1%	0%	0%	0%
	All 30 days	1%	0%	0%	1%	0%	0%

\* 5th grade survey did not ask these questions. ^ Change in question wording from 2016.

#### TABLE 38 PRESCRIPTION DRUG USE\*

## American Indian or Alaskan Native only or in combination

During the last 12 mont	hs, on how many			Gr	ade		
occasions (if any) have		8	th	9	th	1'	1th
prescription or differen		Male	Female	Male	Female	Male	Female
told you to use it?	-	%	%	%	%	%	%
Stimulants such as Amphetamines	0	98%	98%	97%	98%	98%	98%
(bennies, speed, uppers) or diet pills	1 to 2	1%	1%	2%	1%	1%	1%
uppers/ of thet plits	3 to 5	0%	0%	1%	0%	0%	1%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	0%	0%
ADHD or ADD drugs (Ritalin, Adderall,	0	95%	97%	95%	95%	94%	95%
hyper pills)	1 to 2	2%	1%	2%	2%	2%	2%
	3 to 5	1%	1%	1%	2%	2%	1%
	6 to 9	0%	0%	1%	1%	1%	1%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	1%	1%	0%	0%	1%	0%
Pain relievers such as OxyContin, Percocet,	0	93%	91%	94%	93%	94%	95%
Vicodin or others	1 to 2	3%	6%	3%	4%	2%	2%
	3 to 5	2%	2%	2%	1%	2%	0%
	6 to 9	1%	1%	1%	1%	1%	1%
	10 to 19	0%	0%	0%	0%	0%	1%
	20 or more	1%	1%	1%	0%	0%	1%
Tranquilizers such as Valium, Xanax,	0	97%	96%	95%	94%	95%	94%
Klonopin, Ativan,	1 to 2	2%	2%	2%	3%	2%	2%
anxiety pills, sedatives or benzos (downers)	3 to 5	1%	1%	1%	1%	2%	1%
	6 to 9	0%	1%	1%	1%	0%	1%
	10 to 19	0%	0%	0%	0%	1%	1%
	20 or more	0%	0%	0%	0%	0%	0%

## TABLE 39 HALLUCINOGEN, ECSTASY, COCAINE AND HEROIN USE\*

American Indian or Alaskan Native only or in combination

				Gr	ade		
		8	th	9	th	1	1th
During the last 12 mont	hs, on how many	Male	Female	Male	Female	Male	Female
occasions (if any) have	you used	%	%	%	%	%	%
used LSD (acid), PCP (wet sticks or	0	97%	97%	95%	96%	93%	97%
dipped joints), or other psychedelics	1 to 2	2%	2%	3%	2%	5%	1%
(mushrooms, angel	3 to 5	0%	0%	1%	1%	1%	1%
dust)?	6 to 9	0%	0%	0%	0%	1%	1%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	0%	0%
used MDMA (E, X, ecstasy, Molly), GHB (G, Liquid E, Liquid X, roofies) or Ketamine (Special K)?	0	97%	98%	97%	98%	95%	98%
	1 to 2	2%	1%	2%	2%	3%	1%
	3 to 5	0%	0%	1%	1%	2%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	1%	0%	1%	0%	0%	0%
used crack, coke or cocaine in any form?	0	99%	99%	97%	98%	96%	98%
	1 to 2	1%	1%	2%	1%	2%	1%
	3 to 5	0%	0%	1%	0%	1%	1%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	0%	0%
used heroin (smack, junk, China White)?	0	99%	99%	97%	100%	98%	99%
Janua, en la trincoj i	1 to 2	0%	0%	1%	0%	1%	0%
	3 to 5	0%	0%	1%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	0%	0%

