# 2010 Minnesota Student Survey Statewide Tables

Fall 2010

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### In Appreciation

We are indebted to the students, parents, teachers, Minnesota Student Survey coordinators, principals and superintendents across the state that agreed to participate in and supported the student survey when it was administered in the spring of 2010. These data are made available as a result of their interest and time and we are grateful for their efforts.

We are also indebted to the many state agency staff, especially the analysts with the Center for Health Statistics at the Minnesota Department of Health, for their tireless work on making these data available.

#### 2010 MINNESOTA STUDENT SURVEY

#### **Survey Participation**

The 2010 Minnesota Student Survey was administered in the spring of 2010 to public school students in Grades 6, 9, and 12 statewide. All public school districts in Minnesota were invited to participate. Of the 335 public operating districts, 295 agreed to participate (88% of public operating school districts).

Student participation was voluntary and surveys were anonymous. Across the state, approximately 79% of public school sixth graders, 75% of public school ninth graders, and 59% of public school twelfth graders participated in the 2010 Minnesota Student Survey. Overall participation across the three grades was approximately 71% of total enrollment.

The majority of schools in the state used an opt-out consent procedure for the survey (meaning that parents could decline to have their children take the survey). A few school districts used an active consent process (meaning parents were required to return a signed permission slip before their children took the survey). Not every student who participated in the survey answered every question.

#### Items on the Tables

The accompanying set of tables includes the responses for all survey items. Items are ordered within the tables according to meaningful domains; the order items appear on the tables is not necessarily the order they appeared in the survey. A Table of Contents is provided on page iv. The Grade 6 survey version was shorter than the Grade 9-12 version and did not include items appropriate only for older students. Items found on one version of the survey but not the other are identified on the tables.

#### **New Questions and Year-to-Year Comparisons**

A small number of the 2010 survey instrument questions were changed from the 2007 survey instrument. New questions and questions with changed wording are noted on each table. Caution must be used when making comparisons over time for any questions in which the wording has changed.

Please note that although these surveys are given repeatedly over time, student populations may change between administrations of the survey.

#### **Validity of Responses**

Approximately 3% of the surveys were eliminated from analyses because gender was missing, responses were highly inconsistent, or there was a pattern of likely exaggeration.

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# TABLE 1 DEMOGRAPHIC DESCRIPTION

				Grad	de		
		6th	1	9th	1	12t	h
		N	%	N	%	N	%
Total number of surveys		46,787	100%	47,387	100%	36,734	100%
Gender	Male	23,382	50%	23,520	50%	18,258	50%
	Female	23,405	50%	23,867	50%	18,476	50%
Age	11 or younger	16,684	36%	0	0%	0	0%
	12	28,843	62%	0	0%	0	0%
	13	1,030	2%	51	0%	0	0%
	14	19	0%	15,758	33%	0	0%
	15	0	0%	30,002	63%	0	0%
	16	0	0%	1,284	3%	83	0%
-	17	0	0%	63	0%	12,870	35%
	18	0	0%	0	0%	22,616	62%
	19-20	0	0%	0	0%	979	3%
	No answer	211	0%	229	0%	186	1%
Race/ethnicity	American Indian	990	2%	631	1%	330	1%
	Black or African American	2,794	6%	2,577	5%	1,803	5%
	Hispanic or Latino	2,401	5%	2,146	5%	1,135	3%
	Asian American or Pacific Islander	2,389	5%	2,617	6%	1,967	5%
	White	31,250	67%	34,407	73%	28,923	79%
	Mixed race (checked more than one race/ethnicity)	3,369	7%	3,531	7%	1,859	5%
	I don't know / no answer	3,594	8%	1,478	3%	717	2%

### TABLE 2 FEELINGS ABOUT SCHOOL, SCHOOL PLANS, TRUANCY, AND UNSUPERVISED TIME Minnesota Statewide Data

			Grade	
		6th	9th	12th
		%	%	%
How do you feel about	I like school very much	21%	12%	12%
going to school?	I like school quite a bit	36%	35%	35%
	I like school a little	27%	33%	32%
	I don't like school very much	9%	12%	13%
	I hate school	6%	8%	7%
Which of these best describes your school	I would like to quit school as soon as I can		1%	1%
plans? *	I plan to finish high school but won't go to college		6%	4%
	I'd like to go to some kind of trade or vocational school		3%	6%
	I'd like to go to college after high school		59%	55%
	I'd like to go to college and then to graduate school		32%	34%
During the last 30	Never	78%	79%	65%
days, how often have you skipped or cut full	Once or twice	16%	15%	24%
days of school?	3 to 5 times	4%	3%	7%
	6 to 10 times	1%	1%	2%
	More than 10 times	1%	1%	2%
In a typical week, how	0 days	35%	27%	24%
often are you home alone or another place	1 day	21%	19%	13%
unsupervised after school? ^	2 days	15%	17%	16%
	3 days	11%	14%	15%
	4 days	5%	6%	7%
	5 days	13%	17%	25%

<sup>\* 6</sup>th grade survey did not ask this question. ^ New question in 2010.

# TABLE 3 ACADEMIC PERFORMANCE AND SCHOOL PROGRAMS

			Grade			
		6th	9th	12th		
		%	%	%		
Mark the two grades	A only					
you get the most often.		3%	3%	3%		
	A and B only					
		59%	56%	59%		
	B only					
		3%	2%	2%		
	B and C only					
		14%	20%	23%		
	C only					
		2%	2%	1%		
	C and D only					
	,	4%	8%	7%		
	D only					
	2 5,	1%	1%	0%		
	D and F only	1,0	.,.			
	D and I omy	1%	3%	1%		
	F only	170	070	1 /0		
	r only	0%	1%	0%		
	Not ourliaghle or no	0 76	1 /0	0 /0		
	Not applicable or no answer					
		12%	5%	4%		
Do you have or have	Yes					
you ever had an IEP			18%	14%		
(Individualized Education Plan)? *	No					
Education Flair):	110		82%	86%		
Do you currently get	Yes		GZ 76	0070		
free or reduced-price	165	33%	27%	23%		
lunch at school?	Na	33 /6	21 /6	25 /6		
	No	67%	73%	77%		
Observation to the control of the co	0.11	07 76	73%	1170		
Since the beginning of this school year, how	0 times	000/	050/	070/		
many times have you		93%	95%	97%		
changed schools?	1 time					
		4%	3%	2%		
	2 times					
		1%	1%	1%		
	3 or more times					
		2%	1%	1%		

<sup>\* 6</sup>th grade survey did not ask this question.

# TABLE 4 PERCEPTIONS OF SCHOOL ENVIRONMENT

			Grade	
		6th	9th	12th
		%	%	%
How many students in	All	4%	3%	4%
your school are friendly?	Most	56%	56%	58%
	Some	32%	33%	30%
	A few	8%	8%	7%
	None	0%	1%	1%
How many students in your school behave well in the hallways and lunchroom?	All	4%	3%	4%
	Most	36%	41%	46%
	Some	38%	38%	34%
	A few	19%	16%	14%
	None	2%	2%	2%
How many students in	All	1%	2%	3%
your school have made fun of or threatened students of different races or backgrounds?	Most	8%	11%	10%
	Some	16%	23%	25%
	A few	43%	46%	47%
	None	32%	17%	15%
How many of your teachers are interested in	All	27%	10%	10%
you as a person?	Most	33%	30%	39%
	Some	18%	27%	28%
	A few	15%	23%	18%
	None	7%	10%	5%
How many of your	All	56%	32%	27%
teachers show respect for students?	Most	29%	43%	50%
	Some	8%	14%	14%
	A few	5%	9%	7%
	None	1%	2%	2%

