



Nurse Aide Training Program and Test Site Informational Call

Nurse Aide Registry
April 10, 2023

Tennessees Warning

- **The Minnesota Department of Health is hosting this informational call to inform nurse aide training programs and testing sites of processes and updates.**
- **Your comments, questions and image, which may be private data, may be visible during this event.** You are not required to provide this data, and there are no consequences for declining to do so.
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- Attendees are muted. During the Q&A portion, please raise your hand and we will unmute you.
- You can also submit comments or questions in the chat feature.

- CMS 1135 Waiver update
 - Website updates
- Fourth knowledge test update
- Top areas missed
 - Knowledge testing
 - Skills testing
- Skills review
- Training program and test site survey findings and feedback
- In-facility testing pilot update
- Quarterly testing data (Q1 2023)

CMS 1135 Waiver



CMS 1135 Waiver Update

- On October 5, 2022, CMS granted Minnesota an extension to the 1135 Waiver
- Waiver will expire as the PHE ending May 11, 2023, per Biden administration
- Nurse aides who wish to continue working after the waiver expires must pass the nurse aide exam by September 10, 2023

CMS 1135 Waiver Information – MDH NAR Webpage

- NAR home page, forms and links available regarding the 1135 Waiver extension have been updated
- [Nursing Assistant Registry - Minnesota Department of Health \(state.mn.us\)](#)
- [CMS 1135 Nurse Aide Training Waiver Expiration FAQ \(state.mn.us\)](#)
- [Placement on Minnesota's Nursing Assistant Registry for Nurse Aides Working during the 1135 Waiver \(state.mn.us\)](#)
- [Nurse Aides Working under 1135 Waiver during a Public Health Emergency \(state.mn.us\)](#)

4th Knowledge Test Update



- October 3, 2022-March 31, 2023
- 140 out of 5,186 candidates (2.9%) completed the 4th test attempt
- Passing rate of 47%
- 66 nurse aides added to nurse aide workforce

Top Test Areas for Improvement



Top Knowledge Test Areas for Improvement

- Digestion
- Disease Process
- Moving
- State Tested
- Oral Care



- Digestive process
- 64% missed





- Signs of common chronic conditions
- 60% missed

- Moving/positioning a resident in bed
- Proper body and bed positions
- 52% missed

- Individuals must complete testing within 24 months of training program completion date
- This information is identified in the MN Candidate Handbook in numerous areas
- 58% missed

- Providing oral care to residents in a variety of situations or conditions
- Conditions range from residents able to consume food and drink orally, to end of life cares or comatose resident
- Frequency of providing oral care
- 54% Missed

Top Skills Test Areas for Improvement

- Transfer Resident from Bed to Wheelchair using a Gait Belt
- Position Resident in Bed on Side
- Perineal Care for a Female and Hand Washing
- Assisting Resident to Ambulate using a Gait Belt
- Vital Signs: Count and Record Resident's Radial Pulse and Respirations (P&R)

Transfer Resident from Bed to Wheelchair using a Gait Belt

- **Locks bed brakes to ensure resident's safety- key step**
- Provide privacy
- Place call light within reach

Position Resident in Bed on Side

- Repositions resident's arm and shoulder so that the resident is not lying on arm
- Places or adjusts pillow under resident's head for support
- From the working side of the bed - gently moves resident's upper body toward self
- From the working side of the bed - gently moves resident's hips toward self
- From the working side of the bed - gently moves resident's legs toward self

Perineal Care for a Female and Hand Washing

- Places a pad/linen protector under resident's buttocks
- **Washes rectal area from front to back- key step**
- Pats dry rectal area from front to back
- Dries equipment

Assisting Resident to Ambulate using a Gait Belt

- Provides privacy
- **Locks bed brakes to ensure resident's safety-key step**

Vital Signs: Count and Record Resident's Radial Pulse and Respirations (P&R)

- **Candidate's recorded radial pulse rate is within 4 beats of RN Test Observer's recorded rate-key step**
- **Candidate's recorded respiratory rate is within 2 breaths of the RN Test Observer's recorded rate-key step**
- **Place call light within reach**

Skills Review



Mandatory First Tasks



- Handwashing skill imbedded in four skills
- Candidates will perform one of the four skills as a mandatory first task

Mandatory First Tasks (cont)

- Assist resident with use of bedpan, measure and record urinary output with handwashing
- Catheter care for female resident with handwashing
- Don PPE (gown and gloves), emptying urinary drainage bag, measure and record urine output and remove PPE with handwashing
- Perineal care for female resident with handwashing

