

# **2019 Minnesota Student Survey Statewide Tables**

October 2019

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#### In Appreciation

The Minnesota Student Survey (MSS) Interagency Team is indebted to the students, parents, teachers, district assessment coordinators, school and district administrators, principals, and superintendents across the state that agreed to participate in and supported the MSS when it was administered in the first half of 2019. These data are made available as a result of their interest and time, and we are grateful for their efforts.

The planning and implementation of the 2019 Minnesota Student Survey administration resulted from an important collaborative effort among members of the MSS Interagency team, Minnesota Youth Council members, local educators and health professionals, researchers, and community members throughout the state of Minnesota – all of whom encouraged and supported school participation in the MSS.

Members of the MSS Interagency Team include: Lisa Burton, Megan Harms, and Maira Rosas-Lee at the Department of Education; Sharrilyn Helgertz and Ann Kinney at the Department of Health; Phyllis Bengtson, Emma Boley, and Eunkyung Park at the Department of Human Services; and Valerie Clark and Kristine Coulter at the Department of Public Safety.

#### **Survey Participation**

The 2019 Minnesota Student Survey (MSS) was administered in the first half of 2019 to students in grades 5, 8, 9, and 11 statewide. The survey was voluntary at all levels; districts, schools, parents, and students could all choose to opt out. Most public school districts (81%) chose to participate. Across the state, approximately 66% of fifth graders, 68% of eighth graders, 66% of ninth graders, and 54% of eleventh graders participated in the 2019 Minnesota Student Survey. Overall participation across the four grades was approximately 64% of total enrollment.

Results from regular public school, charter schools, and online schools are included in these tables. Results from nonpublic schools, alternative learning centers, and juvenile correctional facilities are released separately.

All schools and districts that participated in the survey followed federal laws regarding parental notification as required by the Protection of Pupil Rights Amendment (PPRA). PPRA requires that schools that participate in the survey notify parents of the survey administration, provide parents the opportunity to review the survey instrument, and allow parents to opt their child out of participating (Juvenile Correctional Facilities are exempt from this requirement).

#### **Mode of Administration**

In 2019, all levels of the MSS were administered online. Only Juvenile Correctional Facilities could choose to administer the MSS on paper.

#### **Items on the Tables**

The tables in this report include the responses for all survey items. Items are ordered within the tables by an overarching subject area; the order that items appear on the tables is not necessarily in the order that they appeared on the survey.

The table of contents is provided on pages v-vi. The grade 5 survey version was shorter than the grade 8 survey version, which in turn was shorter than the grade 9 and 11 version. The grade 5 and grade 8 versions did not include items appropriate only for older students. Items found on some versions of the survey but not on others are identified on the tables.

#### **New Questions and Year-to-Year Comparisons**

While most MSS survey questions stayed the same between 2016 and 2019, other questions were updated with changes to the question or response options. Some entirely new questions were added, and some questions were dropped. New questions are noted on each table. **Caution must be used when making comparisons over time for any questions in which the wording has changed.** 

Please note that although these surveys are given repeatedly over time, the student populations change between administrations of the survey.

#### **Validity of Responses**

Caution was taken to identify invalid responses and remove them from the survey results. Surveys were removed when responses were highly inconsistent, when there was a pattern of likely exaggeration, when the survey was completed outside of school hours (this did not apply to online students), or when the survey was clearly a test of the online system. In addition, surveys were removed when only the background section of the survey was answered. In total, approximately 4% of cases were removed from the 2019 survey data.

#### **Online Access to MSS Data**

Data from the 2019 Minnesota Student Survey (MSS) are available on the Minnesota Department of Education's <u>Data Reports and Analytics page</u>.

(http://w20.education.state.mn.us/MDEAnalytics/DataTopic.jsp?TOPICID=242) This web report provides access to all state, county and district-level data and provides options for filtering the data in multiple ways.

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#### TABLE 1A DEMOGRAPHIC DESCRIPTION

						ade			
			th		th	9th		11t	
		N	%	N	%	N	%	N	%
Total number of sur	veys	44,753	100%	44,919	100%	45,232	100%	35,224	100%
What is your biological sex?*	Male	22,530	50%	22,254	50%	22,414	50%	17,707	50%
	Female	21,900	49%	22,546	50%	22,710	50%	17,453	50%
	No answer	323	1%	119	0%	108	0%	64	0%
Age	10 or younger	18,426	41%	0	0%	0	0%	0	0%
	11	25,577	57%	0	0%	0	0%	0	0%
	12	523	1%	72	0%	0	0%	0	0%
	13	25	0%	18,247	41%	79	0%	0	0%
	14	0	0%	25,916	58%	18,047	40%	0	0%
	15	0	0%	587	1%	26,365	58%	56	0%
	16	0	0%	29	0%	627	1%	14,248	40%
	17	0	0%	0	0%	60	0%	20,251	57%
	18	0	0%	0	0%	0	0%	580	2%
	19-20	0	0%	0	0%	0	0%	64	0%
How do you describe yourself? (Mark ALL that	American Indian or Alaskan Native only	1,196	3%	578	1%	601	1%	340	1%
apply)	Asian or Asian American only	2,921	7%	3,082	7%	2,900	6%	2,279	6%
	Black, African or African American only	4,392	10%	3,765	8%	3,612	8%	2,354	7%
	Hispanic or Latino/a only	2,581	6%	2,781	6%	2,886	6%	1,983	6%
	Native Hawaiian or Other Pacific Islander only	140	0%	113	0%	96	0%	62	0%
	White only	27,692	62%	29,914	67%	30,890	68%	25,273	72%
	Multiple races (checked more than one)	3,435	8%	4,230	9%	3,917	9%	2,718	8%
	No answer	2,396	5%	456	1%	330	1%	215	1%

<sup>\* 5</sup>th grade surveys asked "Are you male or female?"

## TABLE 1B DEMOGRAPHIC DESCRIPTION^

					Gra	ade			
			th		th	9th		11t	
		N	%	N	%	N	%	N	%
If you are American Indian or Alaskan Native, which	Anishinaabe/Ojibwe	859	2%	918	2%	931	2%	594	2%
group best describes you? (If	Dakota/Lakota								
more than one describes you,		543	1%	392	1%	297	1%	190	19
mark ALL that apply)	Other tribal affiliation	931	2%	704	2%	681	2%	417	19
lf you are Asian or Asian American,	Asian Indian	433	1%	505	1%	414	1%	325	19
which group best	Burmese	43	0%	56	0%	29	0%	27	0%
describes you? (If more than one	Chinese	440	1%	576	1%	524	1%	419	19
describes you, mark ALL that	Filipino	180	0%	250	1%	230	1%	187	19
apply)	Hmong	999	2%	1,082	2%	1,043	2%	836	29
	Karen	207	0%	168	0%	148	0%	97	09
	Korean	324	1%	402	1%	371	1%	260	19
	Lao	274	1%	296	1%	239	1%	168	09
	Vietnamese	402	1%	506	1%	459	1%	395	19
	Other Asian	718	2%	751	2%	659	1%	465	19
lf you are Black, African or African	African American	2,802	6%	2,750	6%	2,519	6%	1,676	59
American, which group best	Ethiopian – Oromo	207	0%	185	0%	153	0%	94	09
describes you? (If more than one	Ethiopian – other	249	1%	235	1%	220	0%	134	09
describes you, mark ALL that	Liberian	231	1%	261	1%	241	1%	186	19
apply)	Nigerian	201	0%	236	1%	199	0%	145	09
	Somali	963	2%	1,039	2%	1,067	2%	700	29
	Other Black, African or African American	1,335	3%	1,168	3%	1,069	2%	708	29
If you are Hispanic or Latino/Latina,	Colombian	92	0%	129	0%	110	0%	85	09
which group best describes you? (If	Ecuadoran	108	0%	132	0%	145	0%	95	09
more than one describes you,	Guatemalan	198	0%	289	1%	253	1%	175	09
mark ALL that apply)	Mexican	2,230	5%	2,884	6%	2,858	6%	1,969	69
-FF-J/	Puerto Rican	202	0%	292	1%	290	1%	186	19
	Salvadoran	193	0%	215	0%	242	1%	143	09
	Spanish/Spanish- American	1,402	3%	987	2%	777	2%	424	19
	Other Hispanic or Latino/Latina	447	1%	559	1%	554	1%	378	19

 $<sup>^{\</sup>wedge}$  All questions on this table were new in 2019.

#### TABLE 2 SEXUAL ORIENTATION; GENDER IDENTITY; GENDER **EXPRESSION\***

		Grade		
		8th	9th	11th
		%	%	%
A person's appearance, style, dress, or the way they walk or talk may affect how people	Very or mostly feminine		25%	26%
	Somewhat feminine		18%	17%
describe them. How do you think other people	Equally feminine and masculine		15%	13%
at school would describe you?**	Somewhat masculine		16%	16%
	Very or mostly masculine		26%	28%
How do you describe yourself?**^	Heterosexual (straight)		77%	80%
yoursen:	Bisexual		5%	6%
	Gay or lesbian		1%	2%
	Questioning/not sure		2%	2%
	Pansexual		2%	2%
	Queer		0%	1%
	I don't describe myself in any of these ways		9%	7%
	I am not sure what this question means		2%	1%
Are you transgender, genderqueer, or	Yes	1%	1%	1%
genderfluid?^	No	91%	93%	95%
	I am not sure about my gender identity	2%	2%	1%
	I am not sure what this question means	6%	4%	3%
IF TRANSGENDER, GENDERQUEER OR GENDERFLUID: How do	Male, trans male, trans man, or trans masculine	34%	37%	40%
you describe yourself?^^	Female, trans female, trans woman, or trans feminine	11%	13%	11%
	Non-binary, genderqueer, or genderfluid	46%	41%	42%
	I prefer to describe my gender as something else	9%	9%	7%

<sup>\* 5</sup>th grade survey did not ask these questions.
\*\* 8th grade survey did not ask these questions.
^ Change in question wording from 2016.
^^ New question in 2019.

#### TABLE 3 SCHOOL PLANS; ACADEMIC ADVISING; IEP; ACADEMIC PERFORMANCE

			Gra	de	
		5th	8th	9th	11th
		%	%	%	%
What is the MAIN thing you plan to do right AFTER high school?*	I don't plan to graduate from high school		1%	1%	0%
	Get my GED		1%	1%	1%
	Go to a two-year community or technical college		7%	10%	17%
	Go to a four-year college or university		66%	67%	65%
	Get a license or certificate in a career field		5%	4%	2%
	Attend an apprenticeship program		0%	1%	1%
	Join the military		4%	5%	4%
	Work at a job		7%	7%	6%
	Other		7%	6%	4%
Has an adult in your school helped you think about education options for after high school	Yes			62%	77%
(college or other training program)?**^	No			38%	23%
Has an adult in your school helped you find career-focused field experiences (job	Yes			37%	46%
shadowing, work-based learning, service learning, career camps, apprenticeships)?**^	No			63%	54%
Do you receive special	Yes	8%	8%	10%	11%
education services as part of an individual	No	56%	71%	67%	76%
education plan or IEP?	Not sure	35%	20%	23%	13%
How would you describe	Mostly A's	37%	47%	46%	43%
your grades this school year?	Mostly B's	32%	32%	32%	35%
	Mostly C's	10%	13%	15%	16%
	Mostly D's	2%	3%	4%	4%
	Mostly F's	1%	2%	2%	1%
	Mostly Incompletes	1%	2%	1%	1%
	None of these letter grades	18%	1%	0%	0%

<sup>\* 5</sup>th grade survey did not ask this question.
\*\*5th and 8th grade surveys did not ask these questions.
^ New question in 2019.