# TABLE 5 PERCEPTIONS OF SCHOOL AND NEIGHBORHOOD SAFETY

How much do you agree or	disagraa	Grade			
with the following statemen		6th	9th	12th	
		%	%	%	
I feel safe going to and from school	Strongly agree	51%	50%	58%	
	Agree	43%	45%	38%	
	Disagree	4%	3%	2%	
	Strongly disagree	1%	1%	1%	
I feel safe at school	Strongly agree	52%	43%	52%	
	Agree	41%	49%	42%	
	Disagree	6%	6%	4%	
	Strongly disagree	1%	2%	1%	
I feel safe in my	Strongly agree	55%	56%	61%	
neighborhood	Agree	37%	38%	34%	
	Disagree	6%	5%	3%	
	Strongly disagree	2%	1%	1%	
Bathrooms in this school	Strongly agree	33%	32%	44%	
are a safe place to be	Agree	47%	50%	44%	
	Disagree	15%	14%	9%	
	Strongly disagree	5%	4%	3%	
Illegal gang activity is a	Strongly agree	6%	5%	4%	
problem at this school	Agree	8%	13%	10%	
	Disagree	27%	46%	39%	
	Strongly disagree	59%	36%	47%	
Student use of alcohol or	Strongly agree	7%	17%	18%	
drugs is a problem at this school	Agree	10%	38%	39%	
	Disagree	27%	34%	33%	
	Strongly disagree	56%	11%	10%	

# TABLE 6 VICTIMIZATION AT SCHOOL

During the last 12 months, has anyone offered, sold, or given you an illegal drug on school property?  During the last 12 months, how many times has someone stolen or deliberately damaged your property on school property?  Yes  No  1 times  2 or 3 times  4 or 5 times	imes		6th % 2% 98% 65%	9th % 15% 85%	12th % 17%
has anyone offered, sold, or given you an illegal drug on school property?  During the last 12 months, how many times has someone stolen or deliberately damaged your property on school property?  O times  1 time 2 or 3 times	imes		2% 98%	15%	17%
has anyone offered, sold, or given you an illegal drug on school property?  During the last 12 months, how many times has someone stolen or deliberately damaged your property on school property?  O times  1 time 2 or 3 times	imes		98%		
school property?  During the last 12 months, how many times has someone stolen or deliberately damaged your property on school property?  0 times 1 time 2 or 3 ti 4 or 5 ti	imes			85%	000/
how many times has someone stolen or deliberately damaged your property on school property?  1 time 2 or 3 ti 4 or 5 ti	imes		65%		83%
someone stolen or deliberately damaged your property on school property?  1 time 2 or 3 ti 4 or 5 ti				70%	75%
property on school property?  2 or 3 ti 4 or 5 ti			19%	17%	16%
	imaa		12%	10%	7%
6 or mo	iiies		3%	2%	1%
	ore times		3%	2%	1%
During the last 30 days, how many days did you not go to	0 days		93%	95%	96%
school because you felt unsafe at school or going	1 day		4%	3%	2%
to/from school?	2 or 3 days		2%	1%	1%
4 or 5 d	4 or 5 days		0%	0%	0%
6 or mo	ore days		0%	1%	1%
During the last 12 months, which of the following has	ened you?	Yes	26%	19%	14%
happened to you on school property? Has a student:		No	74%	81%	86%
Pushed you?	d, shoved, or grabbed	Yes	51%	37%	23%
,		No	49%	63%	77%
Kicked,	, bitten, or hit you?	Yes	35%	21%	11%
		No	65%	79%	89%
Stabbed you?	d you or fired a gun at	Yes	1%	2%	2%
		No	99%	98%	98%
	ed, grabbed, or pinched a sexual way? *	Yes		21%	18%
, va		No		79%	82%
	inwanted sexual ents, jokes, gestures, or	Yes		28%	23%
	mments, jokes, gestures, or No		1		

<sup>\* 6</sup>th grade survey did not ask this question.

### TABLE 7 BULLYING

			Grade		
		6th	9th	12th	
		%	%	%	
During the last 30 days, how often has another student or group of students made fun of or teased you in a hurtful way, or excluded you from friends or activities?	Never	47%	62%	74%	
	Once or twice	35%	26%	18%	
	About once a week	7%	5%	3%	
	Several times a week	7%	4%	2%	
	Every day	4%	3%	2%	
During the last 30 days, how often have you, on your own	Never	59%	55%	67%	
or as part of a group, made fun of or teased another	Once or twice	33%	34%	24%	
student in a hurtful way or excluded another student from friends or activities?	About once a week	4%	5%	3%	
	Several times a week	3%	3%	2%	
	Every day	2%	3%	3%	

### TABLE 8A USE OF TIME

During the school year, h	now many		Grade	
hours in a typical week d spend doing the followin		6th	9th	12th
		%	%	%
Homework or study	0 hours	6%	6%	10%
	1-2 hours	47%	33%	35%
	3-5 hours	26%	28%	27%
	6-10 hours	13%	19%	16%
	11-20 hours	5%	9%	8%
	21 hours or more	3%	3%	3%
Reading for pleasure	0 hours	22%	43%	43%
	1-2 hours	44%	33%	34%
	3-5 hours	17%	12%	13%
	6-10 hours	9%	6%	6%
	11-20 hours	4%	3%	3%
	21 hours or more	4%	3%	2%
Volunteer work ^	0 hours	67%	64%	57%
	1-2 hours	23%	25%	28%
	3-5 hours	6%	7%	9%
	6-10 hours	2%	3%	4%
	11-20 hours	1%	1%	2%
	21 hours or more	1%	1%	1%
Work for pay (including	0 hours	52%	51%	32%
babysitting for others)	1-2 hours	24%	21%	10%
	3-5 hours	13%	14%	10%
	6-10 hours	6%	8%	15%
	11-20 hours	2%	4%	21%
	21 hours or more	2%	3%	13%

<sup>^</sup> Variations in wording for this item may affect year-to-year comparisons.

#### TABLE 8B USE OF TIME

During the school year, h hours in a typical week de			Grade	
spend doing the following		6th	9th	12th
	-	%	%	%
Watching TV, DVDs or videos	0 hours	4%	4%	4%
videos	1-2 hours	30%	23%	23%
	3-5 hours	30%	30%	31%
	6-10 hours	19%	24%	25%
	11-20 hours	9%	12%	12%
	21 hours or more	7%	8%	6%
Playing video games ^	0 hours	32%	41%	50%
	1-2 hours	33%	24%	20%
	3-5 hours	16%	13%	11%
	6-10 hours	9%	10%	9%
	11-20 hours	5%	6%	5%
	21 hours or more	6%	6%	5%
Talking on the phone or texting ^	0 hours	34%	13%	7%
texting "	1-2 hours	30%	24%	23%
	3-5 hours	13%	15%	20%
	6-10 hours	9%	13%	17%
	11-20 hours	6%	12%	14%
	21 hours or more	9%	22%	20%
Online activities (e-mail, instant IM-ing, etc.) ^	0 hours	31%	18%	13%
mstant iwing, etc.)	1-2 hours	35%	33%	33%
	3-5 hours	16%	20%	24%
	6-10 hours	8%	14%	16%
	11-20 hours	5%	8%	9%
	21 hours or more	5%	7%	5%
Hanging out	0 hours	9%	7%	5%
	1-2 hours	22%	15%	12%
	3-5 hours	26%	23%	21%
	6-10 hours	20%	23%	26%
	11-20 hours	11%	15%	20%
	21 hours or more	12%	16%	17%

<sup>^</sup> Variations in wording for this item may affect year-to-year comparisons.