# TABLE 40 METHAMPHETAMINE, OVER-THE-COUNTER DRUG, SYNTHETIC DRUG AND INHALANT USE\*

American Indian or Alaskan Native only or in combination

		Grade						
		8th 9th 11th					-	
During the last 12 months, on any) have you	how many occasions (if	Male %	Female %	Male %	Female %	Male %	Female %	
used methamphetamine	0							
(meth, glass, crank, crystal	1 to 2	99%	99%	97%	99%	98%	99%	
meth, ice)?		1%	1%	1%	0%	1%	0%	
	3 to 5	0%	0%	1%	0%	0%	0%	
	6 to 9	0%	0%	0%	0%	0%	0%	
	10 to 19	0%	0%	0%	0%	0%	0%	
	20 or more	0%	0%	1%	0%	0%	0%	
used over-the-counter	0	95%	94%	94%	93%	92%	94%	
drugs such as cough syrup, cold medicine or diet pills	1 to 2	3%	3%	2%	4%	4%	4%	
that you took only to get high?	3 to 5	1%	1%	2%	1%	2%	1%	
	6 to 9	1%	1%	1%	1%	0%	1%	
	10 to 19	0%	0%	0%	0%	1%	1%	
	20 or more	0%	0%	1%	1%	0%	0%	
used synthetic marijuana	0	96%	93%	92%	92%	95%	94%	
(K2, Gold) that you took only to get high? <sup>^</sup>	1 to 2	2%	3%	3%	3%	2%	5%	
	3 to 5	0%	2%	1%	2%	1%	1%	
	6 to 9	1%	1%	2%	1%	1%	0%	
	10 to 19	0%	1%	1%	1%	0%	0%	
	20 or more	1%	1%	1%	2%	1%	1%	
used any other synthetic drugs such as bath salts	0	99%	99%	98%	100%	98%	99%	
(Ivory Wave, White Lightning) that you took only	1 to 2	0%	1%	1%	0%	1%	0%	
to get high? <sup>^</sup>	3 to 5	0%	0%	1%	0%	0%	0%	
	6 to 9	0%	0%	0%	0%	0%	0%	
	20 or more	0%	0%	0%	0%	0%	0%	
sniffed glue or huffed or inhaled the contents of	0	97%	95%	97%	97%	98%	97%	
aerosol spray cans or other	1 to 2	2%	3%	2%	2%	1%	2%	
gases to get high?	3 to 5	1%	1%	1%	0%	1%	1%	
	6 to 9	0%	1%	0%	0%	0%	0%	
	10 to 19	0%	0%	0%	0%	0%	0%	
	20 or more	0%	0%	0%	1%	0%	0%	

\* 5th grade survey did not ask these questions. ^ Change from 2016 from one question to two.

## TABLE 41 PERCEIVED RISK OF HARM FROM SUBSTANCE USE\*

American Indian or Alaskan Native only or in combination

		Grade							
		8	8th 9th				1th		
How much do you think p		Male	Female	Male	Female	Male	Female		
themselves physically orsmoke one or more	n otner ways if they No risk	%	%	%	%	%	%		
packs of cigarettes per day?		21%	14%	18%	13%	19%	10%		
uuy.	Slight risk	11%	16%	11%	11%	7%	10%		
	Moderate risk	21%	20%	22%	20%	20%	17%		
	Great risk	47%	50%	49%	56%	54%	62%		
have five or more drinks of an alcoholic	No risk	22%	13%	19%	13%	21%	10%		
beverage once or twice per week?	Slight risk	21%	19%	20%	18%	19%	14%		
	Moderate risk	29%	35%	30%	33%	30%	33%		
	Great risk	29%	33%	31%	36%	30%	43%		
use marijuana once or twice per week?	No risk	38%	29%	42%	37%	54%	45%		
	Slight risk	23%	27%	26%	26%	22%	30%		
	Moderate risk	18%	24%	15%	18%	13%	13%		
	Great risk	20%	21%	18%	19%	12%	13%		
use prescription drugs not prescribed for them?	No risk	21%	13%	18%	13%	19%	8%		
	Slight risk	10%	11%	11%	12%	10%	12%		
	Moderate risk	27%	29%	29%	29%	27%	29%		
	Great risk	41%	47%	42%	46%	44%	51%		
vape or use e- cigarettes?^	No risk	27%	20%	29%	20%	29%	19%		
	Slight risk	28%	33%	30%	33%	31%	31%		
	Moderate risk	23%	26%	21%	27%	25%	33%		
	Great risk	22%	21%	19%	20%	15%	18%		

\* 5th grade survey did not ask these questions. ^ New question in 2019.

