Alcohol-based EASY AS 1 - 2 - 3

Keep your hands clean!

Use an alcohol-based handrub when your hands are not visibly soiled. Wash your hands with soap and water when your hands are visibly soiled.

Alcohol-based handrubs provide several advantages over handwashing with soap and water:

- require less time than handwashing
- act quickly to kill microorganisms on hands
- more effective than handwashing with soap and water
- more accessible than sinks
- reduce bacterial counts on hands
- do not promote antimicrobial resistance
- less irritating to skin than soap and water
- can even improve condition of skin









651-201-5414, www.health.state.mn.us

Food handlers in restaurants, schools, deli's and grocery stores must wash their hands with soap and water before applying hand sanitizers. Minn Rules Chap. 4626.0070 - 4626.0085