## TABLE 9A ENRICHMENT ACTIVITIES

During the school year, how			Grade	
have you participated in the following?	9	6th	9th	12th
		%	%	%
Fine arts activities (lessons, band, choir,	Not available in my community	4%	3%	3%
dance, drama, etc.) ^	Never	36%	44%	51%
	Less than monthly	6%	7%	8%
	Monthly	3%	3%	4%
	1-2 times per week	23%	7%	6%
	3-4 times per week	18%	10%	7%
	Every day	10%	26%	22%
Club or community sports teams	Not available in my community	4%	3%	3%
	Never	36%	42%	47%
	Less than monthly	6%	7%	8%
	Monthly	6%	6%	7%
	1-2 times per week	18%	11%	12%
	3-4 times per week	19%	13%	10%
	Every day	11%	17%	12%
School sports teams	Not available in my community	8%	2%	2%
	Never	52%	36%	46%
	Less than monthly	6%	6%	5%
	Monthly	5%	5%	4%
	1-2 times per week	11%	4%	4%
	3-4 times per week	11%	14%	12%
	Every day	7%	33%	27%
Community clubs and programs (4-H, Park and	Not available in my community	6%	4%	4%
Rec, Community Ed., etc.)	Never	62%	70%	69%
	Less than monthly	9%	9%	9%
	Monthly	8%	7%	8%
	1-2 times per week	8%	5%	6%
	3-4 times per week	4%	2%	2%
	Every day	3%	2%	2%

<sup>^</sup> Variations in wording for this item may affect year-to-year comparisons.

#### **TABLE 9B ENRICHMENT ACTIVITIES**

During the school year,			Grade	
have you participated in following?	tne	6th	9th	12th
		%	%	%
Mentoring programs (as a mentor or being mentored) ^	Not available in my community	9%	6%	5%
	Never	77%	80%	72%
	Less than monthly	4%	5%	6%
	Monthly	3%	3%	5%
	1-2 times per week	5%	4%	7%
	3-4 times per week	1%	1%	2%
	Every day	1%	1%	2%
Religious activities (religious services,	Not available in my community	4%	2%	3%
education, youth group, etc.)	Never	39%	37%	48%
group, etc.)	Less than monthly	8%	8%	12%
	Monthly	8%	9%	10%
	1-2 times per week	35%	37%	22%
	3-4 times per week	4%	4%	3%
	Every day	2%	2%	2%
Service learning programs ^^	Not available in my community	7%	5%	6%
	Never	73%	80%	77%
	Less than monthly	7%	6%	7%
	Monthly	4%	3%	5%
	1-2 times per week	5%	2%	3%
	3-4 times per week	2%	1%	1%
	Every day	2%	1%	2%
Tutoring, Homework Help or other academic	Not available in my community	5%	4%	4%
programs ^^	Never	71%	77%	73%
	Less than monthly	6%	7%	8%
	Monthly	3%	3%	5%
	1-2 times per week	8%	5%	6%
	3-4 times per week	3%	2%	2%
	Every day	4%	2%	2%

 $<sup>^{\</sup>wedge}$  Variations in wording for this item may affect year-to-year comparisons.  $^{\wedge}$  New question in 2010.

# TABLE 10 REASONS FOR PARTICIPATION IN ACTIVITIES

			Grade	
		6th	9th	12th
		%	%	%
In general, why do	To have fun	82%	83%	85%
you participate in school-based or	To learn new skills	56%	50%	46%
community-based activities and clubs? (Mark all that apply)	My parents or guardians want me to	22%	24%	16%
(mark an that appry)	My friends participate	38%	49%	46%
	To help me get into college	21%	40%	39%
	It is a safe place to be after school ^	8%	7%	6%
	Participate for other reasons	20%	18%	14%
In general, why don't you participate in any school-based or	Activities are not available in my community	3%	3%	4%
community-based activities and clubs?	Activities cost too much	19%	21%	20%
(Mark all that apply)	My parents or guardians won't let me	7%	5%	3%
	My friends don't participate	10%	14%	11%
	I'm not interested	53%	57%	54%
	I am too busy with other things	38%	43%	52%
	I don't have a way to get there or home ^	12%	18%	9%
	I have to take care of other family members ^	7%	8%	5%
	It's not a safe place to be after school ^	2%	2%	1%
	Don't participate for other reasons	21%	16%	14%

<sup>^</sup> New response option in 2010.

# TABLE 11 FAMILY COMPOSITION AND PARENTAL COMMUNICATION

			Grade	
		6th	9th	12th
		%	%	%
Which adults do you live with?	Both biological parents	60%	60%	60%
live with?	Both adoptive parents	1%	1%	1%
	Mother and stepfather	5%	5%	5%
	Father and stepmother	1%	1%	2%
	Mother only	14%	16%	16%
	Father only	2%	3%	4%
	Sometimes with mother, sometimes with father			
		13%	9%	5%
	Other	4%	4%	5%
	No adults or no answer	1%	1%	1%
Can you talk to your father about problems	Yes, most of the time	38%	36%	40%
you are having?	Yes, some of the time	32%	29%	28%
	No, not very often	16%	17%	15%
	No, not at all	6%	9%	8%
	My father is not around	8%	9%	9%
Can you talk to your mother about problems	Yes, most of the time	62%	51%	54%
you are having?	Yes, some of the time	25%	29%	28%
	No, not very often	8%	12%	10%
	No, not at all	3%	6%	4%
	My mother is not around	1%	2%	3%

# TABLE 12 PERCEPTIONS OF FAMILY AND OTHERS CARING

			Grade	
How much do you feel .		6th	9th	12th
·		%	%	%
your parents care about you?	Not at all	1%	2%	2%
about you:	A little	1%	3%	2%
	Some	2%	5%	5%
	Quite a bit	5%	12%	13%
	Very much	91%	78%	77%
other adult relatives care about you?	Not at all	1%	2%	2%
	A little	2%	4%	4%
	Some	4%	8%	10%
	Quite a bit	15%	22%	25%
	Very much	78%	64%	58%
friends care about	Not at all	2%	2%	2%
you?	A little	7%	6%	5%
	Some	15%	16%	16%
	Quite a bit	34%	36%	36%
	Very much	43%	41%	41%
teachers/ other	Not at all	4%	7%	5%
adults at school care about you? ^	A little	10%	17%	15%
•	Some	20%	32%	33%
	Quite a bit	34%	31%	33%
	Very much	32%	14%	14%
religious or spiritual	Not at all	15%	18%	22%
leaders care about you? ^	A little	11%	10%	12%
	Some	16%	17%	20%
	Quite a bit	26%	27%	24%
	Very much	33%	28%	22%
other adults in your	Not at all	7%	11%	11%
community care about you?	A little	14%	18%	18%
•	Some	23%	29%	30%
	Quite a bit	31%	28%	28%
	Very much	25%	14%	13%

<sup>^</sup> Variations in wording for this item may affect year-to-year comparisons.

# TABLE 13 FAMILY SUBSTANCE ABUSE

		Grade		
		6th 9th 12		12th
		%	%	%
Has alcohol use by any family member repeatedly caused family, health, job,	Yes	11%	15%	17%
or legal problems?	No	89%	85%	83%
Has drug use by any family member repeatedly caused family, health, job,	Yes	8%	10%	11%
or legal problems?	No	92%	90%	89%

# TABLE 14A PHYSICAL AND SEXUAL VIOLENCE \*

		Grade	
		9th	12th
		%	%
Have you ever physically or sexually hurt someone you were going out with? (This might include	Yes	3%	4%
shoving, slapping, hitting or forcing them into sexual activities. This also includes threatening to do these things.)	No	97%	96%
Has someone you were going out with ever hit you, hurt you, threatened	Yes	7%	11%
you or made you feel afraid?	No	93%	89%
Has someone you were going out with ever forced you to have sex or do something sexual when you didn't want to?	Yes	7%	9%
	No	93%	91%

<sup>\* 6</sup>th grade survey did not ask these questions.