#### TABLE 4 SCHOOL ATTENDANCE<sup>^</sup>

Grade	
5th 8th 9th	11th
% %	%
times did you miss	9% 44%
a full day of school? (Do not 34% 37% 36	39%
include school- sponsored 3 to 5 times 13% 12% 11	13%
activities like field trips, sports, academic or music 4% 3%	3%
events) 10 or more times	1% 2%
During the last 30 days, how many times did you miss part of a day of	1% 38%
school such as coming late, leaving early or 37% 40% 39	9% 38%
echool enoneored	2% 16%
activities like field trips, sports,	3% 5%
academic or music events) 10 or more times	
2% 2% 3	3% 4%
AMONG THOSE WHO MISSED PART OF OR A FULL DAY OF SCHOOL: What are With breathing or your teeth	
missed a full or	58%
part of a day of school in the last 30 days? (Mark appointment	7% 44%
Vacation or trip	5% 15%
Felt very sad, hopeless, anxious, stressed or angry	3% 17%
Didn't get enough sleep 10% 13% 15	5% 23%
Didn't feel safe at school 2% 2% 2	2% 2%
Missed your ride or didn't have a way to get to school	
9% 10% 1	1% 8%
	1% 2%
	1% 5%
Had no place to shower or wash clothes 0% 0% 0	
Wanted to use alcohol or drugs 0% 1%	0%
mooner or arrayo   070   170	0% 0% 1% 1%
Behind in schoolwork or not prepared for a test or class assignment 2% 4% 6	
Behind in schoolwork or not prepared for a test or class assignment 2% 4% 6  Bored with or not interested in school 2% 6% 7	1%
Behind in schoolwork or not prepared for a test or class assignment 2% 4% 6  Bored with or not interested in school 2% 6% 7  Suspended from	1% 1%

<sup>^</sup> All questions on this table were new in 2019.

# TABLE 4A SCHOOL ATTENDANCE: ONLINE STUDENTS ONLY^

			Gra	ade	
		5th	8th	9th	11th
		%	%	%	%
During the last 30 days, how many	None	43%	30%	22%	31%
times did you miss	Once or twice	21%	31%	24%	26%
scheduled classes?	3 to 5 times	17%	14%	20%	10%
	6 to 9 times	10%	8%	8%	5%
	10 or more times	5%	8%	5%	6%
	Do not attend scheduled classes	5%	11%	21%	23%
During the last 30 days, how many	None	40%	42%	30%	46%
times did you miss assigned	Once or twice	26%	32%	34%	25%
activities?	3 to 5 times	26%	16%	21%	12%
	6 to 9 times	0%	5%	7%	9%
	10 or more times	9%	6%	7%	7%
AMONG THOSE WHO MISSED PART OF OR A FULL DAY OF SCHOOL: What are the reasons you missed scheduled	Illness (feeling physically sick), including problems with breathing or your teeth	33%	35%	27%	52%
classes or assigned activities in the last 30 days? (Mark ALL that	Medical, dental or other health-related appointment	15%	22%	23%	30%
apply)	Vacation or trip	9%	20%	10%	11%
	Felt very sad, hopeless, anxious, stressed or angry	15%	28%	39%	49%
	Didn't get enough sleep	27%	32%	37%	30%
	Had to work	9%	9%	13%	29%
	Had to take care of or help a family member or friend	6%	15%	15%	18%
	Wanted to use alcohol or drugs	0%	0%	2%	0%
	Behind in schoolwork or not prepared for a test or class assignment	27%	45%	44%	41%
	Bored with or not interested in school	18%	26%	32%	26%
	Other reason	52%	27%	29%	17%

 $<sup>^{\</sup>mbox{\sc All}}$  questions on this table were new in 2019.

# TABLE 5 DISCIPLINE; FEELINGS ABOUT SCHOOL

			Gra	ade	
		5th	8th	9th	11th
	1	%	%	%	%
During the last 30 days, how many	None	84%	86%	92%	96%
times did you get sent out of the	Once or twice	12%	10%	6%	3%
classroom for discipline?^	3 to 5 times	3%	2%	1%	0%
	6 to 9 times	1%	1%	0%	0%
	10 or more times	1%	1%	0%	0%
How often do you care about doing	All of the time	50%	43%	46%	44%
well in school?	Most of the time	37%	42%	40%	41%
	Some of the time	11%	14%	13%	13%
	None of the time	1%	2%	1%	2%
How often do you go to class	All of the time	4%	3%	3%	3%
unprepared?	Most of the time	7%	6%	6%	6%
	Some of the time	43%	41%	43%	45%
	None of the time	46%	50%	48%	46%
How often do you pay attention in	All of the time	28%	22%	21%	21%
class?	Most of the time	61%	65%	65%	65%
	Some of the time	11%	13%	13%	13%
	None of the time	1%	1%	1%	1%

<sup>^</sup> New question in 2019.

# TABLE 6 FEELINGS ABOUT SCHOOL

			Gr	ade	
How much do you a		5th	8th	9th	11th
with each of the following statements?  If something Strongly agree		%	%	%	%
interests me, I try		38%	45%	49%	58%
to learn more about it.	Agree	57%	53%	49%	41%
	Disagree	4%	2%	2%	1%
	Strongly disagree	1%	0%	0%	0%
I think things I learn at school are useful.	Strongly agree	35%	14%	11%	10%
	Agree	53%	61%	59%	58%
	Disagree	9%	21%	24%	25%
	Strongly disagree	3%	5%	6%	7%
Being a student is one of the most	Strongly agree	24%	14%	14%	15%
important parts of who I am.	Agree	49%	47%	46%	44%
	Disagree	22%	32%	32%	32%
	Strongly disagree	5%	7%	8%	9%
Overall, adults at my school treat	Strongly agree	38%	20%	19%	19%
students fairly.	Agree	46%	56%	59%	60%
	Disagree	12%	19%	17%	16%
	Strongly disagree	4%	6%	5%	5%
Adults at my school listen to the	Strongly agree	35%	16%	15%	15%
students.	Agree	51%	56%	59%	59%
	Disagree	12%	23%	22%	21%
	Strongly disagree	3%	6%	4%	5%
The school rules are fair.	Strongly agree	33%	14%	15%	14%
	Agree	49%	54%	60%	59%
	Disagree	14%	25%	20%	21%
	Strongly disagree	4%	6%	4%	5%
At my school, teachers care	Strongly agree	58%	26%	23%	23%
about students.	Agree	37%	60%	63%	64%
	Disagree	4%	11%	11%	10%
	Strongly disagree	1%	3%	3%	3%
Most teachers at my school are	Strongly agree	28%	14%	13%	16%
interested in me as a person.	Agree	53%	52%	51%	52%
	Disagree	15%	27%	30%	26%
	Strongly disagree	4%	7%	7%	6%

# TABLE 7A PRESENCE OF A SCHOOL RESOURCE/POLICE OFFICER\*

		Grade				
		8th	9th	11th		
		%	%	%		
Is there a police officer or School	Yes	68%	78%	83%		
Resource Officer (SRO) at your	No	10%	5%	7%		
school?	I don't know	22%	17%	10%		

<sup>\* 5</sup>th grade survey did not ask this question.

# TABLE 7B INTERACTIONS WITH A SCHOOL RESOURCE/POLICE OFFICER\*

INCLUDES ONLY TH	HOSE WHO HAVE A		Grade	
SCHOOL RESOURCE (SRO) OR POLICE		8th	9th	11th
OFFICER AT THEIR	SCHOOL	%	%	%
If I knew about something unsafe	Strongly agree	31%	21%	20%
or illegal at my school, I would tell	Agree	45%	45%	43%
the SRO or police officer.	Disagree	19%	26%	28%
	Strongly disagree	5%	8%	10%
I would feel comfortable going	Strongly agree	19%	17%	19%
to my school's SRO or police	Agree	44%	44%	44%
officer if I was having problems or	Disagree	29%	31%	29%
needed help.	Strongly disagree	7%	8%	9%
I think it is a good idea to have an	Strongly agree	56%	51%	50%
SRO or police officer at our school.	Agree	39%	43%	44%
	Disagree	4%	4%	4%
	Strongly disagree	2%	2%	2%

<sup>\* 5</sup>th grade survey did not ask these questions.

# TABLE 8 PERCEPTIONS OF SAFETY

		Grade			
How much do you		5th	8th	9th	11th
with each of the following statements?		%	%	%	%
I feel safe going to and from school.	Strongly agree	51%	46%	45%	50%
	Agree	42%	48%	49%	45%
	Disagree	5%	5%	5%	4%
	Strongly disagree	1%	1%	1%	1%
I feel safe at school.	Strongly agree	52%	39%	36%	41%
	Agree	40%	51%	53%	49%
	Disagree	6%	9%	9%	8%
	Strongly disagree	2%	2%	2%	2%
I feel safe in my neighborhood.	Strongly agree	54%	55%	54%	58%
	Agree	37%	40%	41%	38%
	Disagree	7%	4%	3%	3%
	Strongly disagree	2%	1%	1%	1%
I feel safe at home.	Strongly agree	75%	67%	66%	69%
	Agree	22%	29%	30%	28%
	Disagree	2%	3%	3%	2%
	Strongly disagree	1%	1%	1%	1%

#### TABLE 9A AFTER SCHOOL SUPERVISION

During a typical week, how often do you go to the following			Gra	ade	
do you go to the following places after school?		5th	8th	9th	11th
I stay at my school or go to another	0 days				%
school		-		-	57%
		6%	9%	12%	10%
		5%	6%	7%	7%
	3 to 4 days	3%	7%	8%	8%
	5 days	6%	%         %         %           81%         63%         54%           6%         9%         12%           5%         6%         7%           3%         7%         8%           6%         14%         19%           30%         14%         15%           16%         13%         12%           9%         10%         10%           9%         12%         13%           36%         51%         49%           85%         82%         84%           6%         8%         7%           4%         4%         4%           3%         3%         3%           2%         2%         2%           67%         68%         72%           15%         14%         13%           9%         9%         8%           6%         6%         4%           4%         3%         3%           83%         88%         89%           12%         8%         7%           3%         2%         2%           1%         1%         1%           1% <td< td=""><td>18%</td></td<>	18%	
My home or another home such as a friend's, relative's or neighbor's	1 day 2 days 3 to 4 days 5 days  other home such as a e's or neighbor's  1 day 2 days 3 to 4 days 5 days  ity or other youth center 0 days 1 day 2 days 3 to 4 days 5 days  outdoor space 0 days 1 day 2 days 3 to 4 days 5 days  outdoor space 0 days 1 day 2 days 3 to 4 days 5 days 0 days 1 day 2 days 3 to 4 days 5 days 5 days 0 days 1 day 2 days 3 to 4 days 5 days 5 days 0 days 1 day 2 days 3 to 4 days 5 days 0 days 1 day 2 days 3 to 4 days 5 days 0 days 1 day 2 days 3 to 4 days 5 days	30%	14%	15%	14%
,	1 day	16%	13%	12%	11%
	2 days	9%	10%	10%	12%
		9%	12%	13%	16%
	5 days	36%	51%	49%	47%
A rec, community or other youth center	0 days	85%	82%	84%	87%
	1 day	6%	8%	7%	6%
	2 days	4%	4%	4%	3%
	3 to 4 days	3%	3%	3%	3%
	5 days	2%	2%	2%	2%
A park or other outdoor space	0 days	67%	68%	72%	77%
	1 day	15%	14%	13%	10%
	2 days	9%	9%	8%	7%
	3 to 4 days	6%	6%	4%	3%
	5 days	4%	3%	3%	2%
A library	0 days	83%	88%	89%	90%
	1 day	12%	8%	7%	6%
	2 days	3%	2%	2%	2%
	3 to 4 days	1%	1%	1%	1%
	5 days	1%	1%	1%	0%
A church, synagogue, mosque, or other spiritual/religious place	0 days	76%	67%	72%	79%
spiritual/religious place	1 day	17%	25%	21%	16%
	2 days	4%	6%	5%	4%
	3 to 4 days	1%	1%	1%	1%
	5 days	1%	1%	1%	0%
A job*	0 days			86%	50%
	1 day			5%	8%
	2 days			5%	16%
	3 to 4 days			3%	19%
	5 days			2%	6%

<sup>\* 5</sup>th and 8th grade surveys did not ask this question.

# TABLE 9B AFTER SCHOOL SUPERVISION\*

		Grade
		5th
		%
During a typical week, how often are you home alone or somewhere	0 days	45%
unsupervised after school?	1 day	22%
	2 days	12%
	3 days	8%
	4 days	4%
	5 days	9%

<sup>\*</sup> Only 5th grade survey asked this question.