#### TABLE 42A PERCEPTIONS OF PARENTS' DISAPPROVAL OF SUBSTANCE USE\* American Indian or Alaskan Native only or in combination

		Grade						
		8	th	9	th	11th		
		Male	Female	Male	Female	Male	Female	
		%	%	%	%	%	%	
How wrong do your parents feel it would be for you to smoke	Not at all wrong	10%	4%	8%	5%	7%	5%	
cigarettes?	A little bit wrong	4%	5%	3%	5%	5%	7%	
	Wrong	14%	17%	17%	17%	18%	19%	
	Very wrong	72%	74%	72%	73%	70%	69%	
How wrong do your parents feel it would be for you to have one	Not at all wrong	10%	5%	9%	5%	8%	4%	
or more drinks of alcoholic beverage nearly every day?	A little bit wrong	6%	5%	5%	5%	9%	9%	
	Wrong	15%	14%	16%	17%	19%	19%	
	Very wrong	70%	76%	70%	73%	64%	68%	
How wrong do your parents feel it would be for you to use	Not at all wrong	14%	11%	14%	12%	14%	17%	
marijuana?	A little bit wrong	9%	9%	11%	14%	17%	17%	
	Wrong	14%	13%	16%	15%	19%	17%	
	Very wrong	63%	66%	59%	60%	50%	49%	
How wrong do your parents feel it would be for you to use	Not at all wrong	10%	5%	8%	5%	5%	4%	
prescription drugs not prescribed for you?	A little bit wrong	3%	3%	3%	3%	3%	2%	
	Wrong	11%	10%	12%	12%	13%	16%	
	Very wrong	76%	83%	77%	80%	78%	78%	
How wrong do your parents feel it would be for you to vape or	Not at all wrong	12%	9%	11%	8%	11%	9%	
use e-cigarettes?^	A little bit wrong	8%	10%	10%	12%	15%	16%	
	Wrong	18%	19%	21%	20%	18%	21%	
	Very wrong	62%	63%	58%	60%	56%	53%	

\* 5th grade survey did not ask these questions. ^ New question in 2019.

#### TABLE 42B PERCEPTIONS OF FRIENDS' DISAPPROVAL OF SUBSTANCE USE\* American Indian or Alaskan Native only or in combination

		Grade						
		8	th	9	th	11th		
		Male	Female	Male	Female	Male	Female	
		%	%	%	%	%	%	
How wrong do your friends feel it would be for you to smoke cigarettes?	Not at all wrong	14%	10%	18%	13%	17%	17%	
	A little bit wrong	11%	12%	13%	16%	18%	15%	
	Wrong	26%	26%	26%	25%	22%	26%	
	Very wrong	49%	51%	44%	46%	44%	42%	
How wrong do your friends feel it would be for you to have one or	Not at all wrong	15%	11%	20%	13%	22%	15%	
more drinks of alcoholic beverage nearly every day?	A little bit wrong	11%	14%	16%	19%	21%	18%	
	Wrong	26%	26%	27%	27%	22%	28%	
	Very wrong	48%	50%	38%	41%	35%	38%	
How wrong do your friends feel it would be for you to use	Not at all wrong	25%	22%	33%	31%	44%	41%	
marijuana?	A little bit wrong	12%	15%	18%	19%	21%	22%	
	Wrong	22%	19%	19%	16%	13%	15%	
	Very wrong	41%	44%	30%	34%	23%	21%	
How wrong do your friends feel it would be for you to use	Not at all wrong	14%	8%	15%	11%	13%	10%	
prescription drugs not prescribed for you?	A little bit wrong	7%	9%	12%	14%	14%	11%	
	Wrong	24%	23%	26%	22%	24%	27%	
	Very wrong	54%	60%	47%	54%	49%	53%	
How wrong do your friends feel it would be for you to vape or use	Not at all wrong	25%	29%	34%	33%	42%	39%	
e-cigarettes?^	A little bit wrong	15%	17%	18%	21%	20%	23%	
	Wrong	21%	20%	18%	17%	14%	16%	
	Very wrong	39%	35%	30%	29%	24%	22%	

\* 5th grade survey did not ask these questions. ^ New question in 2019.