# TABLE 14B PHYSICAL AND SEXUAL VIOLENCE

			Grade		
		6th	9th	12th	
		%	%	%	
Has any adult in your household ever hit you so hard or so often that you had marks or were afraid of that person?	Yes	12%	10%	8%	
	No	88%	90%	92%	
Has anyone in your family ever hit anyone else in the family so	Yes	13%	12%	10%	
hard or so often that they had marks or were afraid of that person?	No	87%	88%	90%	
Has any older person outside the family touched you sexually	Yes	4%	5%	5%	
against your wishes or forced you to touch them sexually?	No	96%	95%	95%	
Has any older/stronger member of your family touched you sexually or had you touch them sexually?	Yes	2%	3%	3%	
	No	98%	97%	97%	

# TABLE 15 GENERAL HEALTH ISSUES

			Grade	
		6th	9th	12th
		%	%	%
When was the last time you had a physical exam?	Within the last 12 months	58%	49%	46%
	1-2 years ago	20%	39%	38%
	3-4 years ago	4%	6%	10%
	More than 4 years ago	5%	1%	4%
	I have never had a physical exam	13%	4%	3%
Has a doctor or nurse ever told you that you have asthma?	Yes	15%	18%	18%
nave asthma?	No	85%	82%	82%
Do you have a physical health	No	87%	88%	88%
condition or problem that has lasted at least 12 months?	Yes	13%	12%	12%
Do you have a mental or emotional health	No	92%	89%	88%
problem that has lasted at least 12 months?	Yes	8%	11%	12%
Have you ever been treated for a mental or	No		89%	86%
emotional health problem? *	Yes, during the last year		6%	8%
	Yes, more than a year ago		5%	7%
Have you ever been treated for an alcohol	No		97%	96%
or other drug problem? *	Yes, during the last year		2%	3%
	Yes, more than a year ago		1%	2%

<sup>\* 6</sup>th grade survey did not ask this question.

#### TABLE 16 WEIGHT-RELATED ISSUES

#### Minnesota Statewide Data

				Grade	
			6th	9th	12th
			%	%	%
At the present time, do you	Underweight		12%	9%	8%
think you are	About the right weight		71%	70%	69%
	Overweight		17%	21%	23%
During the last 12 months, have you done any of the following to lose or control weight? (Mark all that apply) *^	I am not trying to lose	Yes		43%	42%
	weight or control my weight	No		57%	58%
	Fast or skip meals	Yes		15%	16%
		No		85%	84%
	Smoke cigarettes	Yes		3%	5%
		No		97%	95%
	Exercise	Yes		49%	47%
		No		51%	53%
	Use diet pills, speed or other drugs	Yes		2%	3%
		No		98%	97%
	Eat healthier	Yes		40%	42%
		No		60%	58%
	Vomit on purpose after eating	Yes		3%	2%
	eating	No		97%	98%
	Use laxatives	Yes		1%	1%
		No		99%	99%
Weight status * according to Body Mass Index (BMI) **	Not overweight			78%	79%
Dody mass mack (DMI)	Overweight			13%	12%
	Obese			9%	9%

<sup>\* 6</sup>th grade survey did not ask these questions.

Not overweight: Less than the 85th percentile Overweight: 85th to less than the 95th percentile Obese: Equal to or greater than the 95th percentile

<sup>^</sup> Variations in the number and order of these response options may affect year-to-year comparisons.

<sup>\*\*</sup> Body Mass Index (BMI) is a number calculated from a child's self-reported weight and height. BMI can be used as a screening tool to identify possible weight problems for children and teens. The BMI number is calculated using a standard formula. BMI-for-age percentiles are used to interpret BMI numbers because, unlike adults, BMI is both age-and sex-specific for children and teens. The CDC BMI-for-age growth charts take into account these differences and allow translation of a BMI number into a percentile for a child's sex and age. The CDC growth charts were used to determine weight status according to BMI for participants in the Minnesota Student Survey.

### TABLE 17 EXERCISE

			Grade	
		6th	9th	12th
		%	%	%
On how many of the last 7 days did you	0 days	11%	12%	17%
exercise or play sports	1 day	8%	6%	9%
that made you sweat or breathe hard for at	2 days	12%	10%	14%
least 20 minutes?	3 days	15%	12%	13%
	4 days	13%	11%	10%
	5 days	15%	19%	16%
	6 days	8%	10%	8%
	7 days	18%	19%	14%
On how many of the	0 days	6%	7%	12%
last 7 days were you physically active for a	1 day	7%	6%	9%
combined total of at least 30 minutes?	2 days	12%	9%	13%
	3 days	14%	10%	12%
	4 days	13%	11%	11%
	5 days	16%	19%	17%
	6 days	9%	11%	9%
	7 days	24%	26%	19%

#### TABLE 18 NUTRITION

How many glasses	of each of the	Grade			
How many glasses of following did you di		6th	9th	12th	
		%	%	%	
Milk	0 glasses	16%	19%	23%	
	1-2 glasses	50%	49%	51%	
	3-4 glasses	24%	22%	19%	
	5 or more glasses	10%	9%	7%	
100% fruit juice	0 glasses	44%	46%	47%	
	1-2 glasses	40%	41%	42%	
	3-4 glasses	11%	9%	8%	
	5 or more glasses	6%	4%	3%	
Fruit juice drinks	0 glasses	48%	55%	60%	
	1-2 glasses	38%	33%	31%	
	3-4 glasses	9%	8%	6%	
	5 or more glasses	5%	4%	3%	
Pop or soda	0 glasses	52%	51%	49%	
	1-2 glasses	35%	35%	36%	
	3-4 glasses	7%	9%	10%	
	5 or more glasses	6%	6%	5%	
Sports drinks	0 glasses	67%	66%	71%	
	1-2 glasses	21%	22%	20%	
	3-4 glasses	6%	7%	6%	
	5 or more glasses	6%	5%	3%	
Water	0 glasses	5%	7%	7%	
	1-2 glasses	22%	25%	27%	
	3-4 glasses	26%	29%	30%	
	5 or more glasses	47%	40%	36%	
How many servings		5%	6%	7%	
of fruits, fruit juices or vegetables did	1 serving	13%	13%	12%	
you eat yesterday?	2 servings	21%	22%	23%	
	3 servings	22%	23%	24%	
	4 servings	18%	17%	17%	
	5 or more servings	21%	18%	17%	

### TABLE 19 SEAT BELT USE

Have after do us			Grade	
How often do you wear a seat belt when you		6th	9th	12th
		%	%	%
ride in a car?	Never	2%	2%	2%
	Sometimes	8%	11%	11%
	Often	18%	21%	18%
	Always	72%	66%	69%
drive a car? *	I never do this activity		43%	7%
	Never		3%	3%
	Sometimes		4%	6%
	Often		4%	7%
	Always		46%	77%

<sup>\* 6</sup>th grade survey did not ask this question.

# TABLE 20 SOURCES OF INFORMATION ON RISK BEHAVIORS

Where have you received most of your		Grade			
Where have you received most of your information about		6th	9th	12th	
momation about		%	%	%	
alcohol and other	Friends or peers	26%	62%	75%	
drugs? (Mark all that apply)	Parents	56%	54%	49%	
	Brothers or sisters	18%	25%	26%	
	School/teachers/ counselors	67%	65%	58%	
	Clinics/doctors/ nurses	21%	17%	13%	
	Religious/ community groups	9%	13%	8%	
	Internet	12%	24%	28%	
	TV/radio/magazines/ newspapers/books	27%	36%	37%	
	I do not know much about alcohol or other drugs	10%	5%	4%	
sex? (Mark all	Friends or peers	31%	65%	74%	
that apply)	Parents	46%	46%	39%	
	Brothers or sisters	14%	19%	15%	
	School/teachers/ counselors	40%	54%	51%	
	Clinics/doctors/ nurses	11%	15%	17%	
	Religious/ community groups	4%	13%	9%	
	Internet	11%	26%	31%	
	TV/radio/magazines/ newspapers/books	19%	33%	38%	
	I do not know much about sex	17%	4%	3%	