Handwashing Steps

Turn on water.
Wet hands and wrists thoroughly.
Apply soap to hands.
Rub hands together using friction with soap.
Scrub/wash hands together for at least twenty (20) seconds with soap.
Scrub/wash with interlace fingers pointing downward with soap.
Wash all surfaces of hands with soap.
Wash wrists with soap.
Clean fingernails by rubbing fingertips against palms of the opposite hand.
Rinse fingers, hands and wrists thoroughly under running water with fingers pointed downward.
Starting at the fingertips, dry fingers, hands and wrists on clean paper towel(s).
Discard paper towels to trash container as used.
Turn off faucet with a clean, dry paper towel and discard paper towel to trash container as used, or use knee/foot control to turn off faucet.
Do not re-contaminate hands at any time during the hand washing procedure.

Important Reminders

- **Scrub/wash hands together for at least twenty (20) seconds with soap-key step**
- Turn off faucet with a clean, dry paper towel and discard paper towel to trash container as used, or use knee/foot control to turn off faucet
- **Do not re-contaminate hands at any time during the hand washing procedure-key step**

- Range of motion for one knee and one ankle
- Range of motion for shoulder
- **Key step** in both skills:

Candidate must ask at least once during the ROM exercise if there is/was any discomfort/pain

Training Program and Test Site Survey Findings/Feedback



In Facility Testing Pilot Update



- Remains in pilot phase
- Minnesota now has a two-server system to accommodate in-facility testing
- Emails related to in-facility testing
 - Health.nar.coord@state.mn.us

Two-Server System Links



Minnesota Nurse Aide Testing Services

Innovative, quality technology is throughout the United States since 1985.



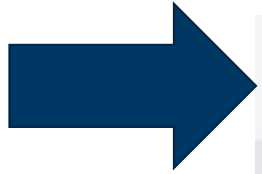
Headmaster is honored to be approved by the Minnesota Department of Health to offer Certified Nurse Aide Testing Services to the Minnesota Health Care Community.

We look forward to working with everyone involved with Certified Nurse Aide Training and Testing in Minnesota!



Candidates	Training Programs - Test Sites	Test Observers	Contacts
TestMaster Universe (TMU) MN State Login TMU In-Facility TMU Login Minnesota Candidate Handbook Version 5.1 Update Effective January 2, 2023 - Version 5.1 Practice Tests - Click Here - Then Look at the Left Column. Test Out - Candidate Challenge Some Test Sites Accept this Downloadable Form Find a Test Site Near You. Asterisk * indicates the program is a Test Site Text Version of the Knowledge Test Instructions Text Version of the VIRTUAL Knowledge Test Instructions Text Version of the Skill Test Instructions ADA Accommodatoin Form 1404MN: Fill online, attach diagnoses and SUBMIT Requesting a Login for TMU Instructor Login Request	Minnesota Recording Form Minnesota Mock Skills Test Site Agreement Form 1502MN: Fill online and SUBMIT Test Site Equipment List Form 1503MN: Fill online and SUBMIT Large Lab Waiver Submission Tips and Attachments Test Site Instructions How To Change Number of Seats and Reschedule a Candidate. UNDERSTANDING THE PROGRAM REPORTS Please see the Fluid Intake Cup order form on our main page under Nurse Aide. Test Master Universe TMU How To Guides Narrated 4 min - Instructors How To Enter, Complete & Incomplete Students in TMU Instructor Guide: How To Enter Students in TMU Instructor Guide: How to Complete Student Training in TMU Instructor Guide: How to Incomplete a Student that didn't Complete Training in TMU	All Test Observer Independent Contractor Forms for HEADMASTER MN RN Testors	Please feel free to contact us if you have questions, concerns, or as about our service. We value the feedback we receive from everyone in the Minnesota Nurse Aide training, testing, and certification proci D&S Diversified Technologies - HEADMASTER PO Box 6609 Helena, MT 59604 TMU (Software) Questions Toll Free Phone: 888-401-046 Fax: 406-442-3357 MN Registry Questions Phone MDH: 651-215-8705 Testing Questions: Check with your selected Test Site minnesota@hdmaster.com

In-Facility TMU PAGE



The screenshot shows the top portion of a website. In the top left corner, there is a logo for 'TMU MN REGIONAL' featuring a blue graduation cap icon. In the top right corner, there is a blue button with the text 'Sign In'. Below the header, the main content area has a light gray background. At the top of this area, the text 'How can we help you today?' is centered. Below this text, there are two white rectangular boxes. The left box contains a calendar icon and the text 'Available Test Dates'. The right box contains an icon of two white arrows pointing in opposite directions on a blue post, with the text 'Read FAQ' below it.



