

**Family Planning Special Projects Program
STATISTICAL REPORT FOR
STATE FISCAL YEAR (SFY) 2023
JULY 1, 2022 TO DECEMBER 31, 2022**

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Established by the Minnesota Legislature in 1978, the Family Planning Special Projects (FPSP) grant funds support essential pre-pregnancy family planning services for people with the least access, due to structural inequities. Grants are awarded to counties, cities, and non-profit organizations to provide family planning services in communities throughout the state. More information can be found in the FPSP Fact Sheet.

According to Minnesota Rule, FPSP funds can be used for public information, outreach, counseling, method provision, referrals, and follow-up care. Definitions for each component are included below.

Outreach

Outreach Activities include one-to-one and group activities designed to inform members of the target population about family planning and all family planning services available in the geographic area. This includes presentations at places such as group homes or colleges that provide factual information on reproductive and sexual health, including pregnancy prevention and all contraceptive methods. It also includes meeting individuals at events such as health fairs and providing information on a one-to-one basis. Note: FPSP funds cannot be used for providing any services to unemancipated minors in an elementary or secondary school building.

- Number of people served by both group and one to one meetings: **34,235**
- Number of group sessions convened: **774**

Counseling

Family planning counseling means the provision, on an individual basis, of factual information on pregnancy planning and all contraceptive methods, and the use of non-directive interview techniques to promote optimum health relative to pregnancy planning and contraception.

Unduplicated number of clients receiving family planning counseling services by age and self-reported gender, in both clinic and non-clinic settings, and for whom a client chart exists.

Age	Female	Male	Trans/Nonbinary*	Total
14 and under	109	12	4	1
15 – 17	874	145	21	1,040
18 - 19	1,044	167	40	1,251
20 – 24	2,881	472	91	3,444
25 – 29	1,545	249	70	1,864
30 – 34	1,090	143	28	1,261
35 – 39	846	109	6	961
40 – 44	581	71	4	656
45 and over	462	149	6	617
Age Unknown	0	1	0	1
TOTAL	9,432	1,518	270	11,220

*Defined here as transgender, nonbinary, two spirit, gender queer, gender nonconforming, or in another way beyond the gender binary.

Family Planning Method Services

Family planning method services means the providing a client with their family planning method of choice, following counseling.

Unduplicated Clients by Primary Method and Age

Primary Method	<15	15-17	18-19	20-24	25-29	30-34	35-39	40-44	>44	Age Unknown	Total
Tubal ligation/occlusion	0	0	0	1	2	10	10	26	52	0	101
IUD - copper	0	5	10	55	43	43	29	27	14	0	226
IUD - hormonal	3	44	69	193	115	95	69	47	24	0	659
Implant	11	75	110	265	194	103	72	39	12	0	881
Depo-Provera	16	177	152	355	255	160	138	120	105	2	1,480
Oral contraceptive pills	33	238	270	696	357	236	155	90	72	0	2,147
Hormonal patch	4	45	38	63	42	25	21	6	7	0	251
Vaginal ring	1	12	20	62	45	27	11	7	0	0	185
Internal condom ("female" condom)	0	0	0	1	0	0	0	0	0	0	1
Cervical cap/diaphragm	0	0	0	0	0	0	1	0	0	0	1
Fertility awareness methods	0	0	1	3	4	4	3	0	0	0	15
Sponge	0	0	0	0	0	0	0	0	0	0	0
Emergency Contraception Pill (ECP) as only method	3	46	90	239	43	28	10	4	4	0	467
Spermicide used alone	0	0	0	0	0	0	1	1	0	0	2
Withdrawal	0	3	5	38	14	13	3	5	3	0	84
Other method	15	138	57	69	47	52	33	21	25	520	977
Vasectomy	0	0	0	0	4	0	1	1	3	0	9
External condom ("male" condom)	7	104	253	620	264	124	72	44	44	0	1,532
Abstinence	2	9	7	38	20	12	12	4	4	0	108
Total	95	896	1,082	2,698	1,449	932	641	442	369	522	9,126

*This may include patients who wish to become pregnant or who are not at risk for pregnancy.