## TABLE 43 PERCEPTIONS ABOUT ALCOHOL USE\*

#### American Indian or Alaskan Native only or in combination

		Grade						
		8	th	9	th	1'	lth	
		Male	Female	Male	Female	Male	Female	
		%	%	%	%	%	%	
How do you feel about the following statement?	Strongly agree	55%	50%	54%	49%	46%	44%	
Parents and other adults should clearly	Agree	27%	30%	26%	31%	30%	35%	
communicate with their children about the importance of not using	Neither agree nor disagree	13%	15%	14%	16%	17%	16%	
alcohol.	Disagree	1%	2%	2%	1%	3%	1%	
	Strongly disagree	4%	3%	3%	4%	3%	3%	
How do you feel about the following statement?	Strongly agree	60%	56%	54%	48%	44%	36%	
Drinking alcohol is never a good thing for anyone my	Agree	22%	22%	21%	25%	23%	29%	
age to do.	Neither agree nor disagree	12%	14%	17%	17%	21%	26%	
	Disagree	2%	3%	4%	5%	7%	5%	
	Strongly disagree	5%	4%	5%	4%	4%	3%	
In your opinion, how do you think MOST	Strongly agree	37%	21%	32%	19%	26%	15%	
STUDENTS in your school feel about the following statement? Parents and	Agree	36%	38%	31%	35%	32%	40%	
other adults should clearly communicate with their	Neither agree nor disagree	19%	29%	26%	33%	28%	31%	
children about the importance of not using alcohol.	Disagree	4%	8%	7%	9%	10%	10%	
	Strongly disagree	4%	4%	4%	4%	4%	4%	
In your opinion, how do you think MOST	Strongly agree	38%	24%	31%	19%	23%	14%	
STUDENTS in your school feel about the following statement? Drinking alcohol is never a good	Agree	33%	33%	28%	26%	26%	24%	
	Neither agree nor disagree	19%	29%	27%	35%	29%	37%	
thing for anyone my age to do.	Disagree	5%	10%	9%	14%	16%	18%	
	Strongly disagree	5%	5%	6%	7%	7%	7%	

## TABLE 44 USE OF TOBACCO, ALCOHOL, MARIJUANA AND E-CIGARETTES\* American Indian or Alaskan Native only or in combination

		Grade					
			th	-	th .	11th	
How often do you use each	of the following?	Male %	Female %	Male %	Female %	Male %	Female %
Tobacco (cigarettes, chew)		90%	89%	86%	84%	81%	80%
	Tried once or twice	6%	5%	6%	7%	7%	9%
	Once or twice a year			-			_
		1%	2%	2%	2%	4%	2%
	Once a month	1%	1%	3%	2%	3%	2%
	Twice a month	1%	1%	1%	2%	1%	2%
	Once a week	1%	1%	1%	2%	1%	2%
	Daily	1%	1%	2%	2%	3%	3%
Alcohol (beer, wine, liquor)	Never	77%	72%	71%	63%	61%	53%
	Tried once or twice	14%	13%	14%	16%	14%	18%
	Once or twice a year	4%	6%	7%	9%	9%	14%
	Once a month	3%	4%	4%	6%	8%	6%
	Twice a month	1%	3%	2%	5%	5%	6%
	Once a week	0%	3%	2%	3%	3%	3%
	Daily	0%	0%	1%	0%	0%	0%
Marijuana (pot, hash, hash oil)	Never	84%	79%	76%	70%	63%	59%
,	Tried once or twice	5%	7%	7%	8%	10%	13%
	Once or twice a year	3%	3%	3%	4%	5%	5%
	Once a month	1%	3%	4%	3%	4%	5%
	Twice a month	3%	3%	2%	3%	3%	5%
	Once a week	3%	3%	5%	5%	5%	5%
	Daily	1%	3%	4%	6%	9%	8%
Vaping device or e- cigarette^	Never	77%	68%	68%	62%	60%	55%
Cigarette	Tried once or twice	11%	13%	13%	14%	10%	16%
	Once or twice a year	2%	2%	3%	4%	2%	4%
	Once a month	2%	4%	3%	3%	4%	4%
	Twice a month	1%	4%	2%	4%	4%	4%
	Once a week	4%	5%	5%	6%	6%	6%
	Daily	3%	5%	7%	7%	14%	11%

\* 5th grade survey did not ask these questions. ^ New question in 2019.