### TABLE 21A EMOTIONAL WELL-BEING/DISTRESS

How much do you agree	or disagree with the	Grade			
following statements?	or disagree with the	6th	9th	12th	
		%	%	%	
I get a lot of headaches, stomachaches or	Agree	18%	18%	17%	
sickness.	Mostly agree	20%	19%	18%	
	Mostly disagree	29%	28%	26%	
	Disagree	32%	35%	39%	
I am often irritable and	Agree	10%	10%	9%	
angry.	Mostly agree	14%	16%	16%	
	Mostly disagree	33%	35%	37%	
	Disagree	43%	38%	38%	
I have many fears and	Agree	9%	7%	5%	
am easily scared.	Mostly agree	12%	11%	9%	
	Mostly disagree	29%	28%	27%	
	Disagree	50%	54%	59%	
l often have trouble	Agree	15%	17%	15%	
concentrating.	Mostly agree	19%	22%	24%	
	Mostly disagree	29%	30%	30%	
	Disagree	38%	31%	31%	
I am restless and	Agree	18%	16%	13%	
cannot stay still for long.	Mostly agree	19%	22%	22%	
	Mostly disagree	24%	27%	29%	
	Disagree	38%	35%	36%	
l often have trouble	Agree	16%	15%	13%	
getting to sleep and staying asleep.	Mostly agree	16%	16%	16%	
	Mostly disagree	24%	27%	27%	
	Disagree	44%	42%	43%	
l do things before l	Agree	17%	16%	13%	
think.	Mostly agree	25%	26%	23%	
	Mostly disagree	31%	34%	35%	
	Disagree	27%	24%	28%	
I am often unhappy,	Agree	8%	8%	6%	
depressed or tearful.	Mostly agree	9%	10%	10%	
	Mostly disagree	22%	24%	27%	
	Disagree	61%	58%	58%	

### TABLE 21B EMOTIONAL WELL-BEING/DISTRESS

			Grade	
During the last 30 days		6th	9th	12th
zamg me meree aaye m		%	%	%
have you felt you were under any stress or	Yes, almost more than I could take	8%	12%	15%
pressure?	Yes, quite a bit of pressure	10%	17%	26%
	Yes, more than usual	9%	15%	18%
	Yes, a little	42%	38%	30%
	Not at all	31%	17%	11%
have you felt sad?	All the time	4%	4%	3%
	Most of the time	8%	9%	8%
	Some of the time	21%	24%	27%
	A little of the time	48%	43%	44%
	None of the time	21%	20%	17%
have you felt so discouraged or hopeless that you wondered if anything was worthwhile?	Extremely so, to the point that I have just about given up	5%	6%	4%
	Quite a bit	7%	8%	7%
	Some, enough to bother me	10%	13%	13%
	A little bit	25%	22%	23%
	Not at all	53%	52%	53%
have you felt nervous,	All the time	4%	4%	4%
worried, or upset?	Most of the time	8%	9%	9%
	Some of the time	21%	24%	27%
	A little of the time	45%	43%	43%
	None of the time	23%	19%	16%

# TABLE 22 SELF-INFLICTED INJURY, SUICIDAL THOUGHTS AND SUICIDAL BEHAVIOR Minnesota Statewide Data

			Grade	
		6th	9th	12th
		%	%	%
Have you ever hurt	No	87%	82%	82%
yourself on purpose ("cutting", burns,	Yes, during the last year	9%	12%	7%
bruises)?	Yes, more than a year ago	4%	6%	11%
Have you ever thought about killing yourself?	No	84%	76%	76%
	Yes, during the last year	11%	17%	12%
	Yes, more than a year ago	4%	7%	12%
Have you ever tried to kill yourself?	No	96%	94%	93%
	Yes, during the last year	2%	3%	2%
	Yes, more than a year ago	1%	3%	5%

### **TABLE 23 GAMBLING BEHAVIOR \*** Minnesota Statewide Data

During the last 10 menths	now often	Grade			
During the last 12 months, I have you done these activit		9th	12th		
		%	%		
Played cards for money	Not at all	78%	69%		
	Less than once a month	14%	18%		
	About once a month	5%	8%		
	About once a week	2%	3%		
	Daily	1%	2%		
Bet on games of personal skill like pool, golf, or	Not at all	78%	76%		
bowling	Less than once a month	13%	14%		
	About once a month	5%	6%		
	About once a week	2%	3%		
	Daily	1%	1%		
Bet money on sports	Not at all	81%	81%		
teams or horseracing ^	Less than once a month	11%	11%		
	About once a month	4%	5%		
	About once a week	2%	2%		
	Daily	1%	1%		
Bought lottery tickets or scratch offs	Not at all	91%	69%		
scratch ons	Less than once a month	5%	18%		
	About once a month	2%	8%		
	About once a week	1%	4%		
	Daily	1%	2%		
Gambled in a casino	Not at all	97%	73%		
	Less than once a month	1%	16%		
	About once a month	0%	7%		
	About once a week	0%	3%		
	Daily	1%	1%		
Gambled for money online	Not at all	97%	96%		
	Less than once a month	1%	1%		
	About once a month	1%	1%		
	About once a week	1%	1%		
	Daily	1%	1%		

<sup>\* 6</sup>th grade survey did not ask these questions.

^ Variations in wording for this item may affect year-to-year comparisons.

# TABLE 24 DESTRUCTIVE AND ANTISOCIAL BEHAVIOR

			Grade		
		6th	9th	12th	
		%	%	%	
During the last 12 months, how often have you run away from	Never	92%	90%	92%	
home?	Once or twice	6%	7%	5%	
	3 to 5 times	1%	1%	1%	
	6 to 10 times	0%	0%	1%	
	More than 10 times	0%	1%	1%	
During the last 12 months, how	Never	89%	85%	88%	
often have you damaged or destroyed property at school or	Once or twice	9%	11%	8%	
somewhere else?	3 to 5 times	1%	2%	2%	
	6 to 10 times	0%	1%	1%	
	More than 10 times	1%	1%	1%	
During the last 12 months, how	Never	74%	78%	85%	
often have you hit or beat up another person?	Once or twice	19%	15%	10%	
	3 to 5 times	4%	3%	2%	
	6 to 10 times	1%	1%	1%	
	More than 10 times	2%	2%	2%	
During the last 12 months, how	Never	93%	82%	79%	
often have you taken something from a store without paying for	Once or twice	5%	10%	12%	
it?	3 to 5 times	1%	3%	4%	
	6 to 10 times	0%	2%	2%	
	More than 10 times	1%	3%	3%	
On how many of the last 30 days	0 days	100%	98%	98%	
did you carry a gun on school property?	1 day	0%	0%	1%	
	2 or 3 days	0%	0%	0%	
	4 or 5 days	0%	0%	0%	
	6 or more days	0%	1%	1%	
On how many of the last 30 days	0 days	97%	94%	94%	
did you carry a weapon (other than a gun) on school property?	1 day	2%	2%	2%	
	2 or 3 days	1%	1%	1%	
	4 or 5 days	0%	0%	0%	
	6 or more days	0%	2%	3%	

# TABLE 25 SUMMARY OF SUBSTANCE USE \*\*

		Grade		
		6th	9th	12th
		%	%	%
Use of any tobacco products during the past 30 days	No	97%	87%	69%
oo aayo	Yes	3%	13%	31%
Frequent use of any tobacco products during the past 30 days (used	No	100%	96%	87%
tobacco on 20 or more of the past 30 days)	Yes	0%	4%	13%
Frequent binge drinking in the past year (typically drank 5 or more drinks at a time and drank on 10 or more occasions during the past year)	No	100%	97%	86%
	Yes	0%	3%	14%
Any alcohol and/or other drug use during the past year (excluding tobacco)	No alcohol or other drug use in the past year	88%	65%	40%
	Used only alcohol in the past year	7%	18%	28%
	Used only marijuana/other drugs in the past year	2%	3%	3%
	Used both alcohol and marijuana/other drugs in the past year	3%	14%	29%

<sup>\*\*</sup> These are all computed variables based on combinations of responses to two or more survey items.