The screenshot shows the top portion of a website. In the top left corner, there is a logo for TMU MINNESOTA, consisting of a blue graduation cap icon above the text "TMU" and "MINNESOTA". In the top right corner, there is a blue button with the text "Sign In". Below the header, the main content area has a light gray background. At the top of this area is the text "How can we help you today?". Below this text are two white rectangular buttons. The left button features a calendar icon and the text "Available Test Dates". The right button features an icon of two white directional signs on a blue post and the text "Read FAQ".

Test Data Posted



- Test data is posted on NAR website
- Identifying pass rate for knowledge and skill tests
- 1st, 2nd and 3rd attempts
- Quarter 1 2023

Resources Available



[Nursing Assistant Registry - MN Dept. of Health \(state.mn.us\)](#)



MENU

I am looking for...



[Home](#) ▶ [Health Care Facilities, Provide...](#) ▶ [Provider Certifications, Licens...](#) ▶ [Nursing Assistant Registry](#)



NURSING ASSISTANT REGISTRY

[NAR Home](#)

[Nurse Aide Registry Search](#)

[Nurse Aide Resources](#)

[Nurse Aide Testing](#)

[Training Program Calls](#)

[Training Program Test Data](#)

[Contact Us](#)

Nursing Assistant Registry

The Nursing Assistant Registry lists nursing assistants who have met Minnesota training and/or testing standards to work in nursing homes and certified boarding care homes. The registry also has information about nursing assistants who have substantiated findings of abuse, neglect, and theft.

This is an online registry. Nursing assistants, employers, and others can check the registry



Available to Training and Testing Programs

- NAR home page under employer and training program resources
- Use as reference tool

[Federal Nurse Aide Training and Competency Evaluation Program Resource \(state.mn.us\)](#)

[NATCEP Survey Worksheet \(state.mn.us\)](#)

[Nurse Aide Competency Test Site Survey Form \(state.mn.us\)](#)

What has Changed?

- NATCEP Resource and Provisional Application to align more with federal language
- Removed 59 hours of curriculum
- Total clock hours of NATCEP is at least 75 hours
- Supervised practical training (SPT) minimum of 16 hours

What has Changed? (cont)

- Provisional programs must complete first class within 6 months
- NATCEP's must conduct a class at least once in 24 months to continue approval
- RN instructor responsible to enter students in TMU within first 48 hours
- Programs must contact Headmaster **and** MDH with training program coordinator changes

[2023-02-17 Bedrail and Assistive Device Safety and Regulation \(state.mn.us\)](#)

Bed Rail and Assistive Device Safety Regulation

Please join the MDH Health Regulation Division for a WebEx presentation to review the Food and Drug Administration (FDA) and Consumer Products Safety Commission (CPSC) guidelines for bedrail assessment and safety. This WebEx will be presented by MDH federal and state regulators to provide the current clinical and regulatory standards to ensure residents or clients utilizing hospital bedrails, consumer portable bedrails or other assistive devices are assessed for appropriateness and safety to avoid serious injury or death.

Call Details

Friday, February 17, 2023

Time: 12:00 to 1:00 p.m.

Presentation: [2023-02-17 Bedrail and Assistive Device Safety Regulation \(PDF\)](#)

Staffing Change at MDH NAR

- Brenda Kuechle, Office and Administrative Specialist transfer to a new role at MDH effective April 12, 2023
- Changes:
 - Training programs and test sites will send all email communication to the NAR inbox
 - Health.nar.coord@state.mn.us

It has been an honor working with everyone!

- ✓ CMS Waiver update
- ✓ Fourth knowledge test update
- ✓ Top knowledge and skills areas missed
- ✓ Skills review
- ✓ In-facility testing pilot update
- ✓ Quarter one test data available



- Next scheduled call is May 8
- Subject to change
- Check the [NAR Calls website](#) for call details

Questions?



Program Contact Information

Training Program Questions:

Health.NAR.coord@state.mn.us

Nursing Assistant Registry Questions:

Health.FPC-NAR@state.mn.us

NAR Home Page:

<https://www.health.state.mn.us/nar>

Contact Information

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