# TABLE 45 PERCEPTIONS OF OTHERS' USE OF TOBACCO, ALCOHOL, MARIJUANA AND E-CIGARETTES\*

American Indian or Alaskan Native only or in combination

		Grade						
			th	-	th		1th	
In your opinion, how often of STUDENTS in your school of		Male %	Female %	Male %	Female %	Male %	Female %	
Tobacco (cigarettes, chew)	<b>`</b>	56%	37%	36%	22%	30%	16%	
	Tried once or twice							
		19%	27%	19%	20%	17%	19%	
	Once or twice a year	6%	7%	6%	9%	6%	7%	
	Once a month	6%	6%	9%	10%	9%	8%	
	Twice a month	3%	5%	5%	6%	6%	6%	
	Once a week	6%	9%	12%	13%	12%	17%	
	Daily	4%	9%	14%	20%	20%	26%	
Alcohol (beer, wine, liquor)	Never	46%	22%	25%	14%	21%	8%	
	Tried once or twice	21%	26%	18%	13%	12%	10%	
	Once or twice a year	8%	12%	9%	8%	5%	7%	
	Once a month	9%	10%	12%	13%	12%	10%	
	Twice a month	7%	9%	9%	15%	12%	16%	
	Once a week	6%	12%	17%	23%	22%	30%	
	Daily	4%	8%	10%	15%	14%	18%	
Marijuana (pot, hash, hash oil)	Never	50%	29%	26%	15%	20%	9%	
- ,	Tried once or twice	17%	22%	14%	13%	9%	9%	
	Once or twice a year	6%	6%	6%	5%	4%	4%	
	Once a month	6%	7%	8%	8%	6%	8%	
	Twice a month	4%	7%	8%	7%	11%	7%	
	Once a week	10%	15%	16%	20%	20%	20%	
	Daily	8%	15%	22%	32%	29%	42%	
Vaping device or e- cigarette^	Never	35%	15%	21%	10%	17%	7%	
Cigarette	Tried once or twice	17%	20%	13%	10%	10%	7%	
	Once or twice a year	5%	4%	2%	3%	2%	2%	
	Once a month	7%	6%	5%	5%	6%	4%	
	Twice a month	5%	6%	4%	3%	2%	4%	
	Once a week	11%	16%	14%	14%	12%	12%	
	Daily	18%	35%	41%	55%	51%	64%	

\* 5th grade survey did not ask these questions. ^ New question in 2019.

11th

Female

%

46%

10%

44%

46%

7%

47%

46%

8%

46%

47%

12%

41%

47%

41%

3%

4%

5%

47%

44%

4%

2%

3%

47%

47%

3%

2%

2%

#### TABLE 46A **CONSEQUENCES OF SUBSTANCE USE\***

American Indian or Alaskan Native only or in combination Grade 8th 9th Male Female Male Female Male During the last 12 months ... % % % % % ...have you found that you Did not use past 12 67% 60% 64% 53% 52% had to use a lot more months alcohol or drugs than Yes 5% 6% 9% 10% 11% before to get the same effect? No 28% 34% 27% 36% 37% ...have you tried to cut down on your use of Did not use past 12 67% 60% 64% 53% 52% months alcohol or drugs but Yes couldn't? 4% 5% 6% 7% 5% No 28% 35% 29% 39% 44% ...have you continued to Did not use past 12 68% 60% 64% 53% 52% use alcohol or drugs even months though you knew it was Yes 4% 6% 6% 9% 6% hurting your relationships with friends or family? No 29% 34% 29% 38% 42% ...were there any times Did not use past 12 67% 60% 54% 52% 65% when you felt such a months strong desire or urge to Yes drink alcohol or to use a 6% 10% 8% 7% 12% drug that you couldn't resist or could not think of No 26% 30% 27% 34% 41% anything else? ...how many times have Did not use past 12 67% 60% 64% 54% 52% you spent all or most of months the day using alcohol or 0 times 37% 28% 32% drugs, or getting over their 28% 35% effects? 1 time 2% 3% 4% 4% 4% 2 times

1%

2%

1%

1%

1%

2%

3%

1%

3%

3%

5%

54%

41%

2%

1%

2%

54%

42%

1%

1%

2%

2%

5%

52%

44%

1%

1%

1%

52%

43%

2%

0%

2%

...how many times have Did not use past 12 67% 60% 64% you given up important months social or recreational 0 times 30% 36% 31% activities like sports or being with friends or relatives to use alcohol or 1 time 2% 2% 3% drugs or to get over their effects? 2 times 1% 1% 1% 3 or more times 1% 1% 2% ...how many times have Did not use past 12 67% 60% 64% you missed work or months school, or neglected other 0 times 31% 37% 32% major responsibilities because of alcohol or drug 1 time use? 1% 1% 2% 2 times 0% 0% 1% 3 or more times