### TABLE 26 CIGARETTE USE AND AGE OF FIRST USE

		Grade		
		6th	9th	12th
		%	%	%
During the last 30 days, on how many days did	0 days	98%	90%	78%
you smoke a cigarette?	1 or 2 days	1%	4%	6%
	3 to 5 days	0%	2%	3%
	6 to 9 days	0%	1%	2%
	10 to 19 days	0%	1%	2%
	20 to 29 days	0%	1%	3%
	All 30 days	0%	2%	7%
During the last 30 days, how frequently have you	Never	98%	91%	80%
smoked cigarettes?	Less than one cigarette per day	1%	5%	8%
	One to five cigarettes per day	0%	3%	7%
	About one-half pack per day	0%	1%	3%
	About one pack per day	0%	0%	1%
	About one and one-half packs per day	0%	0%	0%
	Two packs or more per day	0%	0%	0%
How old were you the first time you smoked	I have never smoked part or all of a cigarette	93%	77%	58%
part or all of a cigarette?	10 years old or younger	4%	5%	5%
	11 years old	2%	2%	2%
	12 years old	1%	3%	3%
	13 years old	0%	5%	4%
	14 years old	0%	6%	5%
	15 years old	0%	2%	7%
	16 years old	0%	0%	8%
	17 years old or older	0%	0%	8%

## TABLE 27 CIGAR AND SMOKELESS TOBACCO USE AND AGE OF FIRST USE

			Grade	
		6th	9th	12th
		%	%	%
During the last 30 days, on how many days did	0 days	99%	95%	88%
you use chewing	1 or 2 days	1%	2%	4%
tobacco, snuff or dip?	3 to 5 days	0%	1%	2%
	6 to 9 days	0%	1%	1%
	10 to 19 days	0%	1%	1%
	20 to 29 days	0%	0%	1%
	All 30 days	0%	1%	3%
During the last 30 days,	0 days	99%	94%	82%
on how many days did you smoke cigars, cigarillos or little cigars?	1 or 2 days	1%	3%	10%
	3 to 5 days	0%	1%	3%
	6 to 9 days	0%	1%	2%
	10 to 19 days	0%	0%	1%
	20 to 29 days	0%	0%	1%
	All 30 days	0%	1%	1%
How old were you the first time you smoked a cigar or used chewing	I have never smoked a cigar or used chewing tobacco	97%	86%	62%
tobacco?	10 years old or younger	2%	2%	2%
	11 years old	1%	1%	1%
	12 years old	0%	2%	2%
	13 years old	0%	3%	2%
	14 years old	0%	5%	4%
	15 years old	0%	2%	6%
	16 years old	0%	0%	9%
	17 years old or older	0%	0%	12%

### TABLE 28 ACCESS TO TOBACCO \*

INCLUDES ONLY THOSE	WHO USED	Grade	•
TOBACCO IN THE LAST		9th	12th
		%	%
If you used tobacco, how did you get it in the last 30	Bought it at gas stations or convenience stores	14%	63%
days? (Mark all that apply)	Bought it at bars or restaurants	2%	3%
	Bought it at grocery, discount, or drug stores	3%	10%
	Bought it at places like bowling alleys, video arcades, or pool halls	2%	2%
	Bought it from vending machines	2%	1%
	Bought it on the Internet	2%	1%
	Got it from friends	59%	43%
	Got it from my parents	8%	6%
	Got it from other family members	11%	6%
	Got it by getting someone else to buy for me	32%	13%
	Took it from my home	17%	5%
	Took it from a friend's home	9%	3%
	Took it from stores	7%	4%

INCLUDES ONLY THOSE WHO BOUGHT TOBACCO IN THE LAST 30 DAYS		Grade		
		9th	12th	
			%	
If you bought tobacco in the last 30 days, did	Yes	8%	5%	
you use a fake ID?	No	92%	95%	

<sup>\* 6</sup>th grade survey did not ask these questions.

## TABLE 29 ALCOHOL USE FREQUENCY AND QUANTITY

		Grade		
		6th	9th	12th
		%	%	%
During the last 12 months,	0	91%	68%	43%
on how many occasions (if any) have you had alcoholic beverages to drink?	1-2	6%	13%	13%
	3-5	1%	8%	12%
	6-9	1%	5%	9%
	10-19	0%	4%	10%
	20-39	0%	2%	7%
	40+	0%	1%	7%
During the last 30 days, on	0 days	96%	81%	59%
how many days did you drink one or more drinks	1 or 2 days	3%	12%	19%
of an alcoholic beverage?	3 to 5 days	0%	4%	11%
	6 to 9 days	0%	2%	6%
	10 to 19 days	0%	1%	3%
	20 to 29 days	0%	0%	1%
	All 30 days	0%	0%	0%
If you drink beer/wine/wine coolers/hard liquor,	I don't drink beer/wine/wine coolers/hard liquor	94%	71%	46%
generally, how much (if any) do you drink at one	1 glass, can, or drink	5%	11%	9%
time?	2 glasses, cans, or drinks	1%	5%	8%
	3 glasses, cans, or drinks	0%	4%	9%
	4 glasses, cans, or drinks	0%	3%	8%
	5 glasses, cans, or drinks	0%	2%	6%
	6 or more glasses, cans, or drinks	0%	4%	14%
Over the last 2 weeks, how	Never		90%	76%
many times (if any) have you had five or more	Once		5%	10%
drinks in a row? *	Twice		3%	7%
	3 to 5 times		2%	5%
	6 or more times		1%	2%

<sup>\* 6</sup>th grade survey did not ask this question.

#### TABLE 30 AGE OF FIRST ALCOHOL USE

		Grade		
		6th	9th	12th
		%	%	%
How old were you when you had your first drink of alcohol	I have never had a drink of alcohol other than a few sips	84%	58%	31%
other than a few sips?	10 years old or younger	10%	8%	5%
	11 years old	4%	3%	2%
	12 years old	2%	5%	4%
	13 years old	0%	10%	6%
	14 years old	0%	12%	10%
	15 years old	0%	3%	14%
	16 years old	0%	0%	16%
	17 years old or older	0%	0%	12%

#### **TABLE 31 ACCESS TO ALCOHOL\***

INCLUDES ONLY THOSE WHO USED		Gra	de
ALCOHOL IN THE LAST		9th	12th
		%	%
If you used alcohol, how did you get it in the last 30	Bought it at gas stations or convenience stores	2%	2%
days? (Mark all that apply)	Bought it at bars or restaurants	2%	4%
	Bought it at stores	4%	5%
	Bought it on the Internet	1%	1%
	Got it from friends	54%	63%
	Got it from my parents	16%	12%
	Got it from other family members	14%	12%
	Got it by getting someone else to buy for me	20%	34%
	Got it at parties	34%	40%
	Took it from my home	28%	13%
	Took it from a friend's home	14%	5%
	Took it from stores	3%	2%

INCLUDES ONLY THO	OSF WHO BOUGHT	Grade		
ALCOHOL IN THE LA		9th	12th	
			%	
If you bought alcohol in the last 30 days, did	Yes	6%	6%	
you use a fake ID?	No	94%	94%	

<sup>\* 6</sup>th grade survey did not ask these questions.

\*\* Percentages are comparable to the 2001-2007 survey results. Percentages are based on all recent alcohol users, even if they skipped this question.

