

## Appendix D: Healthcare Provider-Reported Negative Effects from Medical Cannabis

Note: Word choice and spellings have been retained as written by respondent to avoid inadvertent mischaracterization of intent. Brackets have been used to explain words redacted to prevent individual identification or for other reasons. Negative effects are broken down into type of negative effect, and by negative effect score rating.

### Physical Negative Effects

#### No Score

- Incr appetite, mild

#### 1: No Negative Effects

- Was hungry initially, but not anymore

#### 2

- Dry mouth occasionally
- Less energy
- Mild drowsiness.
- Mild dry mouth
- No cognitive SEs  
Does have some incr hunger, but weight stable
- sleepiness
- slight dry mouth
- Some incr appetite but not overweight
- "tingling of wrists and hands with THC vap
  
- Makes him tired, but only uses at night"
- Tired if she uses THC in daytime, so only uses at night
- vaporizer method caused a cough
- dry mouth
- patient reports being hungry and feeling fatigued on occasion
- SEs: Some incr appetite, no foginess or fatigue

#### 3

- Increase in diarrhea which was already a problem
- allergic response
- patient reports occasional headaches

- patient states that he is a Type I Diabetic and the medical cannabis lowers his blood sugar. He feels it's not necessarily a negative impact but he does note he has to take it into account when dosing and make sure he has food near by to regulate his sugar levels.

## Mental Negative Effects

### 2

- Pt describes some dependence
- Can affect concentration and motivation at times. Can incr appetite but no significant weight gain. [HIGH THC PRODUCT] can make him tired, but he uses it for sleep.
- Irritability in withdrawal
- Notices he is less intellectually nimble when playing chess. Doesn't wake up tired. Doesn't notice any cognitive SEs unless playing chess, and can still play
- Very mild trouble focusing/maintaining attention
- patient reports feeling "zoned out" at night
- she initially had trouble with feeling "too high" but says that she has figured out the appropriate dosage for herself now.

### 3

- sedation
  - some sedation
  - THC portion caused him to feel high (did not enjoy it)
- occasional and mild short term memory issues
- rarely, irrational paranoia.
- the THC products give him anxiety so he stopped using them. No issues with the CBD products

### 7

- Increased emotional lability

## Other Negative Effects

### 1: No Negative Effects

- cost

### 2

- Client reports minimal negative effects.
- When not taking consistently had difficulty Had been Shamed by the staff in an ED dept and stopped but resumed and doing much better
- Cost

**3**

- no negative per se but not helping as much as parents had hoped
- disliked THC and was encouraged to use it at [CANNABIS PATIENT CENTER] in spite of telling them that using CBD now