3 or more times

#### TABLE 46B CONSEQUENCES OF SUBSTANCE USE\*

American Indian or Alaskan Native only or in combination

		Grade						
		8	th	9	th	11	lth	
		Male	Female	Male	Female	Male	Female	
During the last 12 months,		%	%	%	%	%	%	
how many times have you driven a motor vehicle	Did not use past 12 months			64%	54%	52%	47%	
after using alcohol or drugs?**	0 times			32%	44%	39%	46%	
	1 time			2%	1%	3%	3%	
	2 times			1%	0%	1%	2%	
	3 or more times			1%	1%	5%	3%	
how many times have you hit someone or	Did not use past 12 months	67%	60%	65%	54%	52%	47%	
become violent while using alcohol or drugs?	0 times	31%	38%	32%	44%	44%	51%	
	1 time	1%	1%	2%	1%	2%	1%	
	2 times	0%	0%	1%	0%	0%	1%	
	3 or more times	0%	0%	1%	1%	1%	1%	
how many times have you used so much alcohol	Did not use past 12 months	67%	60%	64%	54%	52%	47%	
or drugs that the next day you could not remember	0 times	28%	32%	28%	35%	38%	39%	
what you had said or done?	1 time	2%	4%	3%	4%	4%	6%	
	2 times	1%	2%	2%	3%	2%	4%	
	3 or more times	1%	2%	2%	4%	3%	3%	
how many times have you used more alcohol or	Did not use past 12 months	67%	60%	64%	54%	52%	47%	
drugs than you intended to?	0 times	29%	33%	28%	35%	37%	41%	
	1 time	2%	4%	3%	5%	5%	6%	
	2 times	0%	1%	2%	3%	3%	4%	
	3 or more times	1%	2%	2%	3%	3%	3%	
how many times has alcohol or drug use left you feeling depressed, agitated, paranoid, or	Did not use past 12 months	67%	60%	64%	54%	52%	46%	
	0 times	29%	30%	26%	32%	37%	38%	
unable to concentrate?	1 time	2%	4%	4%	6%	5%	7%	
	2 times	1%	3%	2%	4%	2%	3%	
	3 or more times	1%	4%	4%	5%	4%	6%	

\* 5th grade survey did not ask these questions. \*\* 8th grade survey did not ask this question.

## TABLE 47A **SEXUAL BEHAVIOR\*** American Indian or Alaskan Native only or in combination

		Grade						
		9	th	11	lth			
		Male	Female	Male	Female			
		%	%	%	%			
Have you ever had sexual intercourse ('had sex')?	Yes	27%	22%	50%	49%			
	No	73%	78%	50%	51%			
During the last 12 months, with how many different	None	76%	81%	57%	53%			
people have you had sexual intercourse?^	1 person	13%	11%	23%	27%			
	2 persons	5%	4%	8%	10%			
	3 persons	2%	3%	6%	5%			
	4 persons	1%	0%	2%	2%			
	5 persons	0%	0%	2%	1%			
	6 or more persons	3%	1%	3%	2%			

\* 5th and 8th grade surveys did not ask these questions. ^ New question in 2019.

## TABLE 47B **SEXUAL BEHAVIOR\*** American Indian or Alaskan Native only or in combination

r

		Grade				
		9	th	11	lth	
INCLUDES ONLY THOSE W	HO HAVE EVER HAD	Male	Female	Male	Female	
SEXUAL INTERCOURSE		%	%	%	%	
Have you talked with your partner(s) about protecting	Never	29%	28%	20%	20%	
yourselves from getting sexually transmitted infections/HIV/AIDS?	Not with every partner	11%	9%	16%	13%	
	At least once with every partner	60%	63%	64%	67%	
Have you talked with your partner(s) about	Never	24%	24%	18%	17%	
preventing pregnancy?	Not with every partner	11%	13%	14%	14%	
	At least once with every partner	65%	63%	67%	70%	
The LAST time you had sexual intercourse, what	No method was used to prevent pregnancy	6%	12%	8%	12%	
method or methods did you or your partner use to	Birth control pills	38%	25%	45%	33%	
prevent pregnancy? (Mark ALL that apply)^	Condoms	72%	53%	60%	44%	
	Depo-Provera shot (or any birth control shot), Nuva Ring (or any birth control ring), Implanon (or any implant) or any IUD	3%	15%	13%	28%	
	Withdrawal (pull-out)	37%	34%	42%	36%	
	Some other method	5%	7%	4%	6%	
	Not sure	11%	7%	3%	3%	
The LAST time you had sexual intercourse, did	Yes	71%	53%	60%	43%	
you or your partner use a condom?	Νο	29%	47%	40%	57%	
Did you drink alcohol or use drugs before you had	Yes	19%	25%	14%	19%	
sexual intercourse the LAST time?	Νο	81%	75%	86%	81%	

\* 5th and 8th grade surveys did not ask these questions. ^ Change in question from 2016 from "Mark only one" to "Mark ALL that apply".