#### **TABLE 10A BEING BULLIED FOR SPECIFIC REASONS**

During the last 30 days, how often have		Grade			
other students harassed or bullied you for any		5th	8th	9th	11th
of the following reasons		%	%	%	%
Your race, ethnicity or national origin	Never	88%	86%	87%	90%
national origin	Once or twice	9%	10%	9%	7%
	About once a week	2%	2%	2%	1%
	Several times a week	1%	1%	1%	1%
	Every day	1%	1%	1%	1%
Your religion	Never	92%	93%	93%	93%
	Once or twice	6%	5%	5%	5%
	About once a week	1%	1%	1%	1%
	Several times a week	1%	1%	0%	0%
	Every day	1%	1%	0%	0%
Your gender (being male, female,	Never	88%	92%	93%	94%
transgender, etc.)^	Once or twice	8%	5%	5%	4%
	About once a week	1%	1%	1%	1%
	Several times a week	1%	1%	1%	0%
	Every day	2%	1%	1%	1%
Your gender expression (your style,	Never			82%	87%
dress, or the way you walk or talk)*	Once or twice			13%	9%
	About once a week			3%	2%
	Several times a week			2%	1%
	Every day			1%	1%

<sup>\* 5</sup>th and 8th grade surveys did not ask this question.

^ On the 5th grade survey, this item was worded "Your gender (being male or female)".

#### TABLE 10B BEING BULLIED FOR SPECIFIC REASONS

During the last 30 days, how often have		Grade				
other students harassed or bullied you for any of the following reasons?		5th	8th	9th	11th	
		%	%	%	%	
Because you are gay, lesbian, or bisexual or	Never			92%	94%	
because someone thought you were*	Once or twice			5%	4%	
thought you were	About once a week			1%	1%	
	Several times a week			1%	1%	
	Every day			1%	1%	
A physical or mental disability	Never	92%	91%	92%	93%	
aloubility	Once or twice	5%	6%	5%	4%	
	About once a week	1%	2%	1%	1%	
	Several times a week	1%	1%	1%	1%	
	Every day	1%	1%	1%	1%	
Your size or weight	Never	76%	74%	77%	82%	
	Once or twice	16%	16%	15%	13%	
	About once a week	3%	4%	4%	3%	
	Several times a week	2%	3%	2%	2%	
	Every day	2%	3%	2%	1%	
Your physical appearance	Never	77%	68%	72%	78%	
арреагансе	Once or twice	16%	21%	19%	15%	
	About once a week	3%	5%	4%	3%	
	Several times a week	2%	3%	2%	2%	
	Every day	2%	3%	2%	1%	

<sup>\* 5</sup>th and 8th grade surveys did not ask this question.

#### TABLE 11A BEING CYBERBULLIED

		Grade 5th 8th 9th 11th			
					11th
		%	%	%	%
During the last 30 days, how often have you been cyberbullied? (Count being bullied through texting, Instagram, Snapchat or other social media)^	Never	82%	85%	86%	88%
	Once or twice	14%	11%	11%	9%
	About once a week	2%	2%	2%	1%
	Several times a week	1%	1%	1%	1%
,	Every day	1%	1%	1%	1%

<sup>^</sup> Change in question wording from 2016.

## TABLE 11B BEING BULLIED OR HARASSED AT SCHOOL

			Gr	ade	
	ays, on how many days	5th 8th 9th %		11th	
have other students	s at school Never	%	%	%	%
industrial, showed, slapped, hit or kicked you when they weren't kidding around?		72%	84%	89%	94%
	Once or twice	21%	12%	8%	4%
	About once a week	4%	2%	1%	1%
	Several times a week	2%	1%	1%	0%
	Every day	2%	1%	1%	0%
threatened to beat you up?	Never	78%	84%	88%	93%
	Once or twice	16%	11%	9%	5%
	About once a week	3%	2%	2%	1%
	Several times a week	2%	1%	1%	0%
	Every day	1%	1%	1%	0%
spread mean rumors or lies	Never	62%	69%	73%	78%
about you?	Once or twice	27%	22%	20%	17%
	About once a week	5%	4%	4%	3%
	Several times a week	3%	3%	2%	1%
	Every day	3%	2%	2%	1%
made sexual jokes, comments	Never		76%	78%	81%
	Once or twice		15%	14%	12%
	About once a week		4%	4%	3%
	Several times a week		3%	2%	2%
	Every day		3%	2%	2%
excluded you from friends, other	Never	62%	70%	73%	78%
students or activities?	Once or twice	26%	20%	18%	15%
	About once a week	5%	4%	4%	3%
	Several times a week	3%	3%	2%	2%
	Every day	3%	2%	2%	2%
Bullied once or more in the last 30	No	40%	46%	52%	60%
days^	Yes	60%	54%	48%	40%
Bullied weekly or more in the last 30	No	79%	79%	82%	86%
days^	Yes	21%	21%	18%	14%
Bullied daily in the last 30 days^	No	94%	94%	95%	96%
	Yes	6%	6%	5%	4%

<sup>\* 5</sup>th grade survey did not ask this question.

^ These are computed variables based on combinations of responses to the first five questions on this table.

# TABLE 12 BULLYING OR HARASSING OTHER STUDENTS AT SCHOOL Minnesota Statewide Data

		Grade				
	lays, how many times at	5th	8th	9th	11th	
school have YOUpushed, shoved, Never		%	%	%	%	
slapped, hit or		86%	90%	93%	96%	
kicked someone when you weren't	Once or twice	12%	8%	5%	3%	
kidding around?	About once a week	1%	1%	1%	0%	
	Several times a week	0%	0%	0%	0%	
	Every day	0%	0%	0%	0%	
threatened to beat someone up?	Never	92%	89%	91%	93%	
·	Once or twice	7%	9%	7%	5%	
	About once a week	1%	1%	1%	1%	
	Several times a week	0%	1%	1%	0%	
	Every day	0%	1%	1%	1%	
spread mean rumors or lies	Never	91%	92%	93%	94%	
about someone else?	Once or twice	8%	7%	6%	5%	
	About once a week	1%	1%	1%	1%	
	Several times a week	0%	0%	0%	0%	
	Every day	0%	0%	0%	0%	
made sexual jokes, comments	Never		90%	89%	91%	
or gestures towards someone	Once or twice		7%	7%	6%	
else?*	About once a week		1%	1%	1%	
	Several times a week		1%	1%	1%	
	Every day		1%	1%	2%	
excluded someone from	Never	85%	86%	88%	91%	
friends, other students or activities?	Once or twice	13%	12%	10%	7%	
	About once a week	1%	1%	1%	1%	
	Several times a week	1%	0%	0%	0%	
	Every day	1%	0%	0%	0%	

<sup>\* 5</sup>th grade survey did not ask this question.

#### TABLE 13A AVAILABILITY OF COMMUNITY PROGRAMS

		Grade				
		5th 8th 9th 11				
		%	%	%	%	
Does your school	Yes					
or community offer a variety of		59%	72%	71%	71%	
programs for	No					
people your age to participate in		8%	6%	6%	8%	
outside of the regular school	I don't know what programs are					
day?	available in my community	33%	22%	23%	21%	

# TABLE 13B ENRICHMENT ACTIVITIES

During a typical week, how often do		Grade				
you participate in the following activities outside of the regular school day?  Sports teams, 0 days		5th	8th	9th	11th	
		%	%	%	%	
	0 days	46%	41%	44%	51%	
	1 day	10%	5%	4%	4%	
	2 days	16%	9%	7%	6%	
	3 to 4 days	17%	19%	14%	11%	
	5 or more days	11%	25%	30%	28%	
School sponsored activities or clubs	0 days	80%	78%	76%	70%	
that are not sports, such as	1 day	10%	8%	9%	11%	
drama, music, chess or science	2 days	5%	5%	6%	8%	
club	3 to 4 days	2%	5%	4%	6%	
	5 or more days	2%	4%	5%	6%	
Tutoring, homework help or	0 days	86%	88%	89%	86%	
academic programs	1 day	6%	6%	6%	8%	
	2 days	4%	3%	3%	4%	
	3 to 4 days	2%	2%	1%	1%	
	5 or more days	2%	1%	1%	1%	
Leadership activities such as	0 days	91%	91%	92%	85%	
student government, youth councils or committees	1 day	5%	6%	5%	10%	
	2 days	1%	2%	2%	3%	
	3 to 4 days	1%	1%	1%	1%	
	5 or more days	1%	1%	0%	1%	

# TABLE 13C ENRICHMENT ACTIVITIES

During a typical week, how often do		Grade				
you participate in the following activities outside of the regular school day?		5th	8th	9th	11th	
		%	%	%	%	
	0 days	74%	80%	83%	85%	
	1 day	14%	8%	8%	7%	
	2 days	6%	4%	4%	3%	
	3 to 4 days	3%	3%	2%	2%	
	5 or more days	3%	3%	3%	3%	
Physical activity lessons, such as	0 days	77%	80%	83%	86%	
tennis or karate	1 day	7%	5%	4%	4%	
	2 days	7%	5%	4%	4%	
	3 to 4 days	5%	5%	4%	3%	
	5 or more days	3%	5%	5%	4%	
Other community clubs and	0 days	87%	92%	92%	92%	
programs such as 4-H, Scouts, Y-	1 day	8%	5%	5%	5%	
clubs or Community Ed	2 days	2%	2%	2%	2%	
	3 to 4 days	1%	1%	1%	1%	
	5 or more days	1%	1%	1%	1%	
Religious activities such as	0 days	78%	65%	69%	76%	
religious services, education or youth group	1 day	16%	27%	24%	18%	
	2 days	3%	6%	6%	5%	
	3 to 4 days	1%	1%	1%	1%	
	5 or more days	1%	1%	1%	0%	

# TABLE 14 QUALITY OF YOUTH ACTIVITIES^

		Grade			
When you spend time doing activities outside of the regular school day, how often do you		5th	8th	9th	11th
		%	%	%	%
feel safe?	Rarely or never	4%	3%	3%	2%
	Sometimes	12%	7%	7%	6%
	Often	29%	32%	32%	30%
	Very often	55%	58%	58%	62%
learn skills like teamwork or	Rarely or never	13%	11%	11%	9%
leadership?	Sometimes	29%	27%	27%	24%
	Often	33%	35%	35%	36%
	Very often	26%	26%	27%	31%
develop trusting relationships with	Rarely or never	15%	10%	10%	9%
peers your age?	Sometimes	27%	24%	24%	22%
	Often	31%	37%	37%	37%
	Very often	27%	30%	30%	33%
develop trusting relationships with	Rarely or never	18%	14%	13%	10%
adults?	Sometimes	30%	30%	30%	27%
	Often	28%	33%	33%	35%
	Very often	24%	23%	23%	28%
help make decisions?	Rarely or never	15%	10%	10%	8%
	Sometimes	34%	30%	30%	26%
	Often	31%	37%	38%	39%
	Very often	20%	22%	23%	28%
do something that gives you joy and	Rarely or never	6%	6%	6%	6%
energy?	Sometimes	15%	15%	17%	17%
	Often	28%	33%	34%	35%
	Very often	52%	47%	43%	42%
learn skills that you can use in a future	Rarely or never	16%	14%	14%	11%
job?	Sometimes	30%	32%	33%	30%
	Often	26%	29%	30%	31%
	Very often	28%	25%	24%	28%

 $<sup>^{\</sup>wedge}$  These items are a subscale of the Constructive Use of Time Scale from the Developmental Assets Profile (DAP) (Search Institute, Minneapolis, MN).

#### **TABLE 15 LIVING SITUATIONS**

		Grade			
		5th	8th	9th	11th
		%	%	%	%
Have you ever been in foster care? (Mark ALL that apply)^	No	96%	97%	97%	97%
	Yes, during the last year	1%	1%	1%	1%
	Yes, more than a year ago	2%	2%	2%	2%
During the past 12 months, have you stayed in a shelter, somewhere	No		94%	95%	96%
not intended as a place to live, or someone else's home because you had no other place to stay? (Mark ALL that apply)*	Yes, I was with my parents or adult family member		5%	4%	3%
	Yes, I was on my own without any adult family members		1%	1%	1%
Have any of your parents or guardians ever been in jail or prison? (Mark ALL	None of my parents or guardians has ever been in jail or prison		83%	83%	85%
that apply)*	Yes, I have a parent or guardian in jail or prison right now		2%	2%	1%
	Yes, I have had a parent or guardian in jail or prison in the past		16%	16%	14%
IF YOU HAVE OR HAVE HAD A PARENT OR GUARDIAN IN JAIL OR PRISON: Did you live with	Yes		52%	52%	50%
a parent or guardian at the time they went to jail or prison?^*	No		48%	48%	50%

<sup>^</sup> New question in 2019.
\* 5th grade survey did not ask this question.