Percent of total methods that were long-acting reversible contraceptives (LARC) = 19.35%

Total Number of Unduplicated Clients Served: 9,126

Total Number of Emergency Contraception Pills (ECP) Provided by Age

Emergency Contraception	<15	15-17	18-19	20-24	25-29	30-34	35-39	40-44	>44	Unknown Age	Total
Plan B (or other progestin-only pills)	67	555	920	2297	880	433	262	173	129	56	5772
Ella (ulipristal acetate)	5	84	224	645	345	159	92	41	24	0	1619
Total ECP	72	639	1144	2942	1225	592	354	214	153	56	7391

Percent of Total Number of Clients by Ethnicity and Race

Race/Ethnicity	White	Black or African American	Am. Indian or Native Alaskan	Asian	Native Hawaiian or Pacific Islander	More than One Race	Other and Unknown	Hispanic
Total	46.9%	20.8%	2.5%	5.7%	0.27%	3.6%	20.2%	19.7%

Unduplicated Female Clients by Ethnicity, Race and Age

Ages	White	Black or African American	Am. Indian or Native Alaskan	Asian	Native Hawaiian or Pacific Islander	More than One Race	Other and Unknown	Total	Hispanic
14 and under	36	29	3	3	0	4	14	89	21
15 - 17	314	234	24	118	10	16	109	825	120
18 - 19	445	208	26	70	3	44	141	937	170
20 - 24	189	464	67	150	3	105	365	2343	443
25 - 29	627	170	33	83	4	52	267	1236	272
30 - 34	445	123	25	36	1	28	183	841	211
35 - 39	343	60	16	24	2	9	135	589	178
40 - 44	220	59	8	10	0	10	95	402	132
45 and over	198	45	8	9	0	6	59	325	88
Age Unknown	0	92	0	0	0	0	169	261	0
Total (All Ages)	3,817	1,484	210	503	23	274	1,537	7,848	1,635

Unduplicated Male Clients by Ethnicity, Race and Age

Ages	White	Black or African American	Am. Indian or Native Alaskan	Asian	Native Hawaiian or Pacific Islander	More than One Race	Other and Unknown	Total	Hispanic
14 and under	0	3	0	0	0	0	1	4	0
15 - 17	12	28	0	3	0	4	11	58	13
18 - 19	35	52	3	4	0	4	18	116	18
20 - 24	98	141	1	3	2	12	37	294	47
25 - 29	53	40	1	3	0	4	31	132	30
30 - 34	35	15	3	1	0	0	9	63	13
35 - 39	23	16	0	0	0	1	6	46	9
40 - 44	14	9	2	0	0	1	2	28	4
45 and over	19	4	2	0	0	3	4	32	8
Age Unknown	0	92	0	0	0	0	168	260	0
Total (All Ages)	289	400	12	14	2	29	287	1033	142

Unduplicated Clients Who Identify as Trans* by Ethnicity, Race and Age

Ages	White	Black or African American	Am. Indian or Native Alaskan	Asian	Native Hawaiian or Pacific Islander	More than One Race	Other and Unknown	Total	Hispanic
14 and under	1	0	0	0	0	2	0	3	1
15 - 17	12	2	0	0	0	2	1	17	0
18 - 19	25	2	1	0	0	4	2	34	3
20 - 24	61	7	1	7	0	8	6	90	6
25 - 29	48	6	3	0	0	3	4	64	9
30 - 34	16	1	2	0	0	3	1	23	3
35 - 39	7	0	0	0	0	1	1	9	0
40 - 44	1	0	0	0	0	0	0	1	1
45 and over	4		0	0	0	0	0	4	0
Age Unknown	0	0	0	0	0	0	0	0	0
Total (All Ages)	175	18	7	7	0	23	15	245	23

*Defined here as transgender, nonbinary, two spirit, gender queer, gender nonconforming, or in another way beyond the gender binary.

Chlamydia Screening

Unduplicated Clients Tested for Chlamydia by Age and Gender

Age Group	Females	Males	Trans/Non-binary*	Total
Under 15	76	20	3	99
15-17	661	186	8	855
18-19	868	249	30	1,147
20-24	2252	626	106	2,984
25 and over	3032	1384	189	4,605
Unknown Age	0	1	0	1
Total Tests	6,889	2,466	336	9,691

*Defined here as transgender, nonbinary, two spirit, gender queer, gender nonconforming, or in another way beyond the gender binary.

Unduplicated Clients Who Tested Positive for Chlamydia by Age and Gender

Age Group	Females	Males	Trans/Non-binary*	Total
Under 15	4	3	0	7
15-17	86	29	0	115
18-19	99	42	2	143
20-24	238	117	2	357
25 and over	104	84	4	192
Total Positives	531	275	8	814

*Defined here as transgender, nonbinary, two spirit, gender queer, gender nonconforming, or in another way beyond the gender binary.

Income Level

Unduplicated Clients by Income Level

Income Level is calculated using the Federal Poverty Guidelines produced annually by the Department of Health and Human Services (HHS).¹

Income Levels	Number of Clients	Percent of Total
Under 100%	3,919	42.9%
101-150%	1,425	15.6%
151-200%	1,035	11.3%
201-250%	416	4.6%
Over 250%	542	5.9%
Unknown	1,789	19.6%
Total	9,126	-

¹ For updated poverty guidelines, visit the U.S. Department of Health and Human Services' website at [2022 Poverty Guidelines | ASPE \(hhs.gov\)](https://www.hhs.gov/poverty)