## TABLE 32 DRINKING AND DRIVING \*

		Gra	de
		9th	12th
		%	%
During the last 12 months, how many times have you	0 times or no use	96%	81%
driven a motor vehicle after	Once	2%	7%
ising alcohol or other Irugs?	Twice	1%	4%
	3 or more times	1%	9%
Do you ever ride with friends after they have been	No	74%	64%
using alcohol or drugs?	Yes, but rarely	13%	24%
	Yes, often	4%	9%
	None of my friends use alcohol or other drugs	10%	3%

<sup>\* 6</sup>th grade survey did not ask these questions.

#### TABLE 33 MARIJUANA AND OTHER DRUG USE AND AGE OF FIRST USE

			Grade	
		6th	9th	12th
		%	%	%
During the last 30 days, on how many days did you use	0 days	99%	90%	80%
marijuana or hashish?	1 or 2 days	1%	4%	7%
	3 to 5 days	0%	2%	3%
	6 to 9 days	0%	1%	2%
	10 to 19 days	0%	1%	3%
	20 to 29 days	0%	1%	2%
	All 30 days	0%	1%	3%
How old were you when	I have never tried marijuana	98%	83%	62%
you tried marijuana for the first time?	10 years old or younger	1%	2%	2%
	11 years old	1%	1%	1%
	12 years old	0%	2%	2%
	13 years old	0%	4%	3%
	14 years old	0%	6%	5%
	15 years old	0%	2%	7%
	16 years old	0%	0%	9%
	17 years old or older	0%	0%	9%
During the last 30 days, on	0 days	98%	96%	94%
how many days did you use any of these "other drugs"?	1 or 2 days	1%	2%	3%
	3 to 5 days	0%	1%	2%
	6 to 9 days	0%	1%	1%
	10 to 19 days	0%	0%	0%
	20 to 29 days	0%	0%	0%
	All 30 days	0%	0%	0%
How old were you when	I have never tried "other drugs"	97%	92%	88%
you tried any of these "other drugs" for the first	10 years old or younger	2%	1%	1%
time?	11 years old	1%	0%	0%
	12 years old	0%	1%	0%
	13 years old	0%	2%	1%
	14 years old	0%	3%	1%
	15 years old	0%	1%	2%
	16 years old	0%	0%	3%
	17 years old or older	0%	0%	3%

#### **TABLE 34** MARIJUANA, INHALANTS, HALLUCINOGENS AND HEROIN ^ Minnesota Statewide Data

During the loot 10 months -	n haw many		Grade	
During the last 12 months, o occasions (if any) have you		6th	9th	12th
occusione (ii uny) nave you		%	%	%
used marijuana (bud,	0	98%	85%	69%
weed, pot) or hashish (hash, hash oil)?	1-2	1%	5%	8%
	3-5	0%	3%	5%
	6-9	0%	2%	3%
	10-19	0%	2%	3%
	20-39	0%	1%	2%
	40+	0%	3%	9%
sniffed glue, or breathed the contents of aerosol spray cans, or inhaled any other gases or sprays in order to get high?	0	97%	97%	98%
	1-2	2%	2%	1%
	3-5	1%	1%	1%
3 · · · · · · · · · · · · · · · · · · ·	6-9	0%	0%	0%
	10-19	0%	0%	0%
	20-39	0%	0%	0%
	40+	0%	0%	0%
used LSD ("acid"), PCP	0		97%	96%
(wet sticks or dipped joints), or other	1-2		1%	2%
psychedelics (like mescaline, mushrooms,	3-5		1%	1%
peyote)? *	6-9		0%	1%
	10-19		0%	0%
	20-39		0%	0%
	40+		0%	0%
used heroin? *	0		99%	99%
	1-2		0%	0%
	3-5		0%	0%
	6-9		0%	0%
	10-19		0%	0%
	20-39		0%	0%
	40+		0%	0%

<sup>\* 6</sup>th grade survey did not ask these questions.

^ Variations in wording for these items may affect year-to-year comparisons.

## **TABLE 35 METHAMPHETAMINE, COCAINE AND ECSTASY \*^**

During the last 12 months, on how many		Grade	9
occasions (if any) have you .		9th	12th
		%	%
used methamphetamine (meth, glass, crank, crystal	0	99%	99%
meth, ice) by any method?	year       0     99%       1-2     1%       3-5     0%       6-9     0%       10-19     0%       20-39     0%       40+     0%       1-2     1%       3-5     0%       6-9     0%       10-19     0%       20-39     0%       1-2     1%       3-5     0%       6-9     0%       10-19     0%       20-39     0%       10-19     0%       20-39     0%	1%	
	3-5	0%	0%
	6-9	0%	0%
	10-19	0%	0%
	20-39	0%	0%
	40+	0%	0%
used "crack" (cocaine in	0	98%	97%
chunk or rock form), or cocaine in any other form?	1-2	1%	1%
	3-5	0%	1%
	6-9	0%	0%
	10-19	0%	0%
	20-39	0%	0%
	40+	0%	0%
used MDMA (E, X, "ecstasy"), GHB (G, Liquid	0	98%	95%
E, Liquid X) or Ketamine	1-2	1%	2%
("Special K")?	3-5	1%	1%
	6-9	0%	1%
	10-19	0%	0%
	20-39	0%	0%
	40+	0%	0%

<sup>\* 6</sup>th grade survey did not ask these questions.

^ Variations in wording for these items may affect year-to-year comparisons.

#### TABLE 36A PRESCRIPTION DRUGS \*

During the last 12 months, on	how	Grade	
many occasions (if any) have		9th %	12th %
used stimulants like	0	97%	97%
Benzedrine or diet pills that were not prescribed for you by a doctor, or that you took	1-2	1%	1%
only to get high?	3-5	1%	1%
	6-9	0%	0%
	10-19	0%	0%
	20-39	0%	0%
	40+	0%	0%
used your own or someone else's ADHD or	0	97%	95%
ADD drugs like Ritalin (hyper pills) to get high?	1-2	1%	2%
	3-5	1%	1%
	6-9	1%	19
	10-19	0%	19
	20-39	0%	0%
	40+	0%	09
used OxyContin, Percocet, Percodan, Vicodin	0	96%	94%
or other pain relievers that were not prescribed for you	1-2	1%	29
by a doctor, or that you took only to get high?	3-5	1%	29
	6-9	0%	19
	10-19	0%	19
	20-39	0%	0%
	40+	0%	0%
used tranquilizers (Valium, Xanax, nerve pills) or sedatives or barbituates	0	98%	97%
that were not prescribed for you by a doctor, or that you	1-2	1%	1%
took only to get high?	3-5	0%	1%
	10-19	0%	0%
		0%	0%
	20-39	0%	0%
	40+	0%	0%

<sup>\* 6</sup>th grade survey did not ask these questions.

#### **TABLE 36B** PRESCRIPTION DRUGS \*^

During the last 12 months, on how many occasions (if any) have you		Grade
		6th
		%
used any prescription drugs that were not prescribed for you by a doctor, or that you took only to get high?	0	99%
	1-2	1%
	3-5	0%
	6-9	0%
	10-19	0%
	20-39	0%
	40+	0%

<sup>\* 9</sup>th-12th grade survey did not ask this question.

^ Variations in wording for this item may affect year-to-year comparisons.

#### TABLE 37 SUBSTANCE USE PATTERNS

			Grade		
Do you ever use alcohol or other drugs		6th	9th	12th	
		%	%	%	
before school?	Yes	1%	6%	11%	
	No	99%	94%	89%	
during school?	Yes	1%	4%	7%	
	No	99%	96%	93%	
right after school?	Yes	2%	9%	15%	
	No	98%	91%	85%	

## TABLE 38 PARENTAL DISAPPROVAL OF SUBSTANCE USE

			Grade		
			6th	9th	12th
			%	%	%
During the last 12 months, have you talked with at least one of your parents	Yes		54%	49%	48%
(or guardians) about the dangers of tobacco, alcohol, or drug use?	No		46%	51%	52%
How do you think	smoked	They would approve	2%	2%	2%
your parents or guardians would feel if you ^	cigarettes?	They would not care at all	1%	2%	7%
		They would disapprove	4%	10%	22%
		They would strongly disapprove	93%	86%	69%
	drank alcohol?	They would approve	2%	2%	3%
		They would not care at all	3%	6%	18%
		They would disapprove	10%	21%	34%
		They would strongly disapprove	86%	71%	44%
	smoked marijuana?	They would approve	2%	2%	2%
	manjaana.	They would not care at all	0%	2%	4%
		They would disapprove	2%	7%	14%
		They would strongly disapprove	96%	89%	80%
	other Illegal Th	They would approve	2%	1%	1%
		They would not care at all	0%	1%	1%
		They would disapprove	2%	4%	6%
		They would strongly disapprove	97%	94%	92%

<sup>^</sup> New questions in 2010.