# TABLE 16 COMMUNICATION WITH ADULTS

		Grade			
		5th	8th	9th	11th
		%	%	%	%
Which of these adults can you talk to about problems you are having? (Mark ALL	Parent or guardian	90%	83%	81%	80%
that apply)^	Adult at school	44%	31%	28%	33%
	Some other adult	16%	26%	29%	34%
	I don't have any adults that I can talk to about problems I am having	6%	11%	12%	11%

<sup>^</sup> New question in 2019.

# TABLE 17 PERCEPTIONS OF FAMILY AND OTHERS CARING

		Grade			
		5th	8th	9th	11th
How much do you feel		%	%	%	%
your parents care about you?	Not at all	1%	1%	1%	1%
	A little	2%	3%	3%	3%
	Some	4%	6%	7%	7%
	Quite a bit	10%	16%	18%	19%
	Very much	84%	73%	69%	69%
other adult relatives care about you?	Not at all	1%	2%	2%	2%
	A little	3%	4%	5%	6%
	Some	7%	11%	13%	14%
	Quite a bit	23%	28%	29%	29%
	Very much	66%	55%	51%	49%
friends care about you?	Not at all	2%	2%	2%	2%
	A little	5%	5%	6%	5%
	Some	14%	16%	17%	18%
	Quite a bit	35%	36%	36%	34%
	Very much	44%	40%	40%	40%
teachers/other adults at school care about you?	Not at all	4%	8%	8%	6%
	A little	7%	16%	17%	17%
	Some	17%	30%	33%	33%
	Quite a bit	34%	30%	28%	27%
	Very much	38%	17%	15%	16%
adults in your community care about you?	Not at all	7%	12%	13%	14%
,	A little	13%	18%	20%	20%
	Some	24%	29%	30%	29%
	Quite a bit	30%	25%	23%	21%
	Very much	26%	16%	15%	16%

#### **TABLE 18 ADVERSE CHILDHOOD EXPERIENCES\***

		Grade			
		8th	9th	11th	
		%	%	%	
Do you live with anyone who drinks too much alcohol?	Yes	10%	11%	12%	
	No	90%	89%	88%	
Do you live with anyone who uses illegal drugs or abuses prescription	Yes	5%	6%	6%	
drugs?	No	95%	94%	94%	
Do you live with anyone who is depressed or has any other mental	Yes	24%	27%	29%	
health issues?^	No	76%	73%	71%	
Does a parent or other adult in your home regularly swear at you, insult	Yes	15%	16%	14%	
you or put you down?	No	85%	84%	86%	
Has a parent or other adult in your home ever hit, beat, kicked or	Yes	14%	13%	12%	
physically hurt you in any way?	No	86%	87%	88%	
Have your parents or other adults in your home ever slapped, hit, kicked, punched or beat each other up?	Yes	8%	8%	7%	
	No	92%	92%	93%	
Has anyone who was not a relative/family member ever pressured tricked, or forced you to do something	Yes	4%	5%	6%	
sexual or done something sexual to you against your wishes?^^	No	96%	95%	94%	
Has any relative/family member ever pressured, tricked, or forced you to do	Yes	3%	3%	3%	
something sexual or done something sexual to you?^^	No	97%	97%	97%	
Have you ever traded sex or sexual activity to receive money, food, drugs,	Yes		1%	2%	
alcohol, a place to stay, or anything else?^**	No		99%	98%	
ACEs Score-short^^^	None	54%	51%	50%	
	One	23%	23%	25%	
	Two	11%	11%	12%	
	Three	6%	6%	7%	
	Four or more	7%	8%	7%	

<sup>\* 5</sup>th grade survey did not ask these questions.
\*\* 8th grade survey did not ask this question.
^ New question in 2019.

<sup>^</sup> New question in 2019.
^^ Change in question wording from 2016.
^^^ An adverse childhood experience (ACE) describes a traumatic experience in a person's life occurring before age 18. The ACEs Score-short is a measure of cumulative exposure to adverse childhood conditions, and combines the responses to all but the last question in this table plus the responses to the first question about parental incarceration (See Table 15).

#### **TABLE 19 RELATIONSHIP VIOLENCE\*^**

		Grade		
		8th	9th	11th
		%	%	%
Have you been in a casual or serious relationship where your partner ever physically hurt you on purpose?	Yes	4%	4%	5%
	No	96%	96%	95%
Have you been in a casual or serious relationship where your partner ever verbally hurt or controlled you?	Yes	9%	10%	15%
	No	91%	90%	85%
Have you been in a casual or serious relationship where your partner ever pressured, tricked, or forced you to do something sexual, or did something sexual to you against your wishes?**	Yes		6%	9%
	No		94%	91%
Have YOU ever pressured, tricked, or forced someone to do something sexual, or have YOU done something sexual to someone against their wishes?**	Yes		2%	2%
	No		95%	96%
	Not sure		3%	3%

<sup>\* 5</sup>th grade survey did not ask these questions.
\*\* 8th grade survey did not ask this question.
^ All questions on this table were new in 2019.

### TABLE 20 GENERAL HEALTH AND HEALTH CONDITIONS

#### Minnesota Statewide Data

		Grade			
		5th	8th	9th	11th
		%	%	%	%
How would you describe your health in general?	Excellent	32%	27%	25%	24%
	Very good	37%	39%	38%	37%
	Good	25%	25%	27%	27%
	Fair	5%	8%	9%	9%
	Poor	1%	1%	2%	2%
Do you have any physical disabilities, or long-term health problems (such as asthma, cancer,	Yes	14%	15%	15%	15%
diabetes, epilepsy or something else)? Long-term means lasting 6 months or more.	No	86%	85%	85%	85%
Has a doctor or nurse ever told you that you have diabetes?^	Yes	1%	1%	1%	1%
•	No	99%	99%	99%	99%
Has a doctor or nurse ever told you that you have pre-diabetes?^	Yes	1%	1%	2%	2%
, ,	No	99%	99%	98%	98%
Has a doctor or nurse ever told you that you have asthma?	Yes	12%	15%	16%	17%
•	No	88%	85%	84%	83%
Has a doctor or nurse ever told you that you have an allergy that requires	Yes	4%	5%	4%	4%
you to carry an epi-pen?	No	96%	95%	96%	96%
Do you have any long-term mental health, behavioral or emotional	Yes		21%	23%	26%
problems? Long-term means lasting 6 months or more.*	No		79%	77%	74%
Weight status* according to Body Mass Index (BMI)**	Normal or underweight		76%	75%	74%
• •	Overweight		14%	14%	14%
	Obese		10%	11%	12%

<sup>^</sup> New question in 2019.

Not overweight: Less than the 85th percentile Overweight: 85th to less than the 95th percentile Obese: Equal to or greater than the 95th percentile

<sup>\* 5</sup>th grade survey did not ask this question.

<sup>\*\*</sup> Body Mass Index (BMI) is a number calculated from a child's self-reported weight and height. BMI is calculated using a standard formula. BMI-for-age percentiles are used to interpret BMI numbers for children and teens. CDC BMI-for-age growth charts were used to determine weight status according to BMI for participants in the Minnesota Student Survey.

#### TABLE 21 RECEIPT OF TREATMENT; ORAL HEALTH

			Gra	de	
		5th	8th	9th	11th
		%	%	%	%
Have you ever been treated for a mental health, emotional or behavioral	No		80%	77%	73%
problem? (Mark ALL that apply)*	Yes, during the last year		12%	14%	18%
	Yes, more than a year ago		10%	11%	14%
Have you ever been treated for an alcohol or drug problem? (Mark ALL that	No		98%	98%	98%
apply)*	Yes, during the last year		1%	2%	2%
	Yes, more than a year ago		1%	1%	1%
When was the last time you saw a dentist for a check-up, exam or teeth cleaning or	During the last year	83%	85%	84%	82%
other dental work?^	Between 1 and 2 years ago	11%	9%	10%	11%
	More than 2 years ago	4%	4%	5%	5%
	Never	3%	1%	1%	1%
Have you any of the following dental problems during the past 12 months?	Toothaches or pain	19%	20%	19%	20%
(Mark ALL that apply)^^	Decayed teeth or cavities	14%	12%	13%	14%
	Swollen, painful or bleeding gums	8%	8%	8%	7%
	Could not eat certain foods because of a dental problem	6%	6%	6%	5%
	Missed one or more school days because of a dental problem	8%	7%	6%	5%
	I have not had any of these dental health problems	64%	66%	66%	66%
IF ONE OR MORE DENTAL PROBLEMS: Have you had this dental problem treated	Yes	69%	72%	71%	68%
by a dentist?^^	No, but I will see a dentist	25%	23%	24%	26%
	No, I am not able to get dental treatment	6%	5%	5%	6%

<sup>\* 5</sup>th grade survey did not ask this question. ^ Change in question wording from 2016. ^^ New question in 2019.

# TABLE 22 PHYSICAL ACTIVITY; SLEEP; USE OF INDOOR TANNING DEVICE Minnesota Statewide Data

			Gra	ade	
		5th	8th	9th	11th
		%	%	%	%
During the last 7 days, on how many days were you physically active for a total of AT LEAST 60 MINUTES PER DAY?	0 days	12%	8%	9%	14%
	1 day	8%	6%	6%	9%
	2 days	11%	10%	10%	12%
	3 days	13%	14%	13%	14%
	4 days	13%	14%	13%	12%
	5 days	14%	19%	20%	16%
	6 days	8%	11%	12%	10%
	7 days	20%	18%	17%	14%
During a typical school night, how many hours	4 hours or less	3%	5%	6%	7%
of sleep do you get?	5 hours	3%	7%	10%	13%
	6 hours	6%	14%	20%	26%
	7 hours	11%	26%	30%	32%
	8 hours	23%	30%	25%	18%
	9 hours	28%	13%	7%	3%
	10 or more hours	26%	4%	2%	1%
During the last 12 months, how many times	0 times		97%	97%	96%
did you use an indoor tanning device such as a	1 or 2 times		1%	1%	2%
sunlamp, sunbed or tanning booth?*	3 to 9 times		1%	1%	1%
	10 to 19 times		0%	0%	1%
	20 to 39 times		0%	0%	0%
	40 or more times		0%	0%	0%

<sup>\* 5</sup>th grade survey did not ask this question.

#### TABLE 23 EATING MEALS

			Gra	ade	
		5th 8th 9th		9th	11th
		%	%	%	%
During the last 30 days, have you had to skip meals because your	Yes	4%	4%	5%	5%
family did not have enough money to buy food?	No	96%	96%	95%	95%
During a typical school week, where do you	I usually don't eat lunch.	4%	12%	14%	14%
usually get your lunch? (Mark ALL that apply)	Regular school lunch from the cafeteria	77%	69%	65%	62%
	The a la carte line (buy individual items)	2%	13%	17%	16%
	School store or vending machine	1%	2%	5%	4%
	Fast food restaurant, gas station or somewhere else outside of school	3%	2%	3%	9%
	I bring lunch from home.	36%	30%	28%	30%
Do you currently get free or reduced-price lunch at	Yes	20%	23%	24%	23%
school?^	No	41%	61%	63%	71%
	Not sure	39%	16%	12%	6%

<sup>^</sup> Change in question wording from 2016.

#### **TABLE 24A NUTRITION**

			Gr	ade	
		5th	8th	9th	11th
During the last 7 days, how many	I did NOT eat or drink this	%	%	%	<u>%</u>
During the last 7 days, how many times did you drink 100% fruit juices such as orange, apple or grape juice? (Do not count punch, Kool-Aid, sports drinks or other fruitflavored drinks)^		25%	28%	30%	31%
	1 to 3 times in the last 7 days	37%	41%	41%	41%
	4 to 6 times in the last 7 days	12%	12%	12%	12%
	1 time per day	11%	9%	9%	8%
	2 times per day	6%	5%	4%	4%
	3 times per day	3%	2%	1%	1%
	4 or more times per day	5%	3%	2%	2%
During the last 7 days, how many times did you eat fruit? (Do not	I did NOT eat or drink this	6%	6%	7%	7%
count fruit juice)^	1 to 3 times in the last 7 days	23%	26%	27%	29%
	4 to 6 times in the last 7 days	20%	21%	21%	21%
	1 time per day	15%	17%	17%	17%
	2 times per day	15%	16%	16%	15%
	3 times per day	8%	7%	7%	6%
	4 or more times per day	13%	7%	6%	4%
During the last 7 days, how many times did you eat green salad,	I did NOT eat or drink this	13%	10%	11%	10%
potatoes, carrots or other vegetables? (Do not count French	1 to 3 times in the last 7 days	28%	28%	29%	30%
fries, fried potatoes, or potato chips)	4 to 6 times in the last 7 days	17%	20%	21%	21%
	1 time per day	17%	19%	19%	19%
	2 times per day	11%	13%	13%	13%
	3 times per day	6%	5%	4%	4%
	4 or more times per day	9%	5%	4%	3%
During the last 7 days, how many times did you eat from a fast food	I did NOT eat or drink this	33%	29%	27%	21%
restaurant, including carry-out or delivery?	1 to 3 times in the last 7 days	53%	61%	62%	65%
•	4 to 6 times in the last 7 days	5%	5%	6%	9%
	1 time per day	6%	3%	3%	3%
	2 times per day	1%	1%	1%	1%
	3 times per day	1%	0%	0%	0%
	4 or more times per day	2%	1%	1%	1%
Servings of fruits, fruit juice and vegetables per day during the last 7	Less than five	76%	83%	85%	88%
days^^	Five or more	24%	17%	15%	12%

<sup>^</sup> Change in question wording from 2016. ^^ This is a computed variable based on combinations of responses to the first three questions on this table.

#### TABLE 24B NUTRITION^

				ade	
During the last 7 days, how ma	ny times did you drink	5th %	8th %	9th %	11th
a glass of milk?	I did NOT eat or drink this	12%	16%	19%	23%
	1 to 3 times in the last 7 days	17%	19%	20%	20%
	4 to 6 times in the last 7 days	17%	15%	15%	15%
	1 time per day	15%	17%	17%	16%
	2 times per day	15%	16%	15%	14%
	3 times per day	10%	9%	8%	7%
	4 or more times per day	13%	8%	7%	5%
a can, bottle or glass of pop or	I did NOT eat or drink this	38%	32%	33%	35%
soda, such as Coke, Pepsi or Sprite?	1 to 3 times in the last 7 days				
•	4 to 6 times in the last 7 days	44%	46%	43%	40%
	1 time per day	6%	10%	11%	12%
	2 times per day	7%	6%	7%	7%
		2%	3%	3%	4%
	3 times per day	1%	1%	1%	1%
	4 or more times per day	2%	1%	1%	1%
a can, bottle or glass of a sports drink, such as Gatorade or	I did NOT eat or drink this	54%	53%	53%	55%
Powerade?	1 to 3 times in the last 7 days	29%	30%	30%	29%
	4 to 6 times in the last 7 days	7%	8%	9%	8%
	1 time per day	5%	5%	5%	4%
	2 times per day	2%	2%	2%	2%
	3 times per day	1%	1%	1%	1%
	4 or more times per day	2%	1%	1%	1%
a can, bottle or glass of an energy drink, such as Rockstar, Red Bull,	I did NOT eat or drink this	91%	85%	82%	79%
Monster or Full Throttle?	1 to 3 times in the last 7 days	5%	10%	12%	14%
	4 to 6 times in the last 7 days	1%	2%	3%	3%
	1 time per day	1%	2%	2%	2%
	2 times per day	1%	1%	1%	1%
	3 times per day	0%	0%	0%	0%
	4 or more times per day	1%	0%	0%	0%
a can, bottle or glass of coffee or	I did NOT eat or drink this	67%	56%	53%	49%
tea that had sugar, syrups, or honey added to it?	1 to 3 times in the last 7 days	22%	28%	29%	29%
	4 to 6 times in the last 7 days	4%	7%	8%	10%
	1 time per day	4%	5%	6%	8%
	2 times per day	1%	2%	2%	2%
	3 times per day	1%	1%		
	4 or more times per day			1%	1%
a can, bottle or glass of	I did NOT eat or drink this	1%	1%	1%	1%
sweetened fruit drinks, such as Kool-Aid, Capri Sun and lemonade?	1 to 3 times in the last 7 days	44%	51%	54%	58%
au, cupi. cuii unu iomonaue:		36%	34%	32%	29%
	4 to 6 times in the last 7 days	7%	7%	7%	7%
	1 time per day	7%	4%	4%	4%
	2 times per day	2%	2%	1%	1%
	3 times per day	1%	1%	1%	1%
	4 or more times per day	2%	1%	1%	1%
a bottle or glass of water?	I did NOT eat or drink this	2%	1%	2%	2%
	1 to 3 times in the last 7 days	7%	6%	6%	6%
	4 to 6 times in the last 7 days	12%	10%	10%	9%
	1 time per day	9%	10%	10%	10%
	2 times per day	12%	15%	16%	16%
	3 times per day	13%	18%	18%	20%
	4 or more times per day	45%	41%	39%	38%

<sup>^</sup> All questions on this table were new in 2019.

#### **TABLE 25 VEHICLE SAFETY^**

		Grade			
		5th	5th 8th	9th	11th
		%	%	%	%
When driving a car, truck or SUV, how often do you send or read text	I don't drive a car, truck or SUV			74%	21%
messages or emails?*	I never do this			21%	33%
	Rarely			3%	24%
	Sometimes			1%	14%
	Often			1%	6%
	Always			1%	2%
When driving a car, truck or SUV, how often do you make or answer a	I don't drive a car, truck or SUV			74%	20%
phone call?*	I never do this			18%	22%
	Rarely			4%	25%
	Sometimes			2%	19%
	Often			1%	9%
	Always			1%	5%
How often do you wear a seat belt when you are driving or riding in a	I don't ride in a car, truck or SUV	2%	1%	25%	8%
car, truck or SUV?	I never do this	1%	1%	1%	1%
	Rarely	1%	2%	1%	1%
	Sometimes	4%	5%	3%	2%
	Often	11%	16%	10%	6%
	Always	82%	75%	59%	81%

<sup>\* 5</sup>th and 8th grade surveys did not ask this question.

\*\* On the 5th and 8th grade surveys, this question was worded "How often do you wear a seat belt when you are riding in a car, truck or SUV?".

^ All questions on this table had wording changes from 2016.

#### **TABLE 26A SELF DESCRIPTION^**

		Grade		ade	
In general, how does each of the following statements describe you?		5th	8th	9th	11th
		%	%	%	%
I feel in control of my life and future.*	Not at all or rarely	13%	6%	7%	8%
	Somewhat or sometimes	32%	24%	27%	30%
	Very or often	38%	41%	40%	38%
	Extremely or almost always	17%	29%	26%	24%
I feel good about myself.	Not at all or rarely	7%	10%	11%	10%
	Somewhat or sometimes	18%	26%	29%	32%
	Very or often	36%	37%	37%	37%
	Extremely or almost always	39%	26%	23%	21%
I feel good about my future.	Not at all or rarely	5%	6%	8%	9%
	Somewhat or sometimes	17%	22%	26%	30%
	Very or often	36%	38%	38%	37%
	Extremely or almost always	42%	33%	28%	24%
I deal with disappointment without getting too upset.	Not at all or rarely	13%	10%	11%	10%
without getting too upset.	Somewhat or sometimes	34%	33%	34%	36%
	Very or often	36%	39%	38%	37%
	Extremely or almost always	17%	18%	17%	17%
I find good ways to deal with things that are hard in my life.	Not at all or rarely	9%	9%	10%	8%
timigs that are hard in my me.	Somewhat or sometimes	29%	30%	33%	34%
	Very or often	40%	40%	39%	39%
	Extremely or almost always	23%	20%	19%	18%
I am thinking about what my purpose is in life.**	Not at all or rarely	7%	11%	10%	7%
אמו אטפה ופ ווו ווופי	Somewhat or sometimes	27%	25%	24%	22%
	Very or often	38%	33%	35%	37%
	Extremely or almost always	29%	31%	31%	35%

<sup>\*</sup> On the 5th grade survey, this item was worded "I can shape and influence what happens in my life and future."

\*\* On the 5th grade survey, this item was worded "I think about what I want to do in my life when I grow up."

^ These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

# TABLE 26B SELF DESCRIPTION<sup>^</sup>

	Grade			
	5th	8th	9th	11th
?	%	%	%	%
Not at all or rarely	9%	6%	6%	6%
Somewhat or sometimes	14%	16%	19%	24%
Very or often	23%	27%	29%	31%
Extremely or almost always	55%	51%	45%	39%
Not at all or rarely	6%	5%	5%	5%
Somewhat or sometimes	23%	24%	25%	25%
Very or often	39%	42%	41%	42%
Extremely or almost always	31%	30%	28%	28%
Not at all or rarely	11%	11%	11%	10%
Somewhat or sometimes	29%	31%	31%	32%
Very or often	38%	39%	39%	40%
Extremely or almost always	22%	20%	19%	19%
Not at all or rarely	5%	6%	7%	6%
Somewhat or sometimes	24%	28%	29%	30%
Very or often	41%	40%	40%	41%
Extremely or almost always	30%	26%	24%	22%
Not at all or rarely	5%	7%	7%	7%
Somewhat or sometimes	15%	20%	22%	25%
Very or often	30%	32%	32%	33%
Extremely or almost always	50%	41%	38%	34%
Not at all or rarely	6%	5%	5%	4%
Somewhat or sometimes	20%	23%	23%	21%
Very or often	36%	41%	42%	43%
Extremely or almost always	38%			
	Somewhat or sometimes  Very or often  Extremely or almost always  Not at all or rarely  Somewhat or sometimes  Very or often  Extremely or almost always  Not at all or rarely  Somewhat or sometimes  Very or often  Extremely or almost always  Not at all or rarely  Somewhat or sometimes  Very or often  Extremely or almost always  Not at all or rarely  Somewhat or sometimes  Very or often  Extremely or almost always  Not at all or rarely  Somewhat or sometimes  Very or often  Extremely or almost always  Not at all or rarely  Somewhat or sometimes  Very or often  Extremely or almost always  Not at all or rarely  Somewhat or sometimes	Not at all or rarely Somewhat or sometimes  Very or often Extremely or almost always Not at all or rarely Somewhat or sometimes  Very or often  Extremely or almost always  Very or often  Extremely or almost always  Not at all or rarely Somewhat or sometimes  29%  Very or often  Extremely or almost always  Very or often  Extremely or almost always  Not at all or rarely  Somewhat or sometimes  24%  Very or often  Extremely or almost always  Not at all or rarely  Somewhat or sometimes  24%  Very or often  Extremely or almost always  Not at all or rarely  Somewhat or sometimes  15%  Very or often  Extremely or almost always  Not at all or rarely  Somewhat or sometimes  20%  Very or often  Extremely or almost always  Not at all or rarely  Somewhat or sometimes  20%  Very or often  36%	Not at all or rarely   9%   6%	Not at all or rarely   Somewhat or sometimes   Somewhat or somewhat or somet

<sup>^</sup> These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

# TABLE 26C SELF DESCRIPTION<sup>^</sup>

		Grade			
In general, how does each	h of the following	5th	8th	9th	11th
statements describe you?	?	%	%	%	%
I accept people who are different from me.	Not at all or rarely	2%	2%	2%	2%
	Somewhat or sometimes	7%	8%	10%	10%
	Very or often	26%	32%	35%	35%
	Extremely or almost always	65%	58%	53%	53%
I am sensitive to the needs and feelings of others.	Not at all or rarely	8%	7%	7%	5%
	Somewhat or sometimes	22%	22%	22%	20%
	Very or often	35%	37%	38%	39%
	Extremely or almost always	35%	33%	33%	36%
I feel valued and appreciated by others.	Not at all or rarely	7%	9%	9%	8%
<b>-,</b>	Somewhat or sometimes	22%	27%	29%	31%
	Very or often	38%	39%	40%	39%
	Extremely or almost always	34%	26%	23%	22%
I am included in family tasks and decisions.	Not at all or rarely	5%	6%	6%	7%
ua docio.o	Somewhat or sometimes	17%	20%	22%	23%
	Very or often	36%	39%	40%	40%
	Extremely or almost always	41%	35%	32%	31%
I am given useful roles and responsibilities.	Not at all or rarely	4%	5%	5%	4%
	Somewhat or sometimes	17%	21%	22%	22%
	Very or often	39%	42%	43%	44%
	Extremely or almost always	39%	33%	30%	30%

<sup>^</sup> These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

### **TABLE 27A EMOTIONAL WELL-BEING AND DISTRESS\***

			Grade	
Over the last two weeks, ho	ow often have you been	8th	9th	11th
bothered by?		%	%	%
little interest or pleasure in doing things?	Not at all	53%	49%	45%
	Several days	30%	31%	34%
	More than half the days	10%	11%	12%
	Nearly every day	8%	8%	9%
feeling down, depressed or hopeless?	Not at all	61%	58%	53%
	Several days	22%	24%	28%
	More than half the days	8%	9%	10%
	Nearly every day	9%	9%	9%
feeling nervous, anxious or on edge?^	Not at all	46%	42%	38%
	Several days	31%	32%	34%
	More than half the days	11%	13%	14%
	Nearly every day	11%	13%	13%
not being able to stop or control worrying?^	Not at all	59%	55%	51%
	Several days	22%	24%	26%
	More than half the days	9%	10%	12%
	Nearly every day	10%	11%	12%

<sup>\* 5</sup>th grade survey did not ask these questions. ^ New question in 2019.

#### **TABLE 27B EMOTIONAL WELL-BEING AND DISTRESS\***

		Grade
Thinking back the last 30 days, h	now much do you agree or disagree	5th
with the following statements?	, ,	%
I worry a lot.	Strongly agree	13%
	Agree	23%
	Neither agree nor disagree	28%
	Disagree	21%
	Strongly disagree	15%
I sometimes feel sad without knowing why.^	Strongly agree	16%
,	Agree	25%
	Neither agree nor disagree	18%
	Disagree	18%
	Strongly disagree	23%

<sup>\*</sup> Only 5th grade survey asked these questions. 
^ Change in question wording from 2016

# TABLE 28 SELF-INFLICTED INJURY; SUICIDAL THOUGHTS AND SUICIDAL BEHAVIOR\*

			Grade			
		8th	9th	11th		
		%	%	%		
During the last 12 months, how many	0 times	81%	82%	85%		
times did you do something to	1 or 2 times	9%	8%	7%		
purposely hurt or	3 to 5 times	4%	4%	4%		
injure yourself without wanting to die, such as	6 to 9 times	2%	2%	2%		
cutting, burning, or bruising yourself on	10 to 19 times	2%	1%	1%		
purpose?	20 or more times	2%	2%	2%		
Have you ever seriously considered	No	81%	79%	76%		
attempting suicide? (Mark ALL that apply)	Yes, during the last year	13%	13%	13%		
	Yes, more than a year ago	10%	12%	16%		
Have you ever actually attempted suicide?	No	93%	92%	91%		
(Mark ALL that apply)	Yes, during the last year	4%	4%	3%		
	Yes, more than a year ago	4%	5%	7%		

<sup>\* 5</sup>th grade survey did not ask these questions.

# TABLE 29 PROBLEMATIC AND ANTISOCIAL BEHAVIOR

			Gra	ıde	
During the last 12 n	nonths. how often	5th	8th	9th	11th
have you	,	%	%	%	%
run away from home?	Never	95%	94%	94%	95%
nome :	Once or twice	4%	5%	5%	4%
	3 to 5 times	1%	1%	1%	1%
	6 to 9 times	0%	0%	0%	0%
	10 or more times	0%	0%	0%	0%
damaged or destroyed	Never	88%	86%	87%	90%
property?	Once or twice	10%	11%	10%	8%
	3 to 5 times	1%	2%	2%	1%
	6 to 9 times	0%	0%	1%	0%
	10 or more times	1%	1%	0%	0%
hit or beat up another person?	Never	81%	84%	88%	92%
another person:	Once or twice	14%	12%	9%	6%
	3 to 5 times	3%	2%	2%	1%
	6 to 9 times	1%	1%	1%	0%
	10 or more times	2%	1%	1%	0%
taken something from a store	Never	95%	91%	90%	88%
without paying for	Once or twice	4%	6%	7%	7%
it?	3 to 5 times	1%	1%	2%	2%
	6 to 9 times	0%	0%	1%	1%
	10 or more times	0%	1%	1%	1%

# TABLE 30A GAMBLING BEHAVIOR\*

			Grade	
During the last 12 mont	hs, how often have you	8th	9th	11th
done the following gam	bling/betting activities?	%	%	%
Played cards, bet on sports teams or games	Not at all	73%	75%	76%
of personal skill like video gaming, pool,	Less than once a month	16%	15%	14%
golf or bowling	About once a month	6%	5%	5%
	About once a week	3%	2%	2%
December 1981	2 to 6 times a week	2%	1%	1%
	Daily	2%	2%	1%
Bought lottery tickets or scratch offs	Not at all	91%	93%	93%
	Less than once a month	6%	5%	4%
	About once a month	2%	1%	1%
	About once a week	1%	0%	0%
	2 to 6 times a week	0%	0%	0%
	Daily	0%	0%	0%
Gambled in a casino	Not at all	98%	98%	98%
	Less than once a month	1%	0%	1%
	About once a month	0%	0%	0%
	About once a week	0%	0%	0%
	2 to 6 times a week	0%	0%	0%
	Daily	1%	1%	1%
Gambled for money online	Not at all	98%	98%	97%
	Less than once a month	1%	1%	1%
	About once a month	0%	1%	1%
	About once a week	0%	0%	0%
	2 to 6 times a week	0%	0%	0%
	Daily	0%	0%	0%

<sup>\* 5</sup>th grade survey did not ask these questions.

# TABLE 30B GAMBLING BEHAVIOR\*

INCLUDES ONLY THOS	E WUO HAVE		Grade	
	PARTICIPATED IN ANY GAMBLING ACTIVITIES DURING THE LAST 12 MONTHS		9th	11th
DURING THE LAST 12 I			%	%
hidden your gambling/betting from	Never	93%	93%	92%
your parents, other family members or	Sometimes	4%	4%	4%
teachers?	Many times	1%	1%	1%
	All of the time	2%	2%	2%
felt that you might have a problem with	Never	96%	95%	95%
gambling/betting?	Sometimes	3%	3%	3%
	Many times	1%	1%	1%
	All of the time	1%	1%	1%
skipped hanging out with friends who do	Never	97%	96%	97%
not gamble/bet to hang out with friends who do gamble/bet?	Sometimes	2%	2%	2%
	Many times	1%	1%	1%
	All of the time	1%	1%	1%

<sup>\* 5</sup>th grade survey did not ask these questions.

# TABLE 31 SUMMARY OF SUBSTANCE USE\*\*

			Grade	
		8th	9th	11th
		%	%	%
Use of conventional tobacco products (cigarettes, cigars, smokeless tobacco) during	No	97%	96%	92%
the past 30 days	Yes	3%	4%	8%
Use of any tobacco products, including e-	No	88%	83%	72%
cigarettes and hookah, during the past 30 days	Yes	12%	17%	28%
Frequent binge drinking in the past year (typically drank 5 or more drinks at a	No	100%	99%	97%
time and drank on 10 or more occasions during the past year)	Yes	0%	1%	3%
Any alcohol and/or other drug use during the past year (excluding tobacco)	No alcohol or marijuana or other drug use in the past year	77%	71%	56%
	Used only alcohol in the past year	9%	12%	19%
	Used alcohol and marijuana in past year, but not other drugs	1%	3%	10%
	Used marijuana or other drugs but not alcohol in the past year	7%	7%	6%
	Used alcohol and marijuana or other drugs in the past year	6%	7%	9%

<sup>\*\*</sup> These are all computed variables based on combinations of responses to two or more survey items.

#### TABLE 32 **SUBSTANCE ABUSE\***

		Grade
		5th
		%
During the last 30 days, have you smoked any cigarettes?	Yes	1%
	No	99%
During the last 12 months, have you had alcoholic beverages to	Yes	4%
drink such as beer, wine, wine coolers, and liquor?	No	96%
During the last 12 months, have you used marijuana (pot, weed) or	Yes	1%
hashish (hash, hash oil)?	No	99%
During the last 12 months, have you sniffed glue or huffed or inhaled the contents of aerosol	Yes	2%
spray cans or other gases to get high?	No	98%
During the last 12 months, have you used prescription drugs without a doctor's prescription or	Yes	2%
differently than how a doctor told you to use it?^	No	98%

<sup>\*</sup> Only the 5th grade survey asked these questions. ^ Change in question wording from 2016.

# TABLE 33 TOBACCO USE\*

		041-	Grade	444
During the last 20 days, on how many days did you		8th %	9th %	11th %
During the last 30 days, on how many days did yousmoke a cigarette?	0 days			
	1 to 2 days	98%	97%	95%
	3 to 9 days	1%	1%	1%
	10 to 19 days	0%	0%	1%
	20 to 29 days	0%	0%	0%
	All 30 days	0%	0%	1%
smoke cigars, cigarillos or little cigars?	0 days	99%	98%	97%
	1 to 2 days	1%	1%	2%
	3 to 9 days	0%	0%	1%
	10 to 19 days	0%	0%	0%
	20 to 29 days	0%	0%	0%
	All 30 days	0%	0%	0%
use chewing tobacco, snuff or dip?	0 days	99%	98%	97%
	1 to 2 days	1%	1%	1%
	3 to 9 days	0%	0%	1%
	10 to 19 days	0%	0%	0%
	20 to 29 days	0%	0%	0%
	All 30 days	0%	0%	0%
vape or use an e-cigarette like JUUL, suorin, blu, VUSE, or logic?^	0 days	89%	84%	74%
	1 to 2 days	5%	7%	9%
	3 to 9 days	2%	3%	5%
	10 to 19 days	2%	2%	3%
	20 to 29 days	1%	1%	3%
	All 30 days	1%	2%	7%
use a hookah or a waterpipe to smoke tobacco?	0 days	99%	99%	98%
	1 to 2 days	1%	1%	1%
	3 to 9 days	0%	0%	0%
	10 to 19 days	0%	0%	0%
	20 to 29 days	0%	0%	0%
	All 30 days	0%	0%	0%
During the last 30 days, on how many days did you smoke cigarettes or use other tobacco products that were flavored to taste like mint or menthol?	0 days or no tobacco use	97%	95%	91%
ince mint of menutor:	1 to 2 days	2%	2%	4%
	3 to 9 days	1%	1%	2%
	10 to 19 days	0%	1%	2%
	20 to 29 days	0%	0%	1%
During the lost 20 days on how men days did	All 30 days	0%	0%	1%
During the last 30 days, on how many days did you use any tobacco product that was some other flavor, like candy, fruit, chocolate, clove, spice or alcoholic drinks?	0 days or no tobacco use	96%	93%	87%
onoro, opioo oi aiconone ainina:	1 to 2 days	2%	3%	4%
	3 to 9 days	1%	2%	3%
	10 to 19 days	1%	1%	2%
	20 to 29 days	0%	1%	1%
	All 30 days	0%	1%	3%

<sup>\* 5</sup>th grade survey did not ask these questions. ^ Change in question wording from 2016.

#### **TABLE 33A ACCESS TO E-CIGARETTES\*^**

		Grade		
INCLUDES ONLY THOSE W	VHO VAPED OR USED	8th	9th	11th
E-CIGARETTES IN THE LAS	ST 30 DAYS	%	%	%
When you vaped or used an e-cigarette during the last 30 days, how did you	I bought it at gas stations or convenience stores	3%	3%	8%
get it? (Mark ALL that apply)	I bought it at grocery, discount or drug stores	2%	1%	2%
	I bought it on the internet	8%	8%	10%
	I bought it at vape shops or other stores that sell only e-cigarettes	5%	7%	14%
	I got it from friends	71%	76%	72%
	I got it from my parents	5%	3%	3%
	I got it from other family members	18%	12%	8%
	I got it from someone I didn't know	5%	7%	4%
	I got it by getting someone else to buy it for me	17%	19%	22%
	I took it from my home	5%	3%	1%
	I took it from a friend's home	4%	3%	2%
	I took it from stores	2%	1%	1%
	I got it some other way	18%	15%	12%

<sup>\* 5</sup>th grade survey did not ask these questions. 
^ All questions on this table were new in 2019.

# TABLE 34 EXPOSURE TO SECONDHAND SMOKE\*

		Grade
		5th
		%
During the last 7 days, on how many days were you in the same	0 days	79%
room as someone who was smoking cigarettes?	1 or 2 days	13%
	3 or 4 days	3%
	5 or 6 days	1%
	All 7 days	4%
During the last 7 days, on how many days did you ride in a car	0 days	86%
with someone who was smoking cigarettes?	1 or 2 days	8%
	3 or 4 days	3%
	5 or 6 days	1%
	All 7 days	3%

<sup>\*</sup> Only 5th grade survey asked these questions.

#### **TABLE 35 ALCOHOL USE FREQUENCY AND QUANTITY\***

			Grade	
		8th	9th	11th
		%	%	%
During the last 30 days, on how many	0 days	92%	88%	77%
days did you drink one or more drinks of	1 to 2 days	5%	7%	13%
an alcoholic beverage?	3 to 5 days	1%	2%	5%
	6 to 9 days	1%	1%	3%
	10 to 19 days	0%	1%	1%
	20 to 29 days	0%	0%	0%
	All 30 days	0%	0%	0%
During the last 12 months, on how many	0	85%	79%	63%
occasions (if any) have you had	1 to 2	9%	11%	14%
alcoholic beverages to drink?	3 to 5	3%	5%	9%
	6 to 9	1%	3%	5%
	10 to 19	1%	2%	5%
	20 to 39	0%	1%	2%
	40 or more	0%	1%	2%
If you drink beer/wine/wine	No alcohol use	87%	81%	65%
coolers/liquor, generally how much	1 glass/can/drink	9%	11%	15%
do you drink at one time?	2 glasses/cans/drinks	2%	3%	7%
	3 glasses/cans/drinks	1%	2%	5%
	4 glasses/cans/drinks	0%	1%	3%
	5 or more glasses/cans/drinks	1%	2%	5%
Binge drinking (4 or more drinks in a row	0 days	98%	96%	89%
(females) or 5 or more drinks in a row	1 day	1%	2%	5%
(males) within a couple of hours)^	2 days	1%	1%	3%
couple of flours,	3 to 5 days	0%	1%	2%
	6 to 9 days	0%	0%	1%
	10 to 19 days	0%	0%	0%
	20 or more days	0%	0%	0%

<sup>\* 5</sup>th grade survey did not ask these questions. 
^ Change in question wording from 2016

#### **TABLE 36 ACCESS TO ALCOHOL\*^**

			Grade	
INCLUDES ONLY THOSE W	VHO USED ALCOHOL IN	8th	9th	11th
THE LAST 30 DAYS		%	%	%
When you used alcohol during the last 30 days, how did you get it? (Mark ALL that apply)	I bought alcohol at gas stations or convenience stores	2%	1%	2%
	I bought alcohol at bars or restaurants	2%	2%	2%
	I bought alcohol at stores	2%	2%	2%
	I bought alcohol on the Internet	2%	1%	1%
	I got alcohol from friends	28%	36%	49%
	I got alcohol from my parents	30%	25%	20%
	I got alcohol from other family members	18%	14%	13%
	I got alcohol by getting someone else to buy for me	7%	9%	19%
	I got alcohol at parties	16%	20%	28%
	I took alcohol from my home	37%	33%	22%
	I took alcohol from a friend's home	8%	9%	5%
	I took alcohol from stores	2%	1%	1%
	I got alcohol some other way	20%	18%	14%

<sup>\* 5</sup>th grade survey did not ask these questions. 
^ All questions on this table were new in 2019.

#### **TABLE 37 USE OF MARIJUANA AND PRESCRIPTION DRUGS\***

			Grade	
		8th	9th	11th
		%	%	%
During the last 30 days, on how many days did you	0 days	96%	92%	84%
use marijuana or hashish? (Do NOT count medical	1 to 2 days	2%	3%	5%
marijuana prescribed for you by a doctor)	3 to 5 days	1%	1%	3%
	6 to 9 days	1%	1%	2%
	10 to 19 days	1%	1%	2%
	20 to 29 days	0%	1%	2%
	All 30 days	0%	1%	2%
During the last 12 months, on how many occasions (if any) have you used marijuana or hashish? (Do	0	94%	90%	79%
	1 to 2	2%	3%	5%
NOT count medical marijuana prescribed for	3 to 5	1%	2%	3%
you by a doctor)	6 to 9	1%	1%	2%
	10 to 19	1%	1%	3%
	20 to 39	0%	1%	2%
	40 or more	1%	2%	5%
During the last 30 days, on how many days did you	0 days	96%	96%	96%
use prescription drugs without a doctor's	1 to 2 days	2%	2%	2%
prescription or differently than how a doctor told you to use it?^	3 to 5 days	1%	1%	1%
	6 to 9 days	0%	0%	0%
	10 to 19 days	0%	0%	0%
	20 to 29 days	0%	0%	0%
	All 30 days	0%	0%	0%

<sup>\* 5</sup>th grade survey did not ask these questions. ^ Change in question wording from 2016.

# TABLE 38 PRESCRIPTION DRUG USE\*

During the last 12 months,			Grade	
(if any) have you used any prescription drugs without	t a doctor's prescription	8th	9th	11th
or differently than how a d	octor told you to use it?	%	%	%
Stimulants such as Amphetamines	0	99%	99%	99%
(bennies, speed,	1 to 2	0%	1%	0%
uppers) or diet pills	3 to 5	0%	0%	0%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 or more	0%	0%	0%
ADHD or ADD drugs (Ritalin, Adderall, hyper pills)	0	98%	97%	96%
	1 to 2	1%	1%	2%
	3 to 5	0%	1%	1%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 or more	0%	0%	0%
Pain relievers such as OxyContin, Percocet,	0	96%	96%	97%
Vicodin or others	1 to 2	2%	2%	2%
	3 to 5	1%	1%	1%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 or more	0%	0%	0%
Tranquilizers such as Valium, Xanax,	0	98%	98%	98%
Klonopin, Ativan, anxiety pills, sedatives or benzos (downers)	1 to 2	1%	1%	1%
	3 to 5	0%	0%	1%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 or more	0%	0%	0%

<sup>\* 5</sup>th grade survey did not ask these questions.

# TABLE 39 HALLUCINOGEN, ECSTASY, COCAINE AND HEROIN USE\* Minnesota Statewide Data

			Grade	
During the last 12 mont	ths, on how many	8th	9th	11th
occasions (if any) have		%	%	%
used LSD (acid), PCP (wet sticks or dipped	0	99%	98%	97%
joints), or other psychedelics	1 to 2	1%	1%	2%
(mushrooms, angel	3 to 5	0%	0%	1%
dust)?	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 or more	0%	0%	0%
used MDMA (E, X, ecstasy, Molly), GHB	0	99%	99%	99%
(G, Liquid E, Liquid X, roofies) or Ketamine (Special K)?	1 to 2	1%	1%	1%
	3 to 5	0%	0%	0%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 or more	0%	0%	0%
used crack, coke or cocaine in any form?	0	99%	99%	99%
	1 to 2	0%	0%	1%
	3 to 5	0%	0%	0%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 or more	0%	0%	0%
used heroin (smack, junk, China White)?	0	99%	99%	99%
,, e rrintoj.	1 to 2	0%	0%	0%
	3 to 5	0%	0%	0%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 or more	0%	0%	0%

<sup>\* 5</sup>th grade survey did not ask these questions.

# **TABLE 40** METHAMPHETAMINE, OVER-THE-COUNTER DRUG, SYNTHETIC DRUG AND INHALANT USE\*

		ļ	Grade	
During the last 12 months, o	n how many occasions	8th	9th	11th
(if any) have you	T -	%	%	<u>%</u>
used methamphetamine (meth, glass, crank, crystal	0	99%	99%	99%
meth, ice)?	1 to 2	0%	0%	0%
	3 to 5	0%	0%	0%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 or more	0%	0%	0%
used over-the-counter drugs such as cough syrup,	0	97%	97%	97%
cold medicine or diet pills that you took only to get	1 to 2	2%	2%	1%
high?	3 to 5	1%	1%	1%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 or more	0%	0%	0%
used synthetic marijuana (K2, Gold) that you took	0	98%	97%	97%
only to get high?^	1 to 2	1%	1%	2%
	3 to 5	0%	0%	1%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 or more	0%	0%	0%
used any other synthetic drugs such as bath salts	0	99%	99%	99%
(Ivory Wave, White Lightning) that you took	1 to 2	0%	0%	0%
only to get high?^	3 to 5	0%	0%	0%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 or more	0%	0%	0%
sniffed glue or huffed or inhaled the contents of	0	98%	98%	99%
aerosol spray cans or other gases to get high?	1 to 2	2%	1%	1%
yases to get mgm?	3 to 5	0%	0%	0%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 or more	0%	0%	0%

<sup>\* 5</sup>th grade survey did not ask these questions. 
^ Change from 2016 from one question to two.

#### **TABLE 41** PERCEIVED RISK OF HARM FROM SUBSTANCE USE\*

		ļ	Grade	
How much do you think p	eople risk harming	8th	9th	11th
themselves physically or	in other ways if they	%	%	%
smoke one or more packs of cigarettes per	No risk	12%	12%	11%
day?	Slight risk	8%	8%	7%
	Moderate risk	19%	20%	16%
	Great risk	61%	60%	66%
have five or more drinks of an alcoholic deverage once or twice der week?	No risk	13%	12%	11%
	Slight risk	16%	16%	17%
	Moderate risk	32%	32%	32%
	Great risk	40%	40%	40%
use marijuana once or twice per week?	No risk	19%	23%	30%
	Slight risk	19%	24%	28%
	Moderate risk	25%	24%	21%
	Great risk	36%	29%	21%
use prescription drugs not prescribed for them?	No risk	12%	11%	9%
	Slight risk	8%	9%	9%
	Moderate risk	25%	27%	27%
	Great risk	55%	53%	55%
vape or use e- cigarettes?^	No risk	16%	16%	16%
	Slight risk	24%	27%	32%
	Moderate risk	28%	28%	28%
	Great risk	33%	29%	24%

<sup>\* 5</sup>th grade survey did not ask these questions. ^ New question in 2019.

#### **TABLE 42A** PERCEPTIONS OF PARENTS' DISAPPROVAL OF SUBSTANCE USE\*

			Grade	
		8th	9th	11th
		%	%	%
How wrong do your parents feel it would be for you to smoke	Not at all wrong	4%	4%	4%
cigarettes?	A little bit wrong	2%	2%	3%
	Wrong	10%	12%	13%
	Very wrong	84%	82%	80%
How wrong do your parents feel it would be for you to have one	Not at all wrong	5%	4%	5%
or more drinks of alcoholic beverage nearly every day?	A little bit wrong	4%	4%	6%
	Wrong	11%	13%	16%
	Very wrong	81%	78%	73%
How wrong do your parents feel it would be for you to use	Not at all wrong	5%	6%	7%
marijuana?	A little bit wrong	4%	6%	9%
	Wrong	9%	12%	15%
	Very wrong	82%	77%	69%
How wrong do your parents feel it would be for you to use	Not at all wrong	4%	4%	4%
prescription drugs not prescribed for you?	A little bit wrong	1%	2%	2%
	Wrong	8%	9%	10%
	Very wrong	87%	85%	84%
How wrong do your parents feel it would be for you to vape or	Not at all wrong	5%	5%	6%
use e-cigarettes?^	A little bit wrong	5%	6%	9%
	Wrong	13%	16%	19%
	Very wrong	77%	73%	66%

<sup>\* 5</sup>th grade survey did not ask these questions. ^ New question in 2019.

### **TABLE 42B** PERCEPTIONS OF FRIENDS' DISAPPROVAL OF SUBSTANCE USE\* Minnesota Statewide Data

			Grade	
		8th	9th	11th
		%	%	%
How wrong do your friends feel it would be for you to smoke	Not at all wrong	6%	7%	10%
cigarettes?	A little bit wrong	8%	10%	13%
·	Wrong	23%	25%	25%
	Very wrong	63%	57%	52%
How wrong do your friends feel it would be for you to have one or	Not at all wrong	7%	9%	13%
more drinks of alcoholic beverage nearly every day?	A little bit wrong	9%	13%	18%
	Wrong	23%	25%	27%
	Very wrong	61%	52%	42%
How wrong do your friends feel it would be for you to use	Not at all wrong	11%	16%	28%
marijuana?	A little bit wrong	10%	15%	20%
	Wrong	19%	21%	19%
	Very wrong	60%	49%	33%
How wrong do your friends feel it would be for you to use	Not at all wrong	6%	7%	8%
prescription drugs not prescribed for you?	A little bit wrong	6%	8%	10%
	Wrong	20%	23%	25%
	Very wrong	67%	61%	57%
How wrong do your friends feel it would be for you to vape or use	Not at all wrong	15%	21%	33%
e-cigarettes? <sup>^</sup>	A little bit wrong	15%	18%	22%
	Wrong	21%	20%	17%
	Very wrong	49%	40%	28%

<sup>\* 5</sup>th grade survey did not ask these questions. ^ New question in 2019.

# TABLE 43 PERCEPTIONS ABOUT ALCOHOL USE\*

			Grade	
		8th	9th	11th
		%	%	%
How do you feel about the following statement?	Strongly agree	62%	57%	50%
Parents and other adults should clearly	Agree	25%	29%	33%
communicate with their children about the mportance of not using	Neither agree nor disagree	8%	10%	13%
alcohol.	Disagree	1%	1%	2%
	Strongly disagree	3%	3%	2%
How do you feel about the following statement?	Strongly agree	66%	57%	43%
Drinking alcohol is never a good thing for anyone my	Agree	19%	24%	26%
age to do.	Neither agree nor disagree	9%	13%	21%
	Disagree	2%	3%	7%
	Strongly disagree	4%	3%	4%
In your opinion, how do you think MOST	Strongly agree	30%	24%	20%
STUDENTS in your school feel about the following statement? Parents and	Agree	41%	39%	38%
other adults should clearly communicate with their	Neither agree nor disagree	21%	27%	30%
children about the importance of not using alcohol.	Disagree	5%	7%	9%
aiconoi.	Strongly disagree	3%	3%	3%
In your opinion, how do you think MOST	Strongly agree	32%	23%	17%
STUDENTS in your school feel about the following	Agree	36%	31%	25%
statement? Drinking alcohol is never a good	Neither agree nor disagree	22%	29%	33%
thing for anyone my age to do.	Disagree	6%	12%	19%
	Strongly disagree	4%	5%	7%

<sup>\* 5</sup>th grade survey did not ask these questions.

# TABLE 44 USE OF TOBACCO, ALCOHOL, MARIJUANA AND E-CIGARETTES\*

			Grade	
		8th	9th	11th
How often do you use each		%	%	%
Tobacco (cigarettes, chew)	Never	96%	94%	90%
	Tried once or twice	2%	3%	4%
	Once or twice a year	1%	1%	2%
	Once a month	0%	1%	1%
	Twice a month	0%	0%	1%
	Once a week	0%	1%	1%
	Daily	0%	0%	1%
Alcohol (beer, wine, liquor)	Never	82%	76%	61%
	Tried once or twice	11%	12%	14%
	Once or twice a year	4%	5%	11%
	Once a month	2%	3%	7%
	Twice a month	1%	2%	5%
	Once a week	1%	1%	2%
	Daily	0%	0%	0%
Marijuana (pot, hash, hash oil)	Never	94%	89%	76%
	Tried once or twice	3%	4%	8%
	Once or twice a year	1%	1%	4%
	Once a month	1%	1%	3%
	Twice a month	1%	1%	3%
	Once a week	1%	1%	3%
	Daily	1%	1%	4%
Vaping device or e- cigarette^	Never	84%	78%	65%
-	Tried once or twice	8%	10%	12%
	Once or twice a year	2%	2%	3%
	Once a month	1%	2%	3%
	Twice a month	1%	2%	3%
	Once a week	2%	3%	5%
	Daily	2%	4%	9%

<sup>\* 5</sup>th grade survey did not ask these questions. ^ New question in 2019.

# TABLE 45 PERCEPTIONS OF OTHERS' USE OF TOBACCO, ALCOHOL, MARIJUANA AND E-CIGARETTES\*

			Grade	
In your opinion, how often o	do you think MOST	8th	9th	11th
STUDENTS in your school i	use each of the following?	%	%	%
Tobacco (cigarettes, chew)	Never	54%	33%	27%
	Tried once or twice	25%	26%	24%
	Once or twice a year	5%	7%	8%
	Once a month	5%	9%	9%
	Twice a month	3%	5%	6%
	Once a week	4%	10%	12%
	Daily	4%	10%	14%
Alcohol (beer, wine, liquor)	Never	38%	20%	14%
	Tried once or twice	28%	19%	11%
	Once or twice a year	10%	10%	8%
	Once a month	9%	13%	14%
	Twice a month	6%	12%	16%
	Once a week	7%	17%	27%
	Daily	4%	9%	11%
Marijuana (pot, hash, hash oil)	Never	50%	25%	17%
	Tried once or twice	20%	17%	12%
	Once or twice a year	6%	7%	6%
	Once a month	6%	10%	10%
	Twice a month	5%	9%	11%
	Once a week	7%	16%	22%
	Daily	6%	16%	23%
Vaping device or e- cigarette^	Never	27%	15%	12%
	Tried once or twice	21%	12%	8%
	Once or twice a year	5%	3%	2%
	Once a month	7%	6%	5%
	Twice a month	5%	5%	4%
	Once a week	12%	14%	14%
	Daily	23%	45%	55%

<sup>\* 5</sup>th grade survey did not ask these questions. ^ New question in 2019.

#### TABLE 46A CONSEQUENCES OF SUBSTANCE USE\*

			Grade	
		8th	9th	11th
During the last 12 months		%	%	%
have you found that you had to use a lot more alcohol or drugs than	Did not use past 12 months	77%	72%	57%
before to get the same effect?	Yes	3%	4%	7%
	No	20%	24%	36%
have you tried to cut down on your use of alcohol or drugs but	Did not use past 12 months	78%	73%	57%
couldn't?	Yes	2%	3%	4%
	No	20%	25%	39%
have you continued to use alcohol or drugs even hough you knew it was	Did not use past 12 months	78%	73%	57%
hurting your relationships with friends or family?	Yes	2%	3%	4%
	No	20%	24%	38%
were there any times when you felt such a strong desire or urge to drink alcohol or to use a drug that you couldn't resist or could not think of anything else?	Did not use past 12 months	78%	73%	57%
	Yes	3%	4%	6%
	No	19%	23%	37%
how many times have you spent all or most of	Did not use past 12 months	78%	73%	57%
ou spent all or most of he day using alcohol or rugs, or getting over their ffects?	0 times	20%	23%	35%
	1 time	1%	2%	3%
	2 times	0%	1%	1%
	3 or more times	1%	1%	3%
how many times have you given up important social or recreational	Did not use past 12 months	78%	73%	57%
activities like sports or being with friends or	0 times	21%	25%	39%
relatives to use alcohol or drugs or to get over their effects?	1 time	1%	1%	1%
eneota:	2 times	0%	0%	1%
	3 or more times	0%	1%	1%
how many times have you missed work or school, or neglected other major responsibilities because of alcohol or drug	Did not use past 12 months	78%	73%	57%
	0 times	21%	26%	40%
use?	1 time	1%	1%	1%
	2 times	0%	0%	1%
	3 or more times	0%	0%	1%

<sup>\* 5</sup>th grade survey did not ask these questions.

#### **TABLE 46B CONSEQUENCES OF SUBSTANCE USE\***

			Grade		
		8th	9th	11th	
During the last 12 months,	<u> </u>	%	%	%	
how many times have you driven a motor vehicle	Did not use past 12 months		73%	57%	
after using alcohol or drugs?**	0 times		26%	36%	
	1 time		1%	3%	
	2 times		0%	1%	
	3 or more times		0%	3%	
how many times have you hit someone or	Did not use past 12 months	78%	73%	57%	
become violent while using alcohol or drugs?	0 times	22%	26%	41%	
	1 time	0%	1%	1%	
	2 times	0%	0%	0%	
	3 or more times	0%	0%	0%	
how many times have you used so much alcohol	Did not use past 12 months	78%	73%	57%	
or drugs that the next day you could not remember	0 times	20%	23%	34%	
what you had said or done?	1 time	1%	2%	4%	
	2 times	1%	1%	2%	
	3 or more times	1%	1%	2%	
how many times have you used more alcohol or	Did not use past 12 months	78%	73%	57%	
drugs than you intended to?	0 times	20%	23%	35%	
	1 time	1%	2%	4%	
	2 times	0%	1%	2%	
	3 or more times	1%	1%	2%	
how many times has alcohol or drug use left you feeling depressed, agitated, paranoid, or	Did not use past 12 months	78%	73%	57%	
	0 times	19%	23%	35%	
unable to concentrate?	1 time	2%	2%	4%	
	2 times	1%	1%	2%	
	3 or more times	1%	2%	3%	

<sup>\* 5</sup>th grade survey did not ask these questions. \*\* 8th grade survey did not ask this question.

### **TABLE 47A SEXUAL BEHAVIOR\***

		Grade		
		9th	11th	
		%	%	
Have you ever had sexual intercourse ('had sex')?	Yes	12%	34%	
During the last 12 months	No	88%	66%	
During the last 12 months, with how many different	None	90%	68%	
people have you had sexual intercourse?^	1 person	6%	20%	
	2 persons	2%	6%	
	3 persons	1%	3%	
	4 persons	0%	1%	
	5 persons	0%	1%	
	6 or more persons	1%	2%	

<sup>\* 5</sup>th and 8th grade surveys did not ask these questions. ^ New question in 2019.

#### **TABLE 47B SEXUAL BEHAVIOR\***

		Gra	ade
INCLUDES ONLY THOSE W	/HO HAVE EVER HAD	9th	11th
SEXUAL INTERCOURSE		%	%
Have you talked with your partner(s) about protecting	Never	30%	22%
yourselves from getting sexually transmitted infections/HIV/AIDS?	Not with every partner	12%	12%
intections/HIV/AIDS?	At least once with every partner	58%	66%
Have you talked with your partner(s) about	Never	26%	17%
preventing pregnancy?	Not with every partner	10%	9%
The LAST time you had	At least once with every partner	64%	74%
The LAST time you had sexual intercourse, what method or methods did you or your partner use to prevent pregnancy? (Mark ALL that apply)^	No method was used to prevent pregnancy	9%	5%
	Birth control pills	33%	45%
	Condoms	63%	63%
	Depo-Provera shot (or any birth control shot), Nuva Ring (or any birth control ring), Implanon (or any implant) or any IUD		
		7%	14%
	Withdrawal (pull-out)	36%	40%
	Some other method	4%	4%
	Not sure	8%	3%
The LAST time you had sexual intercourse, did	Yes	64%	63%
you or your partner use a condom?	No	36%	37%
Did you drink alcohol or use drugs before you had	Yes	16%	13%
sexual intercourse the LAST time?	No	84%	87%

<sup>\* 5</sup>th and 8th grade surveys did not ask these questions.

^ Change in question from 2016 from "Mark only one" to "Mark ALL that apply".