

For Travelers Returning From Areas With Widespread Ebola Transmission

1. Exposure History

Have you lived in or traveled to a country with wide-spread Ebola transmission or had contact with an individual with confirmed Ebola Virus Disease in the past 21 days?

CDC website: www.cdc.gov/vhf/ebola

no

stop

yes

2. Symptoms

Do you have any of the following symptoms?

- Fever (subjective, 100.4°F/38°C or greater)
- Headache
- Stomach pain
- Vomiting
- Diarrhea
- Muscle pain
- Weakness
- Unexplained bleeding or bruising

yes

no

If yes, immediately notify Minnesota Department of Health at 651-201-5414 or 1-877-676-5414:

- Isolate yourself from household members and others.
- Do not report to work/school/childcare.
- Follow instructions given by Minnesota Department of Health.

If no, notify Minnesota Department of Health you are a traveler from an Ebola-affected area at 651-201-5414 or 1-877-676-5414.



Minnesota Department of Health
651-201-5414 or 1-877-676-5414
www.health.state.mn.us
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