# TABLE 39 PERCEIVED RISK OF HARM FROM SUBSTANCE USE

			Grade		
			6th	9th	12th
			%	%	%
How much do you think	smoke one or more packs of cigarettes	No risk	6%	4%	4%
people risk harming	per day?	Slight risk	6%	6%	6%
themselves physically or		Moderate risk	18%	19%	20%
in other ways		Great risk	69%	72%	70%
if they	have five or more drinks of an alcoholic beverage once or twice a week?	No risk	7%	4%	5%
		Slight risk	12%	12%	16%
		Moderate risk	28%	27%	31%
		Great risk	53%	56%	47%
	smoke marijuana once or twice a week?	No risk	7%	10%	16%
		Slight risk	7%	13%	21%
		Moderate risk	18%	21%	24%
		Great risk	68%	56%	40%

#### **TABLE 40A** CONSEQUENCES OF SUBSTANCE USE \*

		Grad	Grade	
During the last 12 months		9th	12th	
	aring the last 12 months		%	
have you found that you had to use a lot more alcohol or other drugs than before to	No or no use	94%	88%	
get the same effect?	Yes	6%	12%	
have you tried to cut down on your use of alcohol or other drugs but couldn't?	No or no use	95%	94%	
<u> </u>	Yes	5%	6%	
have you continued to use alcohol or other drugs even though you knew it was hurting	No or no use	93%	92%	
your relationships with friends or family? ^	Yes	7%	8%	
how many times have you spent all or most of the day using alcohol or other drugs,	0 times or no use	89%	79%	
or getting over their effects?	Once	5%	9%	
	Twice	2%	4%	
	3 or more times	3%	8%	
how many times have you given up important social or recreational activities like	0 times or no use	94%	90%	
sports or being with friends or relatives in order to use alcohol or other drugs or to get	Once	3%	5%	
over their effects? ^	Twice	1%	2%	
	3 or more times	1%	3%	
how many times has alcohol or other drug use left you feeling depressed, agitated,	0 times or no use	92%	88%	
paranoid, or unable to concentrate?	Once	4%	6%	
	Twice	2%	3%	
	3 or more times	2%	4%	

<sup>\* 6</sup>th grade survey did not ask these questions.
^ Variations in wording for this item may affect year-to-year comparisons.

#### **TABLE 40B CONSEQUENCES OF SUBSTANCE USE \***

		Grade	е	
During the last 12 months		9th	12th	
		%	%	
how many times have you missed work or school, or	0 times or no use	96%	92%	
neglected other major	Once	2%	4%	
responsibilities because of alcohol or other drug use? ^	Twice	1%	2%	
	3 or more times	1%	2%	
how many times has alcohol	0 times or no use	96%	93%	
or other drug use caused you problems with the law?	Once	2%	5%	
	Twice	1%	2%	
	3 or more times	1%	1%	
how many times have you	0 times or no use	97%	94%	
hit someone or become violent while using alcohol or other drugs?	Once	2%	4%	
	Twice	1%	1%	
	3 or more times	1%	1%	
how many times have you used so much alcohol or other	0 times or no use	89%	75%	
drugs that later you could not	Once	5%	11%	
remember what you had said or done?	Twice	2%	6%	
	3 or more times	3%	8%	
how many times have you	0 times or no use	90%	78%	
used more alcohol or other drugs than you intended to?	Once	5%	9%	
	Twice	2%	5%	
	3 or more times	3%	8%	

<sup>\* 6</sup>th grade survey did not ask these questions.

^ Variations in wording for this item may affect year-to-year comparisons.

#### **TABLE 41A SEXUAL BEHAVIOR \***

		Gra	Grade		
		9th	12th		
	_	%	%		
Have you ever had sexual intercourse ("had sex")? ^	No	80%	49%		
	Yes, once or twice	8%	9%		
	Yes, 3 times or more	11%	42%		
During the last 12 months, with how many different	None	89%	71%		
male partners have you had sexual intercourse?	1 person	6%	16%		
nad sexual intercourse?	2 persons	2%	6%		
	3 persons	1%	3%		
	4 persons	1%	1%		
	5 persons	0%	1%		
	6 or more persons	1%	2%		
During the last 12 months, with how many different female partners have you	None	89%	75%		
	1 person	5%	13%		
had sexual intercourse?	2 persons	2%	5%		
	3 persons	1%	3%		
	4 persons	1%	1%		
	5 persons	0%	1%		
	6 or more persons	2%	3%		
How many times have you been pregnant or gotten	0 times	97%	94%		
someone pregnant?	1 time	1%	3%		
	2 or more times	1%	1%		
	Not sure	1%	1%		

<sup>\* 6</sup>th grade survey did not ask these questions.

^ Variations in wording for this item may affect year-to-year comparisons.

#### **TABLE 41B SEXUAL BEHAVIOR \***

INCLUDES ONLY THOSE WHO H	AVE EVED HAD CEVILAL	Grade		
INCLUDES ONLY THOSE WHO H	AVE EVER HAD SEXUAL	9th	12th	
		%	%	
Have you talked with your partner(s) about protecting	Never	41%	34%	
yourselves from getting STDs/HIV/AIDS? **	Not with every partner	15%	16%	
	At least once with every partner	43%	50%	
Have you talked with partner(s) about preventing pregnancy? **	Never	35%	22%	
	Not with every partner	14%	15%	
	At least once with every partner	51%	63%	
If you have sexual intercourse, how often do you and/or your	Never	36%	14%	
partner use any birth control method?	Rarely	9%	5%	
	Sometimes	8%	6%	
	Usually	10%	12%	
	Always	37%	62%	
If you have sexual intercourse, how often is a condom used?	Never	12%	14%	
	Rarely	8%	11%	
	Sometimes	8%	11%	
	Usually	15%	19%	
	Always	56%	45%	
The last time you had sexual intercourse, did you or your	Yes	69%	61%	
partner use a condom?	No	31%	39%	

<sup>\* 6</sup>th grade survey did not ask these questions.
\*\* The results for these questions are comparable to the 2001-2007 survey results.

#### **TABLE 42 REASONS FOR SEXUAL ABSTINENCE\***

		Grade	
		9th	12th
	_	%	%
If you do not have sexual intercourse, what factors	One or both of my parents would object	59%	43%
influence your choice not to? (Mark all that apply)	I don't want to have sex	44%	36%
	Most students in my school don't have sex	11%	3%
	My friends don't have sex	29%	16%
	I don't think it's right for a person my age to have sex	59%	35%
	I'm afraid of getting caught	24%	14%
	My religious or spiritual beliefs	33%	35%
	Sex education at school has shown me the advantages of waiting until I'm older	34%	21%
	I don't want to get a sexually transmitted disease	56%	42%
	Fear of pregnancy ^	54%	49%
	My parents have taught me the advantages of waiting until I'm older	37%	29%
	I have chosen to wait until I'm married	37%	35%
	Other reason(s)	35%	39%

<sup>\* 6</sup>th grade survey did not ask these questions.

^ Variations in wording for this item may affect year-to-